



South Southwest (HHS Region 6) & Mid America (HHS Region 7)

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Funded by Substance Abuse and Mental Health Services Administration

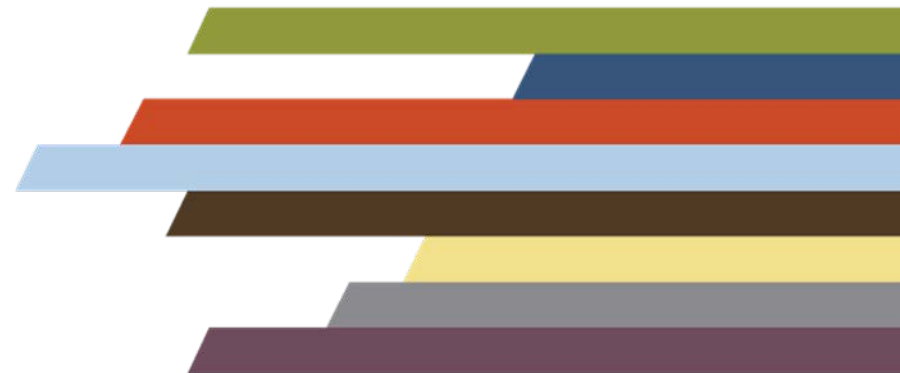
# Making the Steps of the Strategic Prevention Framework Work for You, Step 4: Implementation

Korene Alaimo, PTTC Consultant

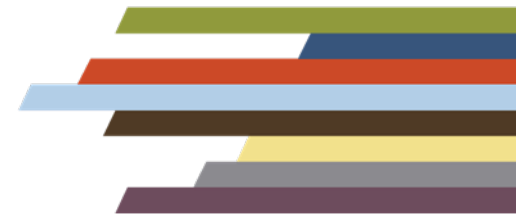
South Southwest and Mid America PTTC

(HHS Regions 6 and 7)

May 19, 2020



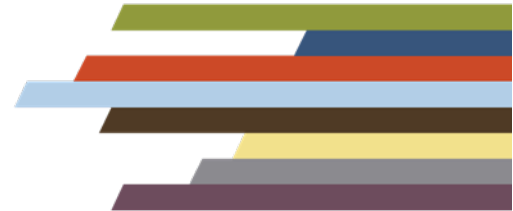
This work is supported by awards  
6UR1TI080205-02M002, SM081726 and  
1H79SP081006-01 from the Department of  
Health and Human Services, Substance Abuse  
and Mental Health Services Administration.



# Moderator



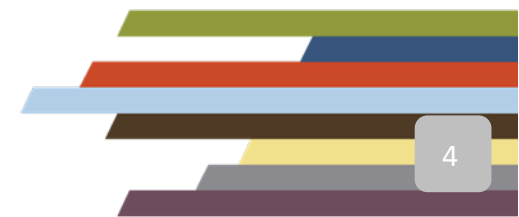
Wanda West



# Presenter



Korene Alaimo



# Strategic Prevention Framework

- Step 1: Assessment
- Step 2: Capacity
- Step 3: Planning
- **Step 4: Implementation**
- Step 5: Evaluation

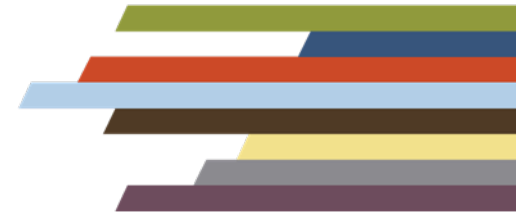


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# Objectives

- Describe elements of high-quality implementation and why it is important
- Explain how to balance fidelity and adaptation
- Identify important factors to retaining core components of programs and practices
- Identify the keys to establishing supports

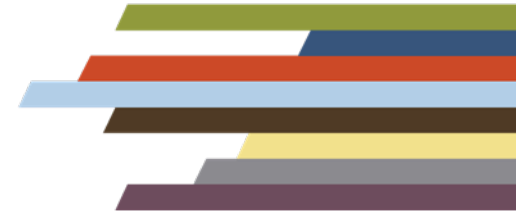


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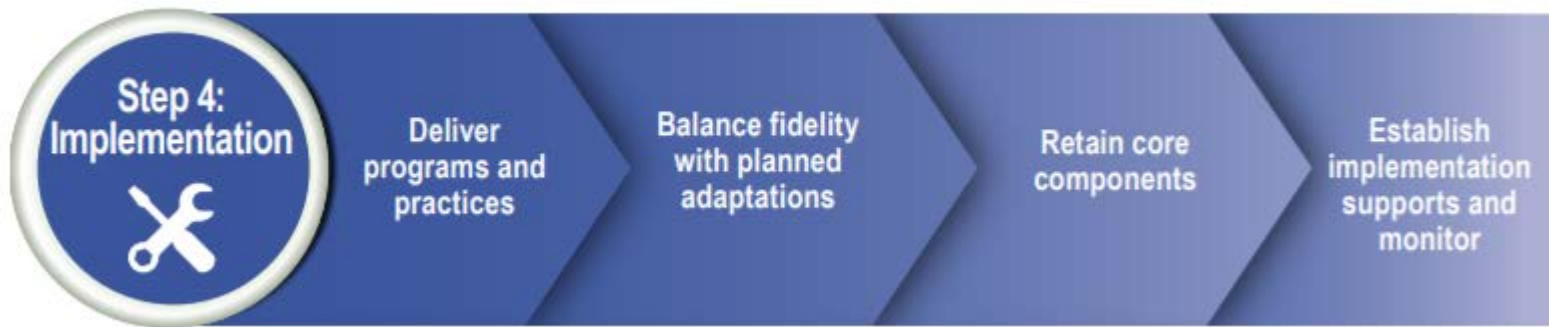
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# Implementation

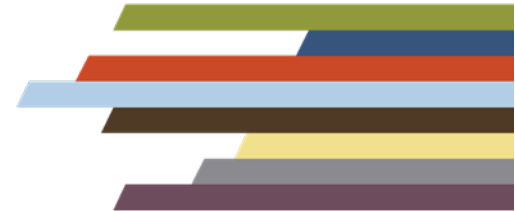


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# How Did We Get Here?

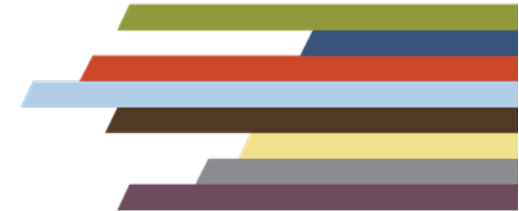


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# How Did We Get Here?

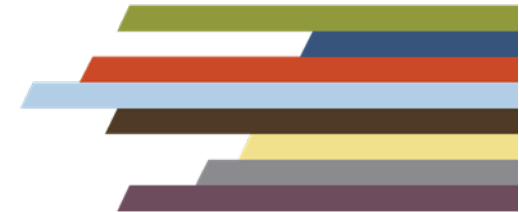


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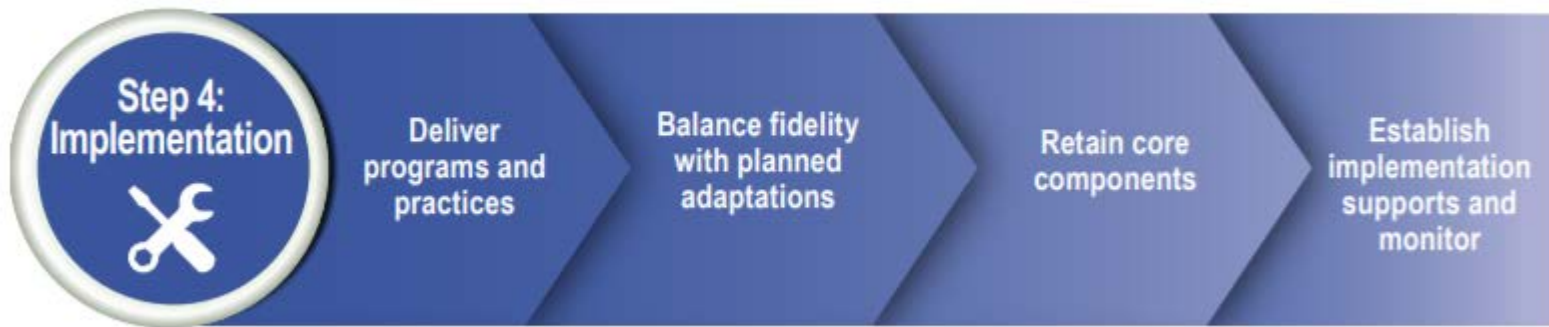
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# What Does Implementation Involve?

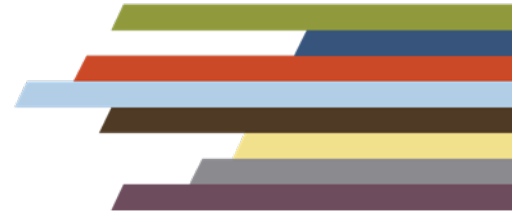


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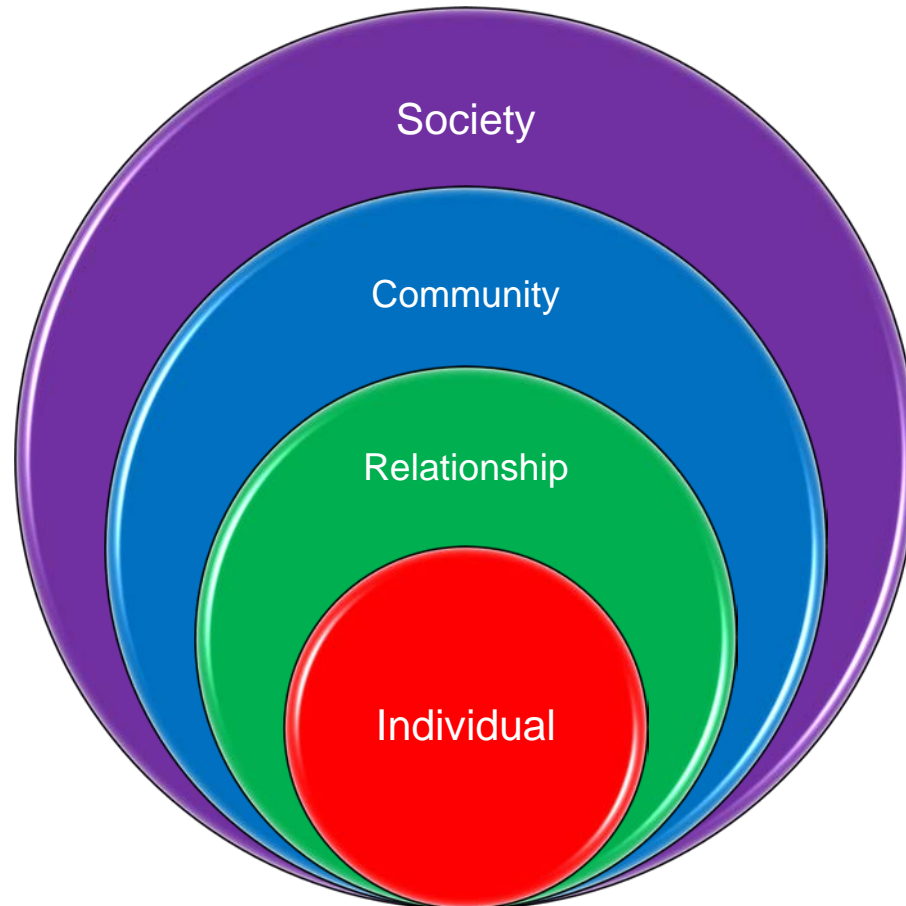
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# Programs and Practices

Deliver  
programs and  
practices

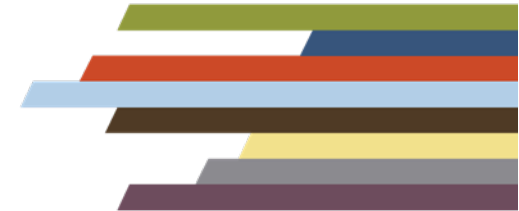


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# Implementing Evidence-based Interventions with Fidelity

**PROGRAM**

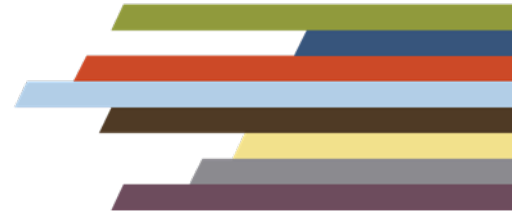
- **Components**
- **Procedures**



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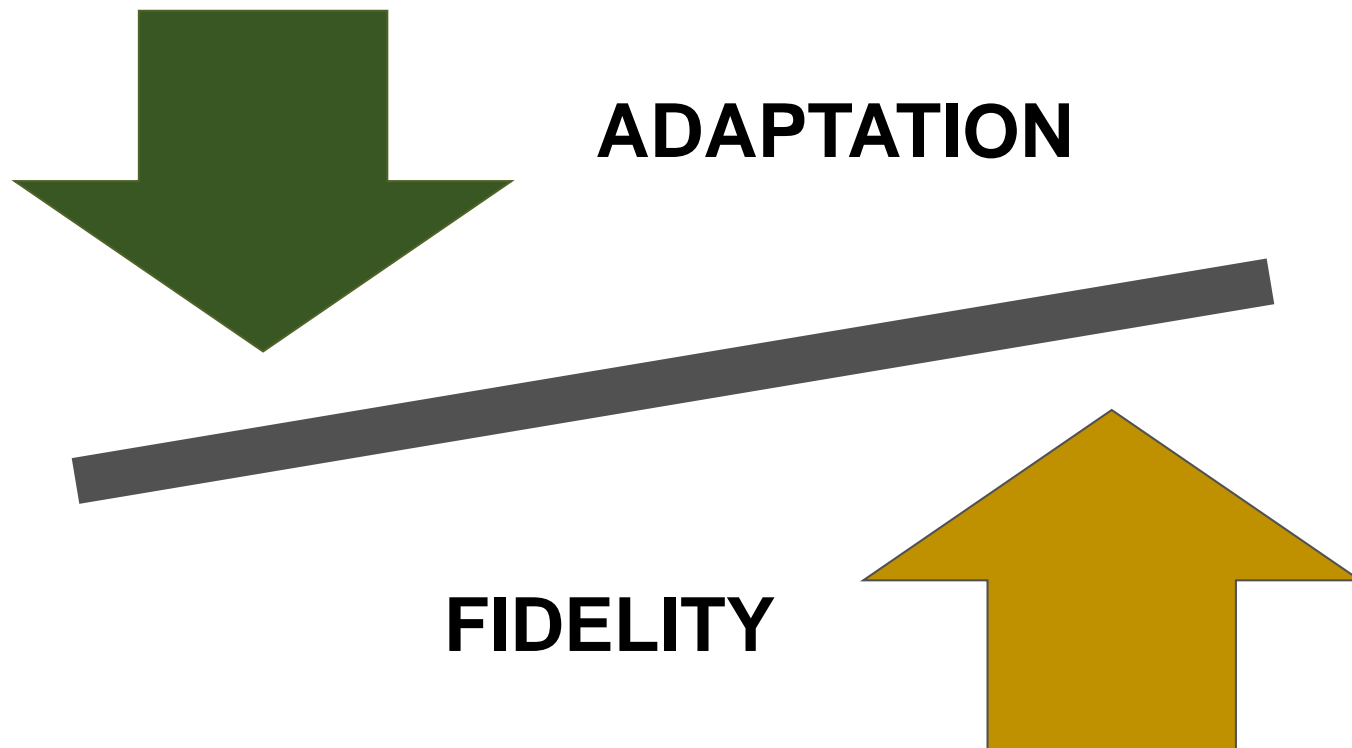
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# Adaptation of Evidence-based Interventions

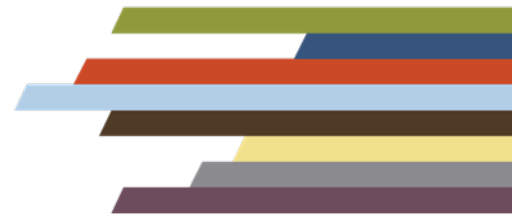
Balance fidelity with planned adaptations



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# Guidelines When Balancing Fidelity and Adaptation

- Build capacity before changing the program
- Retain core components
- Add rather than subtract
- Adapt with care
- If adapting, get help

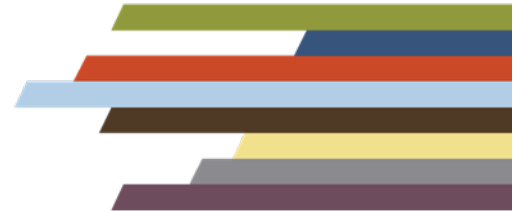


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# Build Capacity Before Changing the Program

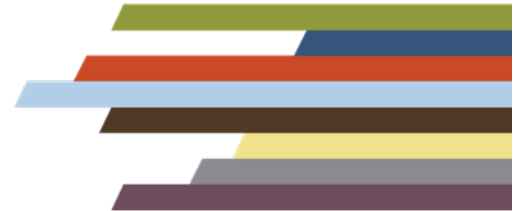


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# Core Components

- Preserve the setting as well as the number and length of sessions.
- Preserve key program content: Remember it's safer to add rather than subtract content.
- Add new content with care: Consider program guidance and prevention research.
- Identify the best possible candidate to deliver the program.

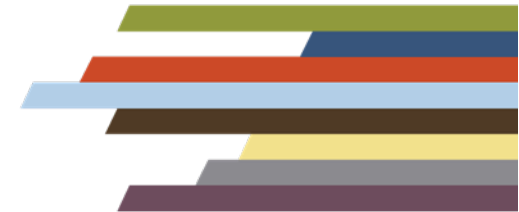


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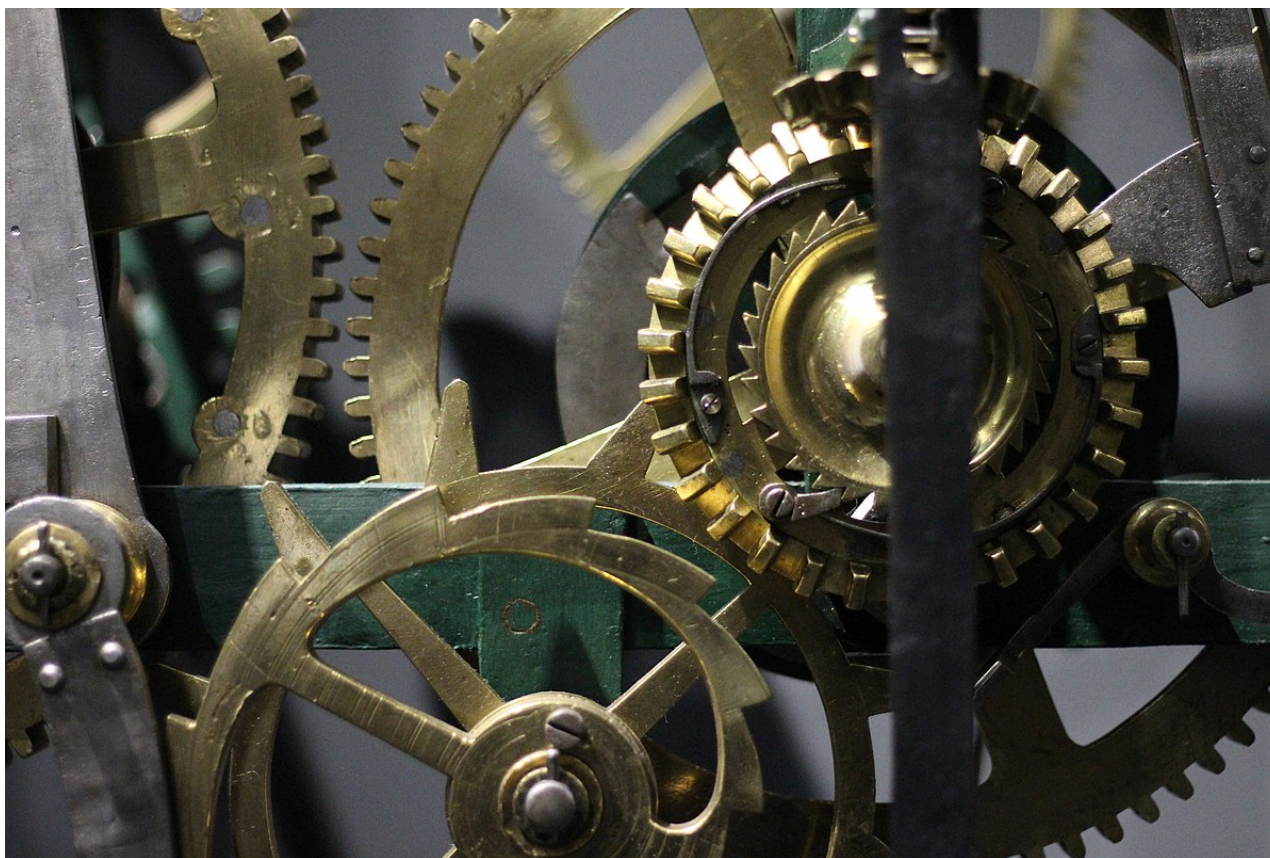
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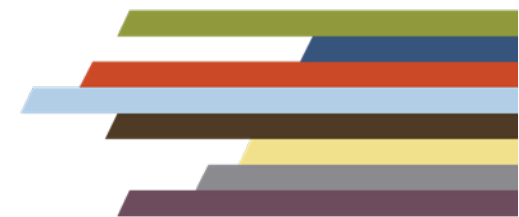
# Adapting with Care



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# Establish Supports

- Favorable prevention history
- Leadership and administrative support
- Provider selection
- Provider training and support
- A clear action plan
- Implementation monitoring

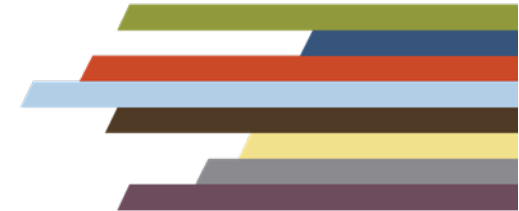


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# Implementation Monitoring

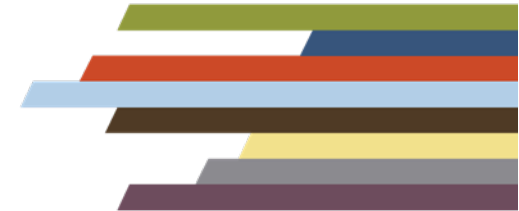


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# Please Share

- What is one thing you can do in the next 3-6 months to **integrate what you've learned today about implementation** into your prevention efforts?

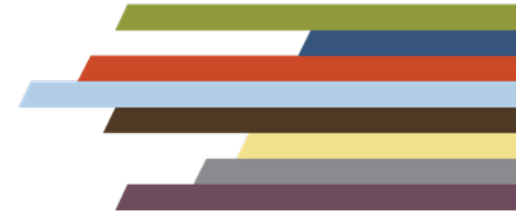


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# Questions

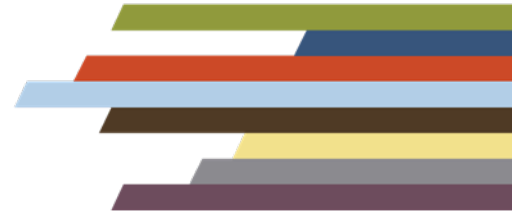


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# Contact Us

For further assistance, please contact  
Wanda West

South Southwest and Mid America Prevention  
Technology Transfer Centers

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<https://pttcnetwork.org/centers/south-southwest-pttc/home>

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