



SBIRT Research with Adolescents Transcript (1:07)

[Music]

>> Most of the research examining and validating components of the SBIRT model has been conducted with adult populations.

>>As such, the US Preventive Services Task Force recommends that screening and brief intervention be a routine practice with individuals aged 18 and older. However, the same task force review determined that there is not yet enough published peer reviewed literature for individuals under age 18 to determine whether screening and brief intervention should be recommended as a routine practice.

>>Nonetheless, the American Academy of Pediatrics, other professional medical associations, and several government agencies recommend incorporating screening and brief intervention. Then, whenever possible, referral to treatment into routine care for adolescents.

>>Despite a developing literature base for adolescent SBIRT, we still need to provide them with the best possible care. In order to do that, we need to ask them screening questions.

[Music]

