



Transcript

Why SBIRT is Important (1:19)

[Music]

>> Screening is an important first step of the SBIRT process for a simple reason. If we do not directly ask adolescents about their use of alcohol and other substances, it is unlikely that they'll disclose it on their own.

>> Due to a variety of factors including personal discomfort and a lack of knowledge about substance use, many providers do not routinely screen for alcohol or substance use, especially with adolescents.

>> However, we know that clients are more comfortable being asked questions about their use of substances in private settings and when they know answers will remain confidential.

>> Screening allows us to identify individuals who are at risk for increased use of substances, engaging in harmful levels of substance use or who may be exhibiting signs of a substance use disorder.

>> Alcohol is one of the first substances you try. When you have a positive screen for alcohol use, it is generally a reliable indicator of engaging in other risky behaviors.

>> It is most advantageous to use a brief universal screening questionnaire that can be easily administered, scored and understood by the provider and adolescent.

[Music]

