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Northeast & Caribbean (HHS Region 2)

PTTC

Prevention Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

Northeast & Caribbean PTTC Quarterly Bulletin | Fall 2021



Current Events

November: November is National Native American Heritage Month. The month is dedicated to celebrating the contributions of American Indian and Alaskan Native individuals and communities to all parts of our society. This is a time to remember that American Indian roots are embedded in the very fabric of the United States and a time to reflect on the continual work of advancing equity, opportunities, and the health and well-being of tribal and urban Indian communities.

In honor of National Native American Heritage Month, the Northeast & Caribbean PTTC has compiled the following resources for your use:

[Bullying & Native Youth](#)

A guide compiled by the National American Indian and Alaska Native Mental Health Technology Transfer Center with helpful data on bullying and the particular experiences of Native youth.

[Youth Substance Use Prevention and Awareness in Native Communities: Pocket Guide](#)

When considering substance use and misuse, it is important to take into consideration the diversity of Native American and Alaska Native people and the implications it has for the development and implementation of prevention efforts. This guide includes helpful information when considering substance use prevention and the particular experiences of Native youth.

[Connecting Prevention Specialists with Native Communities](#)

In collaboration with SAMHSA's Tribal Training and Technical Assistance Center, the National American Indian & Alaska Native PTTC hosted a virtual training to support Native communities. Special emphasis was given to preventing stigma around addiction in Native

communities.

[Prevention of Teen Substance Abuse](#)

The National American Indian & Alaska Native PTTC hosted a webinar with Dr. Ken Winters to increase understanding of relevant trends and bring awareness to current AI & AN prevention programs.

October: As we close out the month of October, we honor National Youth Substance Misuse Prevention month. This time is not only used to honor those who have lost their lives to addiction, but also a time to highlight the important role of substance misuse prevention in community health. Professionals have found that prevention strategies that take into consideration both the misuse of substances and the root of the problem are most effective in helping people lead healthier lives. Throughout the month of October, special attention was given to promoting awareness, advocacy, and disseminating resources to support prevention efforts across America.

In honor of National Youth Substance Abuse Prevention Month, the Northeast & Caribbean Prevention Technology Transfer Center has identified the following resources for your use:

[SAMHSA's Prevention Resources for Building Healthy Communities](#)

SAMHSA is proud to share a comprehensive collection of relevant, practical, and evidence-based approaches for preventing substance abuse and misuse.

[SAMHSA's College Drinking Discussion Guide](#)

SAMHSA created the "Prevention Perspectives: Embracing Culture and Context to Prevent Underage Drinking" College Drinking Discussion Guide to show how colleges and universities implement prevention strategies that meet the needs of students from diverse backgrounds.

[Pacific Southwest PTTC's Webinar: Advocating for Advocacy in Prevention](#)

Advocacy is an important part of prevention. This webinar explores specific strategies for what prevention practitioners can and should do to advocate for substance misuse prevention in their communities and states.

[Partnering with the Faith Organizations to Address Substance Misuse](#)

Faith and spirituality play a prominent role in the lives of many. The South Southwest PTTC hosted a virtual session to explore the ways that prevention professionals can leverage their relationships with communities of faith to improve community health and wellness.

Spotlight on Learning



GeoSpatial Academy for Prevention Professionals

As we work to prevent substance-related harms, the community context is an important consideration when deciding

Ethics in Prevention Foundations: A Guide for Substance Misuse Prevention Practitioners

This self-paced foundations course is an important introductory component of many

where to implement prevention strategies. Using a Geographic Information System (GIS) allows Prevention Professionals to focus on the community context with a robust set of tools supporting data visualization and analysis. *Geospatial Academy for Prevention Professionals (GAPP)* provides the skills necessary to implement geospatial analyses of community data to communicate work to key stakeholders, assess community need, and evidence the impact of prevention initiatives.

GAPP 1 – Introduction to GIS is a fully self-paced, 2.5 hour course that includes instruction on how to download and use QGIS, a free mapping software package. If you already have an HeK User Account, click [here](#) to get started with GAPP I. If you need to request a HealtheKnowledge User ID (remember, it's FREE!), click [here](#).

Coming to HeK in late 2021:
GAPP II -Creating Basic Maps
GAPP III – Working with Your Community Data

state, tribal, and jurisdictional prevention systems as well as an essential element for those working towards a prevention certification. This course aims to help substance misuse prevention practitioners make ethical decisions in their everyday work. You may access the free self-paced course [here](#), if you already have an HeK User Account. Otherwise, click [here](#) to request a HealtheKnowledge User ID.

Working Virtually with Youth Prevention Leaders

This self-paced course explores how to engage youth prevention leaders in the virtual setting to address substance misuse prevention. This course aims to provide participants with tools and techniques to foster youth developmental virtually.

Access the full course [here](#) at HeK. Click [here](#) if you need to request a HealtheKnowledge User ID.

Upcoming Trainings

We want to know about you and your training needs! Have suggestions? [Email us](#).

Trauma Strategies for Peer Support Using Self-Care

Webinar
November 22, 2021
10 AM to 12 PM EST

Peer professionals provide an array of recovery-oriented supports and person-centered care which include empathetic engagement with survivors of trauma circumstances. This two-hour interactive workshop will review how trauma situations may present, signs to recognize and cues alerting as to when to step away from a trauma inducing situation. Content will also offer practical strategies for self-care

Preventing Substance Misuse: Collaborating Across the Continuum of Care

Webinars & Virtual Office Hours
December 7, 2021 & January 20, 2022
12:30 PM EST/1:30 PM AST

Two 1-Hour virtual brainstorming sessions designed to help practitioners strengthen the impact of prevention efforts by collaborating with treatment service providers and the local recovery community. The discussions will be set in the context of Puerto Rico-based prevention efforts and held in Spanish. For additional information on Session 1, *Elevando Nuestra Colaboración*

including ways to build resiliency. Learn more and register [here](#).

Adolescents: Developmental Issues and Behavior

Webinar
December 6, 2021
10 AM to 12 PM EST

This interactive 2-hour webinar will incorporate an ecological perspective in understanding dynamics that may form the adolescent 'worldview.' Course content will inform on how providers can support healthy development using effective strategies & interventions that help engage and motivate adolescents toward healthy behavior change. For additional details or to register, click [here](#).

en Prevención al Próximo Nivel or to register, click [here](#). For additional Information on Session 2, *Estrategias para la Planificación de la Colaboración en Prevención* or to register, click [here](#).

Screening for Adolescent Substance Use

Webinar
December 7, 2021
10 AM to 12 PM EST

This interactive 2-hour webinar training will review validated screening tools for adolescents and rapport building approaches to conduct an effective substance use screening, utilizing components of SBIRT (Screening, Brief Intervention, and Referral to Treatment). For additional details on the session or to register, click [here](#).

New Spanish Language Resources Available

Recent Spanish language resource additions to the Northeast & Caribbean PTTC's website include the video podcast [La Colab oración de Esfuerzos en Prevención](#) along with the tools and resources mentioned during the closing of the video podcast. Featuring Prevention Professionals Lourdes Vázquez-Matienzo and Clara McCurdy-Kirlis, this informative discourse centers on the value of collaboration in community prevention work, including unpacking key components of the levels of collaboration and ways to start building collaborative bridges. The discussion is set in the context of Puerto Rico-based prevention efforts, but has universal application. The related resources, also new to the NeC-PTTC website, include worksheets and spreadsheets on [Niveles de Vinculación](#) (Levels of Cooperation); [Hoja de Trabajo: Analizando las Alianzas Existentes a Través de un Lente de Inclusión y Diversidad](#) (Analyzing Existing Partnerships Through a Lens of Inclusion and Diversity), [Sugerencias para Establecer una Colaboración Culturalmente Competente](#) (Tips for Establishing a Culturally Competent Collaboration) and [Involucrando Socios en la Prevención de las Muertes por Sobredosis de Drogas](#) (Engaging Partners in the Prevention of Drug Overdose Deaths).

The Biden-Harris Administration Proclamation National Native American Heritage Month 2021

The Biden-Harris administration has declared November National Native American Heritage Month. During the National Native American Heritage Month, the Biden-Harris administration seeks to honor the cultures, accomplishments and contributions of all Native peoples. Read the full statement [here](#).

Northeast Caribbean PTTC Newsletter comes to you quarterly.
For questions and feedback, contact us necpttc@ssw.rutgers.edu

NeC-PTTC

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