

Introductions

In the Chat

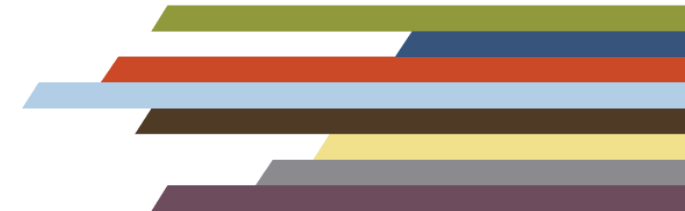
Your Name and Location

What issues beyond substance misuse prevention does your agency work to address?



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Social Determinants of Health and Substance Misuse: Implications for Prevention Planning Session I

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Technical Information

This session is being recorded. Following the event, we will share the recording with participants via the Northeast & Caribbean PTTC website & Certificates of Attendance will be sent out to those who have attended the session in full.

Please contact the facilitators if you have any concerns or questions.

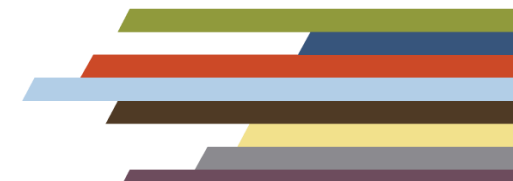
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We Want Your Feedback



Please take a few minutes to complete a brief evaluation:

<https://ttc-gpra.org/P?s=748912>



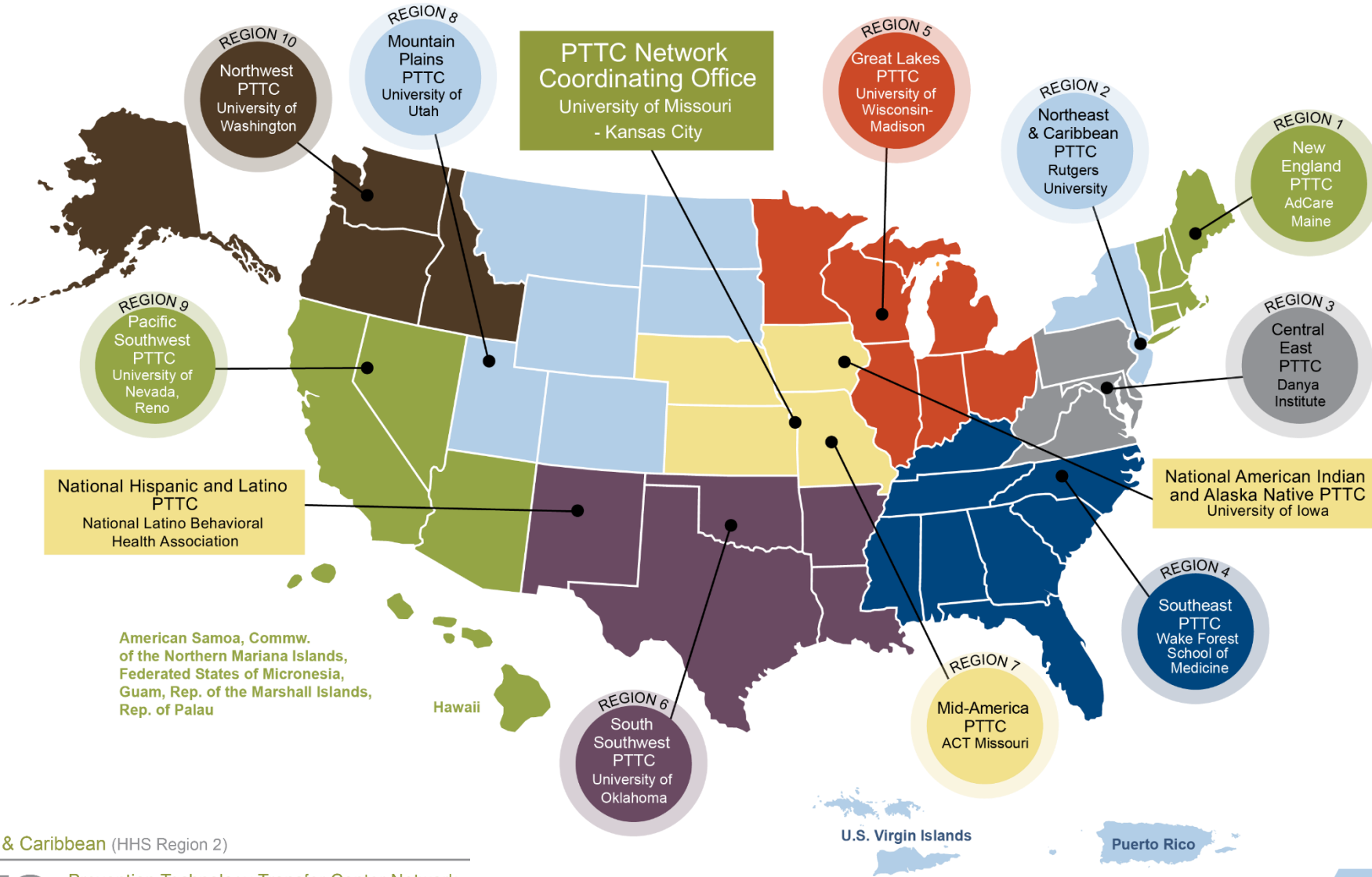
Your feedback is appreciated!



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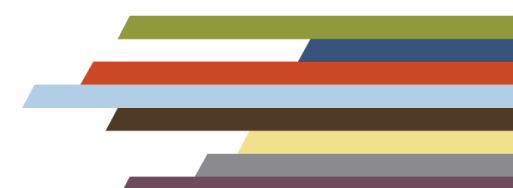
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Presenters



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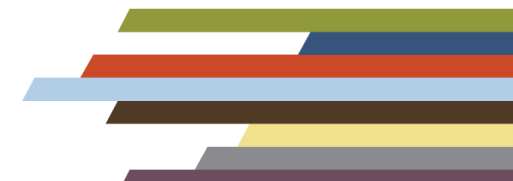
Associate Project Director
MA Center for Strategic
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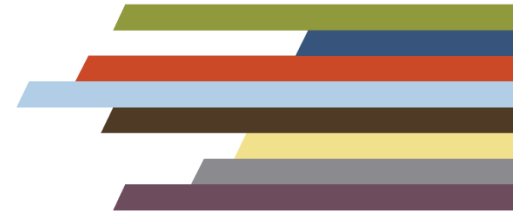
The use of affirming language inspires hope.

LANGUAGE MATTERS.

Words have power.

PEOPLE FIRST.

The PTTC Network uses affirming language to promote the application of evidence-based and culturally informed practices.



Agenda

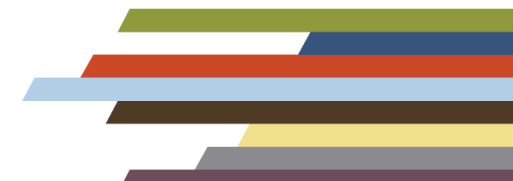
- Understanding the Social Determinants of Health
- Social Determinants of Health and their Impact on Health Outcomes
- Social Determinants of Health and Risk and Protective Factors



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Learning Objectives

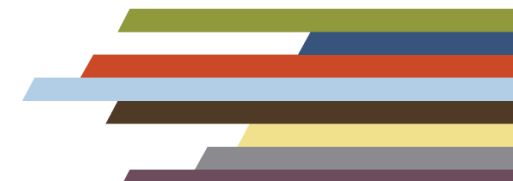
- Define social determinants of health
- Define health disparities and their connection to social determinants of health
- Describe the connection between Social Determinants of Health and Risk and Protective Factors
- Describe how to integrate the Social Determinants of Health with the Strategic Prevention Framework

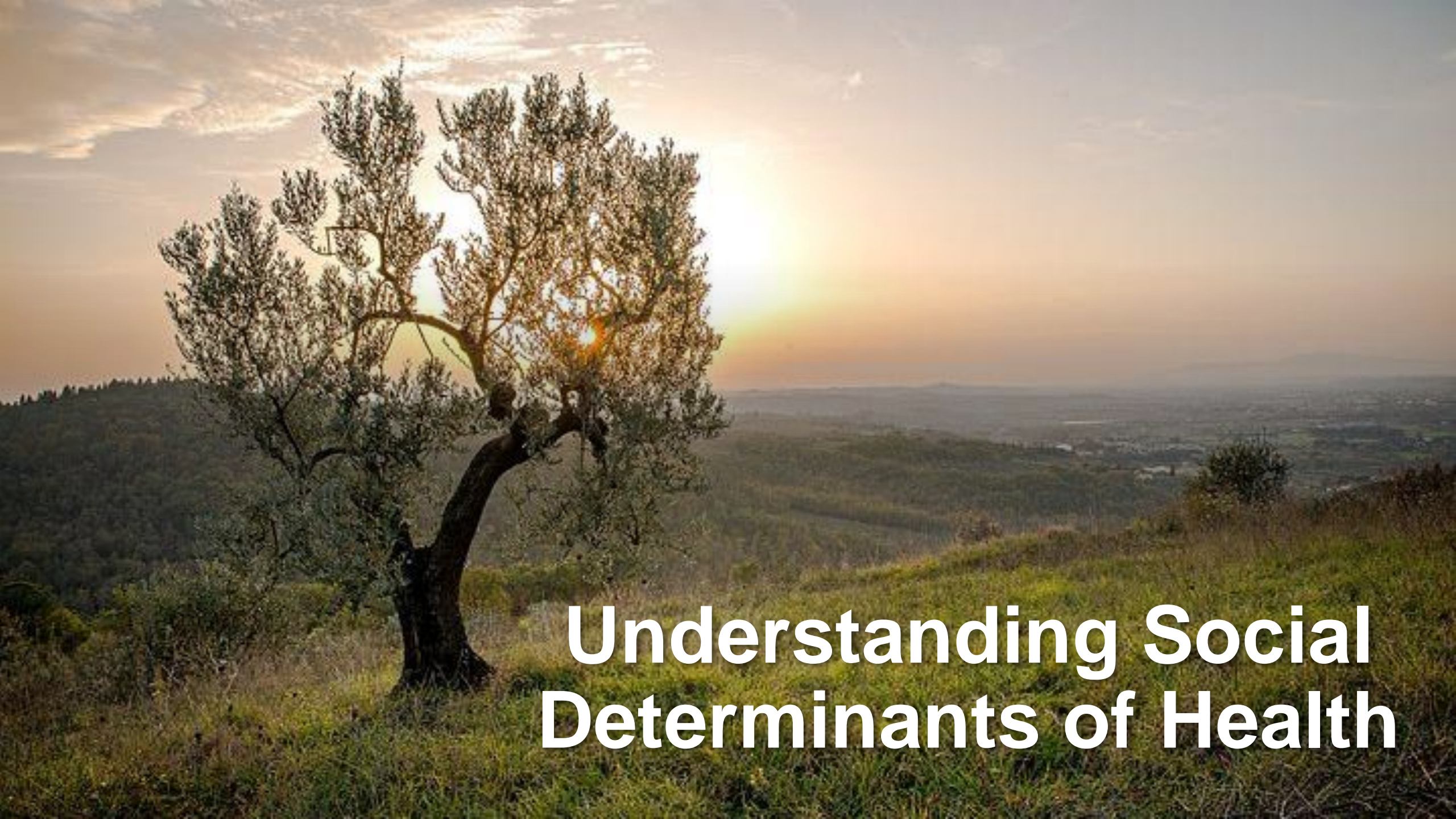


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Understanding Social Determinants of Health

What are Social Determinants of Health



Conditions in the places where people live, learn, work, and play affect a wide range of health risks and outcomes.¹

Centers for Disease Control and Prevention

<https://www.cdc.gov/socialdeterminants/index.htm>

Social Determinants of Health



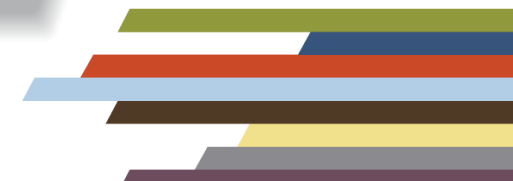
Source: Centers For Disease Control and Prevention



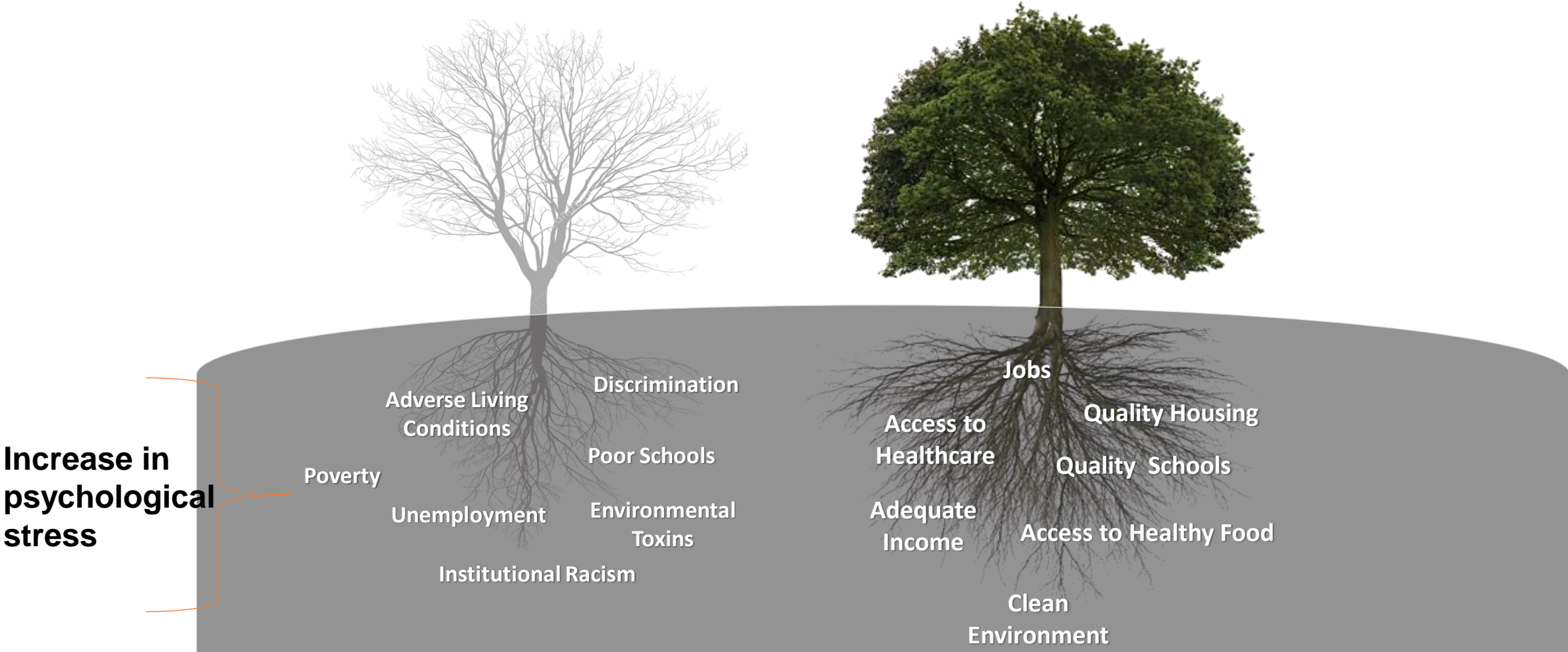
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Sample Social Determinants of Health



The Social Determinants of Health

Economic Stability

The ability to afford health-supporting purchases, such as food and housing

Education Access and Quality

The ability to obtain a high-quality education

Health Care Access and Quality

The ability to obtain high-quality health care services

Neighborhood and Built Environment

The ability to live safely and avoid danger

Social and Community Context

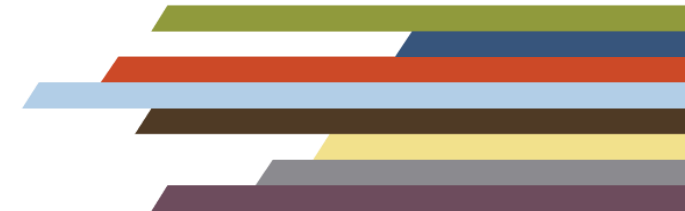
The ability to have positive relationships with people around us

The Healthy People 2030 initiative

Poll Activity

Which data points are associated with Social Determinants of Health? Check all that apply.

- Poverty Levels
- Nutrition Instability
- Annual Wages
- Number of Homeless
- Crime Rates
- School Drop Out Rate
- Number of Students Enrolled in College





Social Determinants of Health and their Impact on Health Outcomes

Why Focus on Social Determinants of Health

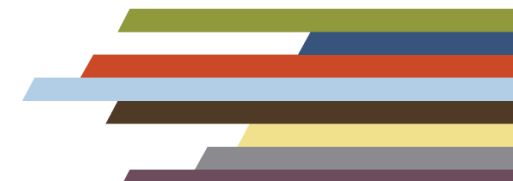
- Improve People's Quality of Life
- Assists in Building Health Equity and Reducing Health Disparities
- Improves Health Outcomes
- Impacts Risks of Substance Misuse



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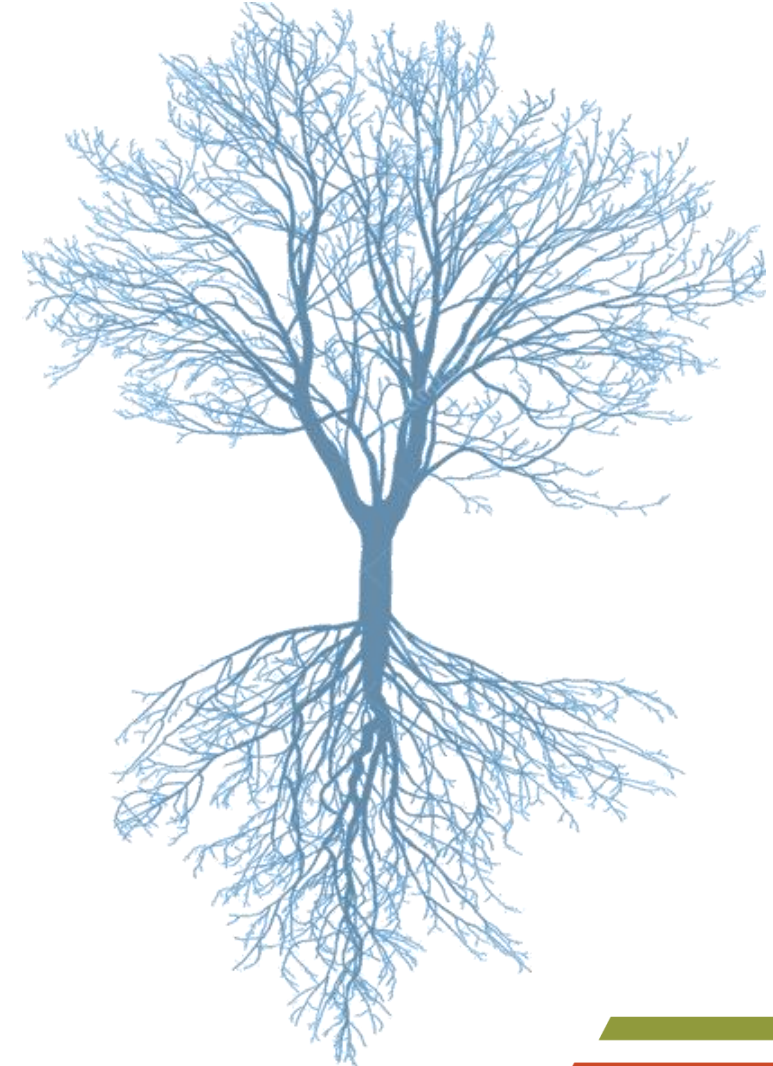
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What is Health Equity

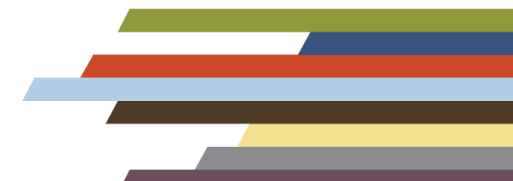
- Means that everyone has a **fair** and **just** opportunity to be as healthy as possible
- This requires removing obstacles to health such as **poverty, discrimination, and their consequences**, including **powerlessness** and **lack of access** to **good jobs with fair pay, quality education** and **housing, safe environments, and health care.**



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Understanding Equity

EQUALITY:

Everyone gets the same – regardless if it's needed or right for them.



EQUITY:

Everyone gets what they need – understanding the barriers, circumstances, and conditions.



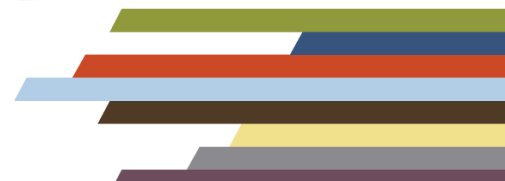
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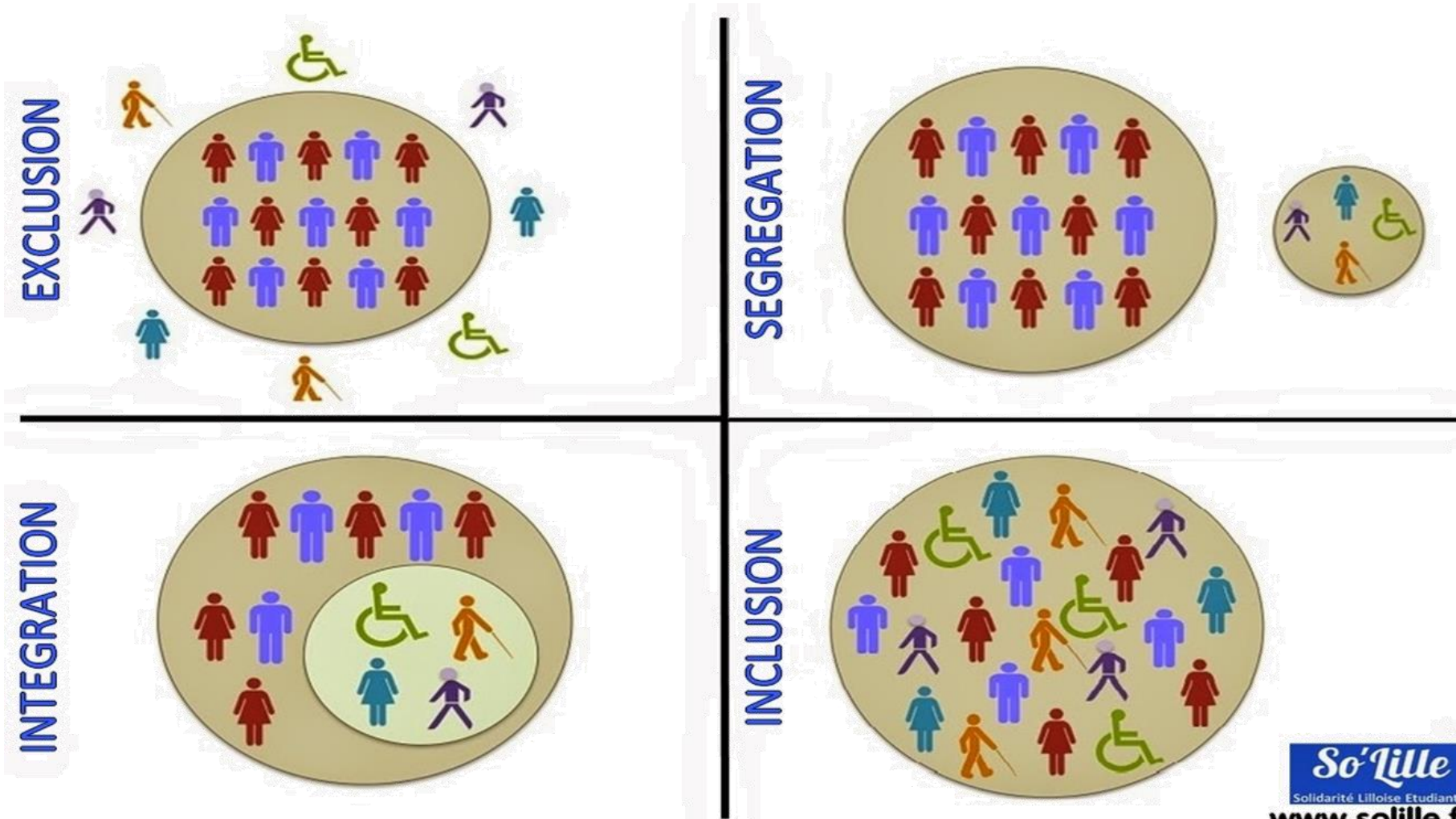
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<https://www.rwjf.org/en/blog/2022/11/we-used-your-insights-to-update-our-graphic-on-equity.html>



Understanding Inclusion



So'Lille
Solidarité Lilloise Etudiante
www.solille.fr



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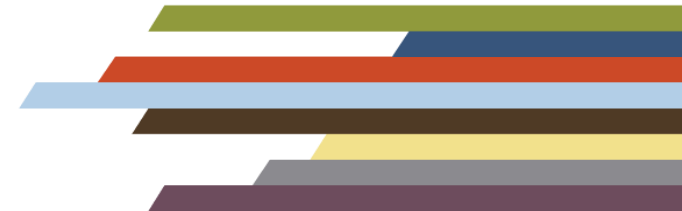
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Poll Activity

Which of these images do your prevention efforts most resemble?

- Exclusion
- Segregation
- Integration
- Inclusion



What are Health Disparities

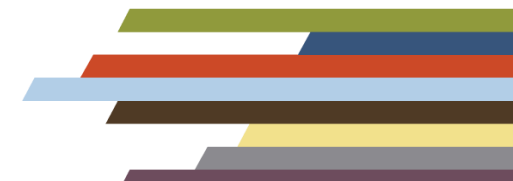
- “Particular type of **health difference** that is closely linked with **social, economic, and/or environmental** disadvantage.” ³
- Health disparities adversely affect groups of people who have systematically experienced greater obstacles to health based on:
 - Racial or ethnic group
 - Religion
 - Socioeconomic status
 - Gender
 - Age
 - Mental health
 - Cognitive, Sensory, or Physical Disability
 - Sexual orientation or gender identity
 - Geographic location
 - Other characteristics historically linked to discrimination or exclusion



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Health Disparities and Opioid Overdoses

- From 2019 to 2020, drug overdose death rates increased by 44% and 39% among non-Hispanic Black (Black) and non-Hispanic American Indian or Alaska Native (AI/AN) persons respectively.
- The rate in 2020 among Black males aged ≥ 65 years was nearly seven times that of non-Hispanic White males aged ≥ 65 years

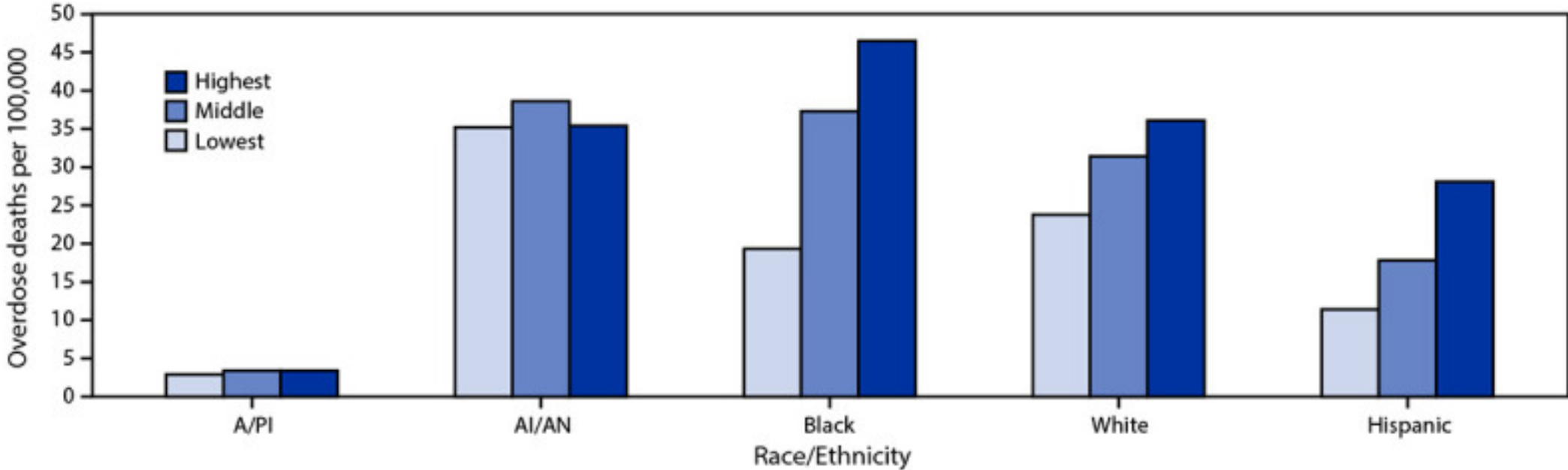
Drug Overdose Deaths, by Selected Sociodemographic and Social Determinants of Health Characteristics — 25 States and the District of Columbia, 2019–2020⁴



**An Example
from the Field**

Social Determinants of Health

Income Inequality and Opioid Deaths



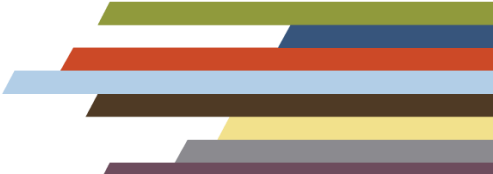
Drug Overdose Deaths, by Selected Sociodemographic and Social Determinants of Health Characteristics — 25 States and the District of Columbia, 2019–2020⁴



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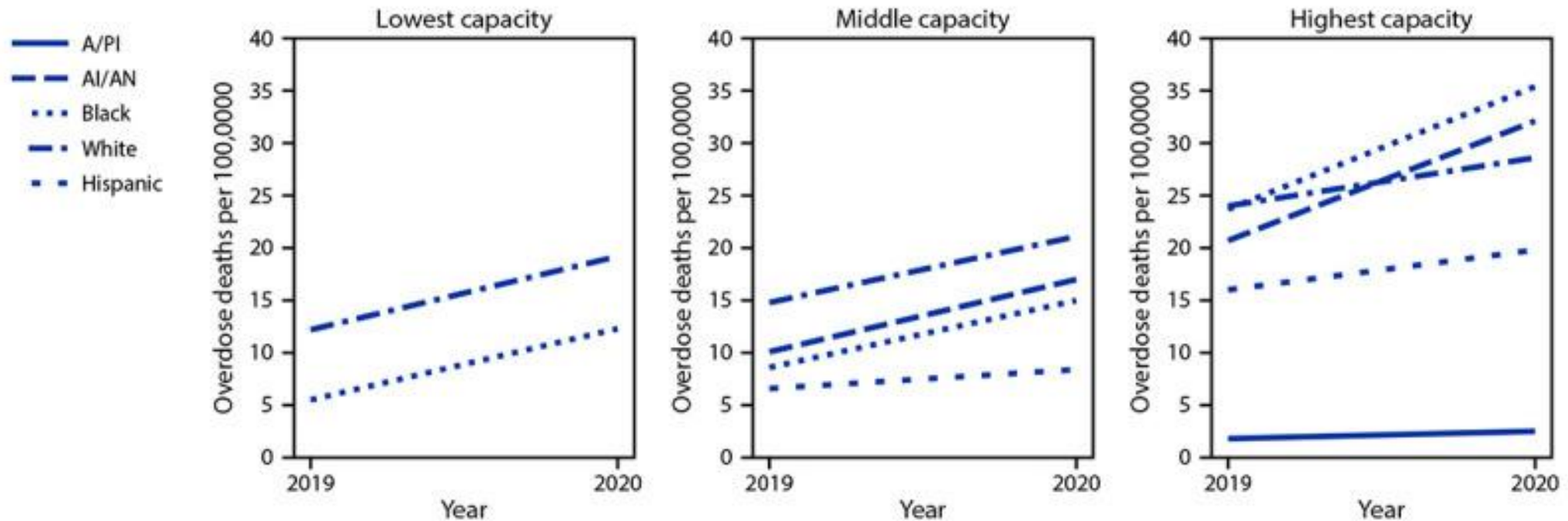
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Social Determinants of Health Example

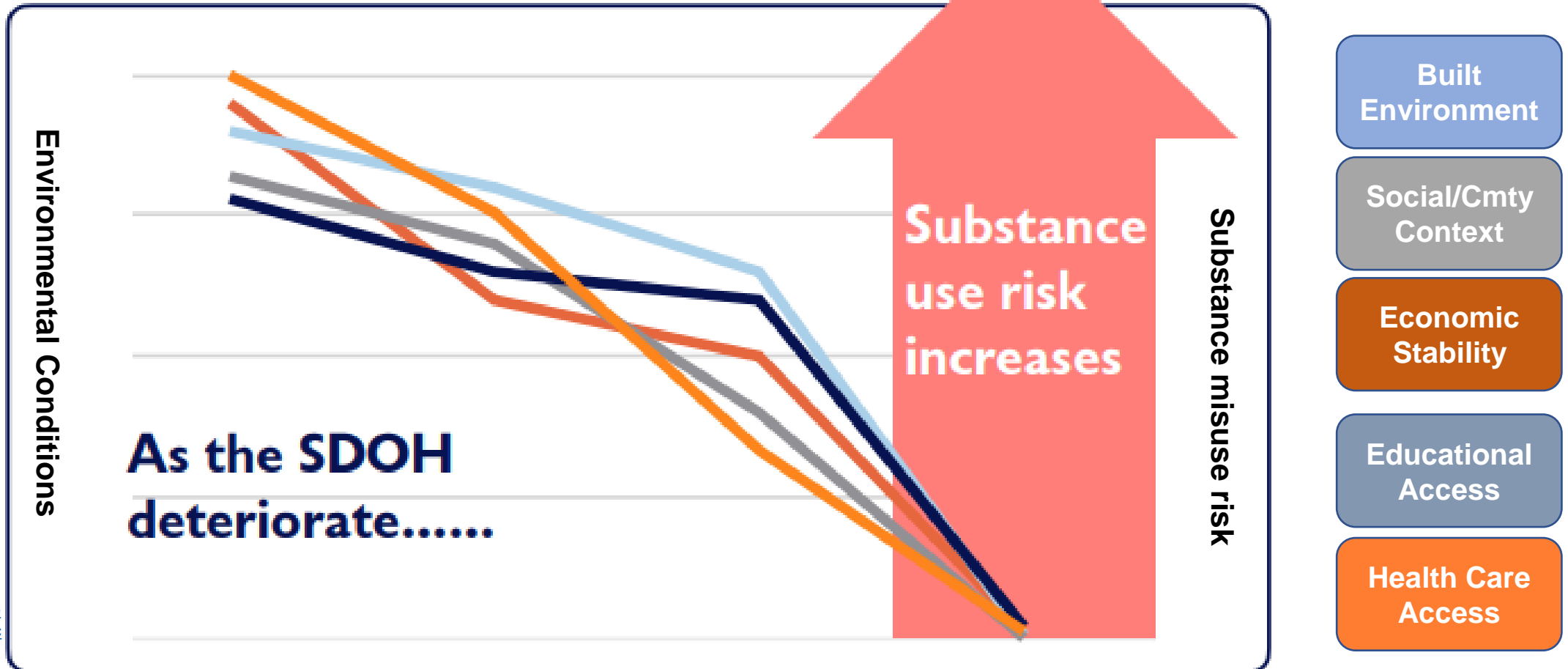
Access to Treatment Services



Drug Overdose Deaths, by Selected Sociodemographic and Social Determinants of Health Characteristics — 25 States and the District of Columbia, 2019–2020⁵

The Social Determinants of Health Influence Risks For Substance Misuse

THE SOCIAL DETERMINANTS OF HEALTH INFLUENCE SUBSTANCE USE RISK



To Recap...

Health disparities

describe the **differences** in health outcomes among groups

Social determinants of health explain the **origins** or “root causes” of these differences

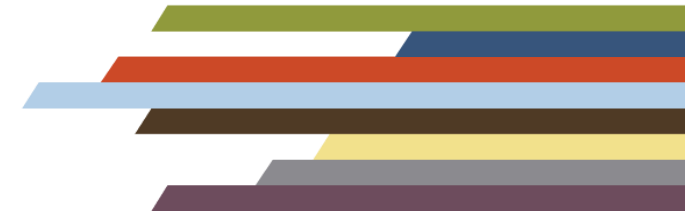
We are working toward **health equity** by **reducing health disparities** through **addressing the social determinants of health.**



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Social Determinants of Health and Risk and Protective Factors

Social Determinants of Health



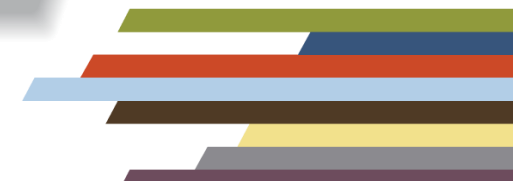
Source: Centers For Disease Control and Prevention



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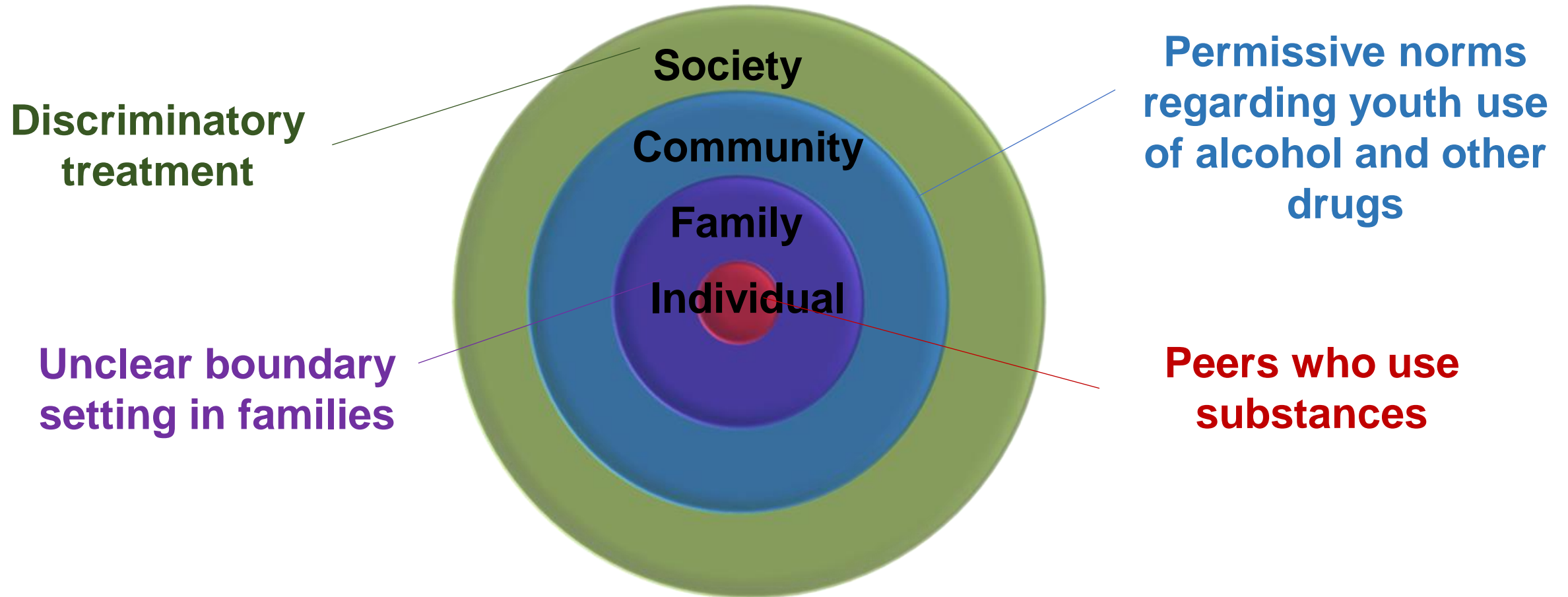
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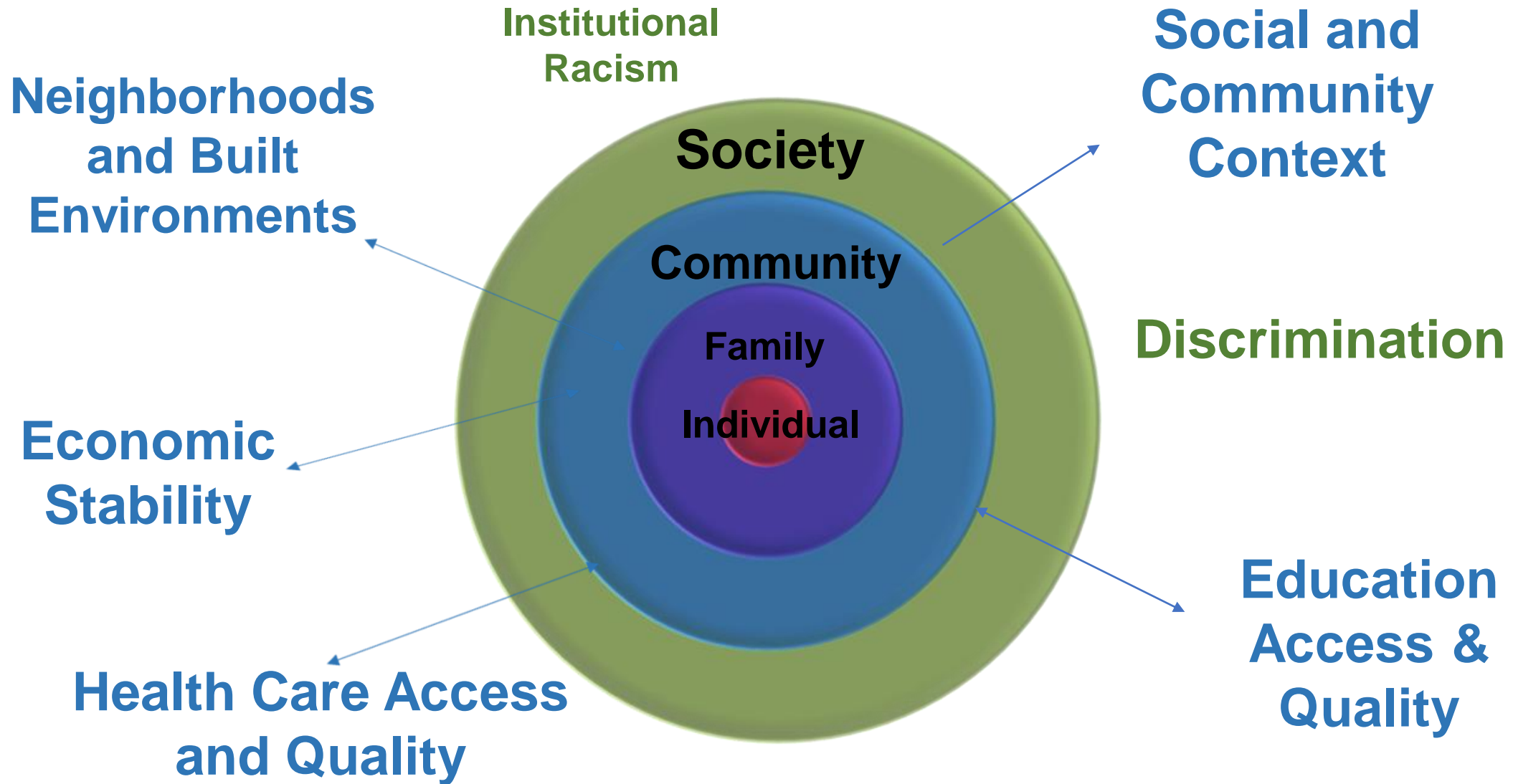


Understanding the Complexity of Factors Effecting Substance Misuse Risk

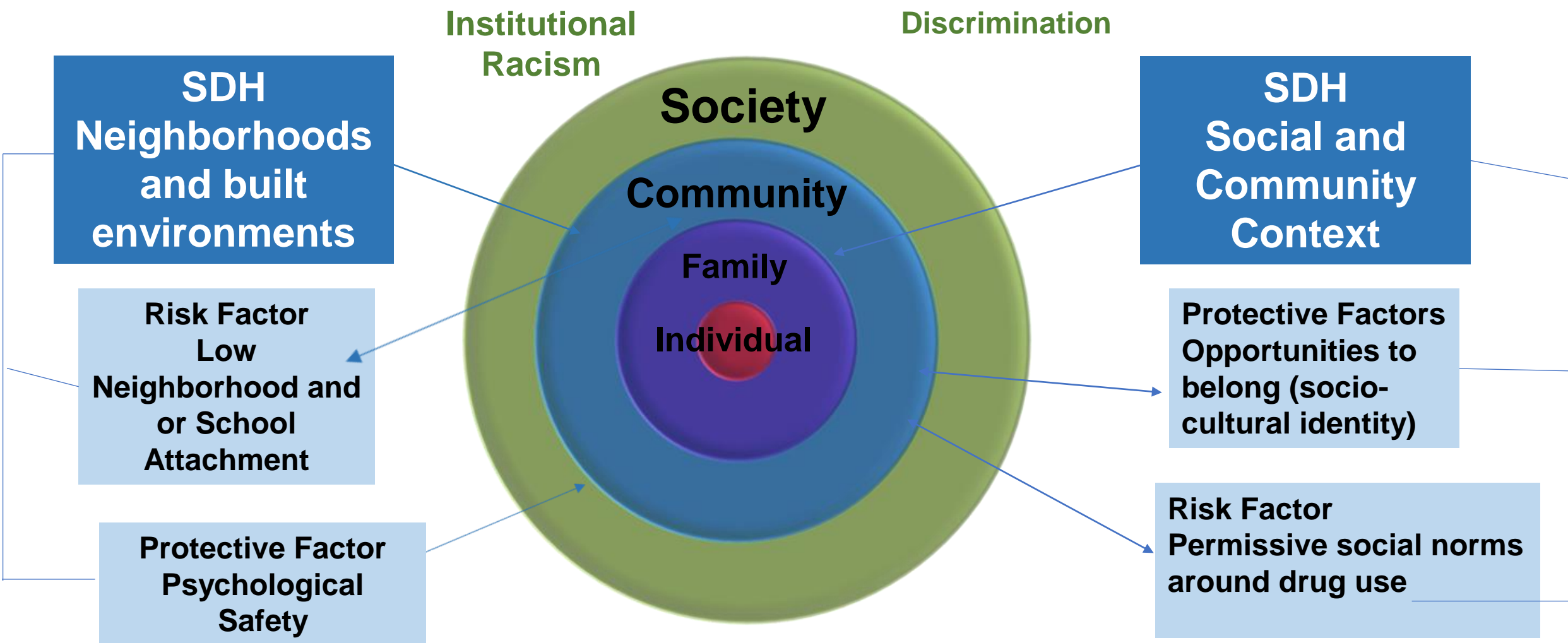
Socio-Ecological Model



The Ecological Model and Social Determinants



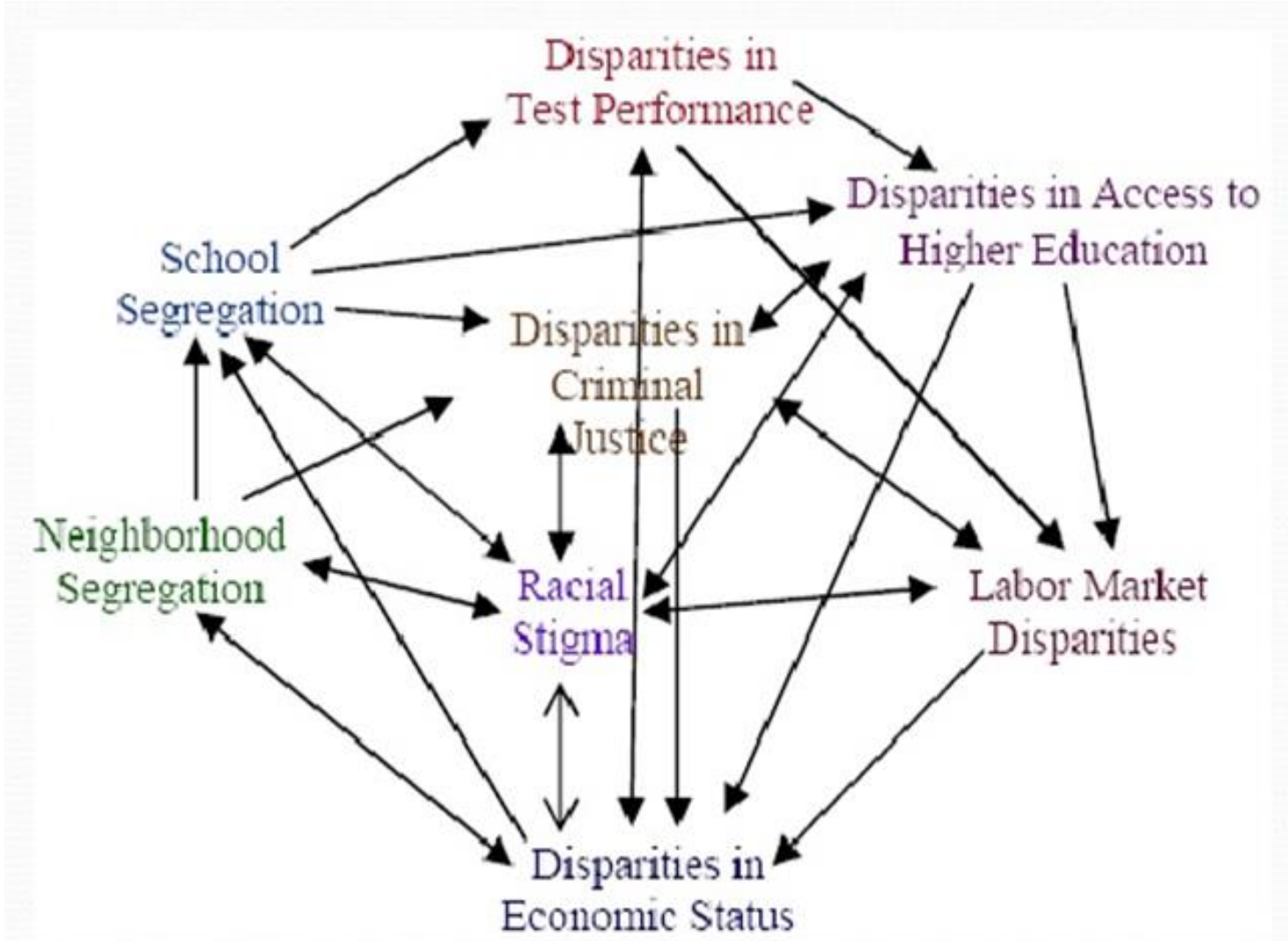
Social Determinants of Health and Risk and Protective Factors



SDH Systems Interactions

The **cumulative and compounded** impact of the systems that create disadvantage. These historical and current interactions and relationships across systems, combine to **create barriers** that **deny access, resource** or **participation**.

Systems Interactions



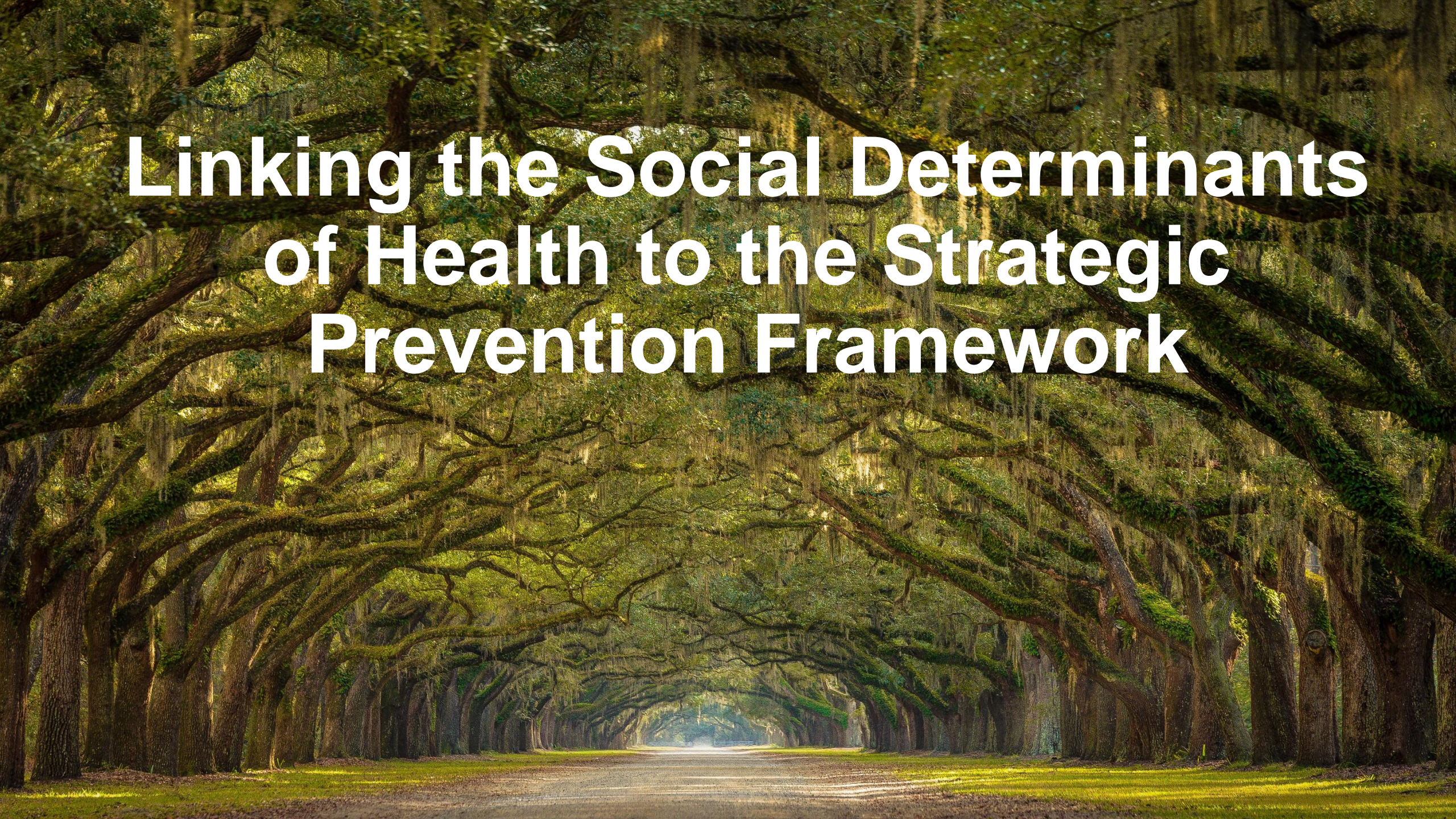
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In Conclusion: Social Determinants of Health



- Are part of the community environment
- Impact health outcomes
- Contribute to health disparities between groups of people
- Impact the risk for substance misuse
- Can be associated with substance misuse risk and protective factors
- Should be considered when addressing health related problems including substance misuse
- Can be addresses via coordinated planning

A long, straight path lined with large, mature trees covered in Spanish moss, creating a tunnel effect. The path is paved and leads into the distance, flanked by rows of trees whose branches arch over the path. The scene is bathed in soft, golden light, suggesting a late afternoon or early morning setting. The overall atmosphere is serene and majestic.

Linking the Social Determinants of Health to the Strategic Prevention Framework

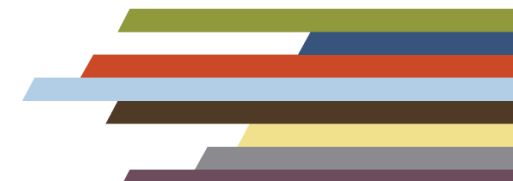
Strategic Prevention Framework (SPF)



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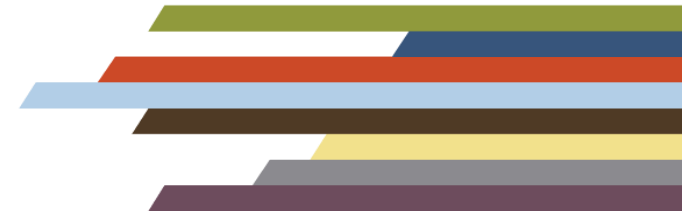
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Poll Activity

What does this look like in your community?

How do (or have) Social Determinants of Health appeared in your prevention planning?



Social Determinants in the SPF

- Assessment
- Capacity
- Planning
- Implementation
- Evaluation
- Cultural Competence
- Sustainability



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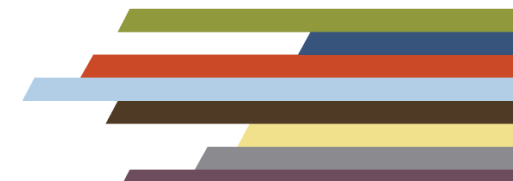
Embedding Social Determinants in Our Everyday Work

- Be intentional.
- Provide a safe space for difficult conversations.
- Take steps to integrate what emerges from these conversations. Don't just talk—do!
- Build trust in community and build multiple relationships in the community.
- Talk less. Listen more.
- Be accountable and follow through.
- Ask what can I do?
- Talk openly about equity and inclusivity in your leadership roles.
- Incorporate health equity into all levels of policy.



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Personal Action Plan

In the next week, I will _____ to incorporate the Social Determinants of Health in my prevention efforts.

The populations or agencies I will identify for outreach include:

I will know I have been successful by _____.

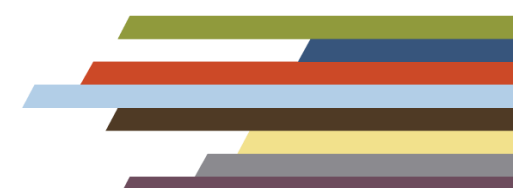
In addition, my ongoing plan includes _____.



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Questions?



**December
15, 2022**



Social Determinants of Health: Implications for Prevention Planning Session 2

**NEXT
SESSION**

Evaluation



Please take a few minutes to complete a brief evaluation:

<https://ttc-gpra.org/P?s=748912>



Your feedback is appreciated!

Thank You!

If you have questions or comments, don't hesitate to contact:

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<https://pttcnetwork.org/centers/northeast-caribbean>

And, Join our Mailing List!

<https://pttcnetwork.org/centers/northeast-caribbean-pttc/nec-subscription-page>



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References & Resources

CDC, Social Determinants of Health

1. <https://www.cdc.gov/socialdeterminants/index.htm>
2. https://www.carnevaleassociates.com/file_download/inline/c18c74f3-26a8-440a-ab9b-c5fb6949bb87
3. <https://www.rwjf.org/en/blog/2022/11/we-used-your-insights-to-update-our-graphic-on-equity.html>



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