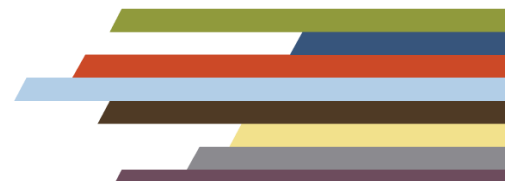


# LOBBY CHAT QUESTION

What recent professional development activities have you taken part in recently?

What excites you about participating in professional development?





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# Determining a Direction for Your Professional Development Plan

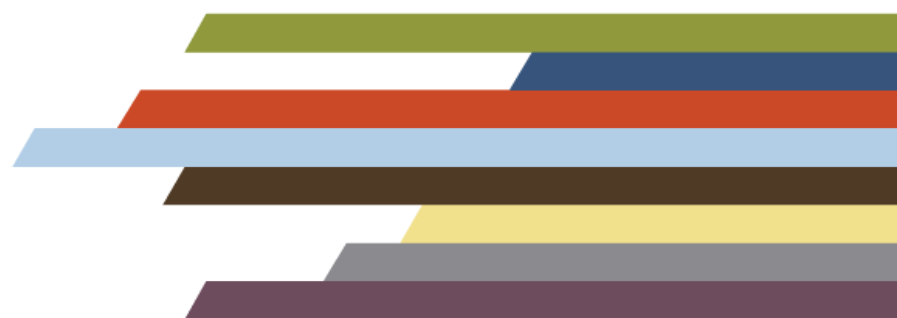
*June 29, 2023*

## ***Presenters***

Nicole Augustine, Training and Technical Assistance Specialist, Education Development Center (EDC)

Carol Oliver, Director of Prevention Solutions, EDC

Clare Neary, Project Coordinator, Rutgers University



# Technical Information

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At the time of this publication, Miriam E. Delphin-Rittmon, Ph.D., served as Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services and the Administrator of the Substance Abuse and Mental Health Services Administration. The opinions expressed herein are the view of the presenters from the Northeast & Caribbean PTTC and do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this document is intended or should be inferred.

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Presented in 2023.

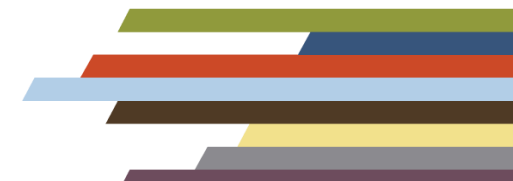
This webinar is being recorded. Following the event, we will share the recording with participants and post on our website.



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# Evaluation

Please take the time to complete a brief evaluation:



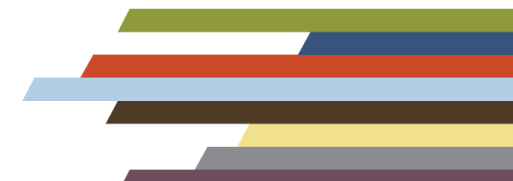
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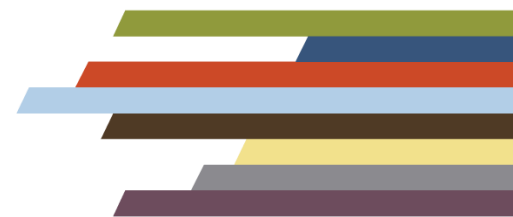
The use of affirming language inspires hope.

**LANGUAGE MATTERS.**

**Words have power.**

**PEOPLE FIRST.**

The PTTC Network uses affirming language to promote the application of evidence-based and culturally informed practices.

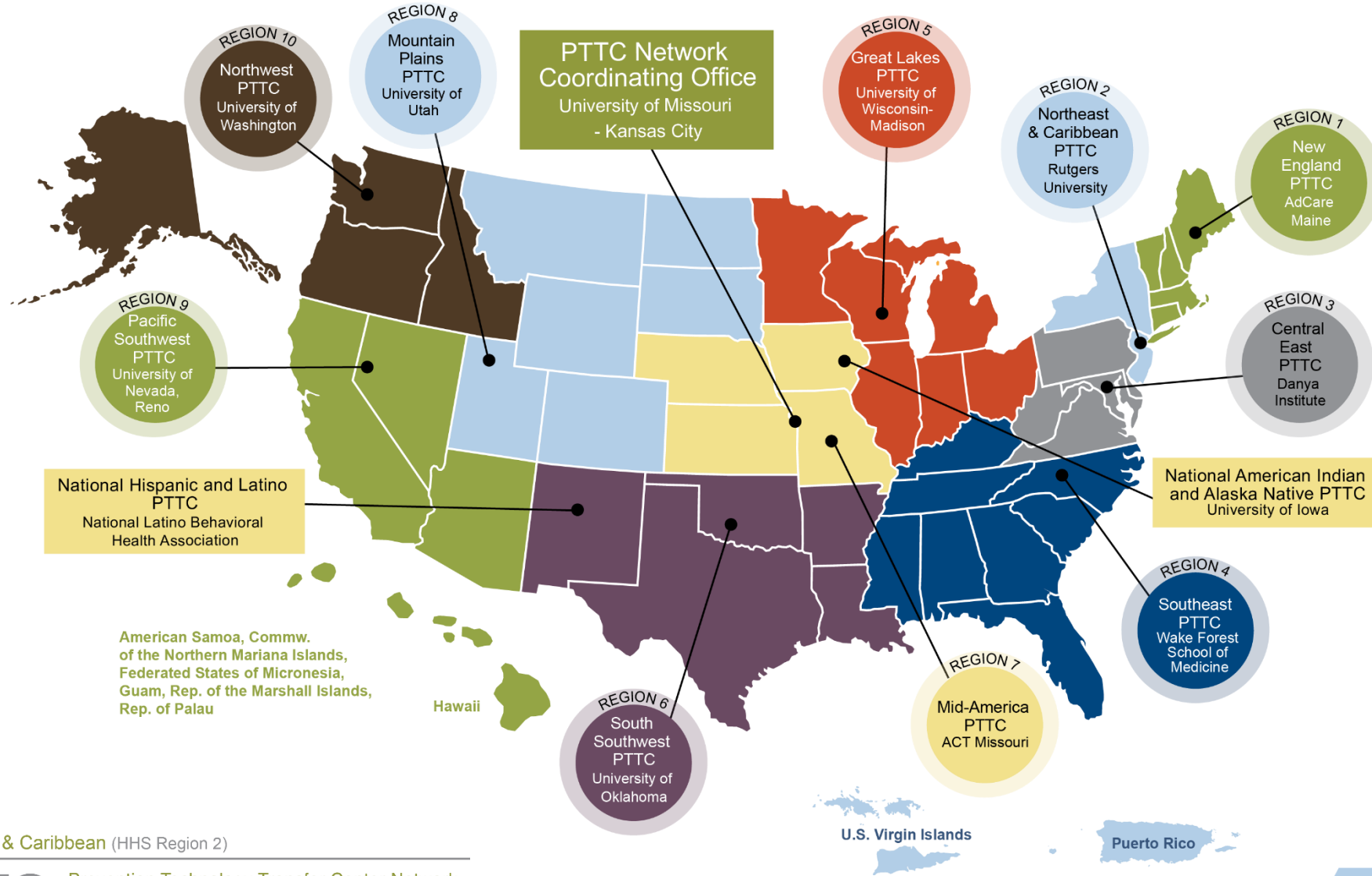




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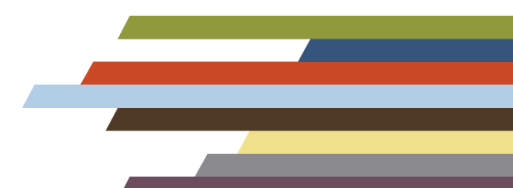
**PTTC Network**



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# Presenters



**Nicole Augustine**

T/TA Specialist  
*Region 2 PTTC*



**Clare Neary**

Project Coordinator,  
Rutgers University MPAP  
Northeast & Caribbean PTTC



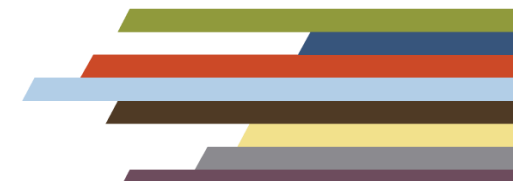
**Carol Oliver**

Director  
Prevention Solutions@ EDC



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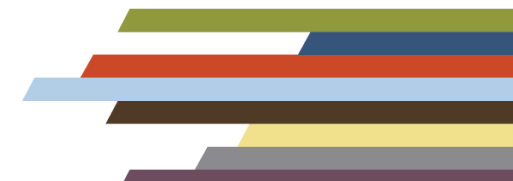
# Learning Objectives

- Revisit personal professional development goals and strategies considered or undertaken
- Assess and identify successes and challenges in personal plan
- Explore strategies to overcome challenges or questions
- Identify potential career pathways or achievements to support remaining in the field
- Create or Update a personal 6-month professional development plan



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# Determining a Direction for Your Professional Development Plan



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# Revisiting Your Journey: Professional Development Experience

**Which PTTC sessions did you previously attend on this topic?**

- Session 1 only
- Session 2 only
- Both sessions
- Neither
- November, is too long ago for me to remember!

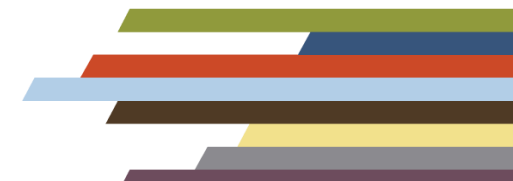
**What additional professional development opportunities, have you participated in recently?**



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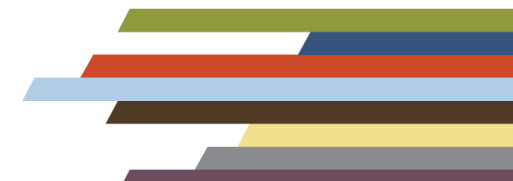
# Revisiting Your Journey: Professional Development Steps

1. Addressing Your Immediate Needs
2. Determine Your Future Development Needs
3. Identify Immediate Professional Development Opportunities
4. Develop a Personal Plan



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# Step 1: Addressing Your Immediate Needs

1

Determine your current knowledge and skill level for your current position

2

Determine what knowledge and skills you need to grow

3

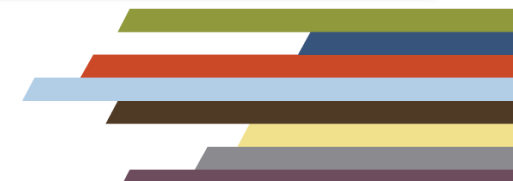
Determine the professional development method(s)



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# Step 2: Determining Your Future Professional Development Needs

1

**IDENTIFY  
POTENTIAL  
POSITIONS  
THAT  
INTEREST  
YOU**

2

**TALK WITH  
PEOPLE  
CURRENTLY  
PERFORMING  
THE JOB**

3

**REVIEW JOB  
DESCRIPTIONS**

4

**EXAMINE THE  
RELATED  
IC & RC  
COMPETENCIES**

5

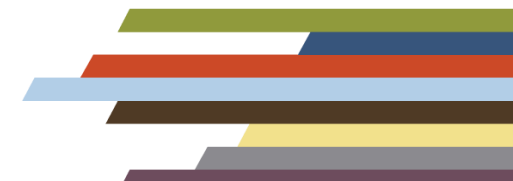
**IDENTIFY  
SKILLS AND  
KNOWLEDGE**



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# Step 3: Identify Immediate Professional Development Opportunities

Participate in training

Developing a mentoring relationship

Participate in a learning community with other professionals

Engage in self directed study

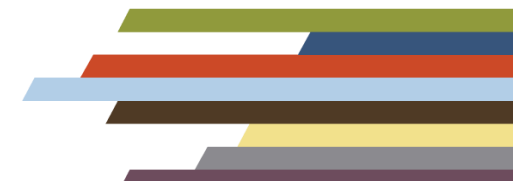
Create an apprenticeship



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# Step 4: Develop a Real-Time Personal Action Plan

- Immediate PD needs
- Future PD needs
- PD Goal
- Steps to take to accomplish this goal
- Potential resources to achieve this goal
- When to get started

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### Professional Development Personal Action Plan

The Personal Action Plan is for you to identify what you would like to work towards based on today's training. Please list three six-month goals you have for proactively planning your professional development activities. Your goals should be SMART: Specific, Measurable, Achievable, Relevant, and Time-bound.

**What are my immediate professional development needs? What do I anticipate as my future professional development needs?**

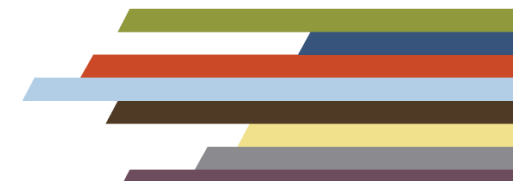
Goal	What steps will I need to take to accomplish this goal?	What resources might I use to meet this goal?	When will I get started?



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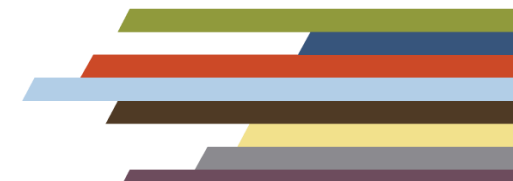
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# Poll Question

I have a professional development personal action plan:

- Yes, I have a clear plan for my professional growth
- Not yet, I'm working on it
- Not yet, I need to create one







# Revisiting Substance Misuse Prevention Certification



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# Why Certification in Substance Misuse Prevention

- Advances and professionalize the field
- Identifies a set of competencies for the profession
- Establishes
  - Education/training institutions.
  - Local/national associations
  - Licensing laws/certification regulations.

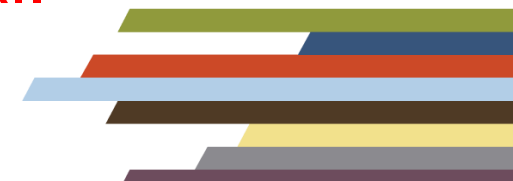
**PREVENTION IS A PROFESSION.**  
**Certification is part of being a professional.**



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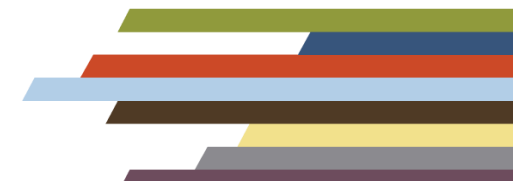
# Who Is Responsible for Certification Oversight:

- **The International Certification and Reciprocity Consortium (IC&RC)?**
  - Develops standards and examinations for credentialing of prevention, substance use treatment,
  - Represents 82 member boards, including 24 countries, 46 states and territories, 4 Native American regions, and all branches of the U.S. military.
  - Includes 51 boards which offer the Prevention Specialist credential.



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# What is Required to Pass the Certification Exam

**Updated!**

## Domains

Planning and Evaluation

## Weight on Exam

25%

Prevention Education and Service Delivery

15%

Communication

15%

Community Organization

15%

Public Policy and Environmental Change

11%

Professional Growth and Responsibility

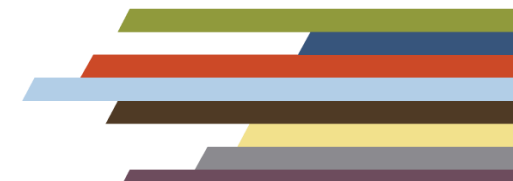
19%



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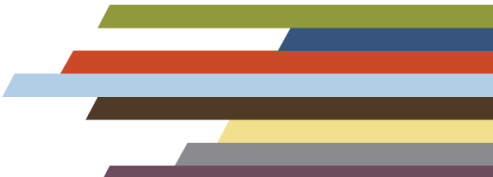
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# Poll Question

Where are you in your certification journey?

- I haven't started yet
  - I just got started after the first two sessions
  - I'm registered and working on completing the requirements
  - I'm currently studying for the exam
  - I'm already certified as a Prevention Specialist
- 



# Identify Successes and Challenges

## Exploring Strategies For Overcoming Challenges



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# Breakout Room Activity:

Select the breakout room that applies to you and where you are in your professional development journey:

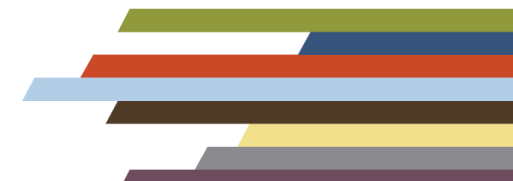
- Early in the certificate process
- Already certified (less than 5 years)
- Already certified (more than 5 years)



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# Breakout Questions:

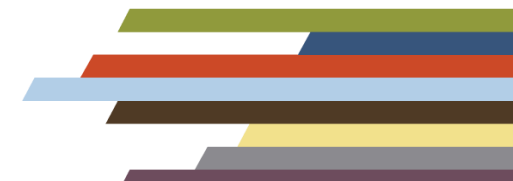
In your groups, please discuss the following topics:

- **Early in certification process**
  - Certification process, challenges, and strategies to overcome those challenges Early
- **Certified less than 5 years**
  - Career advancements, becoming a mentor, career success and challenges
- **Certified more than 5 years**
  - How to successfully mentor others, long-term career goals



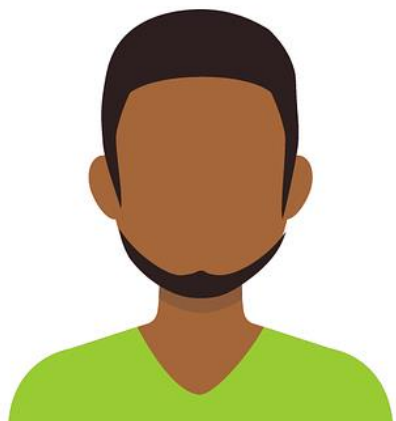
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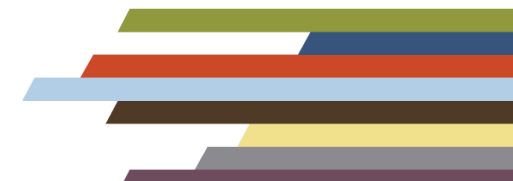
# Breakout Debrief and Questions?



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# Evaluation

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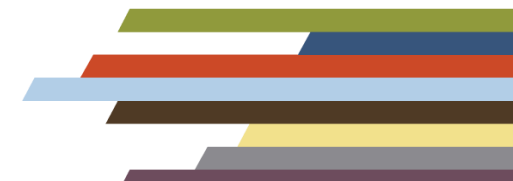
<https://ttc-gpra.org/P?s=466302>

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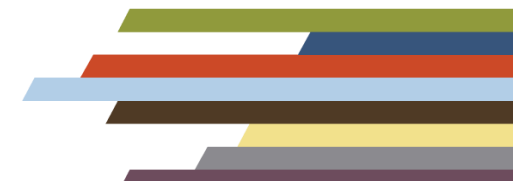
# Resources

- **Professional Development Personal Action Plan**  
<https://pttcnetwork.org/centers/northeast-caribbean-pttc/product/professional-development-personal-action-plan>
- **Prevention Specialist Candidate Guide**  
[https://www.internationalcredentialing.org/resources/Candidate%20Guides/Prevention\\_Candidate\\_Guide\\_Final.pdf](https://www.internationalcredentialing.org/resources/Candidate%20Guides/Prevention_Candidate_Guide_Final.pdf)
- **Professional Development. The Center for Disease Control. June 2022, Prevention**  
[https://www.cdc.gov/healthyyouth/professional\\_development/index.htm#:~:text=Print,attitudes%20of%20a%20particular%20workforce](https://www.cdc.gov/healthyyouth/professional_development/index.htm#:~:text=Print,attitudes%20of%20a%20particular%20workforce)
- **Prevention Specialist (PS)**  
<https://internationalcredentialing.org/creds/ps>



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# Thank You!

If you have questions or comments, don't hesitate to contact:

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**MPA, CPS**

T/TA Specialist

Region 2 PTTC, EDC

[ijonesturner@edc.org](mailto:ijonesturner@edc.org)

**Jessica Goldberg**

**MSW, MPH, CPS**

T/TA Specialist

Region 2 PTTC, EDC

[jgoldberg@edc.org](mailto:jgoldberg@edc.org)

**Check Out the Northeast and Caribbean PTTC Website:**

<https://pttcnetwork.org/centers/northeast-caribbean>

**And, Join our Mailing List!**

<https://pttcnetwork.org/centers/northeast-caribbean-pttc/nec-subscription-page>



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