



Evidence-based interventions that encourage *quitting* and prevent youth smoking continue to be underutilized.

~ a Report of the Surgeon General, 2014

Be A Lifesaver!

Program **Basic Tobacco Intervention Skills Certification for Native Communities**

Date: **OCTOBER 17, 2023**

Time: **8:00 am – 5:00 pm (MT)**

Location: **Albuquerque, NM – AAIHB/AASTEC Office**

Instructors: **Janna Vallo, Theresa Clay, Reiko Yazzie**

To register: **<http://db.aastec.net/sttc/reg.html>**

For information Email: **btisfnc@aaihb.org**

Name _____ Title _____
Organization _____
Work Address _____
City _____ State _____ Zip _____
Work Phone _____ Work Email _____

Program Objectives:

1. Engage commercial tobacco users in a culturally relevant and sensitive manner.
2. Assess for commercial tobacco use and exposure to secondhand/thirdhand smoke.
3. Conduct a culturally responsive integrated, stage-specific Five A Model brief intervention for health risk behavior change.
4. Demonstrate effective use of culturally adapted patient self-management resources to evoke confidence in a health risk behavior change.
5. Describe pharmacotherapy options for commercial tobacco dependence treatment.
6. Document details of interventions for treatment of commercial tobacco dependence.
7. Follow-along and follow-up with individuals using a disease management approach.
8. Refer patients/clients who use commercial tobacco to relevant intensive treatment services.
9. Connect Native people who are dependent on commercial tobacco with supportive resources.
10. Establish protocols to systematically prevent/treat commercial tobacco use and dependence.

