



Northeast & Caribbean (HHS Region 2)

PTTC

Prevention Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

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The HHS Region 2 Northeast and Caribbean Prevention Technology Transfer Center presents:

## Where Do I Start? Professional Development for New Prevention Practitioners

Webinar: Wednesday, January 31, 2024  
1:00 PM – 2:30 PM (EST)

In the context of substance misuse prevention, professional development involves acquiring the skills and knowledge necessary for both personal development and career advancement. But, for those new to the field, it can be challenging to find and access the type of professional development opportunities that will fuel their growth.

Join us for a deep dive into professional development. Tailored for early career practitioners looking to elevate their prevention practice, we will explore the foundational prevention competencies that every prevention professional should build toward, where to find professional development opportunities to support growing those capacities, and best practices for planning your personal approach to professional development – whether you intend to pursue prevention certification, are seeking career advancement or simply want to improve your own abilities. Our presenters will share practical insights and valuable resources to support your professional development journey, as well as give participants the opportunity to connect to learn from each other's experiences.

Learning Objectives: As a result of this training, participants will be able to:

- Define key foundational competencies important for early prevention practitioners to develop
- List sources (e.g., organizations, websites) providing professional development opportunities for prevention professionals
- Describe the process for developing a personal approach to professional development

Sandra Puerini Del Sesto, M.Ed, ACPS is a consultant and master trainer in behavioral health and strategic planning for states and non-profits. For over thirty-five years, Ms. Del Sesto has provided training throughout the United States in all areas of prevention practice. She is a member of the advisory boards of the New England Prevention Technology Transfer Center (PTTC), the National Latino PTTC and the New England School of Addiction Studies. Sandra serves as the RI delegate to the International Certification and Reciprocity Consortium (IC&RC).

Jessica Goldberg is a Training and Technical Assistance Specialist with Education Development Center. For over a decade, Jess has specialized in building capacity to improve behavioral health at the national, state, regional and local levels. Her areas of expertise include preventing youth substance use; promoting cross-sector collaborations; addressing health disparities; strategic planning, logic model development, and sustainability planning. Jess is a Certified Prevention Specialist and holds an MSW and an MPH from Boston University.

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