How COVID-19 is differentially impacting substance use prevention, treatment and recovery in communities of color and/or underserved communities: How can we address this?

Strategic Discussion 3: American-Indian/Alaska Native communities: Trauma-Responsive Approaches to Support the Communities.

May 5, 2020: 2-3pm ET

Facilitator: Diana Kramer, MA
Panelists: Sean Bear, BA; Kristina Belinte, BHT; Troy Montserrat-Gonzales, MA, NCC, LPC; Pamela Jumper Thurman, PhD; Karina L. Walters, PhD, MSW
Disclaimer

This work is supported by a cooperative agreement from the Department of Health and Human Services, Substance Abuse and Mental Health Services Administration. The opinions expressed herein are the view of the facilitators and panelists and do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this presentation is intended or should be inferred.
Acknowledgements and Welcome

• ATTC and PTTC leadership team –
  • Holly Hagle, PhD, Co-Director ATTC and PTTC
  • Laurie Krom, MS, Co-Director ATTC and PTTC
  • Viannella Halsall, MPH CHES®, TTC Operations Director
  • Deena Murphy, PhD, Social Determinants of Health Series Lead

• ATTC Workgroup - Health Equity & Inclusion

• PTTC Workgroup – Addressing Culturally & Linguistically Appropriate Practices
Community Agreements

Please note: To create a safe and secure Zoom space, we will not be able to share participants video during this webinar.

In the chat: Please say hello and include your name, role, organization, and community identity “I am speaking from the experience as an…”

Comments and Questions: You may use chat throughout for any comments and questions and our team will respond. Panelists will respond to any questions missed post-event.

Emergency Policy: Due to recent challenges with Zoom security, if there is criminal or vile activity that appears on the screen, we will immediately close the session and follow-up with additional resources or instructions. We will not re-open the session but will see you at the next session.
The use of affirming language inspires hope and advances recovery.

LANGUAGE MATTERS.
Words have power.

PEOPLE FIRST.

The ATTC Network uses affirming language to promote the promises of recovery by advancing evidence-based and culturally informed practices.
Agenda

• **10 minutes:** Opening, introductions, and outline key issues/themes from April 22 listening session.

• **45 minutes:** Panelists will strategize and share emerging best practices around key topics. *Everyone can engage through chat.*

• **5 minutes:** Wrap-up and identify any next steps.

• **Post-series:** Share recording, notes of key themes/answers to key questions, and any tools/resources.
Facilitator

• Diana Kramer, MA
• Diversity and Inclusion Consultant
Panelists

Sean Bear, BA
Kristina Belinte, BHT
Pamela Jumper Thurman, PhD
Troy Montserrat-Gonzales, MA, NCC, LPC
Karina L. Walters, PhD, MSW
Themes from Listening Session

- **Barriers to prevention**
  - Options around social distancing and quarantining?
  - Social distancing/online not culturally responsive
  - Lack of running water
  - Housing and food insecurity
  - Increases in domestic/intimate partner violence
  - Vulnerability of communities
  - Intersection of gender identity and sexuality
  - Minimized risk of alcohol; lack of focus on healthy families/communities
  - Intergenerational trauma
  - Access to technology; even phones can be a challenge in remote areas

- **Barriers to screening and testing**
  - Access to primary care and testing?
  - Cultural barriers in care settings
  - Transportation
  - Technology barriers

- **Barriers to care**
  - Who are the uninsured and underinsured?
  - Availability of care?
  - Technology access
  - Impact of underlying health issues

- **Barriers to recovery**
  - Lack of wrap-around services and recovery supports
  - Lack of connection
Core Questions for Panelists

• How has COVID-19 further highlighted health disparities and what is the impact on American Indian/Alaska Native communities, those with SUD, and for the prevention, treatment and recovery workforces?

• *Participants: Please share experiences in chat; we will collate themes and share post-event.*
Core Questions for Panelists

• What strategies and resources are needed to mitigate these impacts?
• What is working and/or what are people trying?

Participants: Please share strategies and resources in chat; we will collate and share post-event.
Wrap-Up and Next Sessions

• **Open discussion:**
  - What did we miss?
  - Improvements?
  - Final thoughts/comments?

• **Wrap up:**
  - Key themes
  - Next steps/follow-up
  - Join us for our future sessions!

**REGISTRATION REQUIRED** (due to recent Zoom security concerns)

**Thursday, May 7: 2-3 pm ET**

**Tuesday, May 12: 2-3 pm ET**
Strategic Discussion 5: Wrap-up Session: Racial equity and health disparities in the age of COVID-19: What new strategies are needed?
Resources

Please visit our COVID-19 pandemic response resources for both the ATTC & PTTC Networks for helpful resources related to substance use prevention, treatment, and recovery:

- **ATTC Pandemic Response Resources**
- **PTTC Pandemic Response Resources**
- **PTTC Workgroup – Addressing Culturally & Linguistically Appropriate Practices Resources**
- **ATTC Workgroup - Health Equity & Inclusion Resources**
- **National American Indian & Alaska Native ATTC**
- **National American Indian & Alaska Native PTTC**