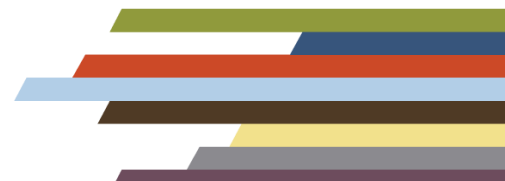


Lobby Poll

Please share:

- Your name
- Your organization or role in the community
- Where you are located
- How are you staying connected?





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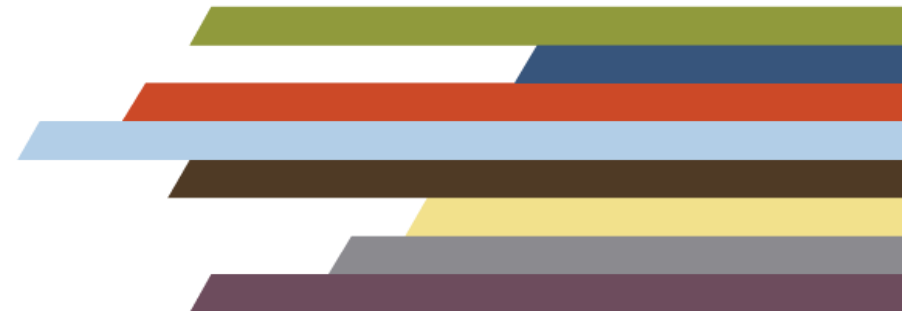
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A Pop-Up Event!

Promoting Youth Connectedness & Wellness in a COVID-19 World

Jessica Goldberg, MSW, MPH, Training and Technical Assistance (TTA) Specialist, Education Development Center (EDC)

Ivy Jones-Turner, MPA, TTA Specialist, EDC



Technical Information

This call is being recorded. Following the call, we will share the recording and a summary of call content with all participants.

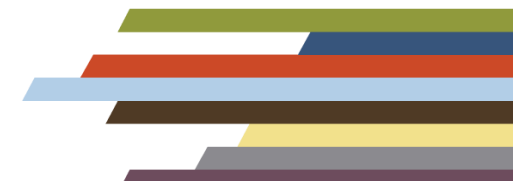
Please contact the call facilitator if you have any concerns or questions.



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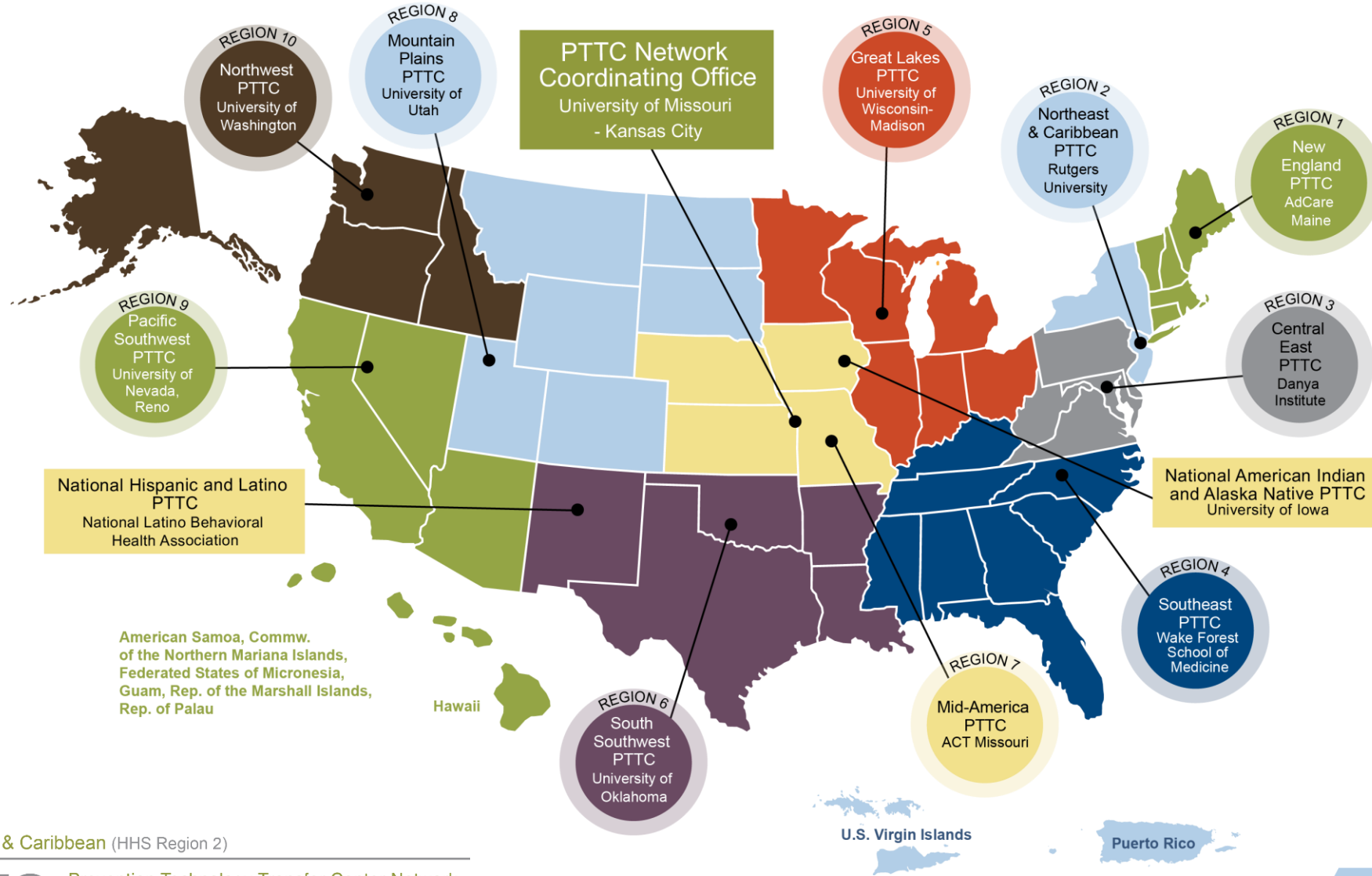




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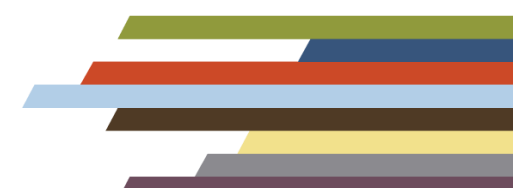
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Facilitators



Jessica Goldberg
T/TA Specialist, EDC

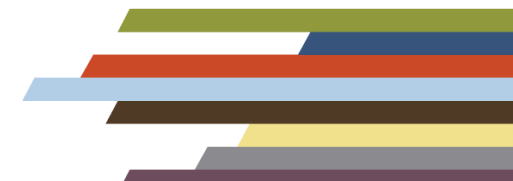


Ivy Jones-Turner
T/TA Specialist, EDC



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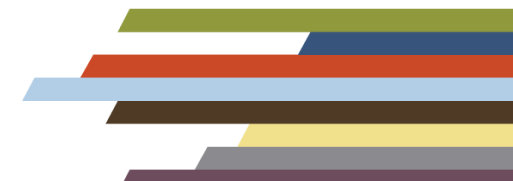
Call Logistics

- For attendance purposes, please type your name and email in the chat box
- Be sure to include the name of anyone with whom you are sharing a computer so they can also be recorded as an attendee.
- Type any questions you have into the chat box. You can do that at any point. We will monitor the chat box throughout today's presentation.



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Not Your Mother's Peer Sharing Call

Due to the volume of participants interested in this topic, we will not be opening the phone lines today.

Instead, we have designed virtual discussion questions that we hope will engage you in conversation in this virtual format. We also plan to convene some smaller group conversations in the weeks to come.



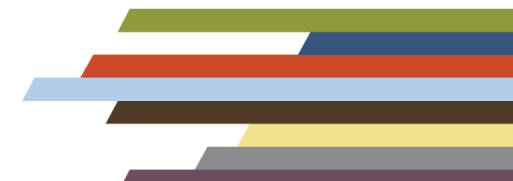
Road Map

- Best practices and approaches for engaging youth in a virtual world
- Wellness- and trauma-informed prevention approaches amidst COVID-19
- Wellness and trauma-informed resources



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Physically Distant but Socially Connected: Youth Engagement Amidst COVID-19

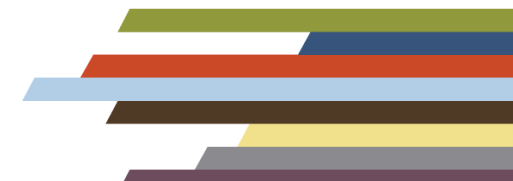
Prevention Response to COVID-19

- Coalitions are transitioning service delivery to the virtual environment
- Training and developing new partnerships are a focus for building organizational and staff capacity
- Staff are exploring a variety of online tools and software
- Youth engagement takes on new significance



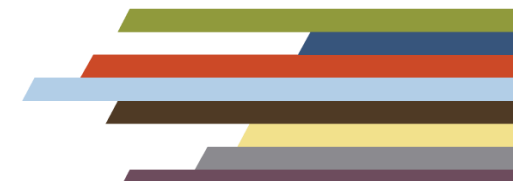
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Poll

What strategies for engaging youth in virtual program activities have you found to be successful?

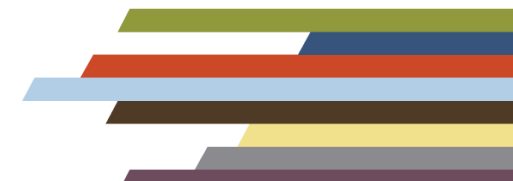


Engaging Youth



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Health Intervention Approaches



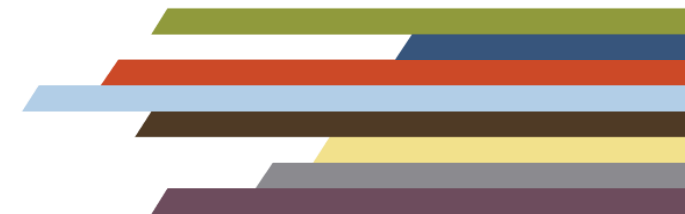
- Socio-ecological model
- Relationship development
- Skills-building
- Education & environmental



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Best Practices for Implementing Interventions in Virtual Context

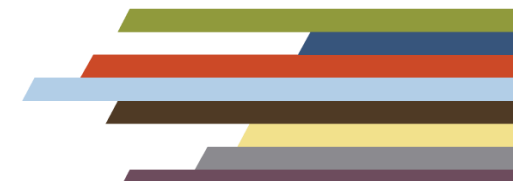
- Continue implementing evidence-based interventions with fidelity
- Consult developer guidance on virtual core program elements
- Review program fidelity and core components with staff and partners
- Reinforce program activities with youth



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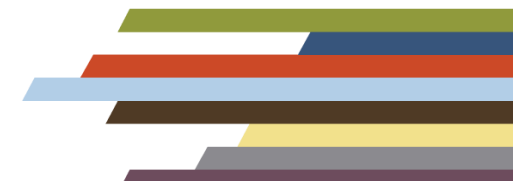


Promoting Connectedness from Afar



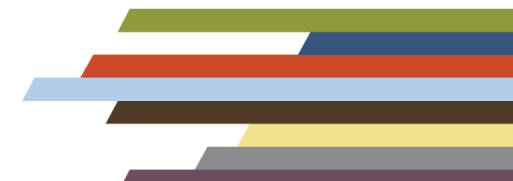
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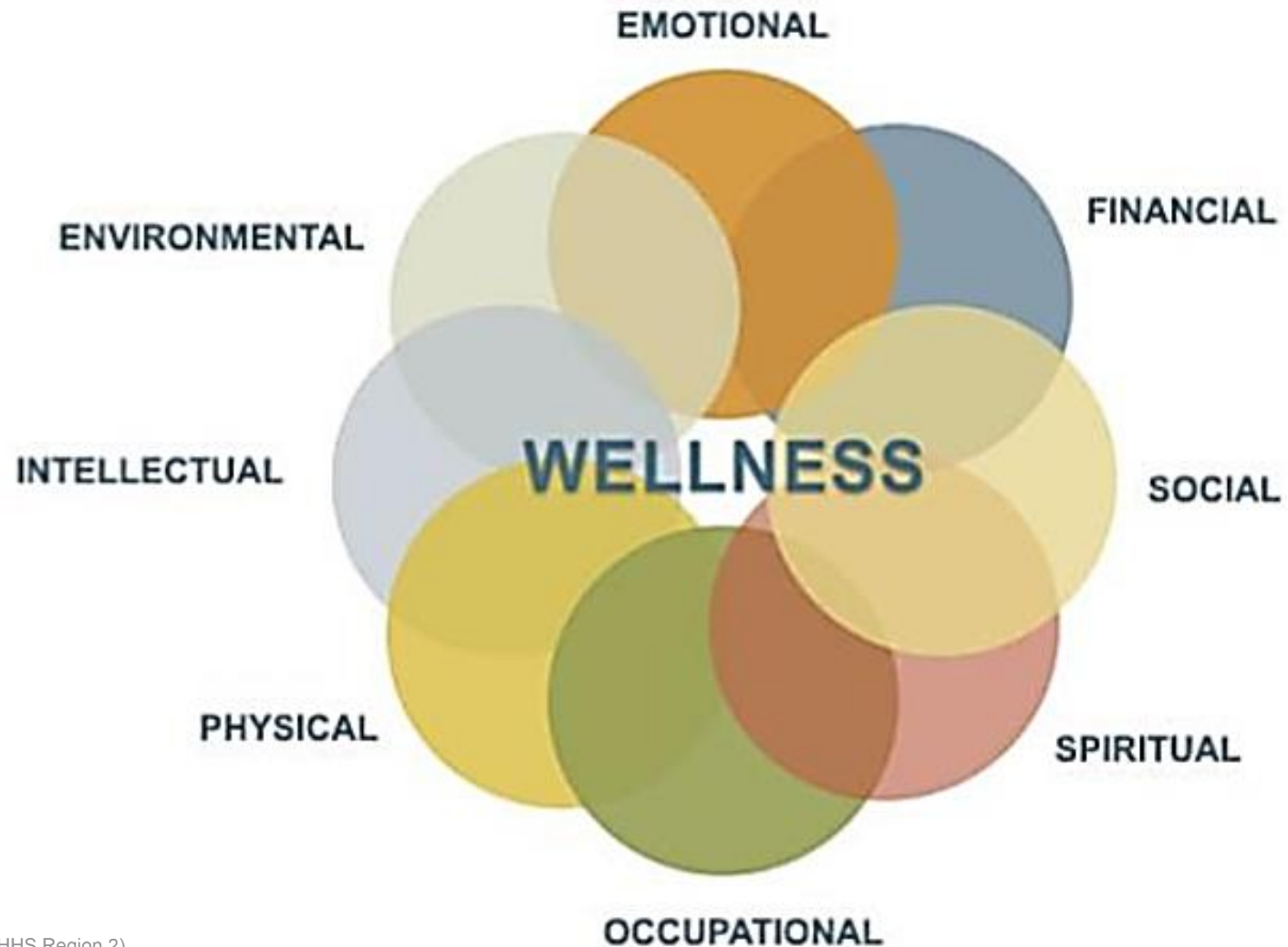


Polls

- How have you stayed in touch with the youth in your program activities?
- How are the youth you work with staying in touch with one another?



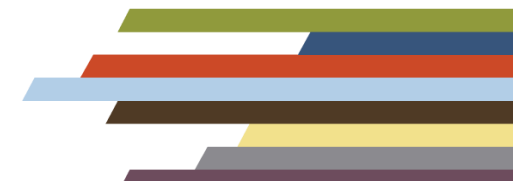
Eight Dimensions of Wellness



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Promoting Wellness through Trauma-Informed Prevention

Wellness

"...a state of complete physical, mental, and social well-being, and not merely the absence of disease or infirmity."

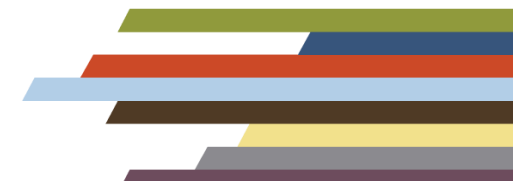
- The World Health Organization



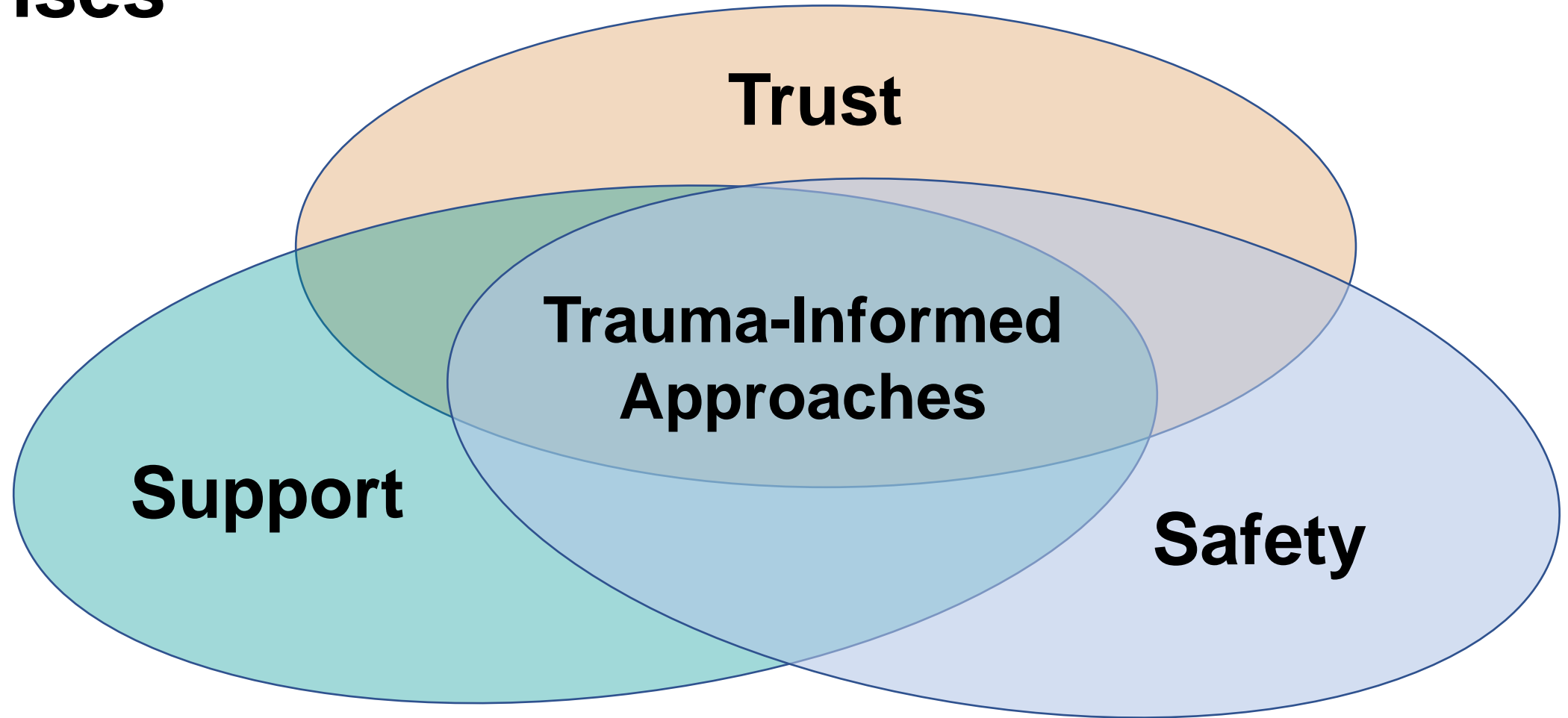
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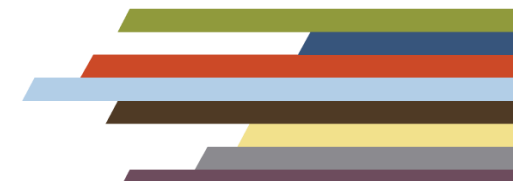
Strengthening Prevention's Response to Crises



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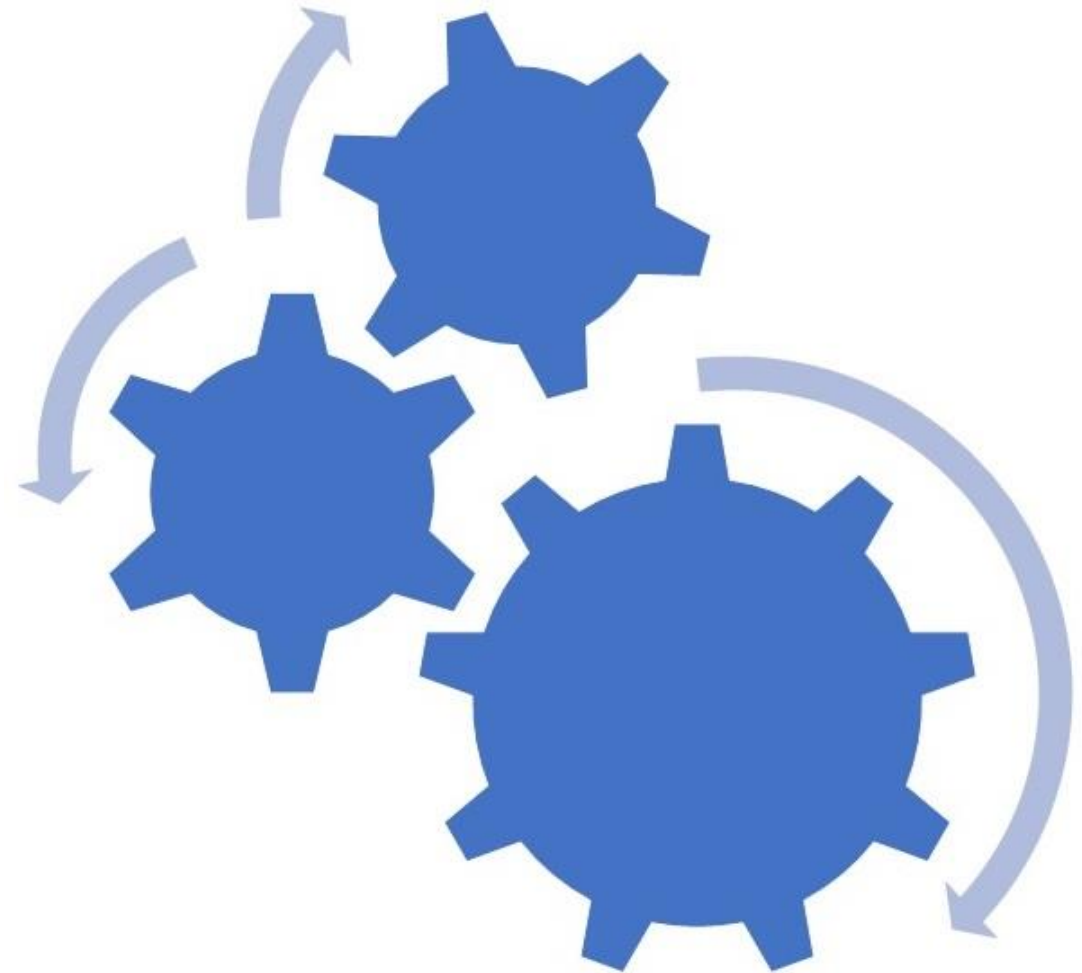
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Trauma-Informed Approaches in Prevention

- Provide support for effective **cop**ing skills
- Build and support **att**achment
- Build capacity to increase **protective factors**
- Promote communications and policies that increase **safety**



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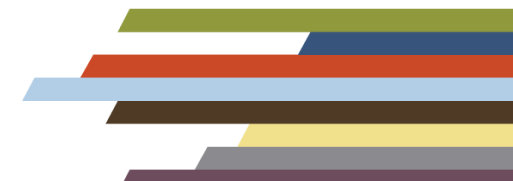
Examples of Trauma Informed Prevention

- **Coping skills:** Mindfulness lessons, calming tip sheets/activities, stress self-assessments, alternative activities such as online scavenger hunt or streaming parties
- **Attachment:** Check-ins, group discussions/sessions, volunteer activities, mentoring relationship
- **Protective factors:** Goal setting/planning workshops, skill/talent assessments and gallery displays, mentoring relationships
- **Safety:** Password-required online environments, social messaging linking to Talk Lines



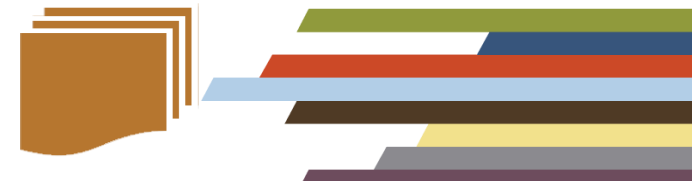
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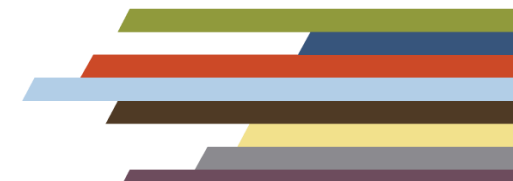
PTTC Resources

- Curricula updates from program developers
 - [Botvin Life Skills](#)
 - [Reconnecting Youth](#)
 - [Too Good Programs](#)
- Search Institute's [Coronavirus checklist on Developmental Relationships](#)
- ASTHO's [Preventing Adverse Childhood Experiences During COVID-19](#)
- [PTTC Pandemic Response Resources](#)

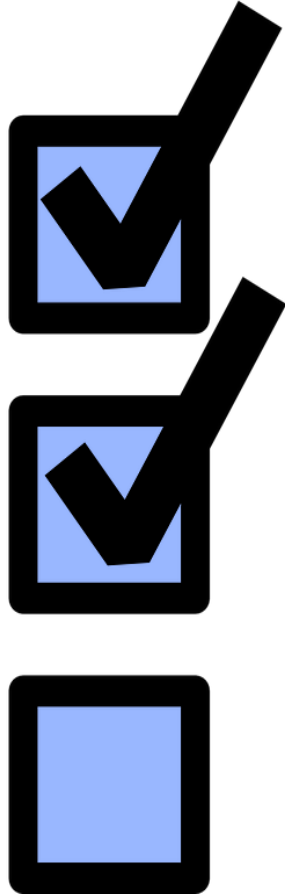


Poll

How can prevention staff practice wellness *for ourselves*?



Evaluation



Please take a few minutes to complete a brief evaluation:

<https://ttc-gpra.org/P?s=926610>



Your feedback is appreciated!

Thank you!

Don't hesitate to contact us with questions or comments!

Ivy Jones-Turner

Training and Technical Assistance Specialist

PTTC, Region 2

ljonesturner@edc.org



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