

Lobby

Please tell us a little bit about yourself! How would you describe your role?

- Substance Misuse Prevention Practitioner
- Substance Misuse Treatment Provider
- Law Enforcement Representative
- Teacher/educator
- Researcher/Scientist
- Coalition Member
- Other



Northwest (HHS Region 10)

PTTC

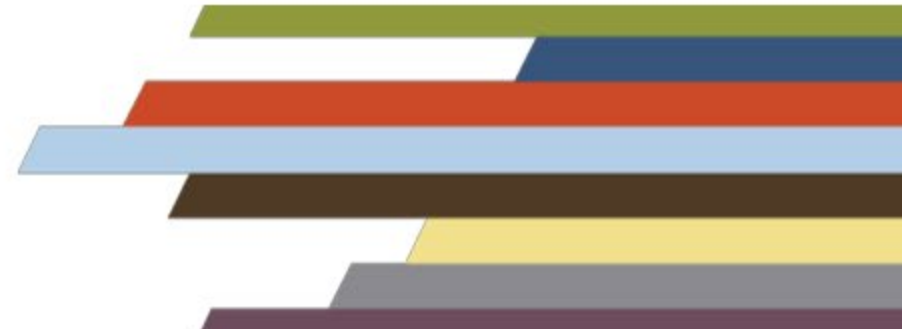
Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



Health Equity in Prevention Part 2: Health Equity Toolkit

Ona Crow, MSW, CPSII, and Ailala Kay, MA

October 1, 2020



Disclaimer

The views expressed in this webinar do not necessarily represent the views, policies, and positions of the Substance Abuse and Mental Health Services Administration or the U.S. Department of Health and Human Services.

This webinar is being recorded and archived, and will be available for viewing after the webinar. Please contact the webinar facilitator if you have any concerns or questions.

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Northwest (HHS Region 10)

PTTC

Prevention Technology Transfer Center Network

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W SCHOOL OF SOCIAL WORK
UNIVERSITY of WASHINGTON



Prevention Science
Graduate Program

WASHINGTON STATE UNIVERSITY

CASAT
Center for the Application of
Substance Abuse Technologies
University of Nevada, Reno



Pharmacology for Prevention Specialists – A Four-Part Webinar Suite

Pharmacology of Alcohol

October 8, 2020

Pharmacology of Opioids

October 15, 2020

Pharmacology of Psychostimulants (cocaine & methamphetamine)

October 22, 2020

Pharmacology of Cannabis

October 29, 2020

All webinars are from 11:00 AM – 12:30 PM Pacific Time

Presenters



Ona Crow, MSW, CPSII, serves primarily on OMNI's Statewide Training and Technical Assistance Project, which provides customized training and technical assistance in needs assessment, capacity building, planning, implementation, and evaluation of evidence-based prevention programs, policies, and practices to organizations and communities in Western Colorado. Ona also supports additional projects related to equity, food access, organizational development and planning, and more.



Ailala Kay, MA, is the Learning and Development Director at OMNI where she has worked since 2004. Ms. Kay brings over 15 of experience developing, leading and managing statewide capacity building projects with a team of regionally based, remote staff to implement consistent high-quality services while allowing for the flexibility needed to be responsive to areas of health equity, culture, and other needs of each community.



Community Panelists: Donna Kelly is joining the discussion from the state of Washington. She will be sharing her thoughts around what health equity means for the communities they live and work in and reflections on today's presentation



Welcome





Opening our Session





Our Journey

Where we're headed together

1

Purpose, Partners, and Overview

2

The Toolkit in Action: Experiential Session Activity

3

Is the toolkit right for us?

4

Reflections from Donna Kelly

Learning Agreements

How we hold each other in this space.



Listen and witness

The biggest gift we can offer is to truly listen deeply to what others share.



Confidentiality

Share what you are learning freely, and keep the stories of others private



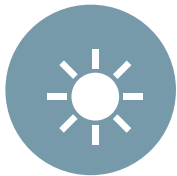
Take space and make space

Balance your voice with the voices of others. Speak up or pause as needed.



Space that is brave and safe

When you share, be brave. When others share, hold a safe space for their bravery



Commitment and Presence

Please remove distractions and give the gift of your full presence to everyone



Hold each other with care

In these hard conversations, hold each other with compassion and tenderness



Purpose, Partners, and Overview



The Purpose

Why did we create the Toolkit?

To support public health departments
in rural and remote communities
take action to improve health equity
through internal organizational development.

The Partners & Process



01

OMNI Institute

Toolkit development, facilitation, and piloting initial sessions in partner communities



02

Pitkin County Public Health Dept.

Guide and revise toolkit, input in structure and function, piloting second round of sessions



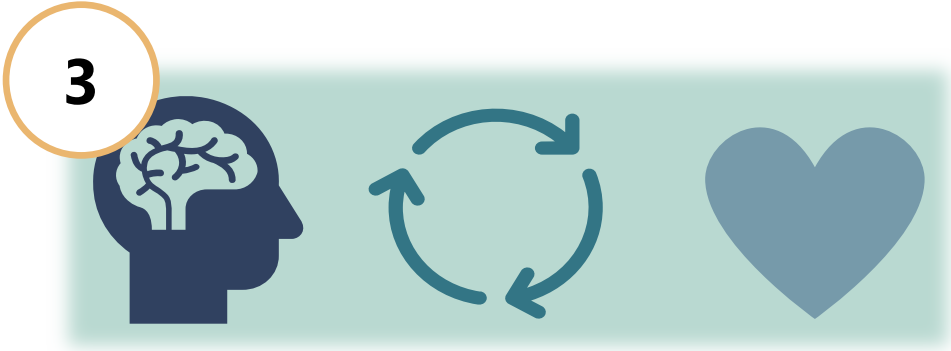
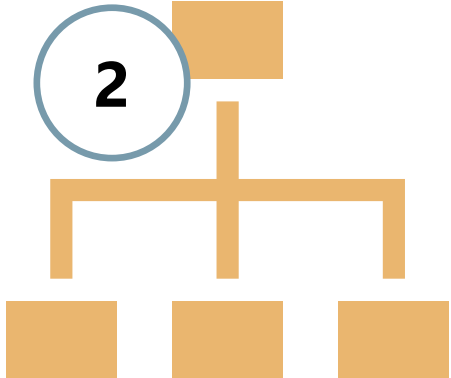
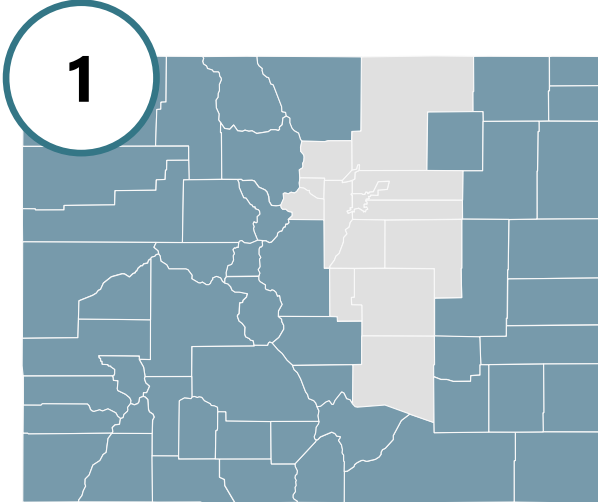
03

Silverthread Public Health District

Guide and revise toolkit, input in structure and function, piloting second round of sessions

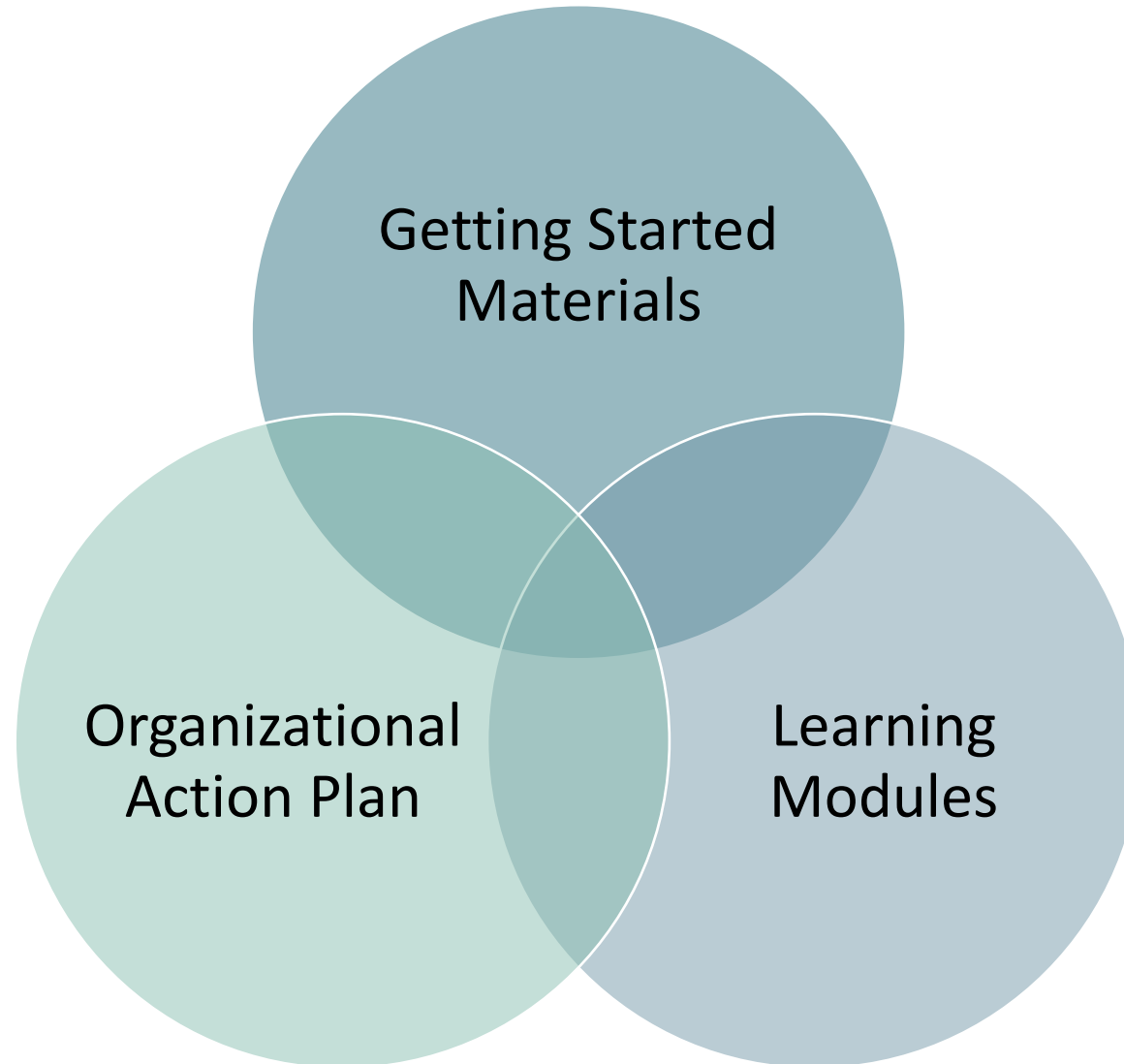
The Three Unique Aspects of the Toolkit

Experientially connecting thought and feeling



Toolkit Contents

An overview of the Toolkit



Learning Modules

An overview of the Toolkit

Setting the Space
1 Session

Key Concepts
3 Sessions

Power Dynamics
3 Sessions

Data & Stories
4 Sessions

**Organizational
Development Module**
4 Sessions

Congrats!

Strategic Practices and Competencies built in this Module

Strategic Practices Engaged to Advance Health Equity	
Build Internal Infrastructure	2, 5
Work across government	None
Foster Community Partnerships	None
Champion Transformative Change	13, 14

Competencies Developed	
Organizational	Individual
Institutional commitment to addressing inequities	Personal attributes such as passion, self-reflection, and listening skills
Supporting staff to address health in equities	Collaboration skills
Institutional support for innovation	Problem solving ability





Breathe!





Experiential Session: Personal Stories Activity





Setting the Space: Purpose and Group Agreements

The Health Equity Toolkit for
Rural & Remote Communities

Group Discussion

Why is it important to you that everyone in your community is as healthy as they can be?

Group Agreements

Take space, make space.

Discomfort equals growth.

Listen to listen, not to respond.

Balance brace space and safe space.

Honor both impact and intent.

Challenge by choice.

Keep confidentiality.

Sharing Personal Stories

Something you are willing to share

One thing I take for granted when I move through the world is:

This is important for me to tell you because:

Personal Practice

Continue learning and exploring



- Find 2 Learning Buddies and meet up! Talk about anything *except* work. Practice listening to listen, and get to know each other a little better.
 - Suggested topics for discussion:
 - What was your first experience of community? acceptance? self-confidence?
 - When was a time when you felt unwelcome? misunderstood? powerless?
 - What brings you joy? What lifts you up in your life?
 - What is challenging for you? What is hard in your life right now?

Congrats!

Strategic Practices and Competencies built in this Module

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Complete the Session Evaluation!



Is the Toolkit right for you?





Facilitators

Essential to Success

- **Foundational Knowledge**
- **Personal Commitment**
- **Heart-Centered Facilitation Skills**

The Resources

Resources required for success

- 1. Regular 30-to-60-minute meetings** with staff or stakeholders, at least monthly, and more frequently if possible,
- 2. A minimum of 30 minutes between sessions** for each staff person for personal practice homework,
- 3. Two staff members assigned in the facilitator's roles,** with 2-5 hours to prepare for each session, in addition to the time required above,
- 4. A small budget** for printing materials and purchasing reading materials (\$50-100).



Readiness Assessment



Readiness Assessment Results



1-29:

Next steps are to build overall readiness!



30-44:

Build readiness in specific areas



45+:

Move forward with Toolkit



Does the Toolkit sound like it might be a good fit?

Go to <https://omni.org/health-equity-toolkit>

to download the Getting Started Materials
and start the process to gain access to the full toolkit

A scenic landscape at sunset or sunrise. The sky is filled with vibrant, colorful clouds in shades of orange, red, and blue. In the foreground, a calm lake reflects the sky and the surrounding landscape. The middle ground features a range of mountains and a forest of evergreen trees. The overall atmosphere is peaceful and serene.

Mindful Reflection and Q&A



Agenda Layout

Where we've been together

- 1** Purpose, Partners, and Overview
- 2** The Toolkit in Action: Experiential Session Activity
- 3** Is the toolkit right for us?
- 4** Reflections from Donna Kelly and Q&A

A scenic waterfall cascading over mossy rocks into a clear, green pool of water in a lush forest. The water is crystal clear, revealing the rocky bottom of the pool. The surrounding area is covered in dense green foliage and moss, creating a vibrant and natural setting.

What landed on your heart well today?

A scenic landscape featuring a calm lake that reflects the surrounding forest and mountains. The foreground is dominated by tall, golden-brown grasses. The middle ground shows a dense forest of green trees, with some evergreens visible. In the background, misty mountains rise against a pale sky. The text "Closing our Session" is centered over the lake in a bold, black, sans-serif font.

Closing our Session



Last Thing!



**Please fill out a
feedback form!**

Link in chat