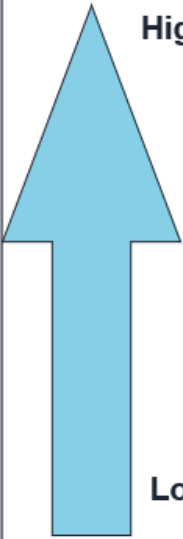




## Handout 1: Continuum of Adaptation and Fidelity

This handout is intended to accompany the webinar *Adapting Substance Misuse Prevention: Improving Effectiveness and Achieving Better Outcomes*. The adaptation examples in the center column represent increasing degrees of adaptation from top to bottom. Implementing more intensive adaptations decreases fidelity to the original design or the program or practice in question. When making decisions about adaptation, it is important to maintain fidelity to the greatest extent possible and make adaptations at the bottom of this list, like shifting focus to other behaviors or omitting core components, only when necessary and with a strong evaluation design in place to support tracking and documenting outcomes.

Degree of Fidelity	Adaptation Examples	Degree of Adaptation
 <b>High fidelity</b>          <b>Low fidelity</b>	<ul style="list-style-type: none"><li>• Add/customize materials</li><li>• Integrate into infrastructure</li><li>• Narrow/expand audience</li><li>• Add activities</li><li>• Change activity order/length</li><li>• Shift focus to other behaviors</li><li>• Omit core elements</li></ul>	<b>Minor adaptation</b>          <b>Major adaptation or reinvention</b>

Needs a More Rigorous EVALUATION