



Northeast & Caribbean (HHS Region 2)

PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

The HHS Region 2 Northeast and Caribbean Prevention Technology Transfer Center (NeC-PTTC) presents the following webinar

Trauma Strategies for Peer Support Using Self Care
(Videoconference via Zoom)

Monday, November 22nd, 10:00AM - 12:00PM (ET)

Course Description: Peer professionals provide an array of recovery-oriented supports and person-centered care which include empathetic engagement with survivors of trauma circumstances. This work at times can increase the peer's vulnerability to vicarious trauma or secondary stress. Potentially it can result in the loss of ability to objectively help others find their recovery pathways and can affect the peer's mental and emotional wellbeing.

This two-hour interactive workshop will review how trauma situations may present, signs to recognize and cues alerting as to when to step away from a trauma inducing situation. Content will also offer practical strategies for self-care including ways to build resiliency.

Cost: Free

Trainer: Diana Padilla

Credits: This training meets the requirements for two renewal hours (CASAC, CPP, CPS) and two initial hours (CPP, CPS) through New York State's Office of Addiction Services and Supports (NYS OASAS). The NJ Department of Mental Health and Addiction Services offers reciprocity for CADC, LCADC, and LPC.

This training has also been approved through ASAP-NYCB for two CRPA and CARC hours.

Participants must attend the session in its entirety, turn on their cameras, and actively participate to receive a Certificate of Completion.

CLICK HERE TO REGISTER

Questions or having trouble registering? Please contact
northeastcaribbean@attcnetwork.org