



Emerging Topics in Prevention Science Media Series

Balancing Fidelity and Adaptation: Tools and Strategies for Successful Evidence-based Program Implementation and Sustainability

Webinar Description and Objectives

The adoption of an effective program is only the first step toward achieving the positive youth and family outcomes community-based organizations aim to achieve. Research has demonstrated time and time again that high-quality implementation and capacity to sustain evidence-based programs over time is critical to attaining improved youth and family outcomes. However, there continues to be substantial debate about whether programs should be flexibly adapted to fit local contexts or delivered with strict fidelity to the original program model. Increasingly, evidence from research and practice indicates that there must be a balance between the two to achieve positive and sustained program outcomes. This webinar will provide an overview of the latest research on the fidelity vs. adaptation debate and will share best practice tools and strategies for community organizations aiming to balance program fidelity and adaptation to meet the needs of their local communities.

By the end of the webinar, participants will:

1. Increase understanding of research on evidence-based prevention program fidelity, adaptation, and sustainability
2. Learn four key ingredients for successful evidence-based prevention program sustainability
3. Learn five best practices for how to balance evidence-based prevention program fidelity and adaptation to achieve positive and sustained program outcomes

Recommended Resources

[Download: How Can We Keep It Going? Key Ingredients for Evidence-Based Program Sustainability](#)

[Download: Balancing Fidelity and Adaptation: A Guide for Evidence-Based Program Implementation](#)

Audience

Prevention practitioners, allied health partners and community members working to prevent substance misuse in tribes, communities, and states in HHS Region 10 (Alaska, Idaho, Oregon, and Washington).



Date

January 12, 2022

Time

10:00 am – 11:30 am Alaska
11:00 am – 12:30 pm Pacific
12:00 pm – 01:30 pm Mountain

Presenter



Dr. Brittany Cooper is Associate Professor of Human Development, Youth and Family Extension Specialist, and the Director of the Prevention Science PhD program at Washington State University. Dr. Cooper's research, teaching, and outreach centers around the translation of prevention science for public health impact. For nearly a decade, she has collaborated with federal, state, and other community stakeholders to improve the field's understanding of how best to support evidence-based prevention programs in diverse community settings.

Registration

[Register for the Webinar: Balancing Fidelity and Adaptation: Tools and Strategies for Successful Evidence-based Program Implementation and Sustainability](#)

Continuing Education

Participants will receive a Certificate of Attendance for 1.5 hours for participating in the live webinar.

Questions

Please contact Karen Totten (ktotten@casat.org) for any questions related to registration. For any other questions, please contact Clarissa Lam Yuen (clamyuen@casat.org).

