

One Choice Prevention: A Message of Hope and Science

Overview and Objectives

This webinar presents the One Choice Toolkit, a free resource for prevention leaders working with youth of all ages.

One Choice is not a program but a framework. Analogous to other standards that promote teen health, the standard for substance use is *One Choice: no use of any alcohol, nicotine, marijuana, or other drugs by youth under age 21 for reasons of health.*

Data show that for American youth, all substance use is closely related – and that the percentage of young people making the decision not to use any substances has been increasing for nearly four decades. The One Choice Toolkit offers data, graphics, and ideas and activities to help communities create social norms campaigns, amplifying the voices of youth who are making One Choice to be drug-free.

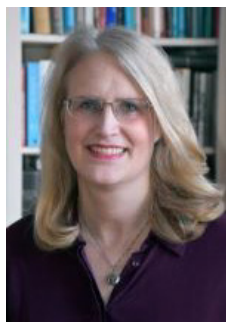
By the end of the webinar, participants will:

- Articulate the One Choice prevention message and the brain science and national substance use trends behind it
- Identify ways the One Choice message can be successfully integrated into youth-led prevention activities and prevention education materials
- Access the One Choice Toolkit and brainstorm new resources that could enhance the integration of the One Choice message among prevention groups

Audience

Community, tribal, jurisdiction, and state-level substance misuse prevention practitioners and allied health partners located in the Pacific Southwest and Northwest regions, including Alaska, American Samoa, Arizona, California, Commonwealth of Northern Mariana Islands, Federated States of Micronesia, Guam, Hawaii, Idaho, Nevada, Oregon, Republic of Marshall Islands, Republic of Palau, and Washington.

Presenters



This webinar is supported by SAMHSA of the U.S. Department of Health and Human Services (HHS) as part of Cooperative Agreement # H79SP081015-01 funded by SAMHSA/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by SAMHSA/HHS, or the U.S. Government. Developed under. December 16, 2021.



Caroline DuPont, MD is Vice President of the Institute for Behavior and Health, Inc. (IBH), a 501(c)3 non-profit research and policy organization located in Rockville, MD. The IBH mission is to reduce the use of illegal drugs. In her role as Vice President, Dr. DuPont focuses on the areas of addiction treatment and prevention. She maintains a private practice specializing in anxiety and addiction.

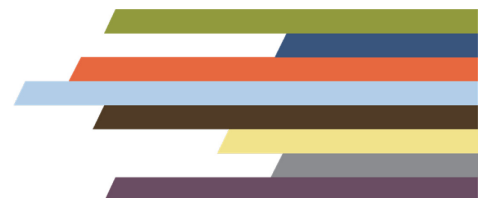
Formerly she was the founding President and Principal Investigator of DuPont Clinical Research, Inc., where she directed a team that conducted studies of investigational medication for the anxiety and affective disorders.

Dr. DuPont received her MD from the University of Texas Health Sciences Center, Houston and completed her training at the Johns Hopkins Hospital, Baltimore, where for years she held an appointment on the clinical faculty of psychiatry. She is board certified by the American Board of Psychiatry and Neurology and by the American Board of Addiction Medicine. She is the co-author of numerous publications and several book chapters on anxiety and addiction.



Nancy Pasquale is Co-founder and Coalition Coordinator of RyeACT Coalition, a Drug Free Communities prevention coalition in Rye, NY. Her professional background is in human resources development and curriculum design, and she served for two terms as an elected Trustee of the Rye City School District Board of Education. Ms. Pasquale is a founding member of the One Choice Community, in partnership with the Institute for Behavior and Health, Inc., and a founding member of K.N.O.W. 2 Prevent, a collaborative of prevention leaders in Westchester County, NY. Nancy is also certified by the National Council for Mental Wellbeing as an instructor of Youth Mental Health First Aid.

Ms. Pasquale oversees all programmatic aspects of RyeACT's operations and serves as Co-Advisor of the Youth Action Team, working directly with youth leaders. Under her stewardship, RyeACT has been recognized by the Office of National Drug Control Policy (ONDCP) for exemplary leadership in youth prevention and selected to the pilot cohort of CADCA's Graduate Coalition Academy. Ms. Pasquale has presented at CADCA's National Leadership Forum, and at national and regional conferences of The American Society of Addiction Medicine, The School-Based Health Alliance, and Youth to Youth International, among others.



Corinne Shea has held several positions at the Institute for Behavior and Health, Inc. since joining the organization in 2007. In her present role as Director of Programs and Communications, she is responsible for the organization and management of drug policy initiatives and projects related to the IBH priorities, including managing the One Choice Community. She directs the writing of research manuscripts, reports, and journal articles. She earned her MA and BA from The George Washington University.

Dates and Time

States and American Samoa

Tuesday, February 15, 2022

04:00 p.m. – 05:00 p.m. Mountain/Arizona
03:00 p.m. – 04:00 p.m. Pacific
02:00 p.m. – 03:00 p.m. Alaska
01:00 p.m. – 02:00 p.m. Hawaii
12:00 p.m. – 01:00 p.m. American Samoa

Pacific Jurisdictions

Wednesday, February 16, 2022

11:00 a.m. – 12:00 p.m. Republic of the Marshall Islands
10:00 a.m. – 11:00 a.m. Pohnpei and Kosrae
09:00 a.m. – 10:00 a.m. Guam, Northern Mariana Islands, Chuuk, and Yap
08:00 a.m. – 09:00 a.m. Republic of Palau

Cost: Free

Certificates of Attendance:

Participants will receive a Certificate of Attendance for 1 hour for participating in the live event.

To Register

[Register for Webinar – One Choice Prevention: A Message of Hope and Science](#)

Questions?

Please contact Karen Totten, ktotten@casat.org for any questions related to registration. For any other questions, please contact Clarissa Lam Yuen, clamyuen@casat.org.