



HISPANIC & LATINO PROBLEM GAMBLING AWARENESS INFORMATION SNAPSHOT SUMMARIZE COMMUNICATE MOBILIZE

OVERVIEW

This snapshot of information is intended to provide resources to individuals, parents, professionals, and providers on problem gambling among Latinos in the United States.

WHAT IS PROBLEM GAMBLING?

A behavior pattern(s) that disrupts or damages an individual's personal, financial or vocational pursuit. ¹



IT'S RELATED TO DEPRESSION!

When someone is depressed they may display signs of tiredness, sluggishness, a loss of appetite and prolonged sadness. Research on internet gambling suggests that internet gamblers are at a higher risk than other gamblers to develop gambling-related problems. ²

PROBLEM GAMBLING AND COVID-19

Emerging research findings suggest there was an increase of online gambling in the U.S. during the pandemic by 31%. Gaming for adolescents also increased with state-wide lockdowns and social isolation. ³

Hispanics & Latinos & Gambling



Latino American Veterans suffer from moderate to severe problem gambling 4.3% higher than the general population.⁴



Problem gambling among Latinos can exacerbate other mental health conditions⁵



Such as: immigration financial issues, health issues, family issues and other mental health diagnosis⁶

Many of the same symptoms occur in adolescents struggling with problem gambling disorder⁷

Familismo
Personalismo
Simpatía
Machismo
Mariansimo

Latinos have cultural protective and risk factors that can contribute to the cause as well as the healing from Problem Gambling Disorder⁸

References

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