# Xylazine: Understanding the Latest Emerging Substance

July 25, 2023

Thank you for joining us today. We will begin promptly at **1:00 PM** Eastern.









#### **Technical Information**



This webinar is now live.





This training was developed under the Substance Abuse and Mental Health Services Administration's Addiction and Prevention Technology Transfer Center task orders.

For training use only.

Funding for this presentation was made possible by SAMHSA grant no. 1H79Tl080210 and 1H79SP081018. The views expressed by speakers and moderators do not necessarily reflect the official policies of HHS; nor does mention of trade names, commercial practices, or organizations imply endorsement by the U.S. Government.





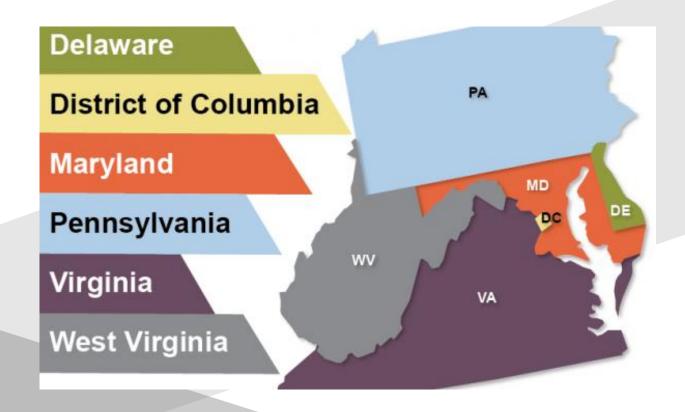
The ATTC and PTTC Networks use affirming language to promote the application of evidence-based and culturally informed practices.





#### **Central East Region**

#### **SAMHSA REGION 3**







#### **Eligibility**

Consistent with Regional, State and Local Needs



No Cost

Data Driven

EBPs provided by Subject Matter Experts





#### The Danya Institute

#### Oscar Morgan, MHSA

Executive Director, The Danya Institute

Project Director, Central East Addiction Technology Transfer Center

Project Director, Central East Mental Health Technology Transfer Center

Project Director, Central East Prevention Technology Transfer Center



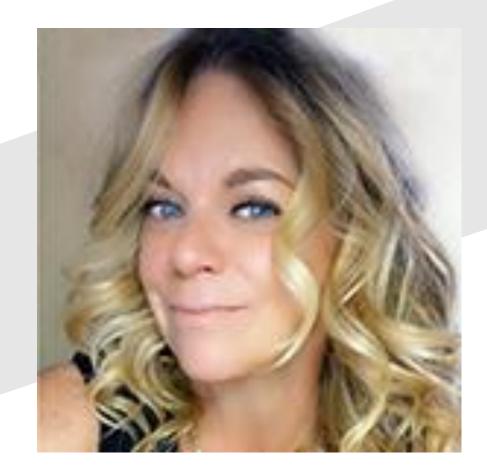




#### SAMHSA HHS REGION 3 OFFICE

#### Jeanne Tuono

**Assistant Regional Director** 







### Xylazine: Understanding the Latest Emerging Substance

#### **Josh Esrick**

PTTC Prevention Specialist

Chief of Training and Technical Assistance, Carnevale Associates

July 25, 2023









#### What is Xylazine?

- Non-opioid sedative and tranquilizer ("tranq")
- Approved for veterinary medicine only
- Not federally controlled

Readily and cheaply available for legal

XylaMed"

purchase





#### Why is Xylazine Used?

- Produces effects similar to opioids
- Added to opioids to extend/amplify effects
- Used as adulterant by substance producers
- Both intentional and unintentional use





#### **Effects of Xylazine**

- Increased risk of overdose
- Addiction and dependency
- Skin and tissue damage / wounds
- Heart and blood pressure problems







#### **History of Xylazine Use**

- Originally identified in rural Puerto Rico (2001)
- Spread to mainland US cities with large Puerto Rican populations, especially Philadelphia and in Connecticut (2006)
- Relatively isolated for years, but has begun rapidly spreading across the US (2019)
- Also spreading across Canada and been found in parts of South America — Chile





#### Scope of Consequences

- 3,089+ fatal overdoses in 2021
  - 34% of all fatal overdoses in Philadelphia
- 40%+ rates of developing necrotizing wounds
  - 2011 study from Puerto Rico
- No data, but...
  - Use disorder
  - Use in commission of crimes
  - Amputations





#### Challenges for Prevention and Treatment

- Lack of comprehensive data
- Detection tests are new and not always available
- No EBPs to guide services
- Misinformation about xylazine
- Provider and community awareness



# Xylazine: Understanding the Latest Emerging Substance

Jaclyn Iera, Ph.D. and Gail Poirier, Drug Enforcement Agency (DEA)

July 25, 2023









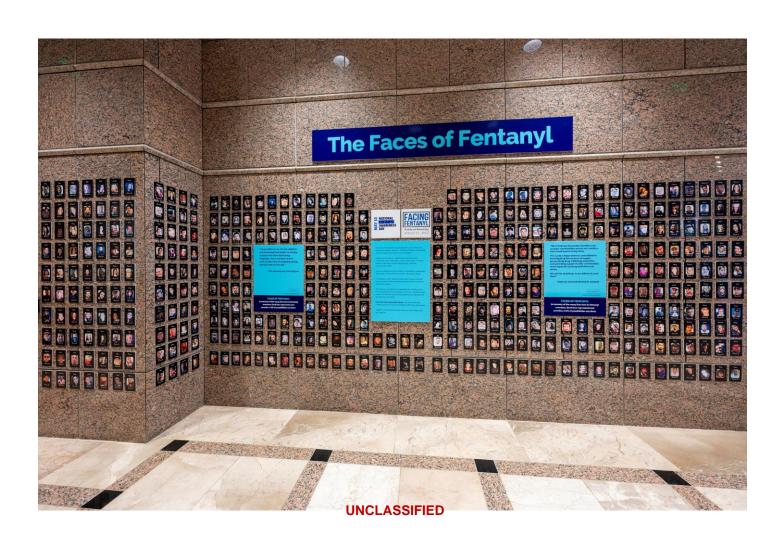
#### **Xylazine Snapshot**

Jaclyn Iera, Ph.D.
Office of Forensic Sciences
U.S. Drug Enforcement Administration

Gail Poirier
Office of Intelligence Programs
U.S. Drug Enforcement Administration

#### **Faces of Fentanyl**





#### **Xylazine Snapshot**

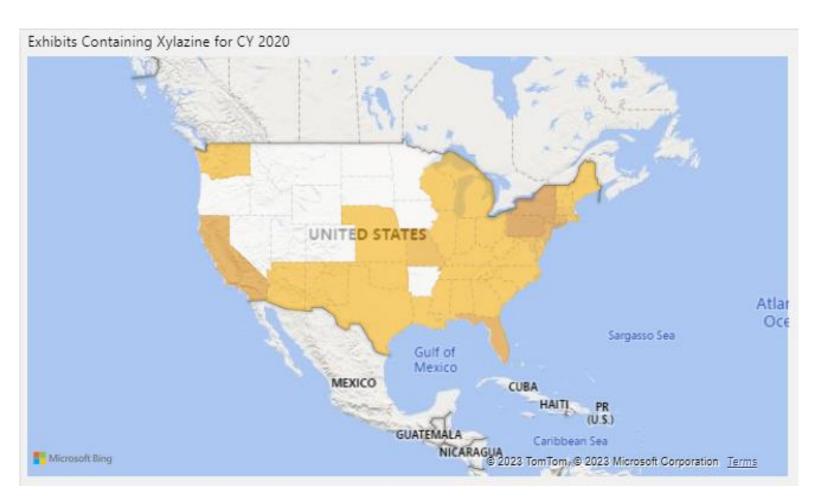






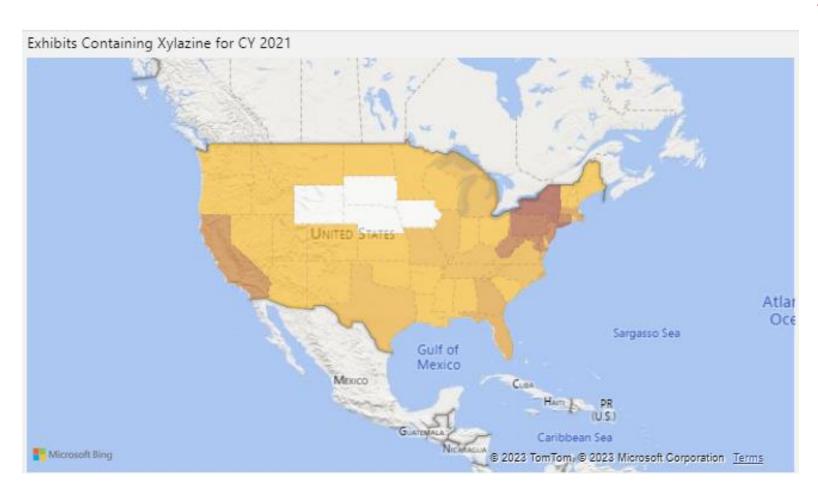
#### **Xylazine Exhibits in the United States 2020-2022**





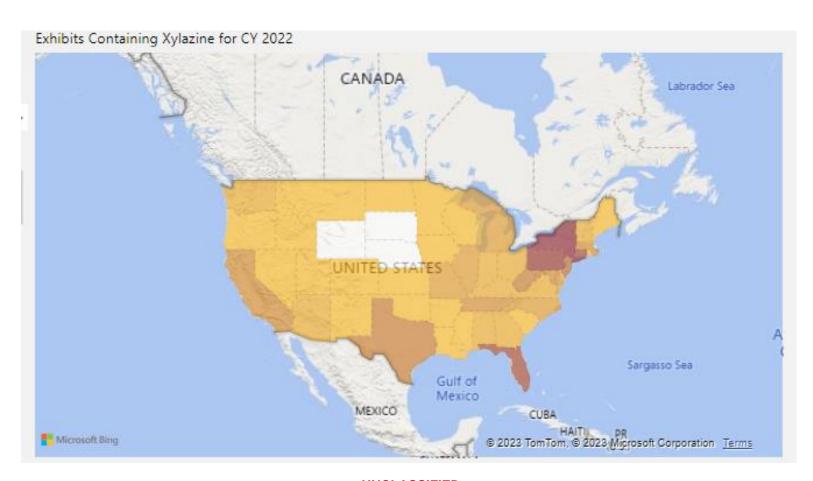
#### **Xylazine Exhibits in the United States 2020-2022**





#### **Xylazine Exhibits in the United States 2020-2022**

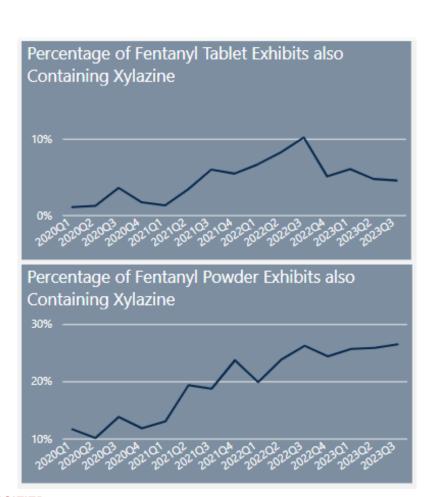




#### Percentage of Drug Exhibits Containing Fentanyl and Xylazine



- The percentage of drug exhibits found to contain fentanyl and xylazine has been increasing
- Xylazine is identified in a greater percentage of powder drug exhibits containing illicit fentanyl than tablet drug exhibits containing illicit fentanyl



#### **Identifying the Adversary**





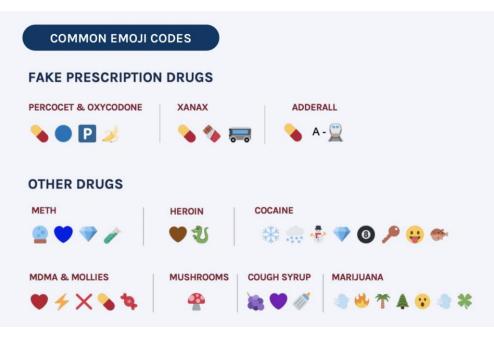
Sinaloa and CJNG are the primary Mexican criminal networks trafficking the illicit fentanyl and methamphetamine killing Americans today.

#### **Treachery Powered By Technology**











#### What DEA is doing to save lives



- •Data-driven, intelligence-informed investigations targeting entire network and supply chain
- Strategic targeting teams
- Drug poisoning response teams
- Increase public awareness
- Family Summits

# Xylazine: Understanding the Latest Emerging Substance

Jason Bienert RN CWCN

Johns Hopkins Bloomberg School Of Public Health

**July 25, 2023** 









#### Xylazine: (Zai-lah-zeen)

#### A practical guide to xylazine during the apocalypse

**Jason Bienert RN CWCN** 

**Johns Hopkins Bloomberg School Of Public Health** 





#### Purpose

- Xylazine today
- Xylazine Complications
  - Overdose
  - Wounds
  - Treatment Considerations





#### A bit about me

- Registered Nurse RN
  - 6 yrs Intensive and Emergency Care
- Certified Wound Care Nurse CWCN
  - 9 yrs Wound Care
- Past 3 yrs developing a novel wound care program from the ground up in a nonprofit world

#### What I do...

#### **Short definition:**

I provide wound care to people who use drugs

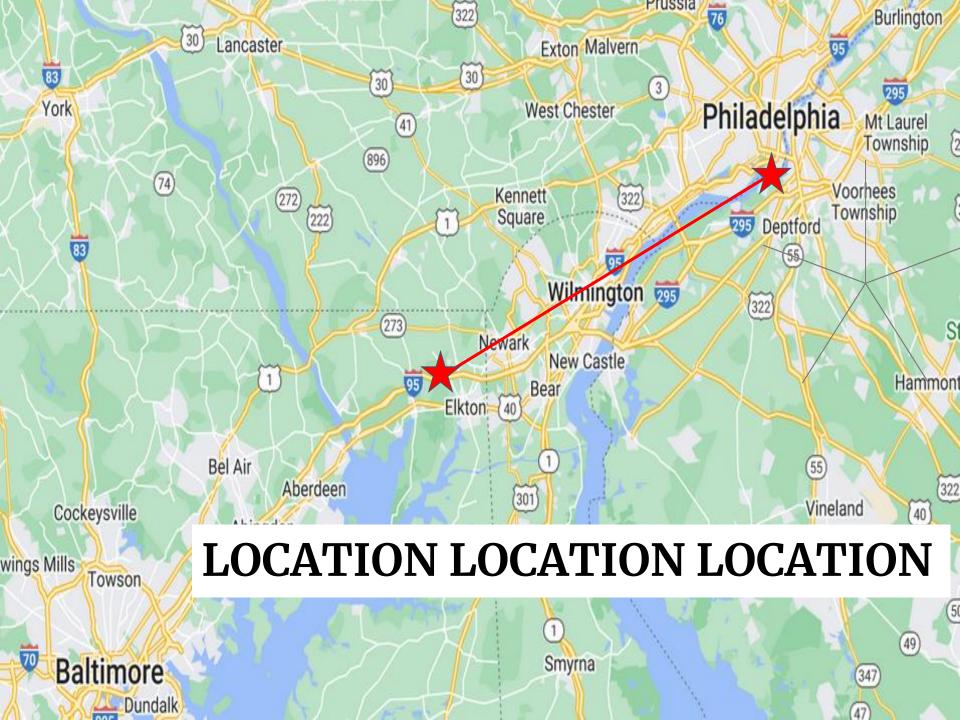


#### What I Really Do...

#### I am part of a <u>team</u> providing:

- Advanced Wound Care
- Harm Reduction Services
- Addiction Support
- Emotional Support
- Recovery Support
- Non Transactional Compassion





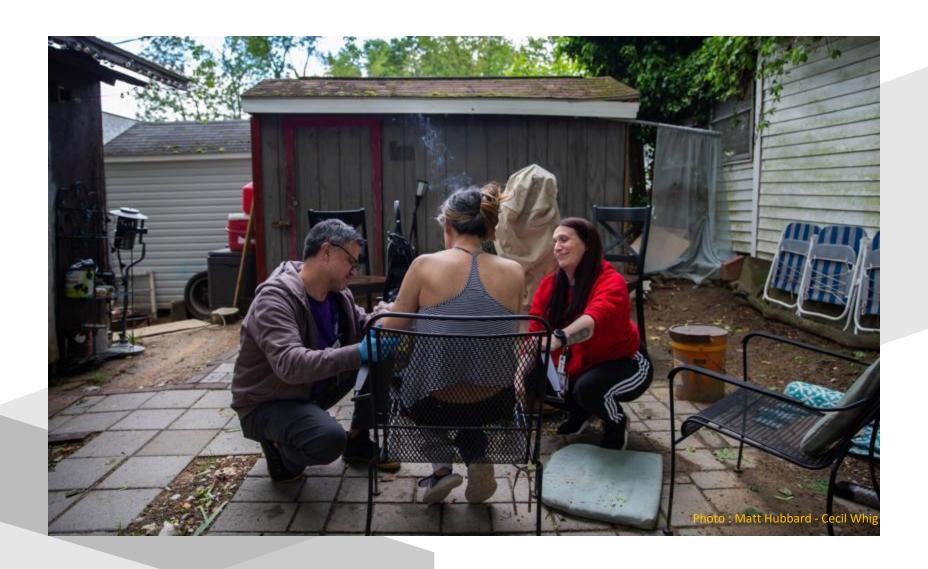
### There are graphic photos of xylazine wounds

#### FUN FACT

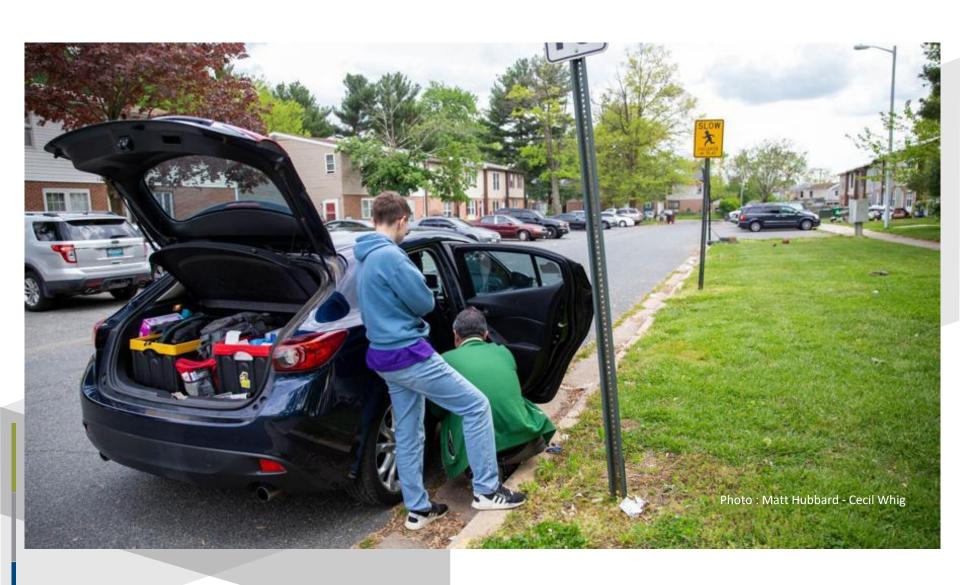
### 100%

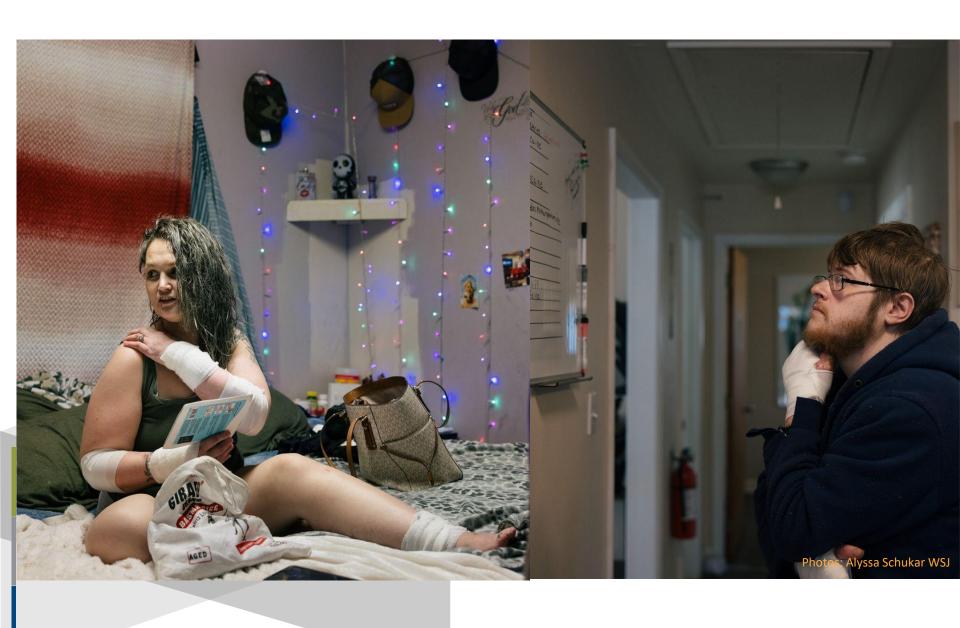
of people who suffer from Opioid Use Disorder are Human

# These humans have contributed to my understanding They Are My How....









By treating the WHOLE person we discovered a way to provide care WITH and not just TO the human

Total wound visits Jan 1 to Dec 31 '22 - 636

#### As a Drug Xylazine is...

- a strong synthetic alpha2-adrenergic agonist
- structurally similar to phenothiazines, tricyclic antidepressants, clonidine, and dexmedetomidine

# Why?

It gets you high...

#### **Initial Effects Start Immediately**

- 30-45 mins for full onset of effect
- Ramp up happens when fentanyl ramps down
- Effects can last for hours
  - 4-6 is commonly reported

# **Complications - Overdose**

#### How its changes the story

- Sedative effects intensify opioid overdose
- Sedation lasts for hours
- Person may no longer wake up return to normal breathing may be all you get
- Rescue breathing is part of the plan

# XYLAZINE is often the true cause of rumors about Narcan resistant dope in the neighborhood

## Wounds Caused by Xylazine

#### Cause? Unclear

#### Sores... What we know

- Can occur in areas not injected
  - Different limbs
  - Not common on trunk
- Putting it up your nose can cause sores
- Starts as a small spot that is usually
  - Darkened area with odd border
  - Purple or red blister may be present
  - Spots may not hurt

?Smoking it? ...intra rectal/vaginal?

#### Sores... More of what we know

- Typically not infected
- Sores can be healed Early care is the key
- Wounds do not start as big sores
- Simple wound care can make a big difference
  - Does not need to be aired out
  - Do not inject into wound or edges
  - If possible let the limb cool down rotate injection sites

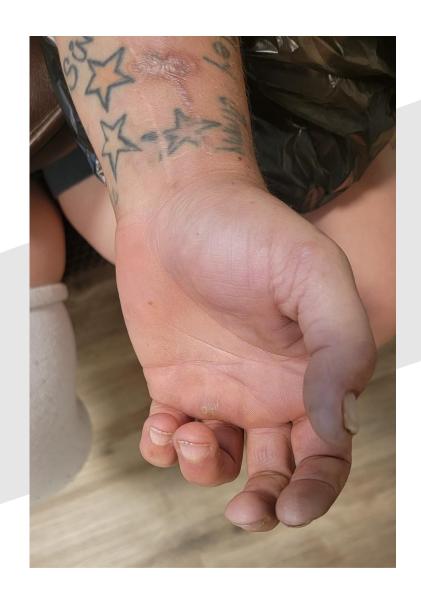
#### Pictures...

#### Arterial Thrombosis

Initial effect of xylazine injection is constriction then dilation







#### **Typical progression**

- Initial presentation
- Blister (+-)
- Sore forms
  - o moist
  - dry
  - infected

#### **Initial Presentation**







# Soft discoloration or light bruise

#### Ankle Wound after blister was opened by participant







Open & covered & moist





Open & uncovered & dry

#### **Infected Xylazine Sores**





## +- One Day



# +- Five Days





#### Approximately 4 weeks later

Dressings used w/ instructions

Xeroform to cover wound

ABD pad or soft gauze pads on top of xeroform

Coban self-adherent wrap to secure

Changed every other day.

Soap, water with a washcloth to clean Rinse well with clean water

She had loose compliance during that time

# Withdrawal Poorly defined syndrome

- Extreme Anxiety and dysphoria
  Critically high BP also known as
- rebound hypertension

  Psychiatric symptoms

  head zaps, tactile sensations, the feeling that you cannot sit still

  May last months

#### **Studies and Research**

- Research is mostly limited to single case studies
- Noted in literature:
  - Increased agitation, extreme anxiety, shaking, chills
  - Changes in heart conductivity, hallucinations, dysphoria
- Long term use has shown to cause a decline in IQ scores in a few cases

#### **Treatment Concerns**

Hard to place participants with open wounds into treatment or detox

Medicine is just catching up with the xylazine fact sheet -

Even when being treated with MAT, we are not treating xylazine

Participants may still be unaware that they are consuming it

Dealers always swear they have the best supply...

#### Xylazine doesn't have to be scary...

- Xylazine should be respected and understood
- Understand the issues
- Learn from the problems
- Adapt and adjust known solutions

# Xylazine cost me my hand but may also have given me my life

Post op three weeks

On methadone now - working towards stable dose

Decreasing street drug consumption by over half

He requested for this picture to be included along with his story to end on a positive note....



#### THANK YOU FOR YOUR TIME AND ATTENTION

# "every Saint has a past and every Sinner has a future"

**OSCAR WILDE** 



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Funded by Substance Abuse and Mental Health Services Administration

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