



Pacific Southwest (HHS Region 9)

PTTC

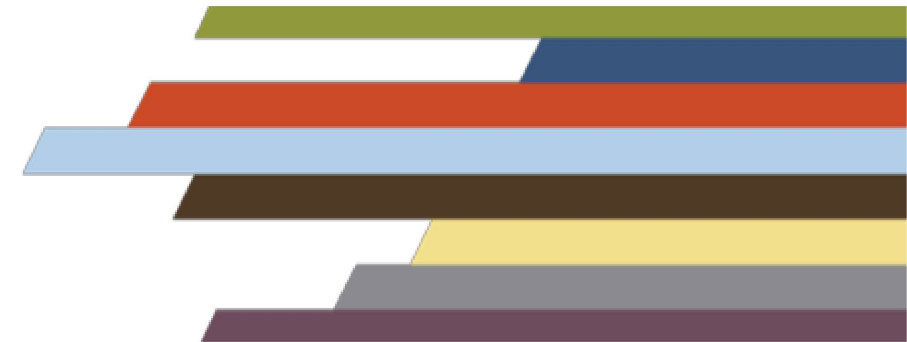
Prevention Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration




The Power of Prevention: The Social Determinants of Health and the Importance of Health Equity

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Center for the Application of Substance Abuse Technologies
(CASAT)*



Disclaimer

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Learning Objectives

After viewing the (PowerPoint or video recording), students will be able to:

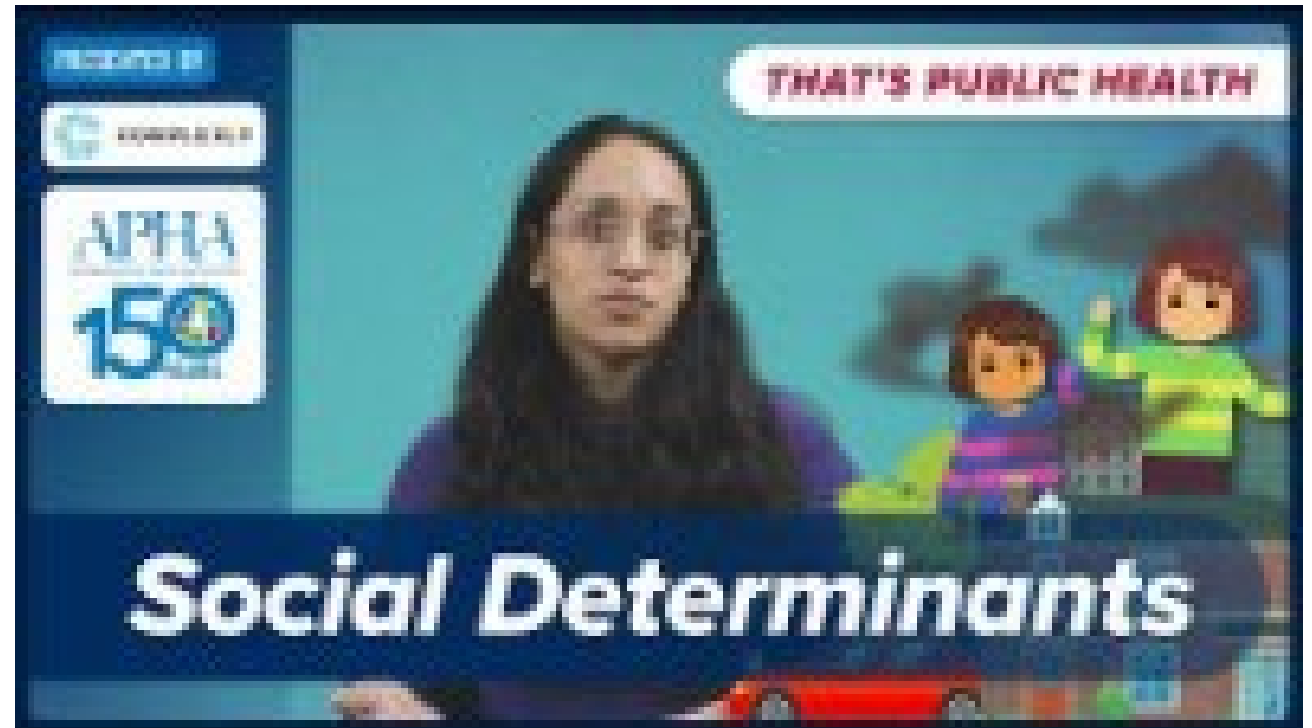
1. Describe each component of the Social Determinants of Health (SDOH) and connect these to health promotion and prevention.
2. Explain the importance of health equity in promoting protection and reducing risk for substance misuse



Learning Objective 1

Describe each component of the Social Determinants of Health (SDOH) and connect these to health promotion and prevention

Social Determinants of Health^{1,2,3}



Social Determinants of Health (SDOH) and Substance Use ^{2,4,5}

Social Determinants of Health



- Substance use is driven by conscious and subconscious factors arising from our circumstances.
- Increases in substance use have been **directly** associated with negative SDOH environmental conditions
- Deteriorating SDOH conditions have been **indirectly** associated with increased risk of substance use via increases in stress and anxiety.

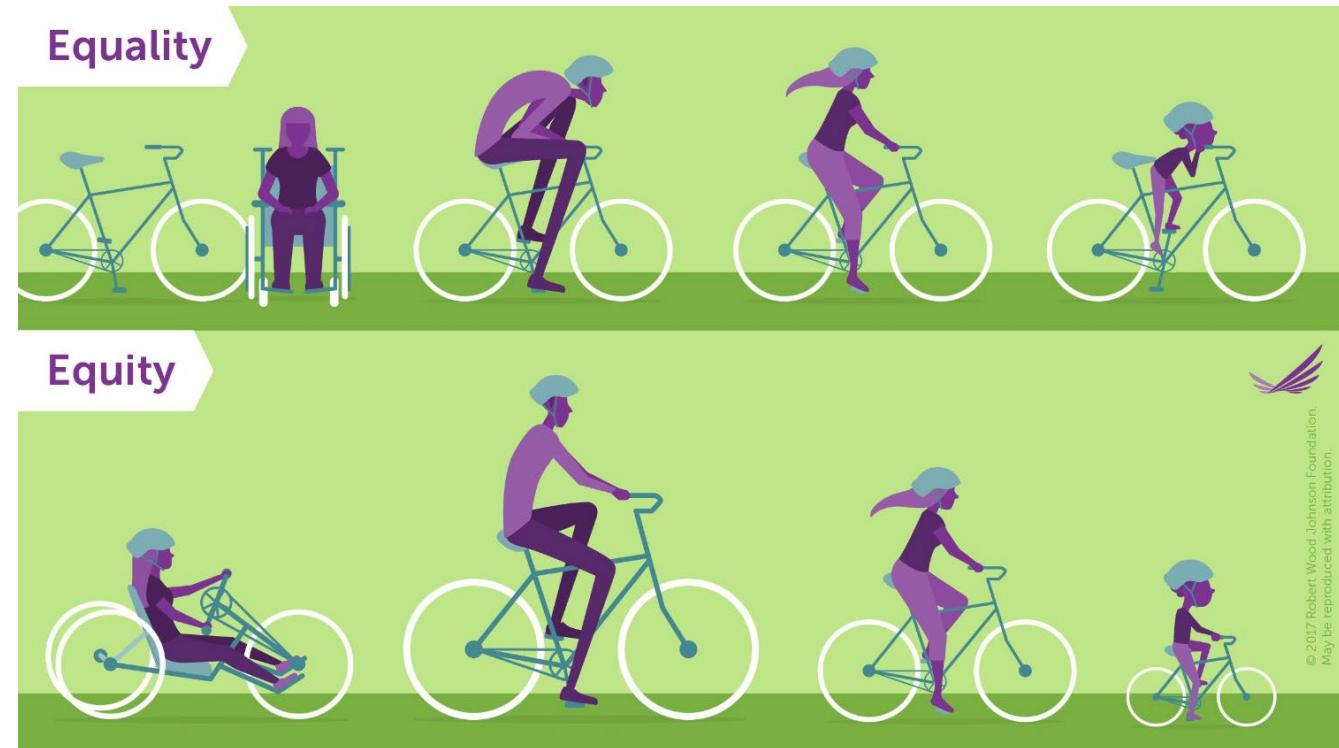


Learning Objective 2

Explain the importance of health equity in promoting protection and reducing risk for substance misuse

Equality vs. Equity^{6,7}

- Equality: Everyone receives an equal or same amount or access to a resource, product, or opportunity.⁷
- Equity: People differ and have differing circumstances. Because of this, access to a resources, products, or opportunities are allocated as needed to reach an equal outcome.⁷



What Causes Inequity? 8,9

Health Disparities

Differences in the incidence and prevalence of health conditions and health status between groups.

Health Inequities

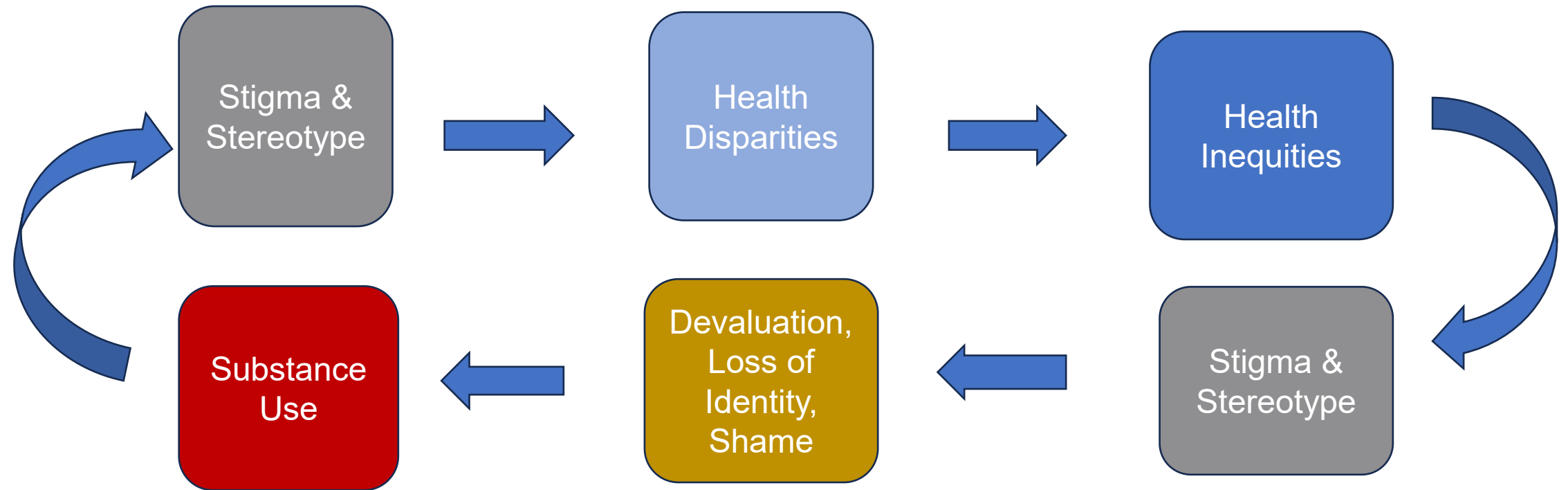
Systematic and unjust distribution of social, economic, and environmental conditions needed for health


Equity: Risk and Protective Factors

- Inequity is associated with increased risk for substance use
- Equity is associated with decreased risk for substance use




Inequity **PREDICTS** Substance Use ^{10,11,12}





Summary: Revisiting our Learning Objectives

Now, you should be able to:

1. Describe each component of the Social Determinants of Health (SDOH) and connect these to health promotion and substance misuse prevention
 2. Explain the importance of equity in reducing risk and promoting protection in substance misuse prevention
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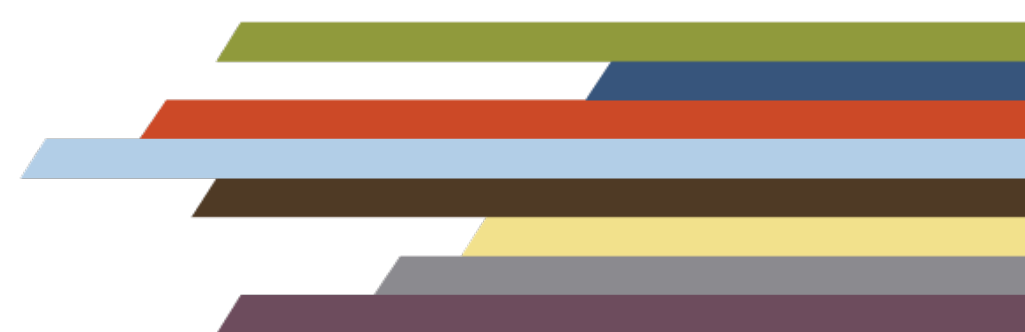


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Thank you!



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- ² U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. (n.d.) *Healthy people 2030: Social determinants of health* Retrieved July 25, 2022, from <https://health.gov/healthypeople/objectives-and-data/social-determinants-health>
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References

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¹² Hatzenbuehler (2013)