



Mountain Plains (HHS Region 8)

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Prevention Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration



Supporting Prevention Efforts Through Virtual Settings

Part 2:

Legal and Ethical Considerations for Telehealth Prevention

Disclaimer

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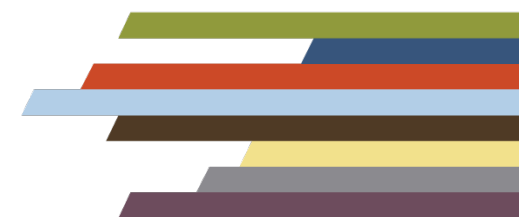
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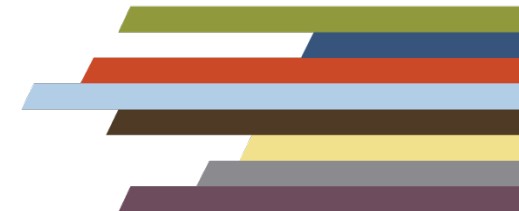
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Legal and Ethical Considerations for Telehealth Prevention

Aaron J Fischer, PhD, BCBA-D
Dept. Ed. Psychology | Dept. Psychiatry
University of Utah





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Supporting Prevention Efforts Through Virtual Settings

Part I

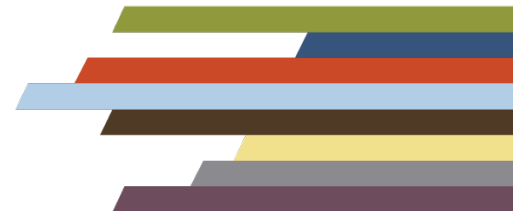
Understanding How to Leverage
Telehealth Technology for
Prevention Services

Part II

Legal and Ethical
Considerations for
Telehealth Prevention

SAMHSA

Substance Abuse and Mental Health
Services Administration





THE UNIVERSITY OF UTAH
SCHOOL PSYCHOLOGY

U-TTEC Lab

Technology in Training,
Education, and Consultation

- Multi-Tiered Behavior Supports and Consultation
- Multi-Tiered School Mental Health Program
- Integrated Public School Day Treatment Programs
- Teleconsultation
- Professional Development
- Functional Assessment and Function-Based Treatment Planning

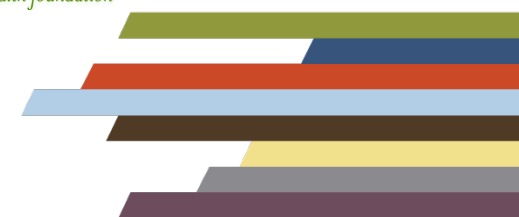


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What should you be considering?

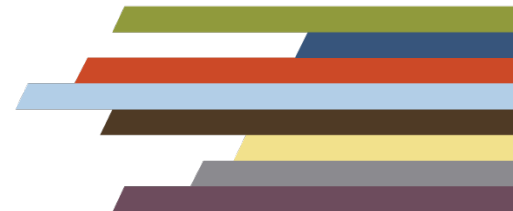
- What's the evidence for telehealth for prevention services?
- Can you bill for services?
- **Is telehealth safe and secure?**
- Do you have a videoconferencing software platform?
- How do I engage clients and stakeholders?



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Service Quality and Confidentiality

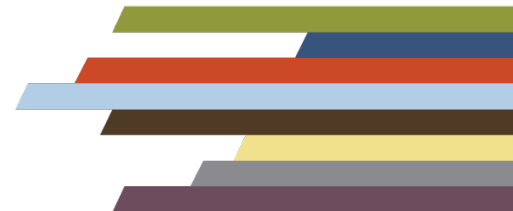
- Concerns about the quality of prevention services provided through telehealth
- Concerns about client confidentiality
 - FERPA and HIPAA



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HIPAA and FERPA Compliance



HIPAA

Health Insurance Portability
and Accountability Act

FERPA

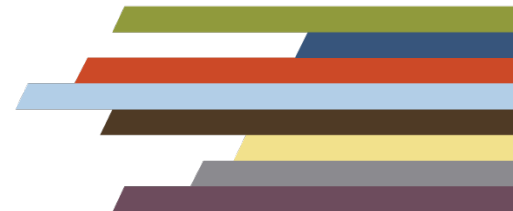
FAMILY
EDUCATIONAL RIGHTS
AND PRIVACY ACT



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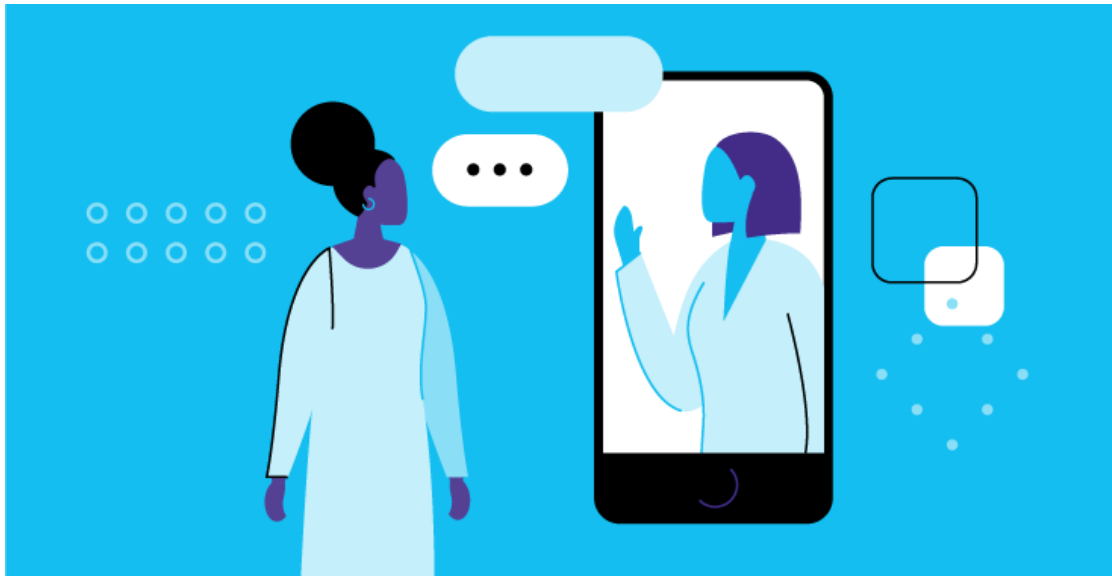
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Ethical Telehealth Practice

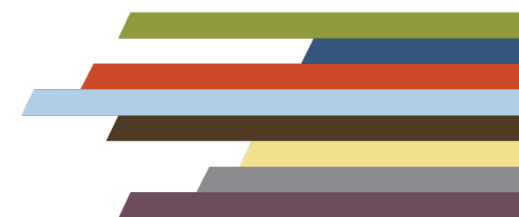
- Practice within professional competency



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Training and Professional Development

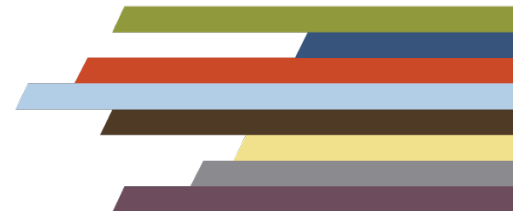
- Security
- Privacy
- Physical Environments
- Rapport/therapeutic alliance
- State and organizational laws and guidelines
- Consent for telehealth
- Practical Considerations



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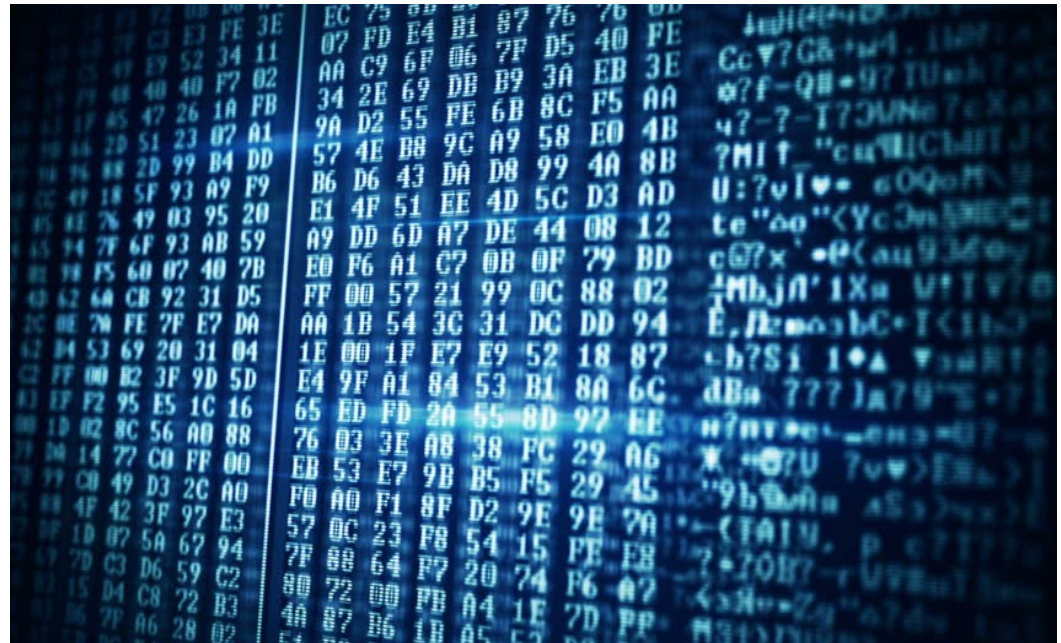
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What Makes it Secure?

- HIPAA Business Associate Agreement (BAA)
- Storage of data
- Disposal of data
- Verify identity
- Contact info
- Crisis Plan
- Recording

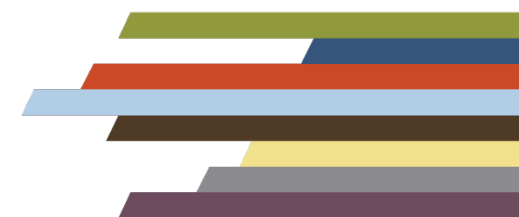


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What Makes it Private?

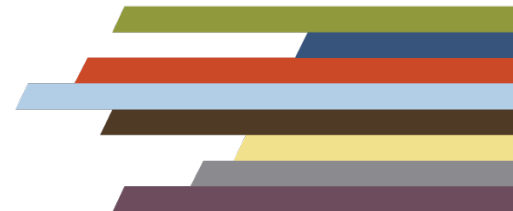
- Environment
 - More on this soon...
- Location
- People
- Sharing content



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Physical Environment

Environment

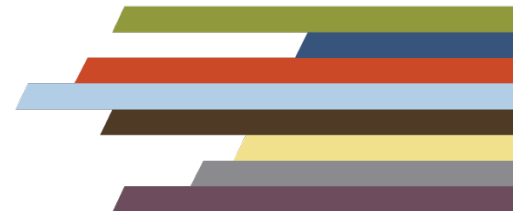
- Clothing
- Background
- People
- Location
- Lighting
- Camera position
- Sound and audio quality
- Eye contact
- Interactions



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Rapport/Therapeutic Alliance

COVID-19 TIPS: BUILDING RAPPORT WITH YOUTH VIA TELEHEALTH

Compiled by Ilana Seager van Dyk, Juliet Kroll, Ruben Martinez, Natacha Emerson & Brenda Bursch
UCLA Pediatric Psychology Consultation Liaison Service

- Setting up the environment
- Introducing telehealth
- Building Rapport
- Engagement

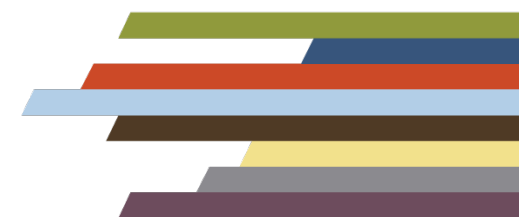
https://www.researchgate.net/publication/340066049_COVID-19_Tips_Building_Rapport_with_Youth_via_Telehealth



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Practical Considerations

- Gaze angles of approximately 5 to 7 degrees can simulate eye contact (Tam, Cafazzo, Seto, Salenieks, & Rossos, 2007)
- Limitations of videoconferencing should be explicitly discussed with clients prior to treatment (Grady, et al., 2009)
- Acceptability of technology for consultation increases with exposure (Fischer et al., 2016)
- Ensure sufficient internet connectivity in both locations as well as access to electronic devices
- Back-up plan for technology

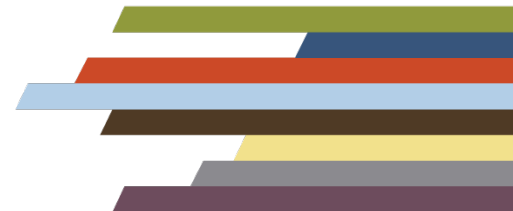
<https://www.apa.org/practice/guidelines/telepsychology>



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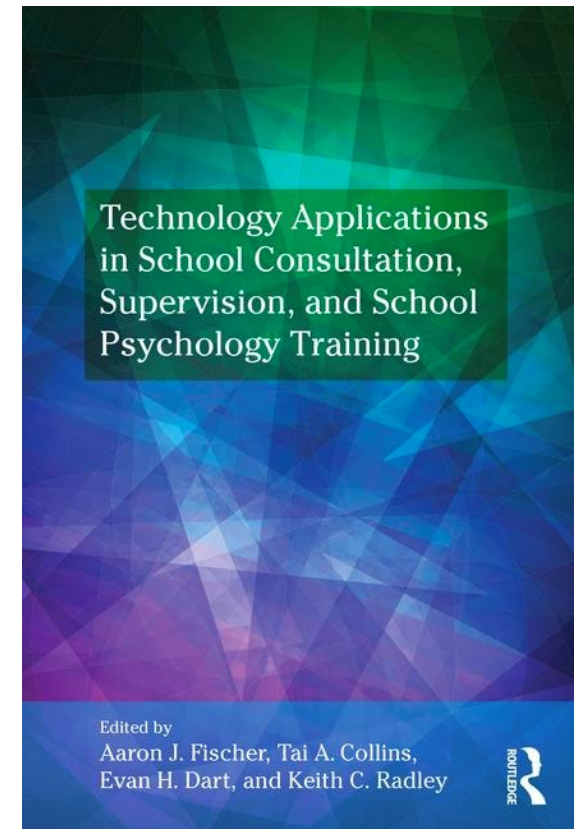
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Telesupervision

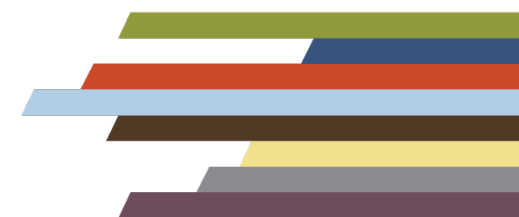
- Recording and sharing
- Digital feedback
- Electronic records
- Supporting telehealth training



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Wrap Up

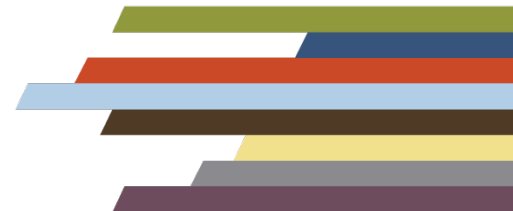
- Competency
- Privacy
- Security
- Consent
- Outreach
- Training



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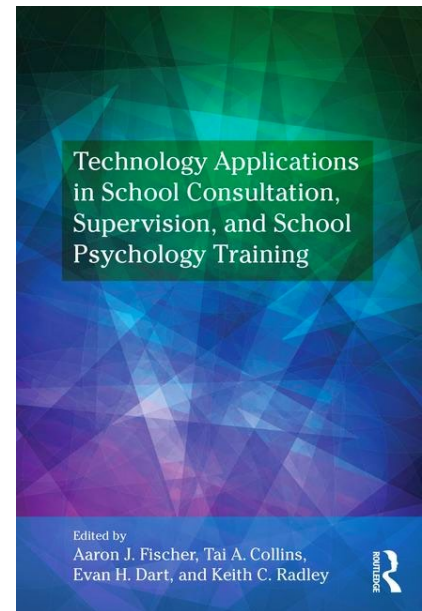


Thank You!

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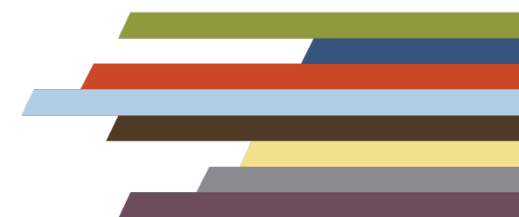


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Thank You

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