



Suicide Prevention and Intervention Resources for Transition Age Youth on College Campuses

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Crisis Lines

1. National Suicide Prevention Lifeline
1-800-273-TALK (8255) or 1-888-628-9454 (Spanish)
2. Crisis Text Line
Text HOME to 741-741
3. Trevor Lifeline (For LGBTQ Youth)
1-866-488-7386
4. Trans Lifeline
1-877-565-8860 or www.translifeline.org

Resources Specific to Transition Age College Populations

1. **Mountain Plains MHTTC:** [Mental Health Resources for College and University Faculty and Staff to Support Student Mental Health During COVID-19](#)
2. **Suicide Prevention Resource Center:** [Resources for Colleges and Universities](#)
3. **American College Health Association:** [National College Health Assessment – 2019 Executive Report](#)
4. **JED Foundation:** [Framework for Developing Institutional Protocols for the Acutely Distressed or Suicidal College Student](#)
5. **Active Minds:** [Resources for Young Adults, Schools, Parents, Communities and Remote Workers during COVID-19](#)

Suicide Assessment and Evaluation Resources

1. **Columbia Lighthouse Project:** [View and Access the Columbia- Suicide Severity Rating Scale \(C-SSRS\)](#)
2. **SAMHSA Suicide Assessment Five-Step Evaluation and Triage (SAFE-T):** [Download the SAFE-T Pocket Card](#)

Archived Free Trainings

1. **Mountain Plains MHTTC:** [Psychosocial Impacts of Disasters: Assisting Community Leaders – with Annotations for Pandemics](#)
2. **Mountain Plains MHTTC:** [Changing the Conversation about Mental Health to Support College Students During a Pandemic](#)
3. **Mountain Plains MHTTC:** [Changing the Conversation about Mental Health: How do we Come Back to the New Normal?](#)



Mountain Plains (HHS Region 8)

MHTTC

Mental Health Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



Mountain Plains (HHS Region 8)

PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

4. **Mountain Plains MHTTC:** [Suicide Prevention Training: Suicide Risk Assessment Tools and How to Talk to Patients about Suicide](#)

General Resources

1. Substance Abuse and Mental Health Services Administration www.samhsa.gov
2. Suicide Prevention Resource Center www.sprc.org
3. Zero Suicide <http://zerosuicide.edc.org/>
4. National Institute of Mental Health www.nimh.nih.gov
5. National Center for the Prevention of Youth Suicide www.preventyouthsuicide.org