



Emerging Topics in Prevention Science Media Series *Moving Evidence-Based Prevention Interventions Online*

The Development of Culturally Grounded, Trauma-Informed Prevention Programs in Indigenous Communities

DATE AND TIMES

February 25, 2021 12:00 pm – 1:30 pm Alaska
 1:00 pm – 2:30 pm Pacific
 2:00 pm – 3:30 pm Mountain

AUDIENCE

Community and state-level prevention practitioners, allied health partners and community members working to prevent substance misuse in the Northwest Region (Alaska, Idaho, Oregon and Washington).

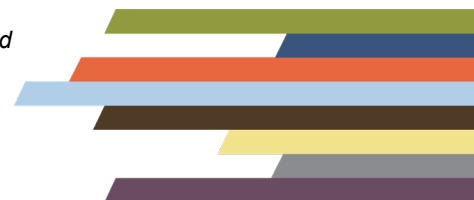
DESCRIPTION

Prevention of the behavioral health inequities faced by many Indigenous communities can be strengthened by centering Indigenous ways of knowing in the development and adaptation of prevention programs designed to mitigate the impact of intergenerational trauma on health. This webinar will provide insight into the importance of culturally-based, trauma-informed early intervention for families, an introduction to a culturally grounded prevention program developed within one tribal community, and an opportunity to reflect on how a decolonizing approach can be applied to prevention science in Indian country.

OBJECTIVES

By the end of the webinar, participants will be able to:

1. Discuss how revitalization of tribal traditional practices/beliefs serves as a conduit for healing trauma in the family and serves as prevention and intervention for mental health problems and substance (mis)use within the family.
2. Describe the development of the *stím aspuḡús* program, a culturally grounded trauma-informed preventive intervention.
3. Explore the tensions involved in culturally grounded prevention research and the role of (de)colonization in this work.



PRESENTERS



Alvina Marris, PhD, is an enrolled member of the Colville Tribe and a clinical psychologist working in the outpatient Colville Tribe Behavioral Health Program. She has interests in the incorporation of traditional teachings, cultural practices, and beliefs of Native people into the treatment and prevention of mental health disorders. Dr. Marris is committed to developing therapy models grounded in traditional Native practices and beliefs and examining the effectiveness of current “evidence based treatments” for adaptation if needed.



Sara Waters, PhD, is an Assistant Professor of Human Development and member of the Prevention Science faculty at Washington State University. Dr. Waters brings her expertise in the child-caregiver attachment relationship and the impacts of toxic stress and trauma in early life to the development, evaluation, and implementation of interventions that leverage early relationships to ameliorate experiences of early trauma. Over the past 5 years Dr. Waters has built relationships with members of the Confederated Tribes of the Colville Reservation and collaborated on several funded projects focused on the development of culturally grounded caregiving interventions in that community.

REGISTRATION

Register Here: <https://ptcnetwork.org/centers/northwest-pttc/event/webinar-development-culturally-grounded-trauma-informed-prevention>

CERTIFICATES

Participants will receive a certificate of attendance for 1.5 hours for this live webinar event.

QUESTIONS?

Please contact Clarissa Lam Yuen (clamuyen@casat.org) for any questions related to registration. For any other questions, please contact Janet Porter (jporter@casat.org).

