

Implementing A Community Resiliency Approach: A Chicago Example (Part 2 of 2)

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August 11, 2021

10:00 AM CST

Brought To You By:



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January 2021

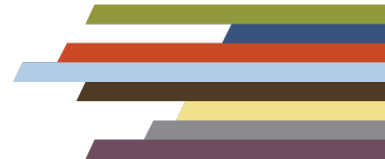
The use of affirming language inspires hope.

LANGUAGE MATTERS.

Words have power.

PEOPLE FIRST.

The P TTC Network uses affirming language to promote the application of evidence-based and culturally informed practices.





SEPTEMBER IS



NATIONAL RECOVERY MONTH 2021



rm.facesandvoicesofrecovery.org

TTC

Technology Transfer Centers

Funded by Substance Abuse and Mental Health Services Administration



Thank You for Joining Us!

A few housekeeping items:

- If you are having technical issues, please individually message Kristina Spannbauer or Stephanie Behlman in the chat section and they will be happy to assist you.
- We will be using automated transcriptions for today's webinar.

Thank You for Joining Us!

A few more housekeeping items:

- You will be sent a link at the after of the presentation to a very short survey – we would really appreciate it if you could fill it out. It takes about 3 minutes.
- Certificates of attendance will be sent out to all who attended the full session. They will take about 2 weeks.

A close-up photograph of several social media icons on white keyboard keys. The icons include Pinterest (red circle with white 'P'), Snapchat (yellow square with white ghost), Instagram (purple-to-orange gradient square with white camera outline), Facebook (blue square with white 'f'), and Twitter (blue bird silhouette).

Follow Us On Social Media!

Facebook and Twitter:

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- @GMhttc
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If you are on our mailing list, look for our weekly updates for events the following week

Speaker



**Sarah Gabriella
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Implementing A Community Resiliency Approach: A Chicago Example (Part 2 of 2)



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Mitigating the Effects of Individual and Family Trauma through a Community Resiliency Approach

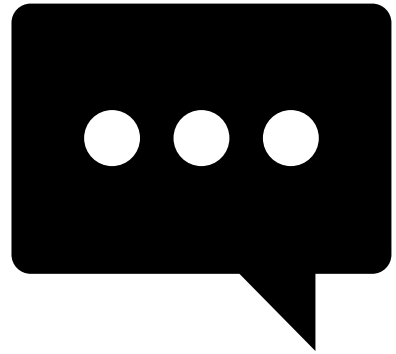
PART ONE **OBJECTIVES**

- 1. Define a community resiliency model/ differentiate between individual, family and community_**
- 2. List elements of community resilience**
- 3. List strategic areas to focus on**

PART TWO **OBJECTIVES**

- 1. Identify resilience building strategies and activities**
- 2. Identify methods/data that can be used to assess resilience building**
- 3. Understand how the community context, including key stakeholders, readiness, and culture, can influence resilience building strategies .**

CHAT



What is one strategy you use to build resilience?

Connectedness

Environment

Transportation

Food

Advocated

Promoted Equity

Social and Emotional and Learning

Community Engagement

Building Family Capital

Clean up the Neighborhood

Block Club

IMPLEMENTING A COMMUNITY RESILIENCE APPROACH



Sarah Gabriella Hernandez, PhD

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Education
Development
Center

DEFINITION



Resilience is the awareness and power of a person, family, organization or community to find, use and create resources to recover from challenges and generate positive change.



Chicago RECAST
Project, Education
Development Center



EDC

Education
Development
Center

What is ReCAST?

Resiliency in Communities After Stress and Trauma

(ReCAST) is an initiative, funded in 2016 by SAMHSA in response to incidents of civil unrest in Chicago. It is a 5-year initiative led by the Chicago Department of Public Health (CDPH)

Goals

Promote wellbeing, resilience, and community healing through community-engagement

Strengthen the integration of behavioral health services and systems

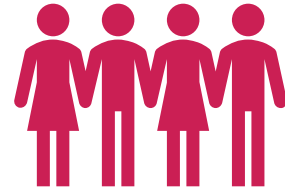
Create more equitable access to trauma-informed resources

What does ReCAST do?



Training and Capacity Building

Community of Learning
Training and TA



Promoting Access to Services

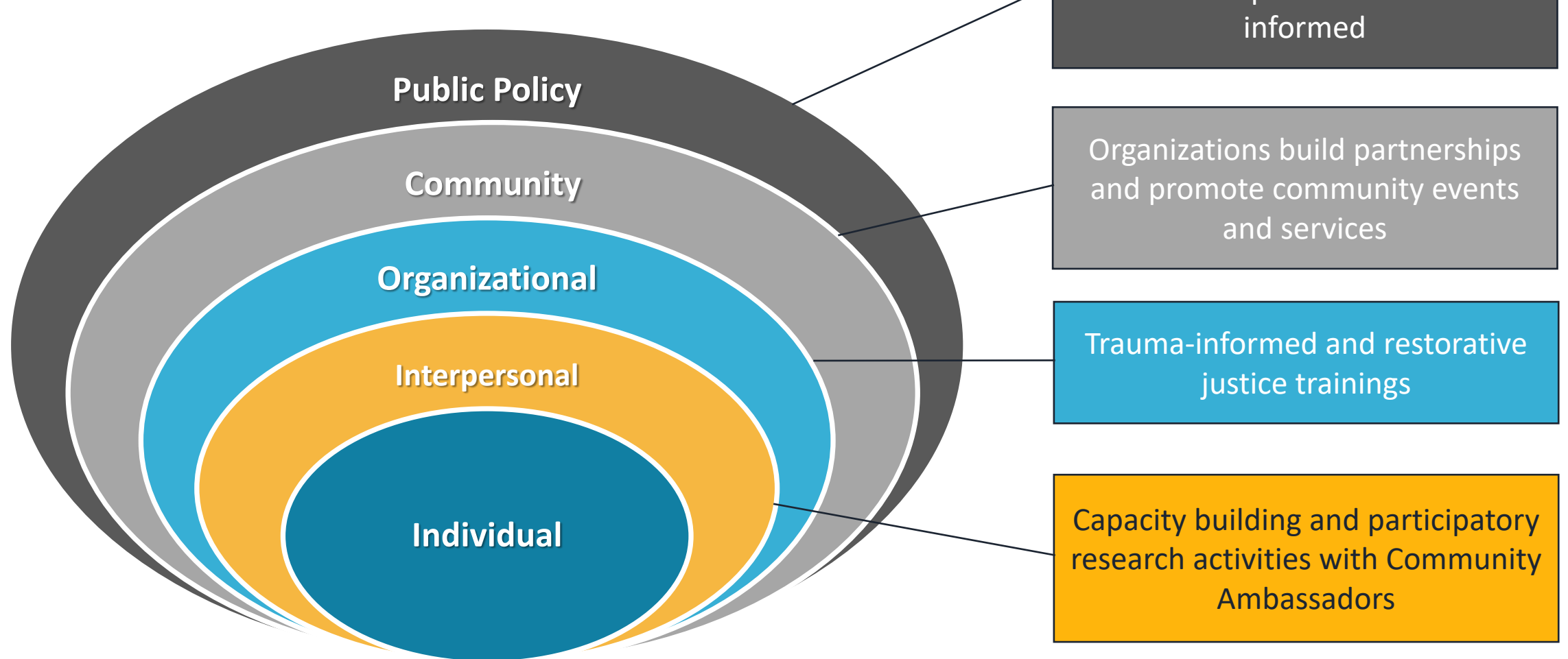
Online resource directory
Community Ambassadors



Policy Development

TI policies and language

Socio-ecologic Model: ReCAST



Resilience Building Activities



Trainings
and
Technical
Assistance

- Trauma-informed trainings
- Mental Health Awareness
- Restorative Justice Trainings
- Peace and Healing Circles

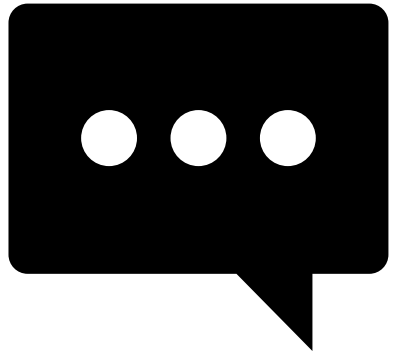
Resilience Building Activities



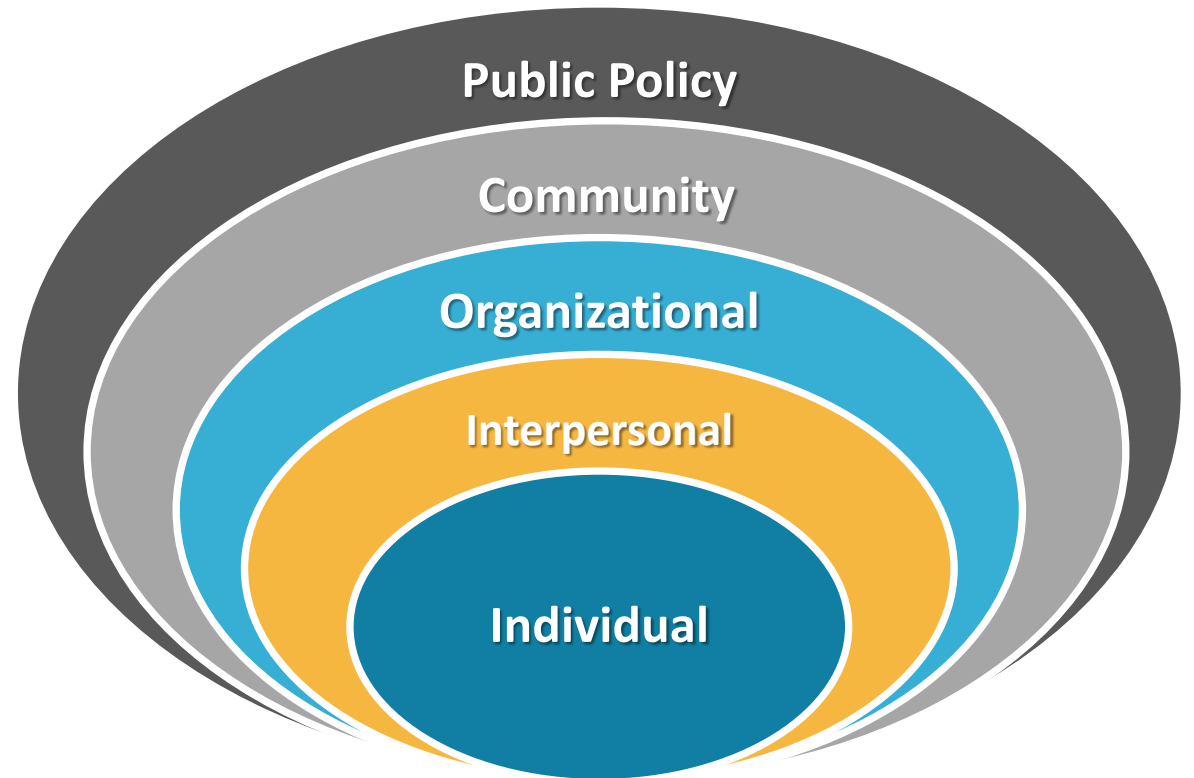
Building
Partnerships
& Promoting
Services

- Trauma-Informed Summit
- Restorative Justice Summit
- Trauma-Informed Congregational Network
- Youth Showcase and Summit

CHAT



At what level(s) can you build resilience, and what activities do you do?





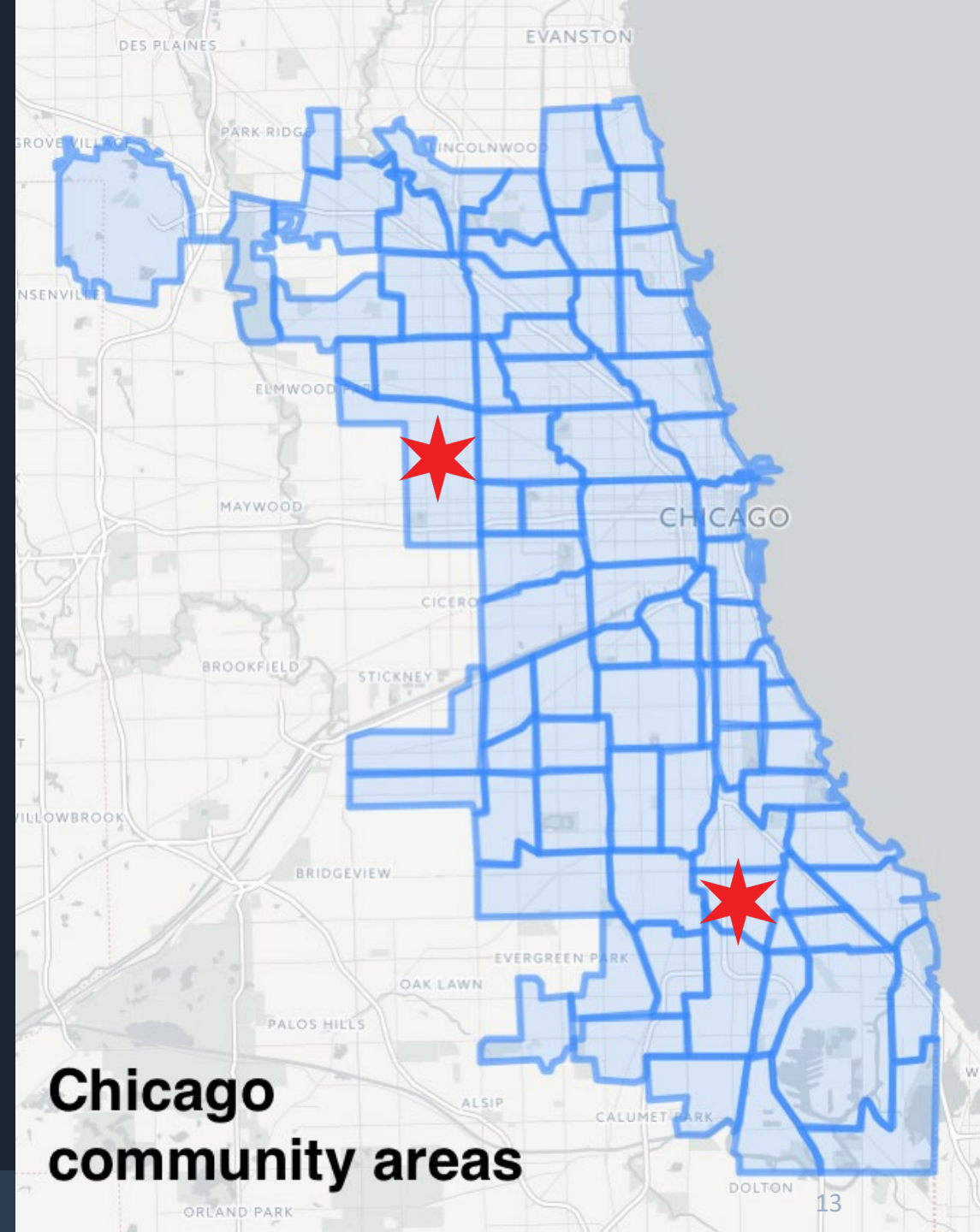
ReCAST Community Ambassadors participating in Photovoice.

Community Ambassadors



Photo by Dr. Obari Cartman, ReCAST Evaluation team member from local minority-owned small business, Healing Empowerment Learning Professionals, LLC

- **Community Ambassador component focuses on Austin (west) and Chatham (south)**
- Primarily Black communities that have been historically disproportionately impacted by disinvestment, lack of resources, and community trauma



COMMUNITY AMBASSADOR COMPONENT

Utilizes participatory, culturally responsive, strengths-based, asset-based approaches

Ongoing training and capacity building sessions with guided facilitation and skill-building activities

Co-developing evaluation questions, activities, and utility

What is Resilience?

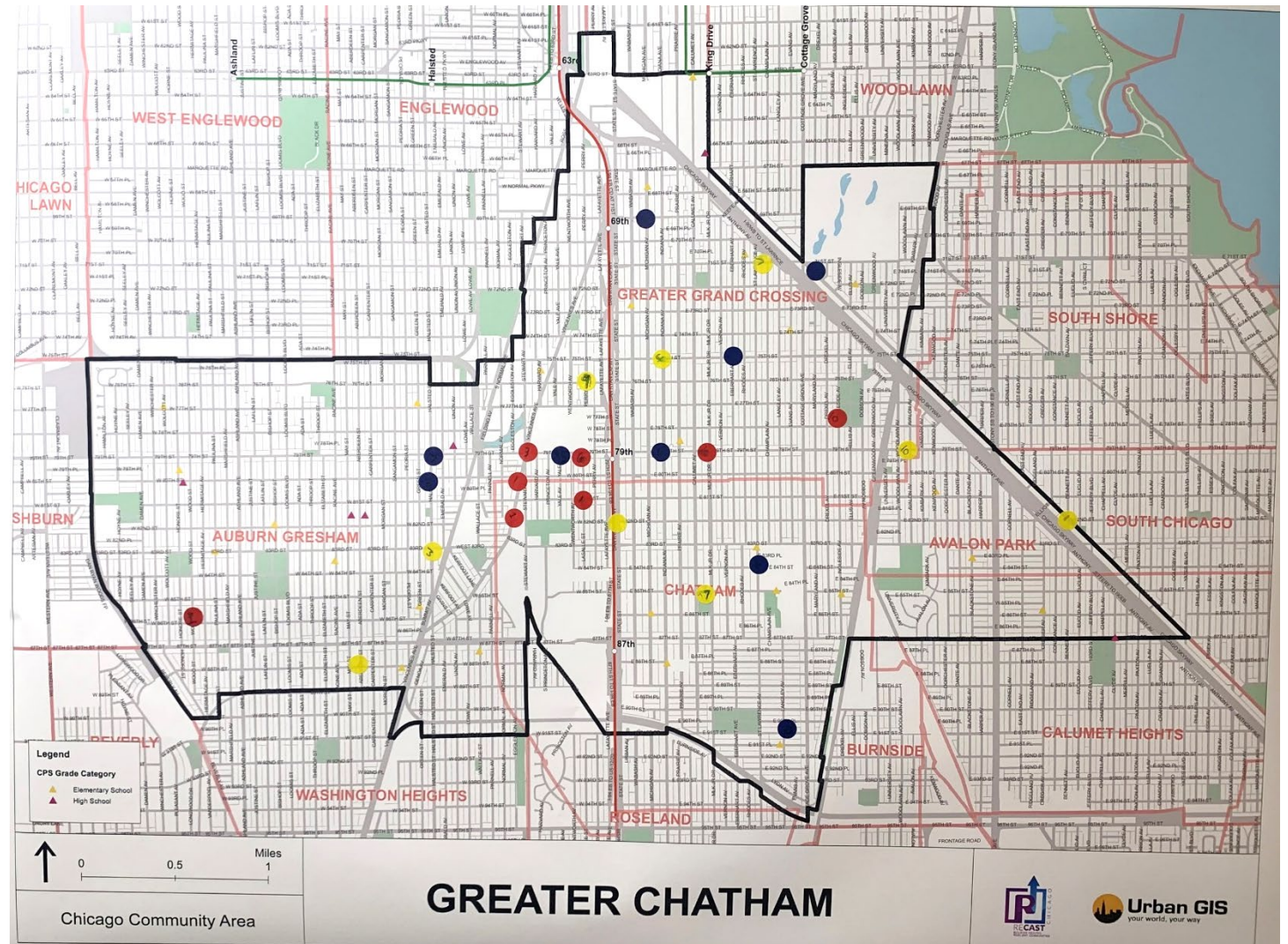
Individual

- Overcoming Challenges
- Determination
- Community work
- "Moving forward"
- Transformation
- Turning Pain into Power
- Vulnerability (to see & to show)
- Knowing that you need help & reaching out
- Strength
- Challenging yourself
- Willpower
- No mental health services stigma
- Mental & physical health centers

Community

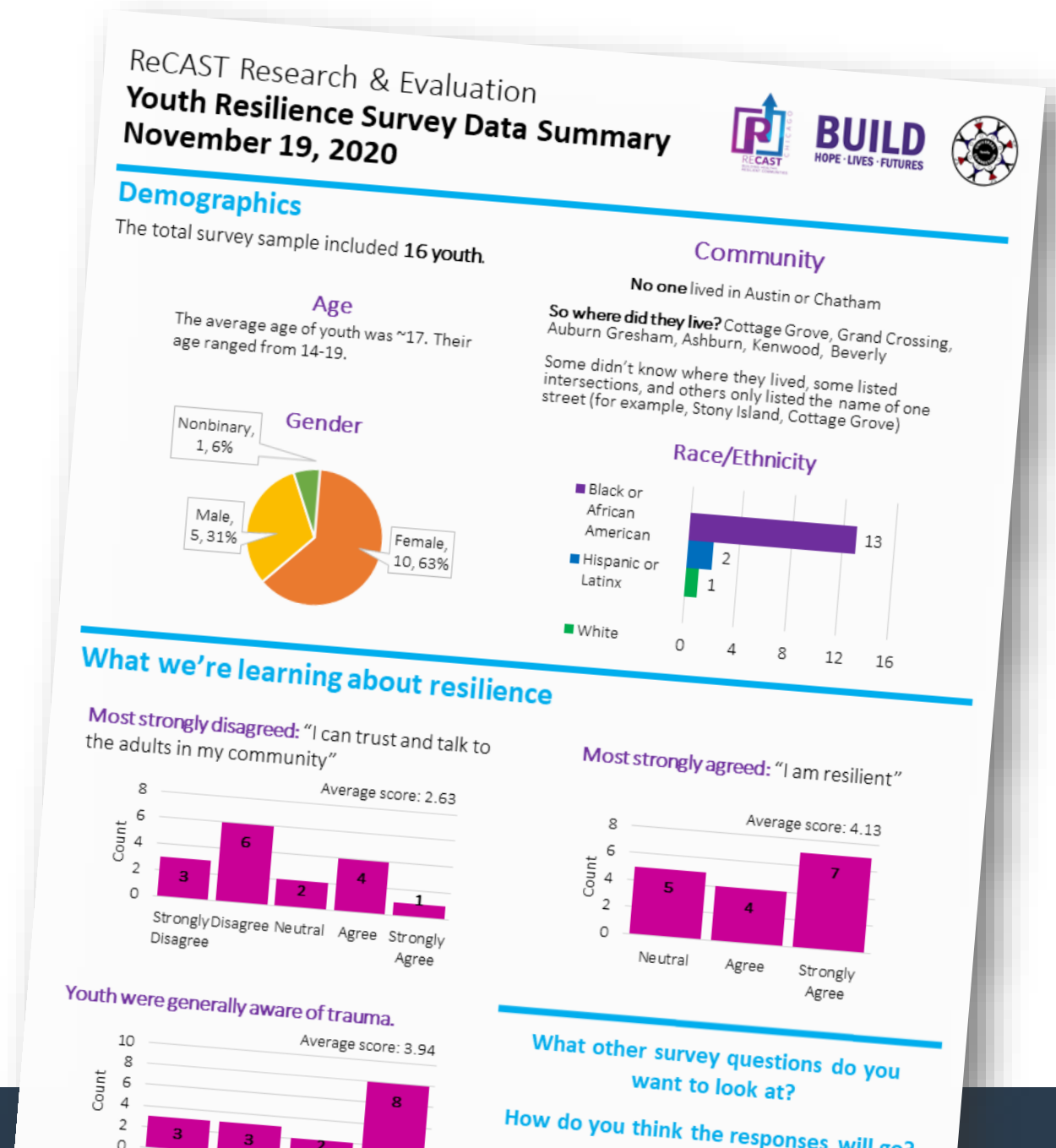
- Taking care of environment / community spaces
- 15th District
- Block Clubs (people coming together + people looking out for each other)
- Bringing down Barriers
- Organized & Informed
- Black owned businesses creating own resources
- Holding politicians accountable
- Education
- Art
- Restorative Justice

Participatory Asset Mapping

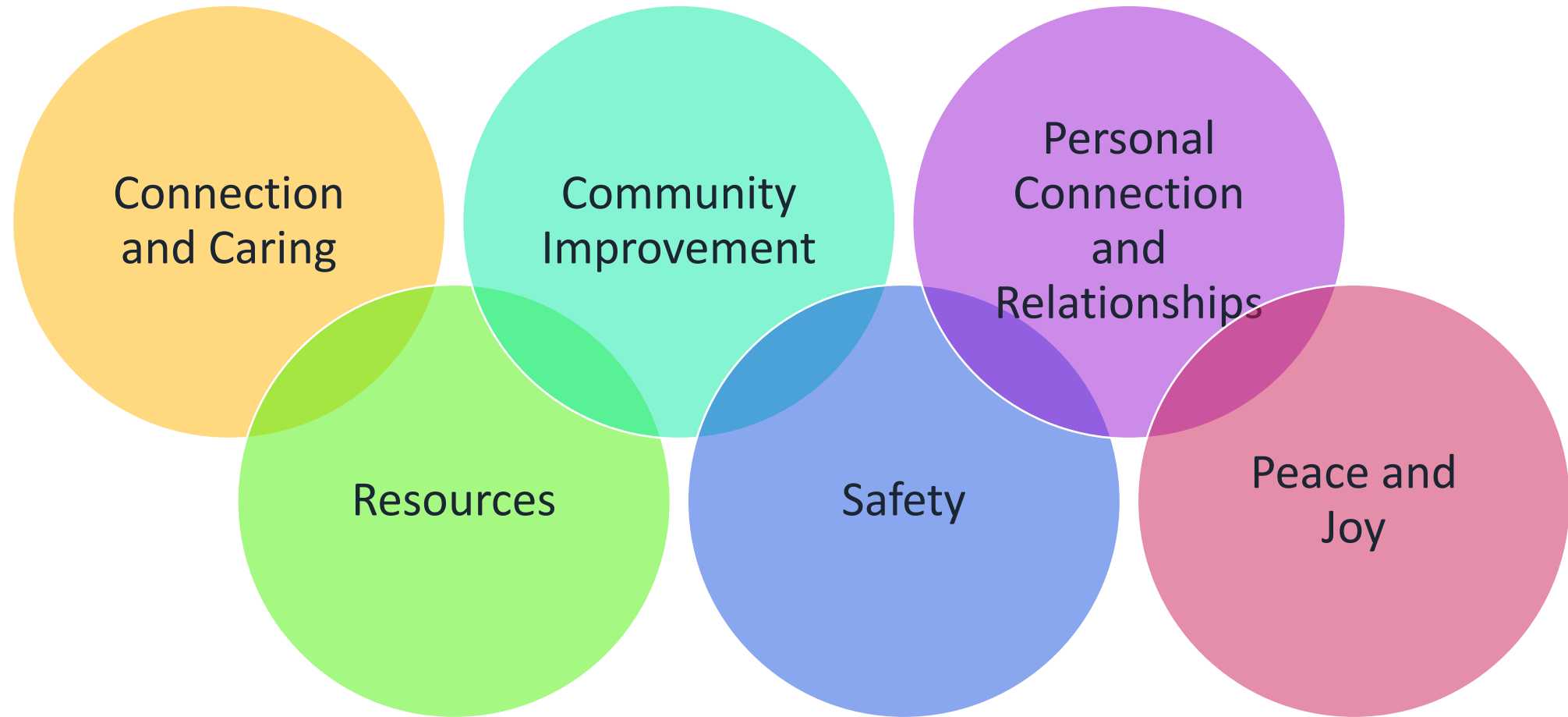


Community Resilience Surveys

- Developing shared understanding for areas of community resilience in Austin and Chatham
- Created short version for assessing youth resilience



Community Resilience Topics



Photovoice

Photovoice puts cameras in the hands of youth:

- To allow youth to **document their lives and concerns**
- To encourage youth to **share experiences, perceptions, and viewpoints** with peers
- To empower youth to **inform others and speak out** on important issues
- To **capture the images and voices** of youth, and use them to inform decision-making



This needs to be fixed because during the school year if someone wanted to ride their scooter or skateboard to school, they'd fall. They have to stop and pick it up and walk.
-Odalys, age 10



Photovoice is BOTH a method for research and evaluation and a method of creative expression



Kenesha's Photo

1. Why did you take this photo?
2. What resiliency topic does this photo represent?
3. What do you want people to learn or do after seeing your photo?
4. What feedback do others have for this photo? Do you interpret the photo differently?

Connection and
Caring

Resources

Community
Improvement

Safety

Personal
Connection and
Relationships

Peace and Joy



There is no absence of accessibility of peace and joy in a neighborhood faced with daily trauma, only the presence of mental prisons.

Ericka Brown

These boys were riding on their bikes, and I want to see more young people enjoying themselves, daily, without the fear of violence. The beauty and joy of being young.



BLACK LIVES MATTER

Universal Family Connection, Inc.
Community ReCAST
Ambassador



The Face of Black Resilience
Sharif King Muhammad

It was taken once more in order to bring change and revolution. The most resilient Elgin Muhammad and the Last Found Nation of Islam was and still is the last power of Black resilience and Black revolution. Their words, actions and teachings can be a reminder and resource for the community to come together and not fight each other but instead fight with each other for Black equal rights and opportunity. This is the key to our future and reality for all Afro-descendants.



Building Resilience in Action

Possible Access Points



Individual Level



Family and Community Level

- **Individual Agency** that leads to decision-making action
- **Meaning-Making Ability** to “make sense of the world,” provide a frame of reference, help navigate daily life challenges.
- **Relationships** that are stable, trusting, and supportive across contexts

- Youth voices were amplified through Photovoice
- EDC helped to build youth capacity for leadership and research
- Youth gained a better understanding of resilience through survey and photovoice activities
- Community ambassadors are building relationships with restorative justice activities like peace and healing circles

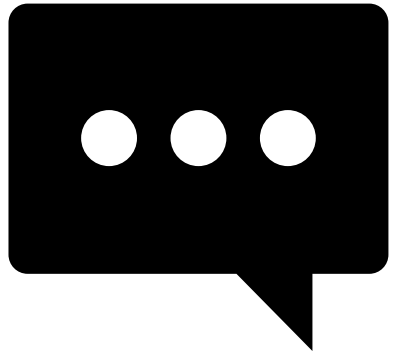
KEY TAKEAWAY

Understand how community context, including key stakeholders, readiness, and culture can influence resiliency

Reflection Questions

1. What level(s) will you build resiliency?
2. Who are your key stakeholders?
3. How will you differentially engage your stakeholders? (e.g., consult? Fully engage at every stage?)
4. What questions do you need to ask?
5. What methods and activities will you use?
6. How will you assess your progress?
7. What will success look like?

CHAT



*What is one insight
about building
resilience that you
learned today?*

Questions





THANK YOU!

Resources

- The ReCAST Photovoice Training was developed and based on previous Photovoice training and technical assistance conducted at EDC. [Massachusetts Photovoice Project](#).
- Michigan State University and System exChange developed a comprehensive Photovoice handbook, which has contributed to the development of the ReCAST Photovoice training. *Attached PDF:* [Photovoice: Using Images to tell Communities' Stories: Participant Handbook](#)
- The University of Kansas' Community Tool Box includes a straightforward summary of Photovoice with links to additional tools, resources, and references. [Implementing Photovoice in Your Community](#).