



Northeast & Caribbean (HHS Region 2)

PTTC

Prevention Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

The HHS Region 2 Northeast and Caribbean Prevention Technology Transfer Center
presents

Change as an Opportunity for Growth: What's going on?

Session 1

Webinar: Monday, February 7, 2022

1:00 PM – 2:30 PM (EST)/ 2:00 PM – 3:30 PM AST

If the past two years has taught us anything, it is that change is constant. And, while change is often difficult, it can also be both an opportunity and catalyst for growth, and the belief that individuals and communities can change lies at the heart of all prevention efforts.

This two-part virtual learning event will explore change as a foundational concept in substance misuse prevention. We will look at common definitions of change, motivations for and barriers to change, and will examine change across the various socio-ecological domains in which it takes place—at the individual level, within relationships, at the community and organizational level and within our society at large. We will also identify tools and strategies to implementing change efforts currently used by many prevention practitioners to guide our efforts and additional approaches to consider that can help us better manage change in our work for years to come.

Session 1 will highlight models of individual and family-based change behavior and aligned prevention interventions and approaches.

Attending both sessions is recommended but not required.

[CLICK HERE TO REGISTER FOR SESSION 1](#)

Questions or having trouble registering?

Please contact cneary@ssw.rutgers.edu