



## Addressing Social Determinants of Health Through Prevention Planning Webinar Workbook and Notes - January 27, 2022

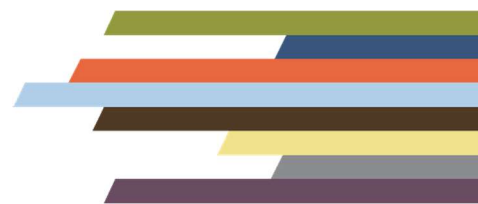
### Land Acknowledgement

“It is important to understand the **longstanding history** that has brought you to reside on the land, and to seek to **understand your place** within that history. Land acknowledgements do not exist in a past tense, or historical context: **colonialism is a current ongoing process**, and we need to build our **mindfulness of our present participation**.”

– [Northwestern University](#)

### Creating Our Intention

When you think about the social determinants of health what comes to mind?	What fears do you have about how the field of prevention is changing?
What do you think is the biggest potential for improving equity in our prevention practice? If you attended the first session, has there been a change in perspective for this question?	What do you hope to get out of this training experience?



## Social Determinants of Health

Social determinants of health (SDOH) are the conditions in the environments where people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.

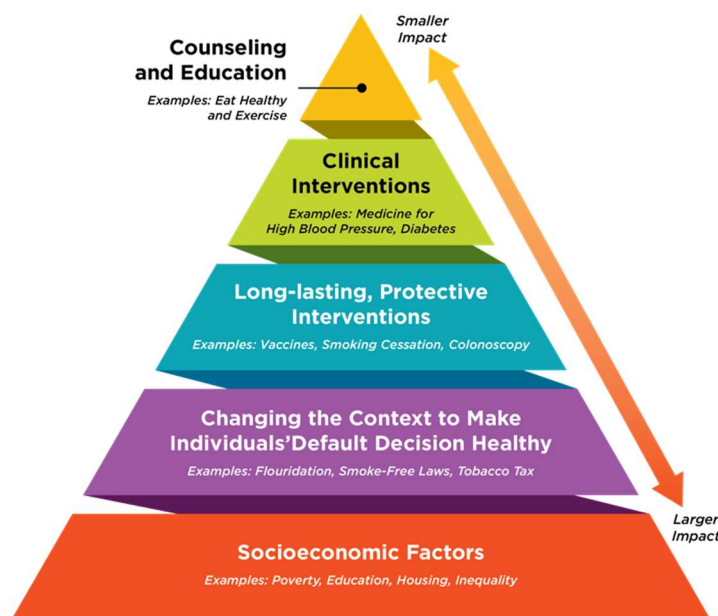
### **Healthy People 2030 Goal**

One of Healthy People 2030's 5 overarching goals is specifically related to SDOH: "Create social, physical, and economic environments that promote attaining the full potential for health and well-being for all."

In line with this goal, Healthy People 2030 features many objectives related to SDOH. These objectives highlight the importance of "upstream" factors — usually unrelated to our direct service — in improving health and reducing health disparities.

## Health Impact Pyramid

The need to focus on "upstream" factors is further confirmed by the Health Impact Pyramid. This 5-tier pyramid best describes the impact of different types of interventions. At the base of this pyramid, indicating interventions with the greatest potential impact, are efforts to address socioeconomic determinants of health. When reviewing this pyramid consider where your current prevention intervention fit in this pyramid. Interventions focusing on the lower levels of the pyramid tend to be more effective because they reach broader segments of society. The goal is to have strategies that cut across each of the levels, as a means of achieving the maximum possible sustained public health benefit.



Source: <http://www.healthydouglas.org/about-us/what-guides-our-work-in-the-community/health-impact-pyramid/>

## Domains of the Social Determinants of Health from Healthy People 2030



### Actions to Support the 5 Domains

#### ***Education Access and Quality***

Connection of education to health and well-being. This domain includes key issues such as graduating from high school, enrollment in higher education, educational attainment in general, language and literacy, and early childhood education development.

Reflection: In what way can we provide services that impact this domain?



### ***Healthcare Access and Quality***

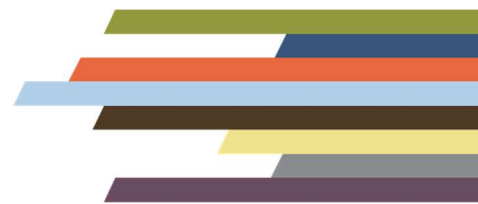
The connection between people's access to an understanding of health services and their own health. This domain includes key issues such as access to healthcare, access to primary care, health insurance coverage, and health literacy.

Reflection: In what way can we provide services that impact this domain?

### ***Social and Community Context***

The connection between characteristics of the context within which people live, learn, work, and play, and their health and well-being. This includes topics like cohesion within community, civic participation, discrimination, conditions in the workplace, and incarceration.

Reflection: In what way can we provide services that impact this domain?



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### ***Economic Stability***

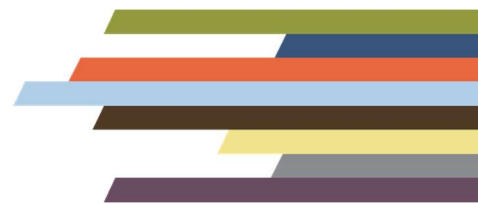
The connection between the financial resources people have – income, cost of living, and socioeconomic status - and their health. This area includes key issues such as poverty, employment, food security, and housing stability.

Reflection: In what way can we provide services that impact this domain?

### ***Neighborhood and Built Environment***

The connection between where a person lives – housing, neighborhood, and environment - and their health and well-being. This includes topics like quality of housing, access to transportation, availability of healthy foods, air and water quality, and neighborhood crime and violence.

Reflection: In what way can we provide services that impact this domain?



## Whisper Course Sign-up

Would you like to be reminded of the key concepts from this training and concrete actions you can take? [Sign-up for the Whisper Course](#).

Participants of this Whisper Course will receive three emails over the course of the next two weeks. Each email will contain a reminder of one concept presented during this training along with examples of concrete actions you can take to put the concepts into action. Questions? Contact Kris Gabrielsen, Great Lakes PTTC Co-Director, at [kgabrielsen@wisc.edu](mailto:kgabrielsen@wisc.edu).

## Register for Parts 3 and 4 of the Health Equity Series

- February 10, 1-2:30 CT  
[Part 3: Diversifying Your Network for Equity](#)  
[Register HERE](#)
- February 24, 1-2:30 CT  
[Part 4: Examining Data for Disparities](#)  
[Register HERE](#)

