



National American Indian & Alaska Native

PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



**Native Center for
Behavioral Health**

IOWA

SAMHSA
Substance Abuse and Mental Health
Services Administration

Indigenous Resiliency

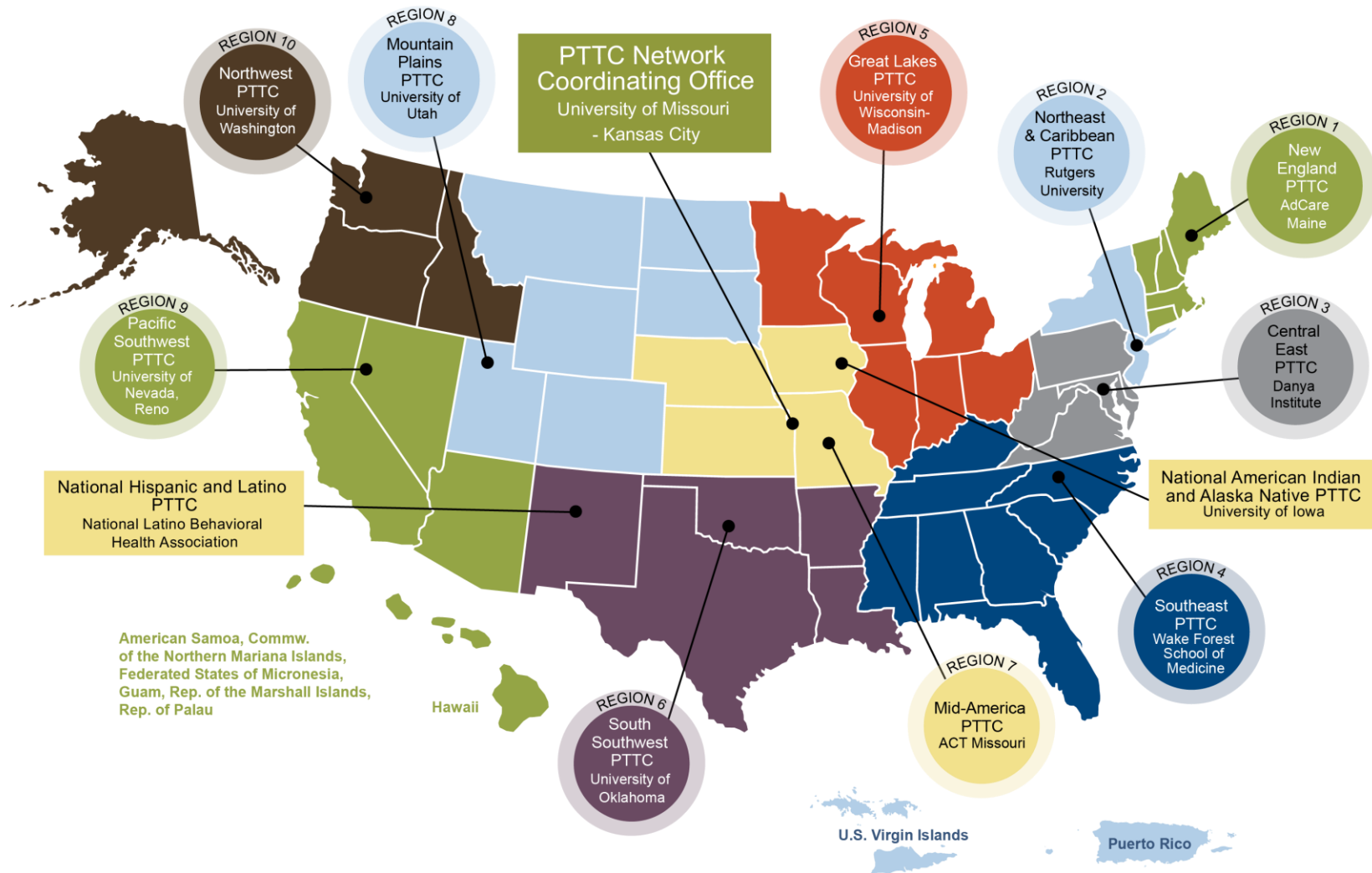
Thriving Prevention Programs



PTTC

Prevention Technology Transfer Center Network
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PTTC Network



American Indian & Alaska Native Prevention Technology Transfer Center

This webinar is provided by the National American Indian & Alaska Native PTTC, a program funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).



Substance Abuse and Mental Health
Services Administration

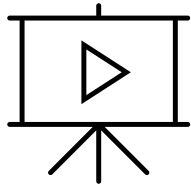
The National American Indian and Alaska Native Mental Health Technology Transfer Center is supported by a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA).

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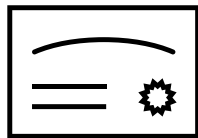


Follow-up

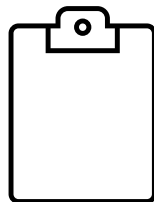
Following today's event, you will receive a follow up email, which will include:



Links to the presentation slides and recording, if applicable



Information about how to request and receive CEUs



Link to our evaluation survey (GPRA)

Land Acknowledgement

We would like to take this time to acknowledge the land and pay respect to the Indigenous Nations whose homelands were forcibly taken over and inhabited.

Past and present, we want to honor the land itself and the people who have stewarded it throughout the generations.

This calls us to commit to forever learn how to be better stewards of these lands through action, advocacy, support, and education.

We acknowledge the painful history of genocide and forced occupation of Native American territories, and we respect the many diverse indigenous people connected to this land on which we gather from time immemorial.

While injustices are still being committed against Indigenous people on Turtle Island, today we say thank you to those that stand with Indigenous peoples and acknowledge that land reparations must be made to allow healing for our Indigenous peoples and to mother earth, herself.

Dekibaota, Elleh Driscoll, Meskwaki and Winnebago Nations
Ttakimaweakwe, Keely Driscoll, Meskwaki and Winnebago Nations
Keokuk, Sean A. Bear, 1st. Meskwaki Nation



Today's Speaker: Justine Murray

A career dedicated to assisting organizations harness the power of service, strengthen capacity, and implement solutions addressing critical needs in communities around the world through her work with Peace Corps, AmeriCorps and other organizations.

Ms. Murray has facilitated sustainability planning with tribes, nonprofit organizations, for profit entities, governments, and individuals.





Indigenous Resiliency; Knowing

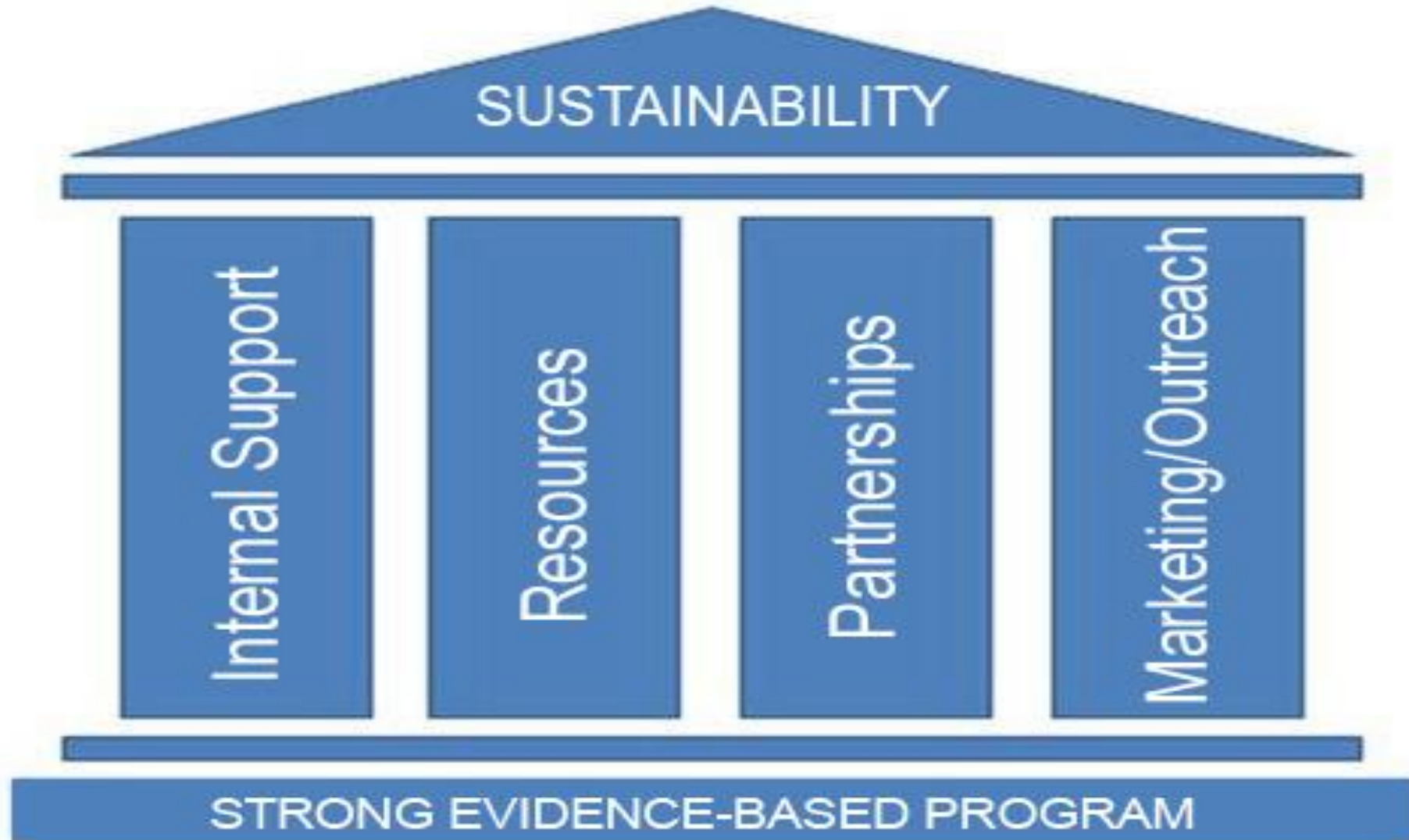
- Many pathways to a resilient organization.
- Sustainability is one.
- We are going to discuss a framework for organization sustainability.
- A pathway for resiliency.



What is Sustainability?

Ability to continue to meet the needs of the people served by the project with resilience - beyond the life of specific grant or with diminishing support.

Four Pillars of Sustainability





Purpose: Enhancing Internal Support

Practice

- Elevator Speech

Identify

- Internal Allies

Develop

- Plan to Enhance Support



Elevator Speech

- Makes a Connection
- Short, persuasive speech introducing you and your program/project.
-
- Sparks interest

YOUR TURN

In Triads:

- Share your 3 min pitch
- Get feedback
- Switch and repeat
- Switch and repeat



PROVIDE FEEDBACK

- What was the message
- How did you react?
- What do you want to know more about?



Internal Support

- Do people inside your community fully understand the Program and what it brings to the community?
- Do you have active support?
- Do key” leaders” advocate for your project?



Kinds of Support

Collaborator




Source of Resources



Advocate





Who Should Know Your Program?


- Tribal Elders
- Tribal Council
- Tribal/Community Health Department
- Tribal Court System
- Governing Committees
- Tribal/Community Police





What are the blocks?

- Too Busy
- Guarding their part (Jealous?)
- Isolated
- Tired - apathetic

A person is playing a large, round, brown drum with a wooden frame. They are wearing a pink t-shirt with a graphic that says "SURF GIRL BEACH SURF DAY" and "ENJOY MUSIC FOOD AND FREE SURF LESSONS ALL DAY". They are also wearing a blue and white patterned skirt. The person is holding two mallets with colorful, patterned heads. The background is a grassy field with trees in the distance.

How can you address those blocks?

- Your Passion
- Information about the issue
- Facts about your success
- DATA
- Stories

YOUR TURN

In Triads:

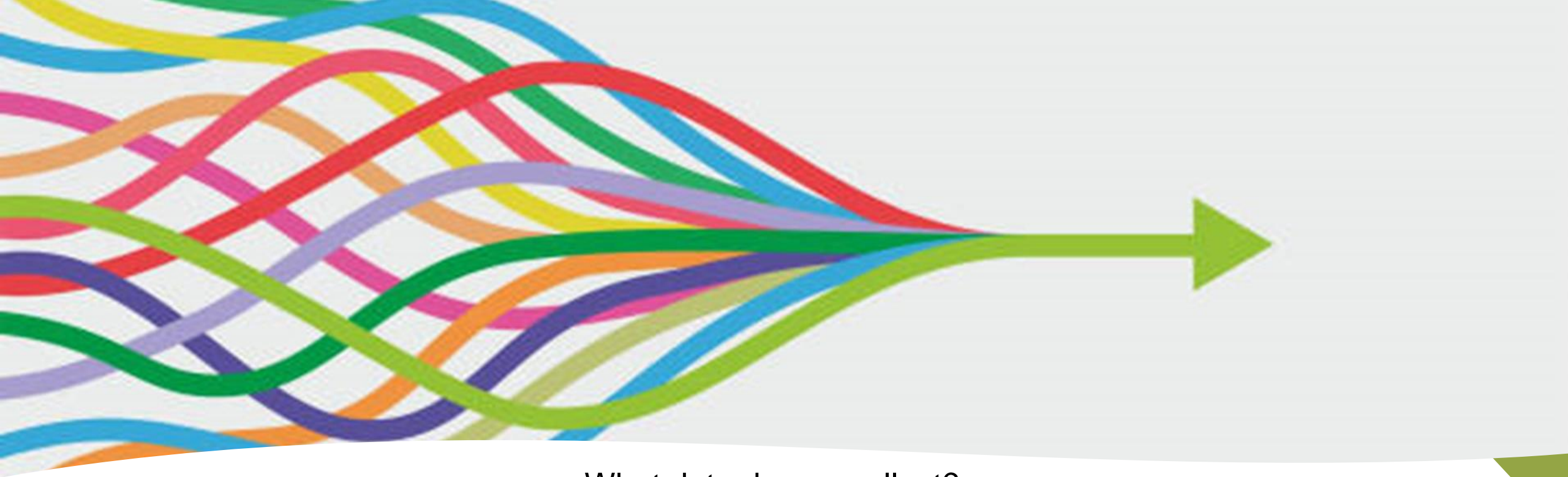
- Who knows about you?
- Who should know about you?
- What are the blocks?
- What are some strategies?





What data do you need?

- Program Track Record
 - What have you done?
 - What are successes?
 - How many do you serve?
 - What differences have you made



DATA

- What data do you collect?
- If you don't collect, what help do you need to start?
- Are you collecting relevant data?
- What other data do you need?

Key Takeaways

In Chat:

What are you taking from this session?

Please enter one or two things in chat.





THANK YOU!!!!