







What LGBTQIA2S+ BIPOC want Prevention Professionals to Know?

LGBTQIA2S+ BIPOC resources

April, 2022.

Inclusivity Statement: the National Hispanic and Latino PTTC understands that there is a lot of important discussion focusing on the terminology individuals choose to use for racial, ethnic, heritage, and cultural identification. There are different terms such as Latinos, Latinas, Hispanics, Latinx, Latine, Chicano, and others, all equally valuable. We advocate for self-identification for every person. For purposes of this resource and additional materials, our Center will be using the term Latina and Hispanic.









What LGBTQIA2S+ BIPOC want Prevention Professionals to Know? Directory of resources

The Central East PTTC, Central East ATTC, National American Indian & Alaska Natives PTTC, and the National Hispanic and Latino PTTC joined efforts to proudly present a 4-part virtual learning series titled 'What LGBTQIA2S+ BIPOC want Prevention Professionals to Know?' last summer.

In case you missed these events, and you would like to access the sessions, please see below:

<u>Understanding the historical information behind the challenges and the risk factors of the LGBTQIA2S+ BIPOC (Part 1)</u>

Enhancing the protective factors for the LGBTQIA2S+ BIPOC (Part 2)

Moving the needle: How to improve the current behavioral health system to increase engagement and retention of LGBTQIA2S+ BIPOC? (Part 3)

How can we transform this information into actionable and practical steps to enhance service delivery to the LGBTQIA2S+ BIPOC and make a difference? (Part 4)

During each session, panelists shared their experiences as subject matter experts and/or lived experiences. The sessions were very well received by the participants.

Our community asked us to provide additional resources around LGBTQIA2S+ BIPOC populations. As a result of this request, our team put together an extensive list of articles, trainings, websites, materials and you can access the information and share it with your family, friends and colleagues.

Thank you! ¡Gracias! Obrigado!

Ahéhee' Philámayaye Wado













What LGBTQIA2S+ BIPOC want Prevention Professionals to Know?

Disclaimer

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Resources for the LGBT BIPOC population

Substance Abuse and Mental Health Services Administration

Website: https://www.samhsa.gov/behavioral-health-equity/lgbt

Description: Resources on the LGBT population include national survey reports, agency and

federal initiatives, and related behavioral health resources.

SAMHSA: LGBT Training Curricula for Behavioral Health and Primary Care Practitioners

Website: https://www.samhsa.gov/behavioral-health-equity/lgbt/curricula

Description: SAMHSA and the Health Resources and Services Administration (HRSA) have compiled a list of professional training curricula to improve the health and well-being of the LGBT population.

Great Lakes PTTC - Region 5: LGBTQ+ Resources

Website: https://attcnetwork.org/centers/great-lakes-attc/lgbtq-resources

IC-Race: Immigration, Critical Race, And Cultural Equity Lab

Website: https://icrace.org/our-partners/toolkits/

Description: Open-access toolkits are available in English and Spanish. Click on the titles to

download high resolution printable PDF copies for your use.

QTPOC RESOURCES

Website: http://transcaresite.org/?page_id=2054

Description: please view this page to access several QTPOC resouces.

The Center Excellence on LGBTQ+ Behavioral Health Equity

Website: https://lgbtqequity.org/

Description: The Center of Excellence on LGBTQ+ Behavioral Health Equity provides behavioral health practitioners with vital information on supporting the population of people identifying as lesbian, gay, bisexual, transgender, queer, questioning, intersex, two-spirit, and other diverse sexual orientations, gender identities and expressions.

CenterLink, The Community of LGBTQ Centers

Website: https://www.labtcenters.org/

Description: CenterLink is an international nonprofit organization and member-based association of LGBTQ centers and other LGBTQ organizations serving their local and regional communities. Our mission is to strengthen, support, and connect LGBTQ community centers.

The Lesbian, Gay, Bisexual and Transgender (LGBT) National Help Center

Website: http://www.glbtnationalhelpcenter.org/

Description: founded in 1996, is a non-profit, tax-exempt organization that provides vital peersupport, community connections and resource information to people with questions regarding sexual orientation and/or gender identity.

Child Welfare

Website: https://www.childwelfare.gov/

Description: connects child welfare and related professionals to comprehensive information and resources to help protect children and strengthen families.













The Trevor Project

Website: https://www.thetrevorproject.org/

Description: founded in 1998 by the creators of the Academy Award®-winning short film TREVOR, The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) young people under 25.

The Trevor Project: National Survey on LGBTQ Youth Mental Health 2021

Website: https://www.thetrevorproject.org/survey-2021/?section=SuicideMentalHealth

Description: The Trevor Project's 2021 National Survey on LGBTQ Youth Mental Health sheds light on many of these challenges by capturing the experiences of nearly 35,000 LGBTQ youth ages 13–24 across the United States.

The Trevor Project: How to Support Bisexual Youth Guide

Website: https://www.thetrevorproject.org/wp-content/uploads/2020/09/How-to-Support-Bisexual-Youth.pdf

Description: This guide is an introductory educational resource that covers a wide range of topics and best practices for supporting the bisexual youth in your life, which may include yourself!

The Center for LGBTQ Health Equity of Chase Brexton Health Care

Website: https://www.chasebrexton.org/services/center-lgbtq-health-equity

Description: their mission is to create health equity for LGBTQ patients in our communities and around the world through better health care services, education, and advocacy.

GLMA Health Professionals Advancing LGBTQ Equality

Website: http://www.glma.org/index.cfm?fuseaction=Page.viewPage&pageId=534

Description: a national organization committed to ensuring health equity for lesbian, gay, bisexual, transgender, queer (LGBTQ) and all sexual and gender minority (SGM) individuals, and equality for LGBTQ/SGM health professionals in their work and learning environments.

American Psychological Association (APA)

Website: https://www.apa.org/pi/lgbt/resources/lgbt-health

Description: Information and resources regarding LGBT health disparities and advocacy from

the Office on Sexual Orientation and Gender Diversity.

American Psychological Association (APA): Bullying Resources & Safe Schools for LGBT

Student

Website: https://www.apa.org/pi/lgbt/programs/safe-supportive/bullying/resources

Description: Support organizations, research and other tools for professionals working with schools to create safer environments for lesbian, gay, bisexual and transgender youth. Also includes bullying and suicide prevention resources, and health and public policy links.

American Psychological Association (APA): Office on Sexual Orientation and Gender

Diversity

Website: https://www.apa.org/pi/lgbt













Description: American Psychological Association (APA): Advancing the creation, communication, and application of psychological knowledge on gender identity and sexual orientation to benefit society and improve lesbian, gay, bisexual, and transgender people's lives.

Gay, Lesbian and Straight Education Network

Website: https://www.glsen.org/

Description: strives to assure that each member of every school community is valued and

respected regardless of sexual orientation or gender identity/expression.

Gay-Straight Alliance Network (GSA Network)

Website: https://gsanetwork.org/

Description: GSA Network is a next-generation LGBTQ racial and gender justice organization that empowers and trains gueer, trans and allied youth leaders to advocate, organize, and

mobilize an intersectional movement for safer schools and healthier communities.

American Civil Liberties Union

Website: https://www.aclu.org/issues/lgbtg-rights

Description: The ACLU works to ensure that lesbian, gay, bisexual, transgender and queer people can live openly without discrimination and enjoy equal rights, personal autonomy, and freedom of expression and association.

Safe Schools Coalition

Website: http://www.safeschoolscoalition.org/

Description: works to help schools become safe places where every child can learn regardless

of gender identity or sexual orientation.

National Alliance on Mental Illness (NAMI): LGBTQI Journey

Website: https://www.nami.org/Your-Journey/Identity-and-Cultural-Dimensions/LGBTQI

Description: Identity and Cultural Dimensions

The Association of LGBTQ+ Psychiatrists:

Website: http://www.aglp.org/

Description: a community of psychiatrists that educates and advocates on LGBTQ+ mental

health issues.

The National LGBTQIA+ Health Education Center

Website: https://www.lgbtgiahealtheducation.org/

Description: The Education Center specializes in providing national training and technical assistance (T/TA) to health centers in order to optimize access to quality health care for

LGBTQIA+ populations.

The Child Mind Institute

Website: https://childmind.org/article/how-to-support-lgbtq-children/

Description: How to be supportive, keeping kids safe, telling other family members

IN SPANISH: https://childmind.org/article/como-apoyar-a-los-ninos-lgbtq/













The National LGBTQIA+ Health Education Center: Resources

Introduction to LGBTQIA+ Health

https://www.lgbtqiahealtheducation.org/resources/in/introduction-to-lgbtqia-health/

- LGBTQIA+ Children and Youth

Website: https://www.lgbtqiahealtheducation.org/resources/in/lgbtqia-youth/

LGBTQIA+ Older Adults

Website: https://www.lgbtqiahealtheducation.org/resources/in/lgbtqia-older-adults/

- LGBTQIA+ Glossary of Terms for Health Care Teams

Website: https://www.lgbtqiahealtheducation.org/wp-content/uploads/2020/10/Glossary-2020.08.30.pdf

Description: Becoming familiar with terms used by lesbian, gay, bisexual, transgender, queer, intersex, asexual, and other sexual and gender minorities (LGBTQIA+) can help you provide patients with the highest quality care. In this glossary, you will find terms relevant to the health care and identities of LGBTQIA+ people.

IN SPANISH: https://www.lgbtqiahealtheducation.org/wp-content/uploads/2018/03/National-LGBT-Health-Education-Center-Glossary.SPANISH-2018.pdf

Partnership to End Addiction: Affirming our LGBTQ+ Youth

Website: https://drugfree.org/how-to-protect-lgbtq-youth-from-the-risks-and-harm-of-substance-use/

Description: As a parent or caregiver, your love, acceptance and support are essential to promoting your child's well-being. It can significantly decrease an LGBTQ+ teen's likelihood of substance use and improve their mental health.

Partnership to End Addiction: Why LGBTQ+ Youth Are at Increased Risk for Substance Use & How You Can Help

Website: https://drugfree.org/article/reducing-substance-use-risk-among-lgbtq-youth/ **Description:** Mental health & substance use, Additional risk factors and Protecting your LGBTQ+ child.

Partnership to End Addiction: How to Protect Your LGBTQ+ Child from the Risk of Substance Use

Website: https://drugfree.org/article/how-to-protect-your-lgbtq-child-from-the-risk-of-substance-use/

Description: From mood swings to rebellion, the teen years can be a time of risk-taking and limit-testing. Ever-changing social media posts, friendships, classes, clubs, family responsibilities, romantic interests and more freedom can lead to a sense of belonging, excitement, and happiness one moment while resulting in feelings of isolation, anxiety, sadness and low self-esteem in the next.

CDC: Health Disparities Among LGBTQ Youth

Website: https://www.cdc.gov/healthyyouth/disparities/health-disparities-among-lgbtg-youth.htm













Partnership to End Addiction: LGBTQ+ Resources Looking for LGBTQ-Friendly Treatment for Your Child? Here are 9 questions to ask.

Website: https://drugfree.org/article/looking-for-lgbtq-friendly-treatment-for-your-child-here-are-9-questions-to-ask/

Description: Whether outpatient or inpatient, not all treatment programs are alike, nor do they all offer the same services. LGBTQ patients, and especially transgender patients, have high rates of leaving treatment before completion. Lack of support, inadequate facilities, therapists who don't understand, disrespect by staff and bullying by other patients are all reasons that LGBTQ people leave early. The following are questions to consider when choosing an affirming treatment program for your child.

Partnership to End Addiction: Resources for Parents and Caregivers of LGBTQ+ Youth Website: https://drugfree.org/article/resources-for-parents-and-caregivers-of-lgbtq-youth/
Description: The stigma and discrimination often experienced by LGBTQ+ youth increase their risk for substance use and addiction. You can protect and support your child by affirming their identity. The following organizations are a great place to begin connecting with the LGBTQ+ community and discovering how to become a stronger ally for your child.

Partnership to End Addiction: Considerations for Medication to Treat Opioid Disorder Within the LGBTQ+ Community

Website: https://drugfree.org/article/considerations-for-using-medication-to-treat-opioid-disorder-within-the-lqbtq-community/

Description: Unfortunately, the LGBTQ+ community experiences higher rates of opioid use disorder (OUD) than people in the sexual and gender majority. Here are some considerations for Medication to Treat Opioid Disorder Within the LGBTQ+ Community.

American Foundation for Suicide Prevention: Additional Resources

Website: https://afsp.org/search-results/?query=lgbt

American Foundation for Suicide Prevention (AFSP): Preventing suicide in LGBTQ communities

Website: https://afsp.org/preventing-suicide-in-lgbtq-communities

Description: AFSP is focused on sharing and expanding suicide prevention strategies, programs, research initiatives, and public policies to prevent suicide in LGBTQ communities and supporting the mental health and wellbeing of LGBTQ people.

American Foundation for Suicide Prevention: AFSP-funded LGBTQ research studies and publications

Website: https://afsp.org/afsp-funded-lgbtq-research-studies-and-publicationsv

Description: AFSP encourages research on suicide, suicide risk, and suicide prevention in the LGBTQ community. A better understanding of this increased suicidal ideation and behavior is needed across a wider range of samples and data collection methods.

AFSP: Talk Saves Lives™ An Introduction to Suicide Prevention in the LGBTQ

Community

Website: https://afsp.org/talk-saves-lives#talk-saves-lives---lgbtq













Description: The newly updated module of this essential program, Talk Saves Lives™: An Introduction to Suicide Prevention in the LGBTQ Community gives participants essential and lifesaving understanding of topics.

Oregon Family Support Network & Family Acceptance Project®

Website: https://oregonlgbtgresources.org/

Description: welcoming your child's LGBTQ friends is one of more than 50 ways that parents

and caregivers can help reduce risk and increase well-being for LGBTQ youth.

Oregon Family Support Network & Family Acceptance Project®

Evidence-Based Family guidance Resources

Website: https://oregonlgbtqresources.org/evidence-based-resources/

National Coalition for LGBT Health

Website: https://healthlgbt.org/

Description: The Coalition is committed to improving the health and well-being of lesbian, gay, bisexual, and transgender individuals through federal and local advocacy, education, and research. The Coalition strives to address the entire LGBT community, including individuals of every sexual orientation, gender, gender identity, race, ethnicity, and age regardless of disability, income, education, and geography. The Coalition is an initiative of Health HIV, a national nonprofit focused on health equity.

Mental Health Coalition: Roadmap to LGBTQ+ Mental Health

Website: https://www.thementalhealthcoalition.org/wp-content/uploads/2021/06/MHC Roadmap LGBTQ.pdf

Parents, Families, and Friends of Lesbians and Gays (PFLAG)

Website: https://pflag.org/find-a-chapter

Description: PFLAG is the first and largest organization for lesbian, gay, bisexual, transgender, and queer (LGBTQ+) people, their parents and families, and allies.

The National Queer & Trans Therapists of Color Network

Website: https://ngttcn.com/en/

Description: This is a healing justice organization committed to transforming mental health for

gueer and trans people of color.

The National Center for Transgender Equality

Website: https://transequality.org/

Description: The National Center for Transgender Equality offers resources for transgender

individuals, including information on the right to access health care.

Services & Advocacy for GLBT Elders (SAGE)

Website: https://www.sageusa.org/

Description: SAGE is a national advocacy and services organization that has been looking out

for LGBT elders since 1978.

Mental Health America: How do I find LGBTQ friendly therapy?

Website: https://screening.mhanational.org/content/how-do-i-find-lgbtq-friendly-therapy/













Description: access the website to view information on how to find an LGBTQ friendly therapist.

Mental Health America: LGBTQ+ Mental Health: Insights from MHA Screening Website: https://www.mhanational.org/lgbtg-mental-health-insights-mha-screening

Description: This website shows the results of a mental health screening of LGBTQ+ people.

The report and key findings can be downloaded.

MHTTC: National LGBT Health Awareness Week 2021

Website: https://mhttcnetwork.org/centers/global-mhttc/national-lgbt-health-awareness-week-

2021

Description: Here are some of the products and resources developed by the MHTTC.

Kindred Southern Healing Justice Collective

Website: http://kindredsouthernhjcollective.org/

Description: A collective of anti-oppression grassroots healers based in the traditions and practices of energy, body, earth-based traditions, and birth workers grassroots medical practitioners, social workers, nurses, counselors, cultural workers and organizers who are based in the South.

Transgender Law Center

Website: https://transgenderlawcenter.org/

Description: Transgender Law Center works to change law, policy, and attitudes so that all people can live safely, authentically, and free from discrimination regardless of gender identity

or expression

The Audre Lorde Project Website: https://alp.org/

Description: The Audre Lorde Project is a Lesbian, Gay, Bisexual, Two Spirit, Trans and Gender Non-Conforming People of Color community organizing center, focusing on the New

York City area.

Queer Crescent Healing

Website: http://www.gueercrescent.org/

Description: Queer Crescent is building community, safety, healing arts and justice with

LGBTQIA+ Muslims

Bay Area Transformative Justice Collective

Website: https://batjc.wordpress.com/

Description: BATJC is a community group based out of Oakland, CA working to build and

support transformative justice responses to child sexual abuse.

Fireweed Collective Support Groups

Website: https://fireweedcollective.org/support-groups/

Description: Fireweed Collective offers mental health education and mutual aid through a Healing Justice lens. The Icarus Project is a support network and education project by and for people who experience the world in ways that are often diagnosed as mental illness. We advance social justice by fostering mutual aid practices that reconnect healing and collective













liberation.

It Gets Better Project

Link: LGBTQ+ Glossary – It Gets Better

Description: Helpful resources from understanding the terminology of the LGBTQ acronyms

provided by the It Gets Better Project

True Colors United

Link: https://truecolorsunited.org/2018/02/22/lgbt-lgbtq-acronyms-explained/

Description: Helpful resources from understanding the terminology of the LGBTQ acronyms

provided by the True Colors United, from the It, Gets Better Project

National LGBTQIA+ Health Education Center

Link: https://www.lgbtgiahealtheducation.org/

Description: Helpful resources from understanding the terminology of the LGBTQ acronyms provided by the National LGBTQIA+ Health Education Center, from the Fenway Institute

The TREVOR Project- Saving Young

Link: https://www.thetrevorproject.org/

Description: A message announcing the advocate of the year to Lis Nas X as the LGBTQ advocate of the year by The Trevor Project for their unwavering support of LGBTQ youth

Myra Laramee- Urban and Inner-City Studies

Link: https://www.uwinnipeg.ca/urban-inner-city-studies/faculty/myra-laramee.html

Description: Additional information of Myra Laramee, an Aboriginal Awareness Consultant, Aboriginal Education Directorate, Manitoba Education of Urban and Inner-City Studies at The University of Winnipeg

Two-Eyed Seeing

Link: http://www.integrativescience.ca/Principles/TwoEyedSeeing/

Description: Additional information on the Two-Eyed Seeing principle by the Institute for Integrative Science and Health, from Cape Breton University.

LGBTQ+ Panic Defense

Link: a9a5725d-46f6-45c2-bb0e-8009dcec37df.pdf (constantcontact.com)

Description: Additional information on the LGBTQ+ Panic Defense, defined as a legal strategy that asks a jury to find that a victim's sexual orientation or gender identity/expression is to blame for a defendant's violent reaction, including murder.

Inua

Link: https://www.wag.ca/event/inua/

Description: Additional information on the group exhibition INUSA from an all-Inuit group of curators at the Winnipeg Art Gallery (WAG) in Winnipeg, Manitoba, CA.

What's Your Name When You're Home

Link: https://www.penumbrafoundation.org/project-space-at-home

Description: Additional information about Jenny Irene Miller's work by Sabrina Mandanici, Penumbra Foundation, from Project Space. A 300 square foot space that offers emerging and mid-career artists a place to present their work.





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HEARD

Website: https://behearddc.org/

Description: HEARD is a cross-disability abolitionist organization that unites across identities, communities, movements, and borders to end ableism, racism, capitalism, and all other forms of

oppression and violence.

Global Forum: Pride & Resilience Out & Equal

Link: https://outandequal.org/mental-health-awareness-month/

Over more than 20 years, Summit has become the preferred place to network and share strategies that create inclusive workplaces where everyone belongs and where LGBTQ employees can be out and thrive. The 2021 Summit will take place as a virtual event on October 6-8, 2021.

Rainbow Resource Centre

Link: https://rainbowresourcecentre.org/

Description: non-profit organization that serves the 2SLGBTQ+ community in Manitoba and

Northwestern Ontario.

Transgender Resource Center of New Mexico

Link: https://tgrcnm.org/

Description: We provide advocacy, education, and direct services in support of transgender,

gender nonconforming, nonbinary, and gender variant people and their families.

True Colors United

Link: https://truecolorsfund.org/

Description: True Colors United implements innovative solutions to youth homelessness that

focus on the unique experiences of LGBTQ young people.

Coming of age: N.W.T. elders host gender-inclusive rite of passage camp

Link: https://www.cbc.ca/news/canada/north/lgbtq2-gender-fluid-dene-ceremony-fort-

providence-1.5239456

Description: Ari Cardinal Lennie, 12, who identifies as gender-fluid and pansexual, participated in a rite of passage at a camp on the land outside of Fort Providence last weekend. These rites traditionally enforce gender norms, a practice that does not accommodate all youth.

LGBT Ally Toolkit Amnesty International, 2016

Link: https://www.amnestyusa.org/pdfs/LGBT Ally Toolkit 11-3-16.pdf

Standing with LGBT Prisoners: An Advocate's Guide to Ending Abuse and Combating Imprisonment

Link: https://transequality.org/issues/resources/standing-lgbt-prisoners-advocate-s-guide-

ending-abuse-and-combating-imprisonment

Description: National Center for Transgender Equality, 2014

The Just Practice Collaborative

Website: https://just-practice.org/just-practice-collaborative

Description: The Just Practice Collaborative is a training and mentoring group focused on sustaining a community of practitioners that provide community-based accountability and













support structures for all parties involved with incidents and patterns of sexual, domestic, relationship, and intimate community violence.

Resource Videos on Identity, Terminology, and Ways to Support Identities

Link: https://www.youtube.com/watch?v=CoE7gdkHpCs

Description: Learn from Shaquita L Bell, MD (Cherokee), interim medical director for Odessa Brown Children's Clinic and the medical director of the Center for Health Equity and Diversity at Seattle Children

National Organization of People of Color Against Suicide

Website: http://nopcas.org/

Description: Helping communities of color deal with suicide issues.

Rest For Resistance – QTPoC Mental Health Website: https://restforresistance.com/about

Description: A grassroots trans-led org that creates online and offline spaces for trans & queer

people of color to practice being our whole selves.

Sins Invalid

Website: https://www.sinsinvalid.org/

Description: A disability justice-based performance project that incubates and celebrates artists with disabilities, centralizing artists of color and LGBTQ / gender-variant artists as communities who have been historically marginalized.

Trans People of Color Coalition

Website: https://transpocc.org/

Description: TPOCC promotes the interest of trans people of color.

Southerners on New Ground (SONG)

Website: https://southernersonnewground.org/

Description: SONG is a home for LGBTQ liberation across all lines of race, class, abilities, age, culture, gender, and sexuality in the South. We build, sustain, and connect a southern regional base of LGBTQ people in order to transform the region through strategic projects and campaigns developed in response to the current conditions in our communities.

Transgender Professional Association for Transgender Health

Website: https://tpathealth.org/

Description: The Transgender Professional Association for Transgender Health is the first global transgender healthcare organization headed by trans-identified health care professionals, broadly identified as researchers, clinicians, providers-in-training, activists and other service-oriented experts.

LBTQ MAP: Talking About LGBTQ Issues

Website: https://www.lgbtmap.org/talking-about-lgbt-issues-series

Description: This is a series of guides based on resources gathered by the Movement Advancement Project, which are designed to help shape discussions and deepen understanding of key issues of importance to lesbian, gay, bisexual, and transgender people.













LBTQ MAP Conversation Guides

Talking About Suicide & LGBT Populations (English)

https://www.lgbtmap.org/file/talking-about-suicide-and-lgbt-populations-2nd-edition.pdf

Talking About Nondiscrimination Protections for LGBT People (English)

https://www.lgbtmap.org/file/talking-about-nondiscrimination-protections-lgbt-people.pdf

Rural Community Flyer (English)

https://www.lgbtmap.org/file/Rural%20Community%20Flyer.pdf

Infographic: LGBT Seniors and Social Isolation (English)

https://www.lgbtmap.org/file/Infographic-Social-Isolation-Elders-English.pdf

Pride Institute

Website: https://pride-institute.com/

Description: Available 24/7, this organization provides a chemical dependency and mental

health referral and information hotline for the LGBTQ+ community.

Human Rights Campaign Healthcare Equality Index

Website: https://www.hrc.org/

Description: The Human Rights Campaign provides the national LGBTQ benchmarking tool, which evaluates healthcare facilities policies and practices related to LGBTQ patients, visitors, and employees.

It Gets Better Project

Website: https://itgetsbetter.org/

Description: This is a nonprofit organization with a mission to uplift, empower, and connect LGBTQ+ youth around the globe. Their website offers education, stories, and directory of local resources to help get the support your loved one needs.

Q Card Project

Website: http://www.gcardproject.com/

Description: The Q Card is a simple and easy to use communication tool designed to empower

LGBTQ youth to become actively engaged in their health, and to support the people who

provide their care.

Q Chat Space

Website: https://www.gchatspace.org/

Description: Q Chat Space is a digital LGBTQ+ center where teens join live-chats

professionally facilitated, online support groups. Also available in Spanish.

Society for Sexual, Affectional, Intersex, and Gender Expansive Identities (SAIGE)

Website: https://saigecounseling.org/

Description: Our mission is to advocate for the voice, equity, and inclusion of LGBTGEQIAP+ persons within the counseling profession and beyond and to promote the professional development of counselors and related professionals to ensure that all LGBTGEQIAP+ individuals receive ethical, culturally inclusive, liberating services that attend to all aspects of their intersectional identities.













Trans Lifeline

Website: https://translifeline.org/resources/

Description: Trans Lifeline is a grassroots hotline and microgrants 501(c)(3) non-profit organization offering direct emotional and financial support to trans people in crisis – for the

trans community, by the trans community

The Family Acceptance Project®

Website: https://familyproject.sfsu.edu/

Description: is a research, intervention, education and policy initiative to prevent health and mental health risks for lesbian, gay, bisexual, transgender and queer-identified (LGBTQ) children and youth, including suicide, homelessness, drug use and HIV — in the context of their families, cultures and faith communities. We use a research-based, culturally grounded approach to help ethnically, racially and religiously diverse families learn to support their LGBTQ children.

Family Acceptance Project: Best Practice for Suicide Prevention Booklet

Website: https://familyproject.sfsu.edu/sites/default/files/FAP_English Booklet_pst.pdf
Description: Supportive Families, Healthy Children: Helping Families with Lesbian, Gay,

Bisexual & Transgender Children

In Spanish: https://familyproject.sfsu.edu/spanish_brochure

University of California San Francisco: LGBT Resource Center

Website: https://lgbt.ucsf.edu/pronounsmatter

Description: Pronouns Matter! Pronouns are used in every day speech and writing to take the place of people's names. We frequently use them without thinking about it. Often, when speaking of someone in the third person, these pronouns have a gender implied. These associations are not always accurate or helpful.

Partnership to End Addiction:

Families and Faith: Coming Together to Support Your Loved One's Recovery

Description: There are communities within many faith groups that are supportive and inclusive of LGBTQ+ members. Looking into what faith teachings say about LGBTQ+ people may deepen your own faith in the course of affirming your child. Please find below some of these faith communities listed:

Association of Welcoming & Affirming Baptists

Website: https://awab.org/

New Ways Ministry (Catholic resources)

Website: https://www.newwaysministry.org/resources/parishes/

Reconciliation Works: Lutherans for Full Participation Website: https://www.reconcilingworks.org/resources/sogi/

Human Rights Campaign Resources for the Mormon Church

Website: https://www.hrc.org/resources/stances-of-faiths-on-lgbt-issues-church-of-jesus-christ-

of-latter-day-saint













More Light Presbyterians
Website: https://mlp.org/youth/

The United Methodist Church: LGBTQ Rights

Website: https://www.umcjustice.org/what-we-care-about/civil-and-human-rights/lgbtg-rights

A Common Bond: Ex-Jehovah's Witnesses LGBTQ+ support group

Website: http://gayxjw.org/support

Muslims for Progressive Rights: LGBTQI Resources Website: https://www.mpvusa.org/lgbtgi-resources

Jewish Queer Youth (JQY)

Website: https://www.jqyouth.org/lgbtq-jewish-orgs/

Unitarian Universalist Association: Lesbian, Gay, Bisexual, Transgender, and Queer

Justice

Website: https://www.uua.org/lgbtg/welcoming/print-resources

NQAPI: Hinduism Resources

Website: https://www.nqapia.org/wpp/hinduism-resources/

Rainbodhi (Buddhist) Resources

Website: https://rainbodhi.org/resources/

- LGBTQIA+ People of Color

Website: https://www.lgbtgiahealtheducation.org/resources/in/lgbtgia-people-of-color/

- LGBTQIA+ Glossary of Terms for Health Care Teams

Website: https://www.lgbtqiahealtheducation.org/wp-content/uploads/2020/10/Glossary-2020.08.30.pdf

Description: Becoming familiar with terms used by lesbian, gay, bisexual, transgender, queer, intersex, asexual, and other sexual and gender minorities (LGBTQIA+) can help you provide patients with the highest quality care. In this glossary, you will find terms relevant to the health care and identities of LGBTQIA+ people.

IN SPANISH: https://www.lgbtqiahealtheducation.org/wp-content/uploads/2018/03/National-LGBT-Health-Education-Center-Glossary.SPANISH-2018.pdf













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