



What LGBTQIA2S+ BIPOC want Prevention Professionals to Know?

LGBTQIA2S+ Latino resources

April, 2022.

Inclusivity Statement: the National Hispanic and Latino PTTC understands that there is a lot of important discussion focusing on the terminology individuals choose to use for racial, ethnic, heritage, and cultural identification. There are different terms such as Latinos, Latinas, Hispanics, Latinx, Latine, Chicano, and others, all equally valuable. We advocate for self-identification for every person. For purposes of this resource and additional materials, our Center will be using the term Latina and Hispanic.

What LGBTQIA2S+ BIPOC want Prevention Professionals to Know? **Directory of resources**

The Central East PTTC, Central East ATTC, National American Indian & Alaska Natives PTTC, and the National Hispanic and Latino PTTC joined efforts to proudly present a 4-part virtual learning series titled 'What LGBTQIA2S+ BIPOC want Prevention Professionals to Know?' last summer.

In case you missed these events, and you would like to access the sessions, please see below:

[Understanding the historical information behind the challenges and the risk factors of the LGBTQIA2S+ BIPOC \(Part 1\)](#)

[Enhancing the protective factors for the LGBTQIA2S+ BIPOC \(Part 2\)](#)

[Moving the needle: How to improve the current behavioral health system to increase engagement and retention of LGBTQIA2S+ BIPOC? \(Part 3\)](#)

[How can we transform this information into actionable and practical steps to enhance service delivery to the LGBTQIA2S+ BIPOC and make a difference? \(Part 4\)](#)

During each session, panelists shared their experiences as subject matter experts and/or lived experiences. The sessions were very well received by the participants.

Our community asked us to provide additional resources around LGBTQIA2S+ BIPOC populations. As a result of this request, our team put together an extensive list of articles, trainings, websites, materials and you can access the information and share it with your family, friends and colleagues.

Thank you!
¡Gracias!
Obrigado!

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What LGBTQIA2S+ BIPOC want Prevention Professionals to Know?

Disclaimer

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Resources for the LGBT Latino population

Substance Abuse and Mental Health Services Administration

Website: <https://www.samhsa.gov/behavioral-health-equity/lgbt>

Description: Resources on the LGBT population include national survey reports, agency and federal initiatives, and related behavioral health resources.

September is National Suicide Prevention Awareness Month: LGBT

Website: <https://pttcnetwork.org/centers/national-hispanic-latino-pttc/product/september-national-suicide-prevention-awareness-month>

Description: Short video message developed by the National Hispanic and Latino PTTC available in English, Spanish and Portuguese.

IC-RACE - Immigration, Critical Race, And Cultural Equity Lab

Website: <https://icrace.org/>

Description: Founded and co-directed by Dr. Hector Y. Adames and Dr. Nayeli Y. Chavez-Dueñas, the Immigration, Critical Race, And Cultural Equity (IC-RACE) Lab investigates topics related to immigration, culture, and race in psychology and develops models, programs, and interventions that are designed to promote and support psychological wellness within different Communities of Color.

Our Collective Healing: A Toolkit for Queer and Trans People of Color (QTPOC)

Website: <https://icrace.files.wordpress.com/2021/06/final-qt poc-toolkit-1-1.pdf>

Psychosocial therapy

Website: <https://psychosocialtherapy.com/>

Description: They specialize in working with the Latinx community, LGBTQ+ community, and BIPOC folx. We provide therapy in both English and Spanish.

Their approach is simple: create a space that allows for manifesting, healing, and growth. Through various perspectives, philosophies, social justice, and theoretical orientations we provide individuals with the tools they need to embrace themselves unapologetically and radically.

National Hispanic and Latino MHTTC

Webinar (in Spanish): La Comunidad Latina LGBT+: Las consecuencias de la Interseccionalidad y el uso del Modelo Afirmativo en el trabajo con poblaciones Latinx

Website: <https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhttc/product/webinar-la-comunidad-latina-lgbt-las>

Description: El estrés es un factor común en nuestra sociedad que nos impacta diariamente. Este factor de estrés es mayor en comunidades marginalizadas. Por décadas, el Estado ha marginalizado y estigmatizado a la comunidad LGBT+. Para comunidades latinx, el ser parte de este grupo minoritario también aumenta los niveles de estrés. Este webinar discutirá el Modelo de Estrés Minoritario el cual aborda el estrés excesivo al cual individuos de categorías sociales estigmatizadas se exponen al ser parte de su posición social y el impacto de estas variables e la salud mental. Además el presentador discutirá cómo los valores sociales pueden formar los mecanismos de manejo que se utilizan para manejar dichos estresores.

National Hispanic and Latino MHTTC

Webinar: The Latinx LGBTQ+ Community: The consequences of Intersectionality and the Use of the Affirmative Model for Latinx Populations

Website: <https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhttc/product/webinar-latinx-lgbt-community-consequences>

Description: Stress is a common factor in our society that affects and impacts us daily. For marginalized communities, the stress factor increases. For decades, the LGBTQ+ community has been a marginalized and stigmatized by the State. For Latinxs being part of an ethnic minority increases the stress factor. This webinar will discuss the Minority Stress Model as it describes the excessive stress to which individuals of stigmatized social categories are exposed as a result of their social position, and its impact on mental health. Furthermore, the presenter will address how Latinx cultural values can shape the coping mechanisms used to manage these stressors. The presentation will discuss the LGBTQ+ Affirmative Model as a recommended approach to work with Latinx LGBTQ+ communities with mental health challenges. This model works mainly with the acceptance of sexual orientation and gender identity / expression of the person served and requires that mental health professionals have the knowledge and sensitivity necessary to work with the community.

National Hispanic and Latino MHTTC

Webinar: Barriers in Mental Health Services for Trans, Queer and Non-binary Latinx Communities

Website: <https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhttc/product/barriers-mental-health-services-trans-queer-and>

Description: This webinar will start defining the basic concepts that comprehend the LGBTQ+ community. These concepts will set the tone to understand how minority groups become vulnerable populations in Latinx communities. Our main objective is to promote sensible, empathic, and effective treatment strategies for the provision of mental health services.

National Hispanic and Latino MHTTC

Webinar (in Spanish): Barreras en los Servicios de Salud Mental de la Comunidad Trans, Cuir y No Binaria

Website: <https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhttc/product/barreras-en-los-servicios-de-salud-mental-de-la>

Description: En este webinar comenzamos conociendo los conceptos básicos de la comunidad LGBT. Además, nos adentramos al contexto psicosocial de la comunidad trans, cuir y no binaria para poder ser empáticos, sensibles y efectivos en la provisión de servicios de salud a esta población.

National Hispanic and Latino MHTTC

3-part Webinar series: Addressing Our Bias when Working with the LGBTQ+ Community

Description: LGBTQ communities face health disparities linked to stigma, discrimination, and denial of their civil and human rights. LGBTQ+ individuals have higher rates of psychiatric disorders, substance use, violence, and suicide and may encounter a lack of acceptance by their family members and society which affects their mental health and personal safety. This webinar series will be served to explore how bias impact our worldview and the work with the LGBTQ+ population, to identify health disparities among LGTB+ population, and to explore interventions to create a safe space and minimize the impact of implicit bias.

- **Part I: Identifying Our Bias and its Impact on Our Work**
<https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhffc/product/webinar-addressing-our-bias-when-working-lgbt>
- **Part II: Understanding Health Disparities Among the LGBTQ community**
<https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhffc/product/webinar-addressing-our-bias-when-working-lgbtq>
- **Part 3: Interventions when working with LGBTQ+ Community**
<https://mhttcnetwork.org/centers/national-hispanic-and-latino-mhffc/product/webinar-addressing-our-bias-when-working-lgbtq-0>

Intersectionality in Psychotherapy: The Experiences of an AfroLatinx Queer Immigrant
Website: <https://psycnet.apa.org/fulltext/2018-11631-009.pdf>

Talking About LGBT Equality with Latinos & Hispanics (English)
<https://www.lgbtmap.org/file/talking-about-lgbt-equality-with-latinos-and-hispanics.pdf>

Talking About LGBT Equality with Latinos & Hispanics (Spanish)
<https://www.lgbtmap.org/file/conversando-con-latinos-sobre-temas-y-personas-gays.pdf>

Talking About Nondiscrimination Protections for LGBT People (Spanish)
<https://www.lgbtmap.org/file/c%C3%B3mo-hablar-sobre-las-protecciones-antidiscriminatorias-para-personas-lgbt.pdf>

The TransLatin@ Coalition (TLC)
Website: <https://www.translatinacoalition.org/>

Description: was founded in 2009 by a group of Transgender and Gender nonconforming and Intersex (TGI) immigrant women in Los Angeles, California, as a grassroots response to address the specific needs of TGI Latin@ immigrants who live in the United States.

Talking About Suicide & LGBT Populations (Spanish)
<https://www.lgbtmap.org/file/como-hablar-sobre-el-suicidio-y-las-poblaciones-lgbt-segunda-edicion.pdf>

Rural Community Flyer (Spanish)
<https://www.lgbtmap.org/file/Rural-Community-Flyer-Spanish.pdf>
Latino LGBT People & the Criminal Justice System (English)
<https://www.lgbtmap.org/file/lgbt-criminal-justice-latino-english.pdf>

Latino LGBT People & the Criminal Justice System (Spanish)
<https://www.lgbtmap.org/file/lgbt-criminal-justice-latino-espanol.pdf>

Infographic: LGBT Seniors and Social Isolation (Spanish)
<https://www.lgbtmap.org/file/Infographic-Social-Isolation-Elders-Spanish.pdf>



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At the time of this publication, Miriam E. Delphin-Rittmon, Ph.D, served as Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services and the Administrator of the Substance Abuse and Mental Health Services Administration.

The opinions expressed herein are the view of PTTC Network and do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this document is intended or should be inferred.

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