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The Impact of Alcohol Use on Hmong Communities



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Hmong Culture and Alcohol

- Alcohol is an integral part of Hmong wedding negotiations, wedding ceremonies, social occasions, and religious/spiritual rituals.
- Alcoholism and alcoholics are shunned in the community.



Hmong Table Manners

Basics

Let's review:
Let's review: in seat position number 14

1. So far you're in seat position number 14
2. Your Flow of Drink is from LEFT to RIGHT
2. Your Flow of Drink is from LEFT to RIGHT
3. Add your drink your cup on the right

The diagram shows a rectangular table with a grid of 12 seats. The seats are numbered 1 through 12. Two cups are placed on the table, one in seat 14 and one in seat 18. A red arrow points from left to right across the table, indicating the flow of drink. The text 'Flow of Drink' is written below the arrow.

	1	2	3	4	5	6	7	8	9	10	11	12
	13	14	15	16	17	18	19	20	21	22	23	24

Alcohol Abuse

- Trauma – PTSD
- Mental Health
 - Depression
 - Little support and lack of understanding from the community
- Life events (e.g., divorce, death, losing a job)
- Peer pressure

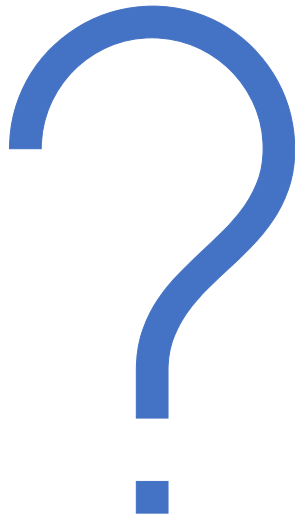


Needs in Our Community



- Make services accessible to the Hmong Community
- Have more culturally competent providers
- Have more culturally appropriate services
- Community outreach and education on alcoholism and the effects of alcohol
- Materials (e.g., videos, brochures) in Hmong
- Encourage and support the education and licensing of Hmong Professions in these fields (MH/AODA)
- Collect better data to make more informed decisions

Any Questions



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