



List of resources on Suicide Prevention developed by the National Hispanic and Latino Prevention Technology Transfer Center

Short video messages (2021)

Title: Current State of Mental Health and Suicide Prevention Among Hispanic and Latino LGBTQ+ Youth

English: [2021 National Suicide Prevention Awareness Month](#)

Spanish: [2021 Mes Nacional de Prevención del Suicidio](#)

Portuguese: [2020 Mês Nacional de Conscientização sobre a Prevenção do Suicídio](#)

Short video messages (2020)

English: [2020 National Suicide Prevention Awareness Month](#)

Spanish: [2020 Mes Nacional de Prevención del Suicidio](#)

Portuguese: [2020 Mês Nacional de Conscientização sobre a Prevenção do Suicídio](#)

Fact Sheet (2020) developed in partnership with the American Foundation for Suicide Prevention

English: [2020 Suicide Prevention Amongst Hispanics and Latinos](#)

Spanish: [La Prevención Del Suicidio Entre Hispanos y Latinos](#)

Portuguese: [Prevenção do Suicídio Entre Hispânicos e Latinos](#)

Webinar (2020)

English: [Suicide Prevention: Identifying and Modifying Risk Factors That Can Lead To Suicide Attempts In Latino Youth](#)

Spanish: [Prevención del Suicidio: Identificación y Modificación de los Factores de Riesgo](#)

Portuguese: [Prevenção do Suicídio: Identificando e Modificando Fatores de Risco](#)

Webinar (2020)

English: [Life is Precious™: A Community Defined Practice Suicide Prevention Program for Latina Adolescents](#)

Spanish: [Life is Precious™: Un programa de prevención del suicidio de práctica definida por la comunidad](#)

Portuguese: [Life is Precious™: Um Programa de Práticas Comunitárias de Prevenção do Suicídio](#)

English: [Suicide Prevention, Everyone can Help. Preventing Suicide in the Latino Community](#)

Spanish: [Prevención del Suicidio. Todos pueden ayudar](#)

Portuguese: [Prevenção ao Suicídio. Todos podem Ajudar](#)



National Hispanic and Latino

PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

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Additional resources

National Suicide Prevention Lifeline

Toll Free: 1-888-628-9454

English: 1-800-273-TALK (8255)

(TTY): 1-800-799-4TTY (4889)

Spanish: <https://suicidepreventionlifeline.org/help-yourself/en-espanol/>

English: <http://www.suicidepreventionlifeline.org>

SAMHSA's National Helpline

Toll-Free: 1-800-662-HELP

24/7/365 Treatment Referral Information Service in Spanish and English

Website: <http://www.samhsa.gov/find-help/national-helpline>

SAMHSA's Disaster Distress Helpline

Toll Free: 1-800-985-5990 (Spanish and English)

Text in Spanish: Envíe "Háblanos" to 66746

Text in English: "TalkWithUs" to 66746

(TTY): 1-800-846-8517

English: <http://www.disasterdistress.samhsa.gov>

Spanish: <https://www.samhsa.gov/disaster-distress-helpline/espanol>

SAMHSA Behavioral Health Treatment Services Locator Website

<https://findtreatment.gov>

[The Mountain Plains Prevention Technology Transfer Center has compiled the following research and resources for suicide prevention.](#)

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[Webinar: Back to School... Promoting Resiliency and Mental Health Wellness in Latino Children Part I](#)

[Webinar: Back to School... Promoting Resiliency and Mental Health Wellness in Latino Children Part II](#)

[Webinar: Back to School... Promoting Resiliency and Mental Health Wellness in Latino Children Part III](#)

[Latinos and Suicide: A Clinician's Guide to Prevention and Treatment Masterclass Part I](#)

[Latinos and Suicide: A Clinician's Guide to Prevention and Treatment Masterclass II](#)

[Latinos and Suicide: A Clinician's Guide to Prevention and Treatment Masterclass III](#)

[Latinos and Suicide: A Clinician's Guide to Prevention and Treatment Masterclass IV](#)



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[Suicide Prevention in Hispanic and Latinx Youth, the Impact of COVID-19 and Cultural Factors to Consider](#)

[Suicide-related risk in Latinx/Hispanic Youth](#)

[Mental Health Bytes: Mental Health Disparities Among Hispanic and Latino Populations](#)

[Suicide Attempts and Culturally Responsive Approaches for Latinos](#)

[Suicide Attempts Among Latina Adolescents: The State of Knowledge](#)

[Mental Health Bytes: Suicide Prevention for Young Latinas](#)

List of resources by the American Foundation for Suicide Prevention

[Mental health resources for underrepresented communities](#)

[Mental Health and the Latinx Community: How Counselors Can Encourage Resilience and Build Relationships](#)