## Essential Skills Gabrielsen

Use the following checklist for each prevention strategy with which you work. Check "yes" or "no" to indicate which elements of the Social Development Strategy (SDS) are being implemented. In the right-hand column, describe what is or is not being done for each element.

Once the checklist is complete, reflect on how many (if any) elements of the SDS are not being implemented within the strategy. Note what actions can be taken to add these elements to the strategy to ensure protective factors are created.

## Name of Strategy: \_\_\_\_\_

Consulting

	Yes	No	Description
Opportunities			
Are meaningful opportunities being offered?			
Are the opportunities developmentally appropriate?			
Are the opportunities matched to participants' individual characteristics and interests?			
Is there a "goldilocks" level of challenge (not too hard, not too easy)?			
Skills: Are the skills being taught			
Matched to youth's abilities?			
Developmentally appropriate?			
Providing quick successes for youth?			

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List the actions needed to address any elements above that have a "no" checkmark.

How can these elements be added to the strategy to ensure protective factors are being built?

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