Resources on Stigma

From the PTTC Network

Handouts and Guides

- Combating Stigma Against People Who Use Substances
- Going through the PACES: Stories of Substance Misuse Prevention and Resilience
- Understanding Stigma and the Consequences for Patients and Families
- <u>Lessons Learned Report: Preventing and Reducing Stigma of Substance Use in Rural Communities</u>
- Preventing and Reducing Stigma: First Responders
- Preventing and Reducing Stigma: Healthcare
- Preventing and Reducing Stigma: Law Enforcement
- Preventing and Reducing Stigma: Prevention
- Preventing and Reducing Stigma: Faith Leaders
- Preventing and Reducing Stigma: Education
- Preventing and Reducing Stigma: Criminal Justice
- Preventing and Reducing Stigma: Business
- Preventing and Reducing Stigma: Behavioral Health
- Addressing Stigma and Resource Needs Around COVID-19 for Asian-American, Native Hawaiian, and Pacific-Islander Communities
- Providing Culturally Relevant Crisis Services During COVID-19 (Part 3): Culturally Responsive Factors for Hmong Communities
- https://pttcnetwork.org/sites/default/files/2020-04/MEE%27sFramingOfOpioidMisuse2018.pdf

Recorded Webinars

- Managing Stigmatizing Language in Substance Misuse Prevention
- Stigma and Substance Use Prevention, Part 2: What Prevention Professionals and Others Can Do
- Stigma and Substance Use Prevention, Part 1: The Impacts of Stigma
- Preventing Substance Use Disorder Related Stigma
- Improving Health Outcomes for Diverse Populations, Part 1: Discrimination with Intention
 Cultural & Structural Racism

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SAMHSA'S Northwest (Region 10) Prevention Technology Transfer Center

- Are You Aware of Your Implicit Bias?
- Stigma Basics
- Preventing the Spread of Stigma Part 1: Changing Attitudes & Terminology
- Preventing the Spread of Stigma Part 2: Statewide Anti-Stigma Campaigns

Podcast Episodes

- Spotlight on Stigma Episode 1: First Responders
- Spotlight on Stigma Episode 2: Faith Leaders

Slides

- Addressing Stigma and Resource Needs Around COVID-19 for Asian-American, Native Hawaiian, and Pacific-Islander Communities (slides)
- Language Matters Presentation Slide
- A Substance Misuse Prevention Practitioner's Role in Reducing Stigma

Helpful Webpages

- Preventing and Reducing Stigma
- Supplemental Resources: The Role of Stigma
- Preventing and Reducing Stigma Web Page

Other Useful Resources

- Engaging Emergency Medical Services in Naloxone Distribution
- Building Great Rapport: How to Engage Patients with Unhealthy Substance Use
- Pharmacology for Prevention Specialists: Basics of Pharmacology and Alcohol
- Basics of Pharmacology and Alcohol

From the MHTTC Network

Handouts and Guides

- Walking in Recovery
- Classroom WISE: Replacing Stigmatizing Language
- Improving Depression Literacy

Recorded Webinars

Youth Mental Health Stigma



- EPLC | Early Detection of Possible Psychosis in Youth People: Is stigma linked with symptoms or at-risk identification?
- A Framework for Whole-Person Care in Behavioral Health
- Mental Health Stigma Reduction in Rural Schools
- Addressing the Role Stigma Plays in Death by Suicide
- Stigma, Shame, & Self
- Addressing our Bias when Working with the LGBT+ Community Part III
- Addressing our Bias when Working with the LGBT+ Community Part II
- Addressing our Bias when Working with the LGBT+ Community Part I
- Overcoming Mental Health Stigma
- Mental Wellness vs. Mental Illness
- Illness Identity and Recovery from Serious Mental Illness: Beating the Stigma of Mental Illness
- Illness Identity and Recovery from Serious Mental Illness
- Promoting Mental Health Awareness in Schools
- <u>Understanding Racial Injustice and Its Impact on Student Mental Health: Culturally Responsive Strategies to Promote Student Success</u>
- <u>Understanding Racial Injustice and Its Impact on Student Mental Health: Culturally Responsive Strategies to Promote Student Success</u> (slides)
- Stigma Reduction Among People with HIV to Improve Health Outcomes
- Elevating Language through COVID-19 Part 1 The Power of Language
- Elevating Language through COVID-19 Part II Creating the Elevating Message
- Improving Depression Literacy and Reducing Stigma in the Latino Community

Podcast Episodes

- Putting it Together: Listening to Voices of Lived Experience in Recovery
- Stigma, Shame, & Self
- Mental Wellness vs. Mental Illness with Aleks Martin

Other Useful Resources

- Addressing Suicide Disparity in Rural Communities
- Introduction to Building Capacity for Effective School-based Suicide Prevention
- The Therapeutic Benefits of Humor for Behavioral Health and Medical Professionals

From the ATTC Network

Handouts and Guides

- El consume de sustancias en la comunidad LGBTQ+
- Perinatal Stigma Prompt and Reminder Posters
- COVID-19 and the Latinx Community: Skills to reduce stress, stigma, and substance use
- Stigma: What is it?



- Language Matters: Using Affirmative Language to Inspire Hope and Advance Recovery
- Anti-Stigma Toolkit: Guide to Reducing Addiction-Related Stigma

Recorded Webinars

- Attitudes & Stigma Around Addiction
- Stigma, Language & Implicit Bias: Moving Toward Becoming a Stigma Free Provider
- Community Perceptions of Opioid Overdoses: Brains, Bias, and Best Practices
- Changing Language to Change Care: Stigma and Substance Use Disorders (slides)
- Changing Language to Change Care: Stigma and Substance Use Disorders
- COVID-19 and the Latinx Community: Skills to reduce stress, stigma, and substance use
- Implicit Racial Bias and Microaggression as they Relate Behavioral Health Treatment and Recovery including SUDs
- Addressing SUD & Structural Stigma Opportunities & Challenges During a Pandemic
- The Stigma is Real: Pregnant and Parenting Women with Substance Use Disorders
- The Impact of Stigma Surrounding Use of Medications for Opioid Use Disorder
- Supportive Housing: Addressing Discrimination and Stigma to Ensure Service Integration
- Establishing Peer-to-Peer Services for Adult Latinos in Recovery: Providing Strength, Hope and Overcoming Stigma
- Coming into the Light: Breaking the Stigma of Substance Use Disorders
- The Impact of Stigma on Healthcare for People with Substance Use Disorder

Podcast

- Essential Conversations Podcast Series
- Parenting Through Your Recovery Journey

Slide decks

- Rural Impact on Stigma and Substance Use Disorders
- Stigma and Substance Use Disorders
- Language Matters

Other Useful Resources

- The Intersection of Maternal & Adolescent Trauma and OUD/SUD
- Addressing Stigma and Substance Use Disorders: A HealtheKnowledge Course
- Navigating the Maze: Sexual Health and Literacy for Pregnant and Postpartum Women with Substance Use Disorder
- CLAS in Behavioral Health: Health Equity for Individuals Living with HIV/AIDS
- CLAS Standards in Behavioral Health: Working with the LGBTQ Population Part 2
- CLAS Standards in Behavioral Health: Working with the LGBTQ Population Part 1

