



Northeast & Caribbean (HHS Region 2)

**PTTC**

Prevention Technology Transfer Center Network  
Funded by Substance Abuse and Mental Health Services Administration

## Trauma Informed Care: Concepts & Application

**Videoconference via Zoom**

**October 13<sup>th</sup>, 10:00am-1:00pm (Eastern Time)**

### **Description**

Data sources estimate that between 25 to 75% of people who survive different forms of abuse and/or a violent trauma develop issues related to substance use. Despite the prevalence of trauma, it often goes undetected particularly in people already dealing with life challenges and at high risk of substance use, misuse, and mental health problems.

This interactive training will review variations of trauma, and factors that can increase the likelihood of re-traumatization, and how the use of trauma informed care principles are preventive and support effective engagement and care. Discussion will also explore de-escalation and self-regulation techniques, and the importance of provider self-care for person centered, trauma informed care.

### **Trainer**

Diana Padilla, CLC, CARC, is a Research Project Manager at New York State Psychiatric Institute, Columbia University Medical Center. She is a senior staff trainer for the Northeast & Caribbean Addiction Transfer Technology Center Network (NeC-ATTC) and provides training and technical assistance on implementation of Screening, Brief Intervention, and Referral to Treatment (SBIRT), and Equity & Inclusion capacity building opportunities.

### **Credits**

*This training meets the requirements for three renewal hours (CASAC, CPP, CPS) and three initial hours (CPP, CPS) through New York State's Office of Addiction Services and Supports (NYS OASAS). As an IC & RC member board, OASAS accredited courses are granted reciprocal approval by the New Jersey Division of Consumer Affairs, Alcohol and Drug Counselor Committee. Many other states offer reciprocity - please check with your accrediting agency.*

***Participants are required to attend the session in its entirety, turn on their video cameras, and actively participate in order to receive credit.***

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