NORTHWEST PTTC

Prevention Science Curriculum Infusion Resource Guide

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Northwest PTTC Prevention Science Curriculum Infusion Resource Guide

This Prevention Science Curriculum Infusion Resource Guide was developed to provide educators across disciplines with a variety of materials related to three broad content areas where prevention science can inform prevention practice – epidemiology, evidence-based programs, and implementation. These resources can be infused into existing courses to enhance training in prevention science. They are organized according to type of resource in the tables below. *Last updated: September 2022.*

What Is Prevention Science?

Prevention science is an interdisciplinary field that applies basic research about individuals, families, and communities to the development, evaluation, and dissemination of scientifically-based programs and policies to promote physical, social, and psychological well-being.

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Where Can Prevention Science Inform Prevention Practice?

There are three broad content areas where prevention science can inform prevention practice.

1. **Epidemiology.** Understanding the development of behavioral health problems and the associated risk and protective factors at the individual, family, school, and community levels;

2. **Evidence-Based Programs.** Developing and/or selecting evidence-based prevention programs, practices, and policies; and

3. **Implementation.** Implementing evidence-based prevention programs, practices, and policies to meet community needs and reduce behavioral health problems.

Where Does Prevention Fit In The Spectrum Of Mental, Emotional, And Behavioral Interventions?

The spectrum of mental, emotional, and behavioral (MEB) interventions[1] depicts the extension of interventions beyond treatment to include promotion (interventions that promote improvement MEB health outcomes), prevention (see types below), and maintenance (sustain treatment effects). Promotion of health outcomes is done actively across the spectrum.

FIGURE 1-3 2019 update of the spectrum of MEB interventions.

Universal Prevention	Selective Prevention	Indicated Prevention
•Entire population of participants who have not been identified on the basis of risk	•Participants deemed to be at risk by virtue of membership in a particular population	•Participants have detectable signs/symptoms of a particular condition

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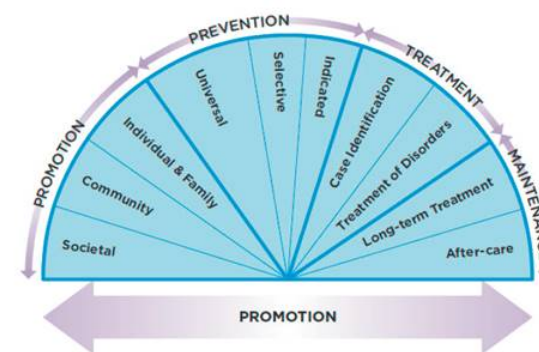[1] National Academies of Sciences, Engineering, and Medicine 2019. *Fostering Healthy Mental, Emotional, and Behavioral Development in Children and Youth: A National Agenda*. Washington, DC: The National Academies Press. https://doi.org/10.17226/25201.

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Epidemiology Resources

Resource	Resource Type	Description	Citation
Using the Social Development Strategy to Unleash the Power of Prevention	Article	Describes the social development strategy (SDS) and explores "the extent to which SDS-inspired interventions can provide effective strategies that move beyond problematizing individual youth behaviors toward a broader understanding of the ways in which social structures negatively impact healthy youth development."	Haggerty, K.P., & McCowan, K.J. (2018). Using the social development strategy to unleash the power of prevention. *Journal of the Society for Social Work and Research, 9*(4), 741-763. https://doi.org/10.1086/700274
Beyond Risk and Protective Factors: An Adaptation-Based Approach to Resilience	Article	Discusses the shift from a deficit model to a "perspective supports an alternative adaptation-based approach to resilience that converges on a central question: "What are the attention, learning, memory, problem-solving, and decision-making strategies that are enhanced through exposures to childhood adversity?"	Ellis, B. J., Bianchi, J., Griskevicius, V., & Frankenhuis, W. E. (2017). Beyond risk and protective factors: An adaptation-based approach to resilience. *Perspectives on Psychological Science, 12*(4), 561–587. https://doi.org/10.1177/1745691617693054

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Resource	Resource Type	Description	Citation
What causes psychosis? An umbrella review of risk and protective factors	Article	Review article classifying associations between risk and protective factors and psychotic disorders.	Radua, J., Ramella-Cravaro, V., Ioannidis, J., Reichenberg, A., Phiphopthatsanee, N., Amir, T., Yenn Thoo, H., Oliver, D., Davies, C., Morgan, C., McGuire, P., Murray, R. M., & Fusar-Poli, P. (2018). What causes psychosis? An umbrella review of risk and protective factors. *World Psychiatry, 17*(1), 49-66. https://doi.org/10.1002/wps.20490
Review of risk and protective factors of substance use and problem use in emerging adulthood	Article	"Review examines the evidence for longitudinal predictors of substance use and abuse in emerging adulthood."	Stone, A. L., Becker, L. G., Huber, A. M., & Catalano, R. F. (2012). Review of risk and protective factors of substance use and problem use in emerging adulthood. *Addictive Behaviors, 37*(7), 747-775. https://doi.org/10.1016/j.addbeh.2012.02.014
Social Determinants of Health	Case Study	Three case studies to teach health professional students about the impact of social determinants of health.	Healthy People Curriculum Task Force, Association for Prevention Teaching and Research

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Resource	Resource Type	Description	Citation
Risk and Protective Factors	Handout	Details on what risk and protective factors are and features of risk and protective factors.	SAMHSA
Risk and Protective Factors	Handout	Describes what risk and protective factors are. Includes a table that gives examples of risk and protective factors across different domains.	Communities that Care
Going through the PACES: Stories of Substance Misuse Prevention and Resilience	Handout	Collection of stories that reflect prevention's impact on substance use disorder and mental health recovery.	New England Prevention Technology Transfer Center (2022)
The Case for Prevention Science	News	Short news clip on why prevention science should be used as a guide in the various areas in policy agendas.	Biglan, A., Wollman, N., & Fishbein, D.H. (2017). *The Case for Prevention Science*. HuffPost.
Fostering Healthy Mental, Emotional, and Behavioral Development in Children and Youth: A National Agenda	Publication/Report	Report describing the gap between research on healthy mental, emotional, and behavioral development and national goals.	National Academies of Sciences, Engineering, and Medicine. (2019). Fostering healthy mental, emotional, and behavioral development in children and youth: A National agenda. The National Academies Press. https://doi.org/10.17226/25201

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Resource	Resource Type	Description	Citation
Unleashing the Power of Prevention	Publication/Report	Discussion paper on the need for prevention science.	Hawkins, J. D., Jenson, J. M., Catalano, R., Fraser, M. W., Botvin, G. J., Shapiro, V., Brown, C. H., Beardslee, W., Brent, D., Leslie, L. K., Rotheram-Borus, M. J., Shea, P., Shih, A., Anthony, E., Haggerty, K. P., Bender, K., Gorman-Smith, D., Casey, E., & Stone, S. (2015). Unleashing the power of prevention. *National Academy of Medicine Perspectives.* Discussion paper. National Academy of Medicine, Washington, DC. https://doi.org/10.31478/201506c
Ways to Promote the Positive Development of Children and Youth	Publication/Report	Briefing on what positive youth development is and how to support the positive youth development of youth.	Zarrett, N., & Lerner, R. M. (2008, February). Ways to promote the positive youth development of children and youth. Brief Research-to-Results: Child Trends. Publication #2008-11.

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Resource	Resource Type	Description	Citation
Substance Use Disorders Among Adolescents and Young Adults	Presentation/Webinar	Webinar with Dr. Deanna Wilson. Learn about developmental factors related to adolescents and young adult substance use disorders. Also, learn skills of how to talk with adolescents and young adults about substance use.	Giles, L. (2018, December). Substance Use Disorders Among Adolescents and Young Adults. Institute for Research, Education, & Training Addictions
What is Prevention | Introduction	Video	Short clip describing what prevention is, why it is important, and how it can help.	Addiction Policy Forum
What is Prevention | The Role of Community	Video	Short clip describing how communities play a role in prevention efforts.	Addiction Policy Forum
What is Prevention | The Role of Genetics	Video	Short clip describing the role of genetics in substance use disorder.	Addiction Policy Forum
InBrief: Resilience Series	Video	Three videos on resilience and the importance of building resilience in young children.	Center on the Developing Child, Harvard University
Youth Risk Behavior Surveillance System	Website	YRBSS is an annual survey that monitors "six categories of health-related behaviors that contribute to the leading causes of death and disability among youth and adults."	Centers for Disease Control and Prevention

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Resource	Resource Type	Description	Citation
SUD Keys to Education	Website	Science-based substance use content that can be used in evidence-based program or curricula.	Mountain Plains and Pacific Southwest Addiction Technology Transfer Centers (ATTCs)

Epidemiology & Evidence-Based Programs Resources

Resource	Resource Type	Description	Citation
Connecting the Dots: Youth Development Frameworks and the Essential Elements of 4-H	Article	Reviews several youth development frameworks to offer a new perspective on the connections between positive youth development research. It also demonstrates how each of the frameworks discussed aligns with the Essential Elements of 4-H.	Weybright, E., White, A., & Scanga, L. H. (2018). Connecting the dots: Youth development frameworks and the essential elements of 4-H. Washington State University Extension.
VetoViolence: Preventing Adverse Childhood Experiences Modules	Modules	Two multi-lesson, self-paced modules, with two additional modules – one for Mental Health Providers and one for Pediatric Medical Providers.	Injury Prevention & Control: Division of Violence Prevention, Centers for Disease Control and Prevention

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Resource	Resource Type	Description	Citation
Prevention Paradox	Video	Short clip describing the prevention paradox with Dr. David Hawkins from the University of Washington.	Communities That Care
Lessons from Prevention Research DrugFacts	Website	16 principles derived from prevention science research on substance use.	National Institute on Drug Abuse (NIDA), 2014
VetoViolence: Violence Prevention Fundamentals	Website	Resources on violence prevention.	Injury Prevention & Control: Division of Violence Prevention, Centers for Disease Control and Prevention

Evidence-Based Programs Resources

Resource	Resource Type	Description	Citation
Making evidence-based interventions relevant for users: A comparison of requirements for dissemination readiness across program registries	Article	"This study compares prevention program registries in current use on their level of support for users seeking to implement evidence-based programs."	Buckley, P. R., Fagan, A. A., Pampel, F. C., & Hill, K. G. (2020). Making evidence-based interventions relevant for users: A comparison of requirements for dissemination readiness across program registries. *Evaluation Review, 44*(1), 51–83.

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Resource	Resource Type	Description	Citation
Prevention Matters Proven Programs to Help Schools Address Substance Use	Guide	Guides readers through what evidence-based means, and how to select evidence-based programs. The guide also provides descriptions of various evidence-based programs.	Indiana Prevention Resource Center. (2018, January). *Prevention matters: Proven programs to help schools address substance use.*
Selecting Best-fit Programs and Practices: Guidance for Substance Misuse Prevention Practitioners	Guide	Guidance document that "places the selection of programs and practices within the context of evidence-based prevention."	Substance Abuse and Mental Health Services Administration. (2018, September). *Selecting best-fit programs and practices: Guidance for substance misuse prevention practitioners*.
Using Essential Elements to Select, Adapt, and Evaluate Violence Prevention Approaches	Guide	Guidance to support delivering prevention approaches in different context decision making.	Perkinson, L., Freire, K. E., & Stocking, M. (2017). *Using essential elements to select, adapt, and evaluate violence prevention approaches.* National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. https://www.cdc.gov/violenceprevention/pdf/adaptationguidance.pdf
Quick Guide for Adapting Evidence-Based Interventions	Handout	Brief guide on adapting evidence-based interventions	Prevention Technology Transfer Center (PTTC) Evidence-Based Interventions Workgroup, 2020

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Resource	Resource Type	Description	Citation
Evidence-Based Programs and Practices: What does it all mean?	Publication/Report	Reviews and summarizes literature on evidence-based programs and practices.	Ebbole, T. (2007). Evidence-based programs and practices: What does it all mean. *Research Review*. Children's Services Council of Palm Beach County. https://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.177.90&rep=rep1&type=pdf
Designing a Logic Model	Video	Describes how to create your own logic model.	
Blueprints for Healthy Youth	Website	Registry of evidence-based programs for healthy youth development.	Blueprints for Healthy Youth Development
U.S. Department of Justice Crime Solutions	Website	Registry of justice-related programs and practices.	National Institute of Justice
U.S. Department of Education What Works Clearinghouse	Website	Clearinghouse that helps professionals in education make evidence-based decisions but providing evidence of effectiveness of programs, policies, and practices.	Institute of Education Sciences
Benefit-Cost	Website	Benefit-Cost results of evidence-based programs.	Washington State Institute for Public Policy

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Evidence-Based Programs & Implementation Resources

Resource	Resource Type	Description	Citation
The Adaptome: Advancing the Science of Intervention Adaptation	Article	Discusses the need for advances in adaptation of interventions in the context of implementation.	Chambers, D. A., & Norton, W. E. (2016). The Adaptome: Advancing the science of intervention adaptation. *American Journal of Preventive Medicine, 51*(4), S124-S131. https://doi.org/10.1016/j.amepre.2016.05.011
The Behaviour Change Wheel: A New Method for Characterising and Designing Behaviour Change Interventions	Article	Systematic review identifying and evaluating frameworks of behavior change interventions. This paper proposes a new framework aimed at overcoming previous frameworks' limitations.	Michie, S., van Stralen, M. M., & West, R. (2011). The behaviour change wheel: A new method for characterising and designing behaviour change interventions. *Implementation Science, 6*(1), 1-12. https://doi.org/10.1186/1748-5908-6-42
How Can We Keep It Going? Key Ingredients for Evidence-Based Program Sustainability	Article	Outlines the four key ingredients for program sustainability. These ingredients are then detailed in a case study.	Betz, D. L., & Cooper, B. R. (2017). How can we keep it going? Key ingredients for evidence-based program sustainability. Washington State University Extension.

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Resource	Resource Type	Description	Citation
Over-involved Parenting and Competition in Youth Development Programs	Article	"This publication discusses over-involved parenting and presents approaches for youth program volunteers who may encounter such parents."	Wallace, M., Weybright, E., Crawford, J.K., & Rohner, B. (2015). Over-involved parenting and competition in youth development programs. Washington State University Extension.
Standards of evidence for efficacy, effectiveness, and scale-up research in prevention science: Next generation	Article	Reviews changes and discussions that have taken place around the update to the 2005 standards of evidence	Gottfredson, D. C., Cook, T. D., Gardner, F. E., Gorman-Smith, D., Howe, G. W., Sandler, I. N., & Zafft, K. M. (2015). Standards of evidence for efficacy, effectiveness, and scale-up research in prevention science: Next generation. *Prevention Science*, *16*(7), 893–926. https://doi.org/10.1007/s11121-015-0555-x
Balancing Fidelity and Adaptation: A Guide for Evidence-Based Program Implementation	Guide	A best-practices guide for assessing, adapting, and developing evidence-based programming for your community's youth and family positive outcome needs.	Parker, L., Diaz Martinez, A., & Cooper, B. R. (2019). Balancing fidelity and adaptation: A guide for evidence-based program implementation. Washington State University Extension.

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Resource	Resource Type	Description	Citation
2021 Annual Report to Congress	Publication/Report	Report of findings and recommendations from FY 2021 based on a review of evidence.	Community Prevention Services Task Force. (nd). 2021 Annual Report to Congress.
Implementation Science: Selecting Evidence Based Practices for your Local Context	Presentation/Webinar	Webinar that was for the New York State Community Schools Network.	Ward, C. & Ihlo, T. (2019, November). Selecting evidence-based practices for your local context. SISEP.
EBP 101: Essential Training Videos	Training	"This series of informational videos will guide you through selecting, implementing, evaluating, and sustaining an evidence-based program that's a perfect fit for the needs of your community. Tips on relevant grant writing issues supplement each section." Each section contains multiple videos on the topic.	Evidence-based Prevention and Intervention Support (EPIS)
Understanding Evidence	Training	Learn more about evidence to help you make evidence-based decisions. Includes resources and a Continuum of Evidence of Effectiveness tool to help you assess your program.	Injury Prevention & Control: Division of Violence Prevention, Centers for Disease Control and Prevention

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Resource	Resource Type	Description	Citation
Schools and the Opioid Epidemic in the Age of COVID-19	Training	Three-part series – Implementing Evidence-based Prevention, Building Resilience and Preventing Substance Use, and Parent Prevention Education. Materials include recordings and presenter slides.	Opioid Response Network
NIDA TV Spotlight: Communities That Care	Video	Interview with Communities That Care Co-Developer, Dr. David Hawkins.	National Institute on Drug Abuse (NIDA)
An Introduction to Communities That Care	Video	Brief overview of Communities That Care.	Communities That Care
Implementing Evidence Based Prevention Programs: Implications for Policymakers in Congress and Elsewhere	Video	Videos, fact sheets, and presentations from the national Prevention Science Coalition's initial Congressional Briefing, promoting "governmental adoption of evidence-based prevention programs."	National Prevention Science Coalition to Improve Lives

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Implementation Resources

Resource	Resource Type	Description	Citation
Implementation Matters: A Review of Research on the Influence of Implementation on Program Outcomes and the Factors Affecting Implementation	Article	Review of implementation on program outcomes as well as factors that influence the implementation process.	Durlak, J. A., & DuPre, E. P. (2008). Implementation matters: A review of research on the influence of implementation on program outcomes and the factors affecting implementation. *American Journal of Community Psychology, 41*(3), 327-350. https://doi.org/10.1007/s10464-008-9165-0
Bridging Research and Practice: Models for Dissemination and Implementation Research	Article	A review of models for dissemination and implementation research.	Tabak, R. G., Khoong, E. C., Chambers, D. A., & Brownson, R. C. (2012). Bridging research and practice: Models for dissemination and implementation research. *American Journal of Preventive Medicine, 43*(3), 337-350. https://doi.org/10.1016/j.amepre.2012.05.024

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Resource	Resource Type	Description	Citation
Implementation science: What is it and why should I care?	Article	Extensive review of implementation science.	Bauer, M. S., & Kirchner, J. (2020). Implementation science: What is it and why should I care?. *Psychiatry Research, 283*, 112376. https://doi.org/10.1016/j.psychres.2019.04.025
The tug-of-war: Fidelity versus adaptation throughout the health promotion program life cycle	Article	Describes "the life cycle (phases) for research-based health promotion programs, the key influences at each phase, and the issues related to the tug-of-war between fidelity and adaptation throughout the process using a fictionalized case study based on our previous research."	Bopp, M., Saunders, R.P., & Lattimore, D. (2013). The tug-of-war: Fidelity versus adaptation throughout the health promotion program life cycle. *Journal of Primary Prevention, 34*, 193–207. https://doi.org/10.1007/s10935-013-0299-y
Putting the pieces together: An integrated model of program implementation	Article	Describes a "theoretical model of the relations between the dimensions of implementation and outcomes of prevention programs that can serve to guide future implementation research."	Berkel, C., Mauricio, A. M., Schoenfelder, E., & Sandler, I. N. (2011). Putting the pieces together: An integrated model of program implementation. *Prevention Science, 12*(1), 23–33. https://doi.org/10.1007/s11121-010-0186-1

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Resource	Resource Type	Description	Citation
An introduction to implementation science for the non-specialist	Article	Introduces implementation science.	Bauer, M.S., Damschroder, L., Hagedorn, H., Smith, J., & Kilbourne, A.M. (2015). An introduction to implementation science for the non-specialist. *BMC Psychol* 3(32). https://doi.org/10.1186/s40359-015-0089-9
Lesson 1: The Hexagon Tool	Lesson	Interactive lesson and resources on the Hexagon Tool where you will learn how to identify needs within your organization along with other information and how to use the hexagon process to inform your implementation planning.	SISEP, 2019
Active Implementation Hub - All Modules	Modules	Seven self-paced modules (45-60 minutes) on implementation science - include content, activities, and assessments.	SISEP
Practicing Implementation Episode 1	Podcast	This podcast discusses implementation in real world settings. Episode 1 with Allison Metz, PhD and Laura Louison, MSW, MSPH discuss the role of stakeholders.	National Implementation Research Network (NIRN), 2018, March

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Resource	Resource Type	Description	Citation
Practicing Implementation Episode 2	Podcast	This podcast discusses implementation in real world settings. Episode 2 with Allison Metz, PhD and Laura Louison, MSW, MSPH discuss the importance of assessing need and context for implementation.	National Implementation Research Network (NIRN), 2018, May
Implementation Research: A Synthesis of the Literature	Publication/Report	Reviews and summarizes implementation research literature.	Fixsen, D. L., Naoom, S. F., Blase, K. A., Friedman, R. M. & Wallace, F. (2005). Implementation research: A synthesis of the literature. University of South Florida, Louis de la Parte Florida Mental Health Institute, The National Implementation Research Network.
Implementation Science Webinars	Presentation/Webinar	Archive of webinars from Implementation Science Webinars and Research to Reality Cyber Seminars.	National Cancer Institute, Division of Cancer Control & Population Sciences
Dissemination and Implementation Webinar Series	Presentation/Webinar	Webinar series on dissemination and implementation includes both audio and PowerPoint slides.	Stanford Medicine

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Resource	Resource Type	Description	Citation
Implementation Science Mini-Course	Presentation/Webinar	Self-directed introduction to implementation science – provides video lectures, readings, and case studies.	Department of Epidemiology & Biostatistics, University of California San Francisco
Community Tool Box: Toolkits	Toolkit	16 toolkits to assist with community building work.	Center for Community Health and Development, University of Kansas
Community Tool Box: Table of Contents	Training	Community Tool Box is divided into 46 chapters on community-building skills.	Center for Community Health and Development, University of Kansas
Dissemination & Implementation Science Trainings	Training	Training videos on various implementation science topics including an Implementation Science 101 Workshop.	Center for Prevention Implementation Methodology for Drug Abuse and HIV
Getting to Outcomes: Improving Community-based Prevention	Website	Toolkit and resources on using Getting to Outcomes to help communities implement programs.	RAND Corporation

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Epidemiology, Evidence-Based Programs, & Implementation Resources

Resource	Resource Type	Description	Citation
Prevention with Purpose: A Strategic Planning Guide for Preventing Drug Misuse Among College Students	Guide	Using the Strategic Prevention Framework, this guide depicts how to "systematically measure the scope of drug misuse issues, build relationships with key stakeholders, and plan and implement a drug misuse prevention effort" on collect campuses.	Drug Enforcement Administration. (2020, January). *Prevention with purpose: A strategic planning guide for preventing drug misuse among college students.*
A Guide to SAMHSA's Strategic Prevention Framework	Guide	Describes the five steps and two guiding principles of the Strategic Prevention Framework (SPF).	Substance Abuse and Mental Health Services Administration. (2019). A guide to SAMHSA's strategic prevention framework. Center for Substance Abuse Prevention.
Prevention Training Modules	Modules	Four prevention training modules that provide an introduction to prevention; prevention practice; and prevention policy.	The Coalition for the Promotion of Behavioral Health
Prevention Matters	Podcast	Podcast of the National Prevention Science Coalition.	National Prevention Science Coalition

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Resource	Resource Type	Description	Citation
Standards of Knowledge for the Science of Prevention	Publication/Report	Examines three "broadly defined domains": (1) epidemiology, (2) prevention intervention development and implementation, and (3) prevention research methodologies.	Society for Prevention Research. (2011, June 1). Standards of knowledge for the science of prevention.
Evidence-Based Prevention Science: Applying Prevention Science to Practice: A Collaborative Opportunity	Presentation/Webinar	Overview of prevention science, the development of prevention programs and how these programs are implemented, and how this enhances our understanding of substance use and related behaviors.	Global PTTC, PTTC Network Coordinating Office, 2020
Grand Challenge to Ensure Health Development for Youth webinar, Behavioral Health Prevention Training Modules for the Classroom	Presentation/Webinar	Discussion of the prevention training modules by members of Ensure Healthy Development for Youth Grand Challenge and the Coalition for the Promotion of Behavioral Health.	Jenson, J., Williford, A., & Anthony, E. (2021). Ensure health development for youth: Behavioral health prevention training modules for the classroom.

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Resource	Resource Type	Description	Citation
Fundamentals of Substance Use Prevention Webinar Series	Presentation/Webinar	Nine webinars that "break down foundational substance use prevention concepts such as program planning and evaluation, risk and protective factors, prevention messaging, and understanding best available evidence into relatable and digestible pieces, and connect participants with additional resources on the concepts recommended by expert presenters as well as others identified by the ADAPT team."	Washington/Baltimore High Intensity Drug Trafficking Area (HIDTA)
VetoViolence: Strengthen Your Prevention Toolkit	Toolkit	Tools and trainings about violence prevention programs and practices including ACEs, social norms, and prevention principles.	Injury Prevention & Control: Division of Violence Prevention, Centers for Disease Control and Prevention

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Resource	Resource Type	Description	Citation
Universal Prevention Curriculum	Training	Training curriculum with two series - 1) Universal Prevention Curriculum Managers and Supervisors Series (9 courses), and 2) Universal Prevention Curriculum Implementers Series (7 tracks). The series for managers and supervisors is an in-depth study of prevention.	
Grand Challenge to Ensure Health Development for Youth Webinar, Behavioral Health Prevention Training Modules for the Classroom	Video	Discussion of the prevention training modules by members of Ensure Healthy Development for Youth Grand Challenge and the Coalition for the Promotion of Behavioral Health.	Grand Challenges for Social Work, 2021
What is the Strategic Prevention Framework?	Video	Video explaining SAMHSA's strategic prevention framework.	Ohio Mental Health and Addiction Services, 2018
Explore 4-H	Website	Website to explore what 4-H Youth Development is.	Iowa State University, Extension and Outreach

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