



Northeast & Caribbean (HHS Region 2)

PTTC

Prevention Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration

The HHS Region 2 Northeast and Caribbean Prevention Technology Transfer Center presents:

Facilitation Skills: Tips & Techniques from the Field

Webinar: Tuesday, July 25, 2023
1:00 PM – 2:30 PM (EST)

Facilitation is an art that can be learned. As prevention professionals, facilitation in both virtual and face-to-face spaces is an integral part of our work. The ability to convene partners -- whether in meetings, trainings or events -- and lead them through collaborative decision-making and other processes is essential to the success of community-based change efforts. Join the NeC PTTC for this 1.5 hour interactive webinar to find out more about the art and science of facilitation. Participants will explore what facilitation is, skills needed for successful facilitation and real-world tips and techniques for consensus-building with groups, managing group dynamics and handling challenging situations as a facilitator.

As a result of this webinar, participants will be able to:

- Describe basic facilitation skills prevention practitioners need.
- List techniques for managing group processes and dynamics.
- Describe strategies for handling challenging situations as a facilitator.

Presenters:

Sandra Puerini Del Sesto, M.Ed, ACPS is a consultant and master trainer in behavioral health and strategic planning for states and non-profits. For over thirty-five years, Ms. Del Sesto has provided training throughout the United States in all areas of prevention practice. She is a member of the advisory boards of the New England Prevention Technology Transfer Center (PTTC), the National Latino PTTC and the New England School of Addiction Studies. Sandra serves as the RI delegate to and the former Prevention Committee Co-Chair of the International Certification and Reciprocity Consortium (IC&RC), which certifies professionals working in behavioral health. Sandra is a co-author of SAMHA's Substance Abuse Prevention Specialist Training (SAPST) and its basic and advanced Prevention Ethics courses as well as many other face-to-face and online courses in prevention.

Jessica Goldberg is a Training and Technical Assistance Specialist with Education Development Center. For over a decade, Jess has specialized in building capacity to improve behavioral health at the national, state, regional and local levels. Her areas of expertise include preventing youth substance use; promoting cross-sector collaborations; addressing health disparities; strategic planning, logic model development, and sustainability planning. Jess is a Certified Prevention Specialty and holds an MSW and an MPH from Boston University.

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