



### TELLING THE STORY: WHAT DO YOU KNOW ABOUT UNDERAGE DRINKING IN YOUR STATE?

PTTC Region 5 August 30, 2023



The Interagency Coordinating Committee on the Prevention of Underage Drinking (ICCPUD)

### CONTENT

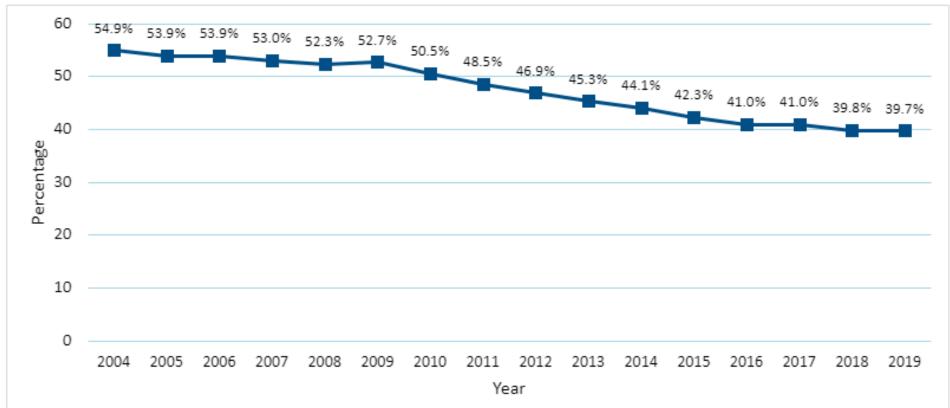
- Why Focus on Alcohol?
- History & Background of the STOP Act
- Key Components of the State Reports
- Region 5 Data
- Talk, They Hear You (TTHY)
- Questions & Comments



# WHY FOCUS ON ALCOHOL?

## CONTINUING THE DOWNWARD TREND

Historical Trends in Lifetime Use of Alcohol by 12- to 20-Year-Olds: 2019 NSDUH Data (CBHSQ, 2020)











# 140,000

alcohol-attributable deaths per year in the United States Alcohol is the #1

Most used substance among youth 15%

of youth started drinking before the age of 13



In 2010, a report estimated that the economic burden of alcohol.

Alcohol costs the United States

# \$249 Billion

every year

### **ALCOHOL'S HARMS TO OTHERS**

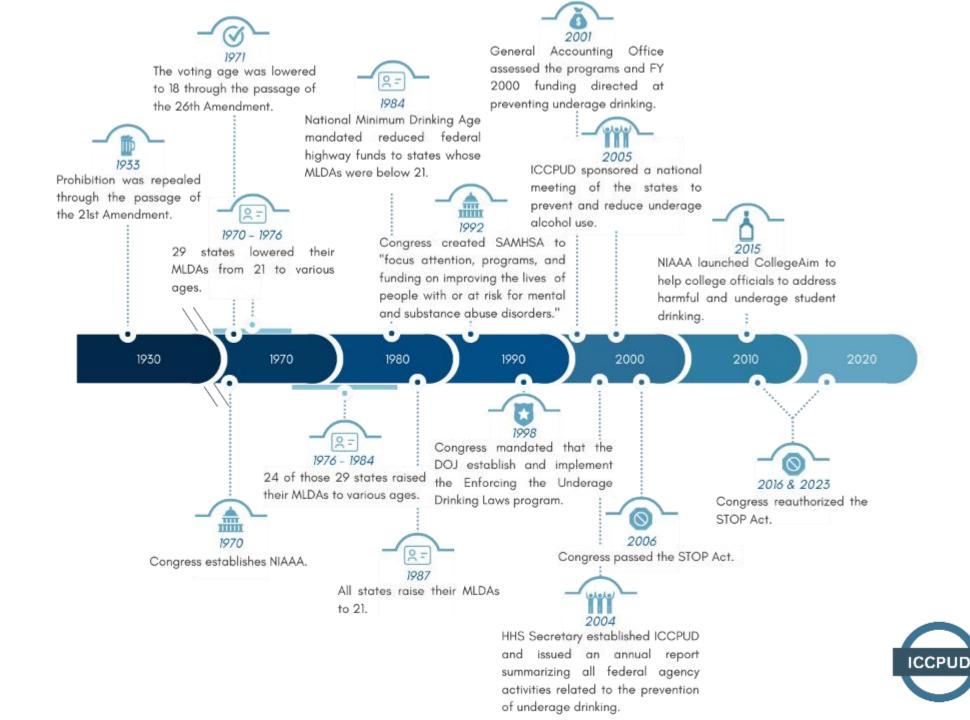
- Physical, sexual, and psychological violence
- Property crimes
- Harms to fetuses from drinking by pregnant people
- Financial harms
- Crashes involving other drivers
- Child neglect and maltreatment





ICCPUD





### **CONCEPTION OF THE STOP ACT**



Congress enacted the **Sober Truth on Preventing Underage Drinking** (STOP) Act (Public Law 109-422) to acknowledge that:

> "A **multi-faceted effort** is needed to more successfully address the problem of underage drinking in the United States...

"A coordinated approach to prevention, intervention, treatment, enforcement, and research is key to making progress."



#### **ICCPUD VISION**

Provide **national leadership** in federal policy and programming to support state and community activities that prevent and reduce underage drinking

### **ICCPUD MISSION**

Facilitate **collaboration** among the federal ICCPUD member agencies, state and local governments, private and public national organizations, and agencies with responsibility for the health, safety, and wellbeing of America's children and youth

Provide **resources and information** on underage drinking prevention, intervention, treatment, enforcement, and research





US Department of Health & Human Services

ICCPUD

CHILDREN & FAMILIES

Administration for Children & Families

Provides effective health Initiates programs that and human services and promote the economic and fosters sound, sustained social well-being of children advances in the sciences and families. underlying medicine, public health, and social services.



Office of Population Affairs

Promotes health across the reproductive lifespan through evidence-based adolescent health and family planning services.



Office of Assistant Secretary for Planning

and Human Services on policy development.



Centers for Disease

Control & Prevention

Protects America from

the U.S.

and Evaluation

Principal advisory aroup to the United States Secretary of the Department of Health Office of the Surgeon General

Provides Americans with the best scientific information available on how to improve their health and reduce the risk of illness and injury.



CCPUD

Indian Health Service

Provides federal health health, safety, and security services to American Indians threats, both foreign and in and Alaska Natives.



National Institute on Alcohol Abuse and Alcoholism

Improves diagnosis, prevention, and treatment of alcohol-related problems.



National Institute on Drug Abuse

Advances science on the causes and consequences of

drug use and addiction and applies that knowledge to improve individual and public health.



Federal Trade Commission

Monitors alcohol advertisina for deceptive practices, brings law enforcement actions as needed, and promotes alcohol industry compliance with selfregulatory commitments.



Agency for Healthcare Research and Quality

HRe

Enhance the quality, appropriateness, and effectiveness of health care services and access to care.



US Department of Defense

Prevents and reduces alcohol consumption by underage military personnel.



US Department of Justice

Supports states with implementing coordinated prevention and intervention programs.



US Department of Education

Provides financial assistance for activities that promote student health in elementary and secondary schools and higher education.



US Department of Transportation

Implements enforcement programs to reduce traffic crashes, including underage drinking and driving crashes.



Substance Abuse and

Mental Health Services

Administration

Leads the nation in providing

prevention, treatment, and

recovery support services to

communities.

US Department of Treasury

Prevents unfair and unlawful market activity for alcohol and tobacco products.



Office of National Drug Control Policy

Leads and coordinates the development, implementation, and assessment of U.S. drug policy.



US Department of Homeland Security

Protects the public, the environment, and U.S. economic interests.







#### **PREVENTION OF UNDERAGE DRINKING**

#### **STOP ACT**





#### ICCPUD and Annual Reports ICCPUD Community Engagement Report to Congress State Reports State Performance & Best Practices Report



National Media Campaign "Talk. They Hear You." helps parents and caregivers address alcohol and other drug use with their children



Community-Based Coalition Enhancement Grants Provides annual grants to community coalitions active in underage drinking prevention







### **STOP ACT PRODUCTS**





### STATE REPORT: KEY COMPONENTS



Population & Underage Consumption Data Behavioral Health and Substance Use Services



Alcohol Laws & Policies



STOP Act Survey Data





#### **STATE POPULATION & UNDERAGE CONSUMPTION DATA**

- Total State Population
- Population ages 12 20
- Number and percentage alcohol use and binge drinking by age
  - 12 20
  - 12 14
  - 15 17
  - 18 20
  - 21+
- Average Age of Initiation
- Alcohol-Attributable Deaths (under 21)
- Years of Potential Life Lost (under 21)
- Fatal Crashes Involving a 15- to 20-Year-Old with BAC >.01%





#### STATE BEHAVIORAL HEALTH AND SUBSTANCE USE SERVICES

- State Provided Description of Services
- Expenditures for Substance Abuse Prevention and Treatment
  - Underage Drinking Prevention and Treatment Priority Number
  - Source of Expenditures Pie Chart





#### **STATE ALCOHOL LAWS AND POLICIES**



#### **Alcohol Policies Tracked**

Across



**Different Categories** 





#### STATE ALCOHOL LAWS AND POLICIES cont'd

- Underage Possession or Purchase of Alcohol
  - Underage Possession
  - Underage Consumption
  - Underage Internal Possession
  - Underage Purchase and Attempted Purchase
  - Underage False Identification for Obtaining Alcohol
- Underage Drinking and Driving
  - Youth BAC
  - Loss of Driving Privileges for Alcohol Violations by Minors
  - Graduated Driver's Licenses
- Alcohol Availability
  - Furnishing Alcohol to Minors
  - Responsible Beverage Service
  - Minimum Age of Sellers of Alcohol Off-Premises
  - Minimum Age of Sellers of Alcohol On-Premises
  - Distance Limitations Applied to New Alcohol Outlets Near Universities, Colleges, and Primary and Secondary Schools
  - Dram Shop Liability
  - Social Host Liability
  - Prohibitions Against Hosting Underage Drinking Parties
  - Keg Registration
  - High-Proof Grain Alcohol Beverages

- Sales and Delivery to Consumers at Home
  - Retailer Interstate Shipments of Alcohol
  - Direct Shipments and Sales
  - Home Delivery
  - Direct to Consumer
- Alcohol Pricing
  - Alcohol Taxes
  - Low Price, High-Volume Drink Specials
  - Wholesaler Pricing Restrictions
- Enforcement Policies
  - Compliance Check Protocols
  - Penalty Guidelines for Sales to Minors

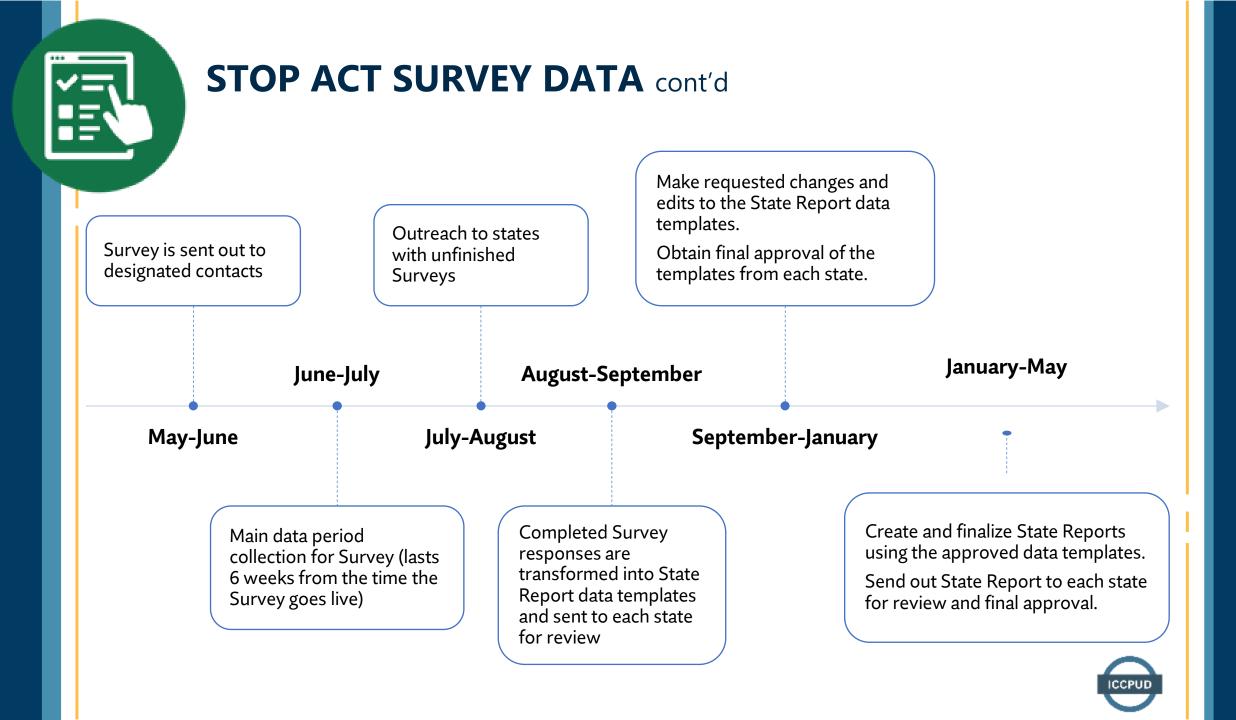


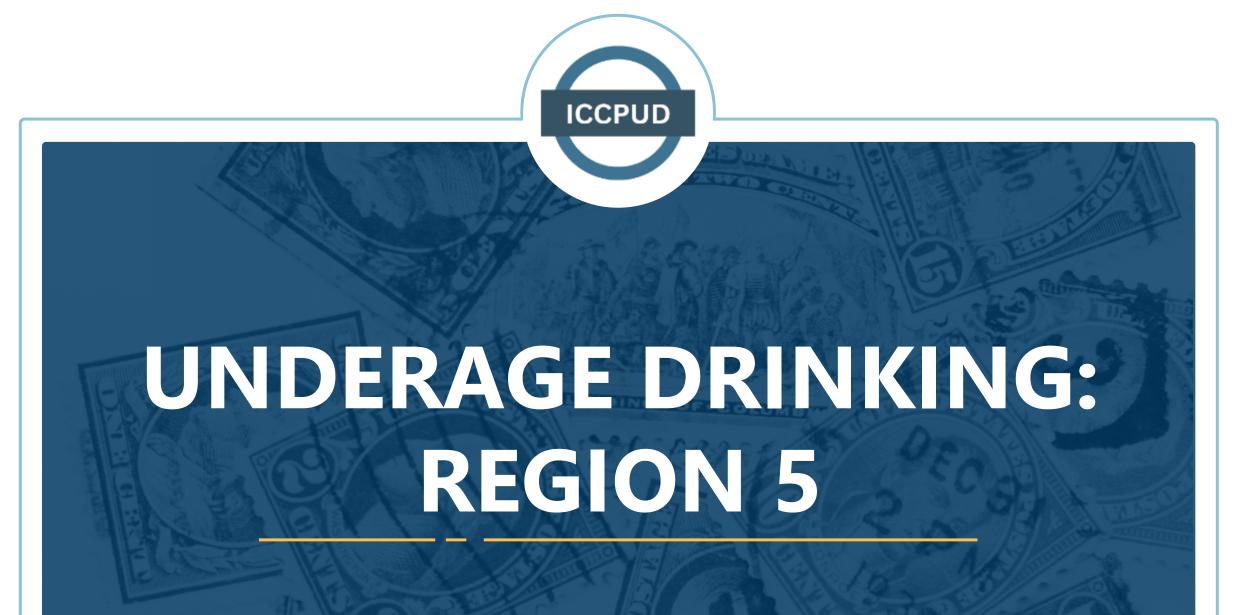


#### **STOP ACT SURVEY DATA**

- Who is the Survey data collected from?
  - Designated Survey contacts from all 50 states and D.C.
    - Primary contacts are often administrators, program specialists, epidemiologists, or heads of their state's mental and behavioral health departments, particularly divisions specific to drug and alcohol use
- What underage drinking related data does the STOP Act Survey collect?
  - Enforcement
  - Underage Drinking Prevention Programs Operated and Funded by the State
  - State Interagency Collaboration
  - Underage Drinking Reports
  - State Expenditures for the Prevention of Underage Drinking
  - Funds Dedicated to Underage Drinking







### **THE STATES OF REGION 5**





### **ILLINOIS DATA**

State Population & Underage Consumption State Population: 12,582,032 Population Ages 12-20: 1,521,00

	Past-Month Alcohol Use	
Ages 1	2 – 20	
	Past-Month Alcohol Use – Number (Percentage)	259,000 (17.0%)
	Past-Month Binge Alcohol Use – Number (Percentage)	140,000 (9.2%)
Ages 1	2 – 14	
	Past-Month Alcohol Use – Number (Percentage)	13,000 (2.5%)
	Past-Month Binge Alcohol Use – Number (Percentage)	8,000 (1.6%)
Ages 1	5 – 17	
	Past-Month Alcohol Use – Number (Percentage)	104,000 (20.8%)
	Past-Month Binge Alcohol Use – Number (Percentage)	* (*%)
Ages 1	8 – 20	
	Past-Month Alcohol Use – Number (Percentage)	143,000 (28.0%)
	Past-Month Binge Alcohol Use – Number (Percentage)	65,000 (12.7%)
Adult /	Ages 21+	
	Past-Month Alcohol Use – Number (Percentage)	5,051,000 (55.0%)
	Past-Month Binge Alcohol Use – Number (Percentage)	2,233,000 (24.3%)

\* Estimate suppressed due to low statistical precision

## ILLINOIS DATA cont'd

Average Age of Initiation		
Average Age of Initiation	16.3	
Alcohol-Attributable Deaths and Years of Potential Life Lost Under the Age of 21		
Alcohol-Attributable Deaths (under 21)	179	
Years of Potential Life Lost (under 21)	10,455	
Fatal Crashes Involving a 15- to 20- Year-Old Driver With Blood Alcohol Concentration (BAC) >0.01		
Number of Fatalities Involving 15- to 20- Year-Old With BAC >0.01	42	
Percentage of All Fatal Crashes Involving a 15- to 20-Year Old Driver	21%	

\* Estimate suppressed due to low statistical precision

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# **ILLINOIS**

The average age of alcohol initiation is



#### **CONSIDER THE WHY**

Use the remaining three sections of the state report to learn more about environment and context:



Youth prevention education is the number one priority for use of SABG funds. Are there state prevention programs can be strengthened?



of people aged 12 – 20 binge drank in the past 30 days

2.5%

of youth aged 12 – 14 drank alcohol in the past 30 days



Which of the six policy categories need to be strengthened?



Is there potential to increase the reach of underage drinking prevention programs operated or funded by the state?

### **INDIANA DATA**

State Population & Underage Consumption

State Population: 6,833,037 Population Ages 12-20: 822,000

	Past-Month Alcohol Use	
Ages 12 – 20		
Past-Month Alcohol Use –	Number (Percentage)	81,000 (9.8%)
Past-Month Binge Alcohol	Use – Number (Percentage)	44,000 (5.4%)
Ages 12 – 14		
Past-Month Alcohol Use –	Number (Percentage)	* (*%)
Past-Month Binge Alcohol	Use – Number (Percentage)	* (*%)
Ages 15 – 17		
Past-Month Alcohol Use –	Number (Percentage)	3,000 (1.2%)
Past-Month Binge Alcohol	Use – Number (Percentage)	* (*%)
Ages 18 – 20		
Past-Month Alcohol Use –	Number (Percentage)	73,000 (27.9%)
Past-Month Binge Alcohol	Use – Number (Percentage)	* (*%)
Adult Ages 21+		
Past-Month Alcohol Use –	Number (Percentage)	2,514,000 (51.6%)
Past-Month Binge Alcohol	Use – Number (Percentage)	1,070,000 (22.0%)

\* Estimate suppressed due to low statistical precision

### INDIANA DATA cont'd

Average Age of Initiation		
Average Age of Initiation	16.8	
Alcohol-Attributable Deaths and Years of Potential Life Lost Under the Age of 21		
Alcohol-Attributable Deaths (under 21)	101	
Years of Potential Life Lost (under 21)	5,764	
Fatal Crashes Involving a 15- to 20- Year-Old Driver With Blood Alcohol Concentration (BAC) >0.01		
Number of Fatalities Involving 15- to 20- Year-Old With BAC >0.01	20	
Percentage of All Fatal Crashes Involving a 15- to 20-Year Old Driver	16%	

## INDIANA

The average age of alcohol initiation is

*16.8* 

years old

**9.8**%

of people aged 12 – 20 binge drank in the past 30 days

101

alcohol-attributable deaths for those under the age of 21



**CONSIDER THE WHY** 

Use the remaining three sections of the state report to learn more about environment and context:



Preventing substance misuse among youth is the number five priority for use of SABG funds.

Are there state prevention programs can be strengthened?

Which of the six policy categories need to be strengthened?



Can enforcement statistics be improved?

### **MICHIGAN DATA**

State Population & Underage Consumption

State Population: 10,034,113 Population Ages 12-20: 1,153,000

Past-Month Alcohol Use		
Ages 12 – 20		
Past-Month Alcohol Use – Number (Percentage)	186,000 (16.1%)	
Past-Month Binge Alcohol Use – Number (Percentage)	111,000 (9.6%)	
Ages 12 – 14		
Past-Month Alcohol Use – Number (Percentage)	6,000 (1.5%)	
Past-Month Binge Alcohol Use – Number (Percentage)	1,000 (0.3%)	
Ages 15 – 17		
Past-Month Alcohol Use – Number (Percentage)	40,000 (10.4%)	
Past-Month Binge Alcohol Use – Number (Percentage)	23,000 (6.0%)	
Ages 18 – 20		
Past-Month Alcohol Use – Number (Percentage)	140,000 (36.7%)	
Past-Month Binge Alcohol Use – Number (Percentage)	87,000 (22.7%)	
Adult Ages 21+		
Past-Month Alcohol Use – Number (Percentage)	4,222,000 (56.9%)	
Past-Month Binge Alcohol Use – Number (Percentage)	1,929,000 (26.0%)	

### MICHIGAN DATA cont'd

Average Age of Initiation		
Average Age of Initiation	16.2	
Alcohol-Attributable Deaths and Years of Potential Life Lost Under the Age of 21		
Alcohol-Attributable Deaths (under 21)	117	
Years of Potential Life Lost (under 21)	6,636	
Fatal Crashes Involving a 15- to 20- Year-Old Driver With Blood Alcohol Concentration (BAC) >0.01		
Number of Fatalities Involving 15- to 20- Year-Old With BAC >0.01	36	
Percentage of All Fatal Crashes Involving a 15- to 20-Year Old Driver	22%	

### **MICHIGAN**

The average age of alcohol initiation is

16.2

years old

#### **CONSIDER THE WHY**

Use the remaining three sections of the state report to learn more about environment and context:



Reducing childhood and underage drinking is priority number ten of SABG funds. Are there state prevention programs can be strengthened?



Is there a policy that can help achieve decreased underage drinking?



Is there a way to gather more data on the programs the state funded or facilitated?

*16.1%* of people aged 12 – 20 binge drank in the past 30 days

1.5%

of youth aged 12 – 14 drank alcohol in the past 30 days

### **MINNESOTA DATA**

#### State Population & Underage Consumption

State Population: 5,717,184 Population Ages 12-20: 700,000

Past-Month Alcohol Use		
Ages 12 – 20		
Past-Month Alcohol Use – Number (Percentage)	* (*%)	
Past-Month Binge Alcohol Use – Number (Percentage)	* (*%)	
Ages 12 – 14		
Past-Month Alcohol Use – Number (Percentage)	* (*%)	
Past-Month Binge Alcohol Use – Number (Percentage)	* (*%)	
Ages 15 – 17		
Past-Month Alcohol Use – Number (Percentage)	* (*%)	
Past-Month Binge Alcohol Use – Number (Percentage)	* (*%)	
Ages 18 – 20		
Past-Month Alcohol Use – Number (Percentage)	* (*%)	
Past-Month Binge Alcohol Use – Number (Percentage)	* (*%)	
Adult Ages 21+		
Past-Month Alcohol Use – Number (Percentage)	2,477,000 (60.4%)	
Past-Month Binge Alcohol Use – Number (Percentage)	1,151,000 (28.0%)	

\* Estimate suppressed due to low statistical precision

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CORRECTOR CONTRACTOR

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### MINNESOTA DATA cont'd

Average Age of Initiation		
Average Age of Initiation	*	
Alcohol-Attributable Deaths and Years of Potential Life Lost Under the Age of 21		
Alcohol-Attributable Deaths (under 21)	48	
Years of Potential Life Lost (under 21)	2,815	
Fatal Crashes Involving a 15- to 20- Year-Old Driver With Blood Alcohol Concentration (BAC) >0.01		
Number of Fatalities Involving 15- to 20- Year-Old With BAC >0.01	7	
Percentage of All Fatal Crashes Involving a 15- to 20-Year Old Driver	12%	

\* Estimate suppressed due to low statistical precision

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## MINNESOTA

The average age of alcohol initiation is

*16.8* 

years old

12%

Of all fatal crashes involving a

15- to 20-year-old driver with

BAC > 0.01%

### **CONSIDER THE WHY**

Use the remaining three sections of the state report to learn more about environment and context:



Reducing the 30-day alcohol use rate among youth is priority number four for use of SABG funds.

Are there state prevention programs can be strengthened?



How are state and local policies impact the environment of underage drinking?



Are there ways to gather more data on highrisk populations?

## **OHIO DATA**

State Population & Underage Consumption

State Population: 11,756,058 Population Ages 12-20: 1,391,000

Ages 12 – 20	
Past-Month Alcohol Use – Number (Percentage)	286,000 (20.5%)
Past-Month Binge Alcohol Use – Number (Percentage)	169,000 (12.1%)
Ages 12 – 14	
Past-Month Alcohol Use – Number (Percentage)	13,000 (2.8%)
Past-Month Binge Alcohol Use – Number (Percentage)	7,000 (1.4%)
Ages 15 – 17	
Past-Month Alcohol Use – Number (Percentage)	59,000 (13.1%)
Past-Month Binge Alcohol Use – Number (Percentage)	36,000 (8.0%)
Ages 18 – 20	
Past-Month Alcohol Use – Number (Percentage)	213,000 (*%)
Past-Month Binge Alcohol Use – Number (Percentage)	* (*%)
Adult Ages 21+	
Past-Month Alcohol Use – Number (Percentage)	4,859,000 (56.8%)
Past-Month Binge Alcohol Use – Number (Percentage)	2,424,000 (28.4%)

\* Estimate suppressed due to low statistical precision

### OHIO DATA cont'd

Average Age of Initiation		
Average Age of Initiation	16.9	
Alcohol-Attributable Deaths and Years of Potential Life Lost Under the Age of 21		
Alcohol-Attributable Deaths (under 21)	151	
Years of Potential Life Lost (under 21)	8,790	
Fatal Crashes Involving a 15- to 20- Year-Old Driver With Blood Alcohol Concentration (BAC) >0.01		
Number of Fatalities Involving 15- to 20- Year-Old With BAC >0.01	52	
Percentage of All Fatal Crashes Involving a 15- to 20-Year Old Driver	29%	

### OHIO

The average age of alcohol initiation is

16.9

years old

12.1%

of people aged 12 – 20 binge drank in the past 30 days

**2.8%** 

of youth aged 12 – 14 drank alcohol in the past 30 days

### **CONSIDER THE WHY**

Use the remaining three sections of the state report to learn more about environment and context:



Ensuring availability of prevention services to families and adolescents as the number three priority for use of SABG funds. Are there state prevention programs can be

Are there state prevention programs can be strengthened?



What policies can be implemented to support this priority?



Is there a way to gather more data on the programs the state funded or facilitated program?

# **WISCONSIN DATA**

State Population & Underage Consumption State Population: 5,829,539

Population Ages 12-20: 662,000

Past-Month Alcohol Use		
Ages 12 – 20		
Past-Month Alcohol Use – Number (Percentage)	138,000 (20.9%)	
Past-Month Binge Alcohol Use – Number (Percentage)	81,000 (12.2%)	
Ages 12 – 14		
Past-Month Alcohol Use – Number (Percentage)	* (*%)	
Past-Month Binge Alcohol Use – Number (Percentage)	* (*%)	
Ages 15 – 17		
Past-Month Alcohol Use – Number (Percentage)	40,000 (16.5%)	
Past-Month Binge Alcohol Use – Number (Percentage)	20,000 (8.4%)	
Ages 18 – 20		
Past-Month Alcohol Use – Number (Percentage)	83,000 (41.2%)	
Past-Month Binge Alcohol Use – Number (Percentage)	54,000 (26.7%)	
Adult Ages 21+		
Past-Month Alcohol Use – Number (Percentage)	2,767,000 (63.5%)	
Past-Month Binge Alcohol Use – Number (Percentage)	1,317,000 (30.2%)	

\* Estimate suppressed due to low statistical precision

### WISCONSIN DATA cont'd

Average Age of Initiation		
Average Age of Initiation	16.2	
Alcohol-Attributable Deaths and Years of Potential Life Lost Under the Age of 21		
Alcohol-Attributable Deaths (under 21)	61	
Years of Potential Life Lost (under 21)	3,581	
Fatal Crashes Involving a 15- to 20- Year-Old Driver With Blood Alcohol Concentration (BAC) >0.01		
Number of Fatalities Involving 15- to 20- Year-Old With BAC >0.01	14	
Percentage of All Fatal Crashes Involving a 15- to 20-Year Old Driver	14%	

## WISCONSIN

The average age of alcohol initiation is

**16.2** years old

12.2%

of people aged 12 – 20 binge drank in the past 30 days

### 61

alcohol-attributable deaths for those under the age of 21

### **CONSIDER THE WHY**

Use the remaining three sections of the state report to learn more about environment and context:



Reducing adult and youth binge drinking is priority number five for use of SABG fund. Are there state prevention programs can be strengthened?



Which of the six policy categories need to be strengthened?



How can better data be gathered on state programs to assess their impact?





# TTHY: CAMPAIGN OVERVIEW

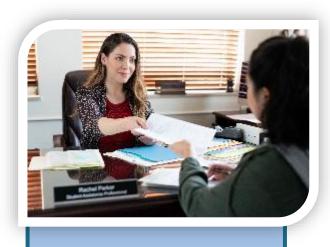
and when — to begin the conversation, visit



### **National Adult Oriented Campaign**

GET INFORMED. BE PREPARED. TAKE ACTION.





Schools & Educators



Community Members



### NATIONAL MEDIA CAMPAIGN GOALS





Increase **awareness of the prevalence and risk** of underage drinking and other drug use

Equip parents' educators, and communities with the **knowledge**, skills, and **confidence** to prevent underage drinking and other drug use; and

Increase actions to prevent underage drinking and other drug use.



### **DISCUSSION STARTER VIDEOS**



हार

they hear you<sup>®</sup>

**Purpose**: For your next community event, these videos will prompt conversation and help inspire adults to play a greater role in underage drinking and substance use prevention. These videos showcase a variety of situations with parents and caregivers, student assistance professionals, administrators, educators, community members, and other adult role models in children's lives.



**Brochures** 

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**Fact Sheets** 



a student, remember you are not alone. You have a team of school professionals to support you.

Bucket assumes probabilities are there is the swhen screeting is going on with a statem. They will work with you, the statement, and the statement frends, to develop a complete picture of what's going on and engage resources to help.

vouundungesthiding suntiss.gov 3 54MH54

Posters



#### **Discussion Starter Video**





TV PSAs



Evitemos el Uso de Alcohol en Nuestros Menores

### **Spanish Materials**



**Print PSAs** 









Podcast



### STUDENT ASSISTANCE SERVICES

For student-assistance services to be as effective as possible, researchers have identified several program components that are critical to providing necessary services and reducing barriers to learning:

- School board policy
- Staff development
- Program awareness
- Internal referral process
- Problem-solving team and case management
- Direct services to students
- Cooperation and collaboration
- Integration with other school-based programs
- Program evaluation and improvement

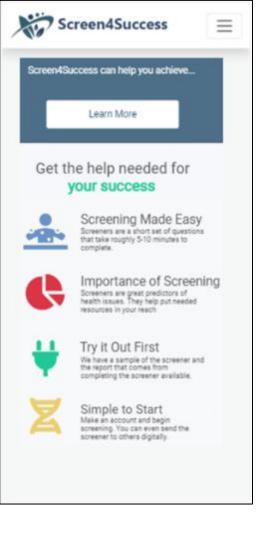




### SCREENING AS A PREVENTION STRATEGY



CCPUD



- <u>Early and periodic screening</u> is widely recognized as one of the best ways to prevent the progression of more severe disease states in general and substance use specifically.
- Screening often focuses on one disease at a time. However, this can create a high burden when trying to screen a larger population, which leads to multidimensional screening for multiple things at a time.
- The results may identify strengths and areas to build on, early misuse that may only require brief intervention, and/or the need to refer for (hopefully early) intervention in one or more areas.





# THANK YOU & QUESTIONS

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The Interagency Coordinating Committee on the Prevention of Underage Drinking (ICCPUD)