

Session 3: Strategies for Success on the IC&RC Prevention Exam

Nicole Augustine August 8, 2023



South Southwest (HHS Region 6)

Prevention Technology Transfer Center Network Funded by Substance Abuse and Mental Health Services Administration

Acknowledgement

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At the time of this publication, Miriam E. Delphin-Rittmon, Ph.D, served as Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services and the Administrator of the Substance Abuse and Mental Health Services Administration.

The opinions expressed herein are the view of PTTC Network and do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this document is intended or should be inferred.

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Learning Objectives



Practice sample IC&RC exam prep questions.

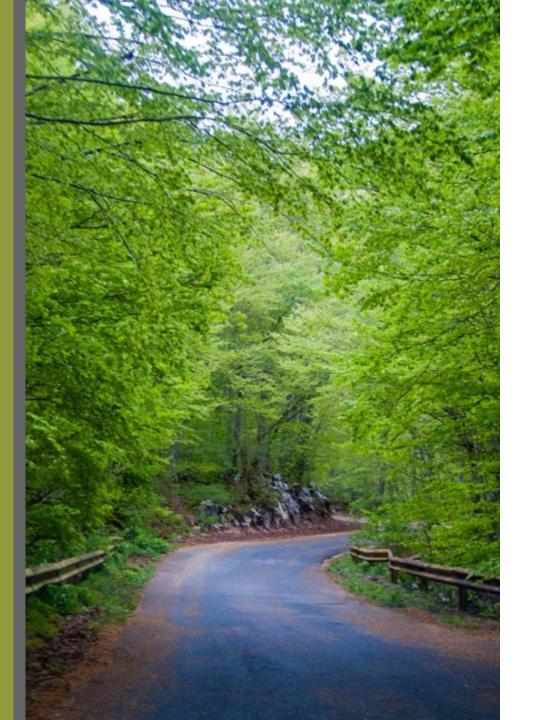


Create a 30-day plan for studying for the exam.



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Our Roadmap

- Introduction
- ✓ Questions About Sessions 1 and 2
- Jeoparty Prevention Specialist Certification
- ✓ Strategies for Success Handout
- ✓ Setting Goals for Certification



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PREVENTION SPECIALIST CERTIFICATION

>			PANEL ·			
	DOMAIN I	DOMAIN II	DOMAIN III	DOMAIN IV	DOMAIN V	DOMAIN VI
•	\$200	\$200	\$200	\$200	\$200	\$200
×	\$400	\$400	\$400	\$400	\$400	\$400
	\$600	\$600	\$600	\$600	\$600	\$600
	\$800	\$800	\$800	\$800	\$800	\$800
	\$1000	\$1000	\$1000	\$1000	\$1000	\$1000

DOMAIN I - **\$200**

Data that already exists and that are maintained by an organization or entity.



Archival Data

DOMAIN I • \$400

The extent to which a community is adequately prepared to implement a substance use disorder prevention program.

DOMAIN I • **\$400**

Community Readiness

DOMAIN I • \$600

Findings about effective prevention programs as identified through research



Guiding Principles

DOMAIN I - **\$800**

A systematic process for examining the current conditions and identifying the level of risk and protection within a community.

DOMAIN I - **\$800**

Needs Assessment

DOMAIN I - \$1000 A proactive process that empowers individuals and systems to meet the challenges of life events and transitions by creating and reinforcing conditions that promote healthy behaviors and lifestyles.



Prevention

DOMAIN II - \$200

One of CSAP's Six Prevention Strategies focused on providing information

DOMAIN II · \$200

Information Dissemination

DOMAIN II · \$400

Model based on the interaction of the "host", the "agent", and the "environment".



Public Health Model

DOMAIN II- \$600

Set of strategies that impact social norms, media messages, laws and regulations, or accessibility.



Environmental Strategies

DOMAIN II - \$800

Factors shown to increase the likelihood of adolescent substance abuse, teenage pregnancy, school dropout, youth violence, and delinquency



Risk Factors

DOMAIN II - \$1000

Programs and strategies designed to target specific individuals at risk for substance use problems.

DOMAIN II - \$1000

Indicated programs

DOMAIN III · \$200

The knowledge, experience, values, ideas, attitudes, skills, tastes, and techniques that are passed on from more experienced members of a community to new members.



Culture

DOMAIN III · \$400

Verbal and nonverbal communication that occurs during and after a message has been sent.



•

Feedback

DOMAIN III · \$600

Legal device that provides the creator (art, music, document, literature) the right to control how the work is used.



Copyright

DOMAIN III - \$800

Someone who manages a group process to ensure: 1) a constructive discussion, 2) involvement of all members, and 3) team cohesiveness.



Facilitator

DOMAIN III · \$1000

The provision of assistance to an agency or organization requiring information to improve operational procedures

DOMAIN III · \$1000

Technical Assistance

Leadership style that focuses on assigning responsibilities to others and allowing them to follow through independently.



Delegator

General feeling in the community that this is a local problem, and something ought to be done yet there is no motivation to do anything

Vague Awareness - Community Readiness Stage

A statement that makes the direction and vision for the work of a coalition clear and accomplishable

Mission Statement

A process in which everyone involved accepts the best possible solution

Building Consensus

After community readiness is assessed, this is the next step in implementing a successful prevention program

Community Mobilization

DOMAIN V - **\$200**

Strategic use of media to advance a social or public policy initiative



Media Advocacy

The ability to access, analyze, and produce media messages

DOMAIN V • **\$400**

Media Literacy

DOMAIN V - \$600

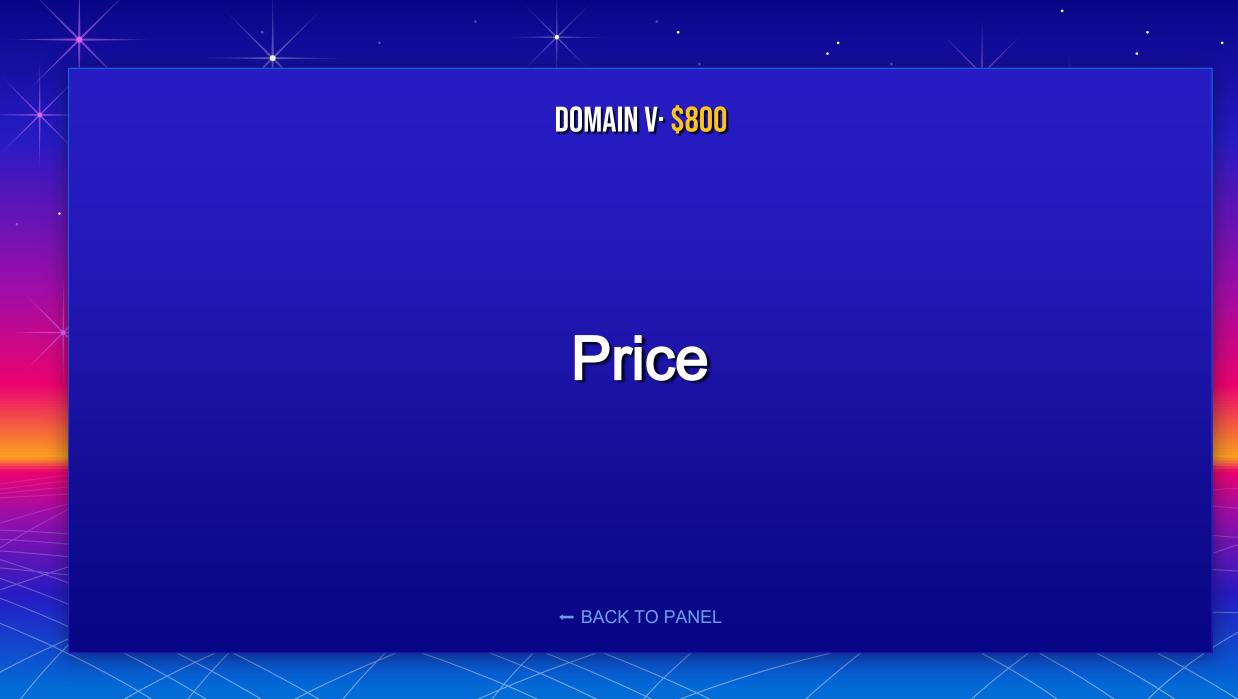
The deliberate process of informing and influencing decision-makers in support of evidence-based policy change and policy implementation, including resource mobilization.

DOMAIN V - \$600

Policy Advocacy

DOMAIN V- **\$800**

What the consumer has to give up in order to achieve the benefits being offered in a social marketing campaign



Events or circumstances that may be traumatic to children during the first 18 years of life





Rules and standards governing professional conduct





Predictive theory that identifies the factors that increase/decrease susceptibility to SUD

Risk and Protective Factors Theory

Theory of cognitive development that suggests children move through four different stages of mental development

Jean Piaget's Cognitive-Developmental Stages

Ethics principle linked to the practice of doing no harm to service recipient.

Nature of Services

CATEGORY 6 - \$1000

Number of hours of continuing education needed for PS recertification

CATEGORY 6 - \$1000

40 hours of CEUs every two years

CREDITS

Special thanks to all the people who made and released these awesome resources for free:

Presentation template by <u>SlidesCarnival</u>

Test Taking Strategies





Handout: How to Take Standardized Tests



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Welcome to the Breakout Room Activity

Introduce yourself and talk about your strengths and opportunities in each domain area. What will you do in the next 30 days to prepare yourself for the exam?

Make a commitment together to follow through weekly with your goals. You can share email addresses or cell phone number to text so you can check in on each other.

Partner 1	Partner 2
Strengths	Strengths
Opportunities	Opportunities



Let's hear from you!

What are your questions?



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Wanda Hudson Product Development and Distance Learning Coordinator South Southwest PTTC Region 6 phone Connect with us @ <u>SSW PTTC website</u> Join our mailing list

Products and resources

Resources

IC&RC. (2022). Candidate Guide for the IC&RC Prevention Specialist Examination. <u>https://www.internationalcredentialing.org/resources/Candidate%20Guides/Prevention_Candidate_Guide_Final.pdf</u>

PTTC Prevention Specialist Certification Database <u>https://pttcnetwork.org/centers/global-pttc/news/prevention-specialist-certification-database-now-available</u>

South Southwest PTTC Video Series

Preparing for Prevention Credentialing YouTube Playlist. (2023). <u>https://www.youtube.com/playlist?list=PLV7fG3F5rcl54RzbWye2PnmDGYltgzIMx</u>

Self-Regulation YouTube Playlist. (2022). <u>https://www.youtube.com/playlist?list=PLV7fG3F5rcl5Uy3dxunUDLtZL1erlttMN</u>



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