



Session 3: Strategies for Success on the IC&RC Prevention Exam

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South Southwest (HHS Region 6)

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Acknowledgement

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At the time of this publication, Miriam E. Delphin-Rittmon, Ph.D, served as Assistant Secretary for Mental Health and Substance Use in the U.S. Department of Health and Human Services and the Administrator of the Substance Abuse and Mental Health Services Administration.

The opinions expressed herein are the view of PTTC Network and do not reflect the official position of the Department of Health and Human Services (DHHS), SAMHSA. No official support or endorsement of DHHS, SAMHSA, for the opinions described in this document is intended or should be inferred.

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Learning Objectives



Practice sample IC&RC exam prep questions.



Create a 30-day plan for studying for the exam.



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Our Roadmap

- ✓ Introduction
- ✓ Questions About Sessions 1 and 2
- ✓ Jeopardy – Prevention Specialist Certification
- ✓ Strategies for Success - Handout
- ✓ Setting Goals for Certification



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JEOPARTY!

PREVENTION SPECIALIST

CERTIFICATION

PANEL

DOMAIN I	DOMAIN II	DOMAIN III	DOMAIN IV	DOMAIN V	DOMAIN VI
\$200	\$200	\$200	\$200	\$200	\$200
\$400	\$400	\$400	\$400	\$400	\$400
\$600	\$600	\$600	\$600	\$600	\$600
\$800	\$800	\$800	\$800	\$800	\$800
\$1000	\$1000	\$1000	\$1000	\$1000	\$1000

DOMAIN I · \$200

Data that already exists and that are maintained by an organization or entity.

← BACK TO PANEL

DOMAIN I · \$200

Archival Data

← BACK TO PANEL

DOMAIN I · \$400

The extent to which a community is adequately prepared to implement a substance use disorder prevention program.

[← BACK TO PANEL](#)

DOMAIN I · \$400

Community Readiness

← BACK TO PANEL

DOMAIN I · \$600

Findings about effective prevention programs as identified through research

← BACK TO PANEL

DOMAIN I · \$600

Guiding Principles

← BACK TO PANEL

DOMAIN I · \$800

A systematic process for examining the current conditions and identifying the level of risk and protection within a community.

[← BACK TO PANEL](#)

DOMAIN I · \$800

Needs Assessment

← BACK TO PANEL

DOMAIN I · \$1000

A proactive process that empowers individuals and systems to meet the challenges of life events and transitions by creating and reinforcing conditions that promote healthy behaviors and lifestyles.

[← BACK TO PANEL](#)

DOMAIN I - \$1000

Prevention

← BACK TO PANEL

DOMAIN II · \$200

**One of CSAP's Six Prevention
Strategies focused on providing
information**

← BACK TO PANEL

DOMAIN II - \$200

Information Dissemination

← BACK TO PANEL

DOMAIN II · \$400

**Model based on the interaction of
the “host”, the “agent”, and the
“environment”.**

← BACK TO PANEL

DOMAIN II- \$400

Public Health Model

← BACK TO PANEL

DOMAIN II- \$600

Set of strategies that impact social norms, media messages, laws and regulations, or accessibility.

[← BACK TO PANEL](#)

DOMAIN II- \$600

Environmental Strategies

[← BACK TO PANEL](#)

DOMAIN II · \$800

Factors shown to increase the likelihood of adolescent substance abuse, teenage pregnancy, school dropout, youth violence, and delinquency

← BACK TO PANEL

DOMAIN II - \$800

Risk Factors

← BACK TO PANEL

DOMAIN II - \$1000

Programs and strategies designed to target specific individuals at risk for substance use problems.

[← BACK TO PANEL](#)

DOMAIN II - \$1000

Indicated programs

[← BACK TO PANEL](#)

DOMAIN III · \$200

The knowledge, experience, values, ideas, attitudes, skills, tastes, and techniques that are passed on from more experienced members of a community to new members.

[← BACK TO PANEL](#)

DOMAIN III · \$200

Culture

← BACK TO PANEL

DOMAIN III · \$400

**Verbal and nonverbal
communication that occurs during
and after a message has been sent.**

[← BACK TO PANEL](#)

DOMAIN III · \$400

Feedback

← BACK TO PANEL

DOMAIN III · \$600

Legal device that provides the creator (art, music, document, literature) the right to control how the work is used.

[← BACK TO PANEL](#)

DOMAIN III · \$600

Copyright

← BACK TO PANEL

DOMAIN III · \$800

Someone who manages a group process to ensure: 1) a constructive discussion, 2) involvement of all members, and 3) team cohesiveness.

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DOMAIN III · \$800

Facilitator

[← BACK TO PANEL](#)

DOMAIN III · \$1000

The provision of assistance to an agency or organization requiring information to improve operational procedures

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DOMAIN III · \$1000

Technical Assistance

[← BACK TO PANEL](#)

DOMAIN IV · \$200

Leadership style that focuses on assigning responsibilities to others and allowing them to follow through independently.

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DOMAIN IV · \$200

Delegator

← BACK TO PANEL

DOMAIN IV · \$400

**General feeling in the community
that this is a local problem, and
something ought to be done yet
there is no motivation to do anything**

[← BACK TO PANEL](#)

DOMAIN IV · \$400

Vague Awareness - Community Readiness Stage

[← BACK TO PANEL](#)

DOMAIN IV · \$600

**A statement that makes the direction
and vision for the work of a coalition
clear and accomplishable**

[← BACK TO PANEL](#)

DOMAIN IV · \$600

Mission Statement

← BACK TO PANEL

DOMAIN IV · \$800

**A process in which everyone
involved accepts the best possible
solution**

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DOMAIN IV · \$800

Building Consensus

[← BACK TO PANEL](#)

DOMAIN IV · \$1000

After community readiness is assessed, this is the next step in implementing a successful prevention program

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DOMAIN IV · \$1000

Community Mobilization

[← BACK TO PANEL](#)

DOMAIN V - \$200

**Strategic use of media to advance a
social or public policy initiative**

[← BACK TO PANEL](#)

DOMAIN V - \$200

Media Advocacy

← BACK TO PANEL

DOMAIN V · \$400

**The ability to access, analyze, and
produce media messages**

[← BACK TO PANEL](#)

DOMAIN V - \$400

Media Literacy

[← BACK TO PANEL](#)

DOMAIN V - \$600

The deliberate process of informing and influencing decision-makers in support of evidence-based policy change and policy implementation, including resource mobilization.

[← BACK TO PANEL](#)

DOMAIN V - \$600

Policy Advocacy

← BACK TO PANEL

DOMAIN V- \$800

What the consumer has to give up in order to achieve the benefits being offered in a social marketing campaign

← BACK TO PANEL

DOMAIN V- \$800

Price

← BACK TO PANEL

DOMAIN V - \$1000

**Events or circumstances that may
be traumatic to children during the
first 18 years of life**

[← BACK TO PANEL](#)

DOMAIN V - \$1000

ACEs

[← BACK TO PANEL](#)

DOMAIN VI · \$200

Rules and standards governing professional conduct

[← BACK TO PANEL](#)

DOMAIN VI - \$200

Ethics

[← BACK TO PANEL](#)

DOMAIN VI · \$400

Predictive theory that identifies the factors that increase/decrease susceptibility to SUD

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DOMAIN VI · \$400

Risk and Protective Factors Theory

← BACK TO PANEL

DOMAIN VI · \$600

**Theory of cognitive development
that suggests children move through
four different stages of mental
development**

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DOMAIN VI · \$600

Jean Piaget's Cognitive- Developmental Stages

[← BACK TO PANEL](#)

DOMAIN VI · \$800

**Ethics principle linked to the practice
of doing no harm to service
recipient.**

[← BACK TO PANEL](#)

DOMAIN VI - \$800

Nature of Services

[← BACK TO PANEL](#)

CATEGORY 6 · \$1000

**Number of hours of continuing
education needed for PS
recertification**

[← BACK TO PANEL](#)

CATEGORY 6 - \$1000

40 hours of CEUs every two years

← BACK TO PANEL

CREDITS

Special thanks to all the people who made and released these awesome resources for free:

- Presentation template by [SlidesCarnival](#)

Test Taking Strategies



Handout: How to Take Standardized Tests



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Welcome to the Breakout Room Activity

Introduce yourself and talk about your strengths and opportunities in each domain area. What will you do in the next 30 days to prepare yourself for the exam?

Make a commitment together to follow through weekly with your goals. You can share email addresses or cell phone number to text so you can check in on each other.

Partner 1

Partner 2

Strengths

Strengths

Opportunities

Opportunities



Let's hear from you!
What are your questions?



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Resources

IC&RC. (2022). Candidate Guide for the IC&RC Prevention Specialist Examination.
https://www.internationalcredentialing.org/resources/Candidate%20Guides/Prevention_Candidate_Guide_Final.pdf

PTTC Prevention Specialist Certification Database <https://pttcnetwork.org/centers/global-pttc/news/prevention-specialist-certification-database-now-available>

South Southwest PTTC Video Series

Preparing for Prevention Credentialing YouTube Playlist. (2023).
<https://www.youtube.com/playlist?list=PLV7fG3F5rcI54RzbWye2PnmDGYItgzIMx>

Self-Regulation YouTube Playlist.
(2022). <https://www.youtube.com/playlist?list=PLV7fG3F5rcI5Uy3dxunUDLtZL1erIttMN>



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