

Cultural Intersections

LGBTQ Youth and Substance Use Disorders

Part 2 of 3



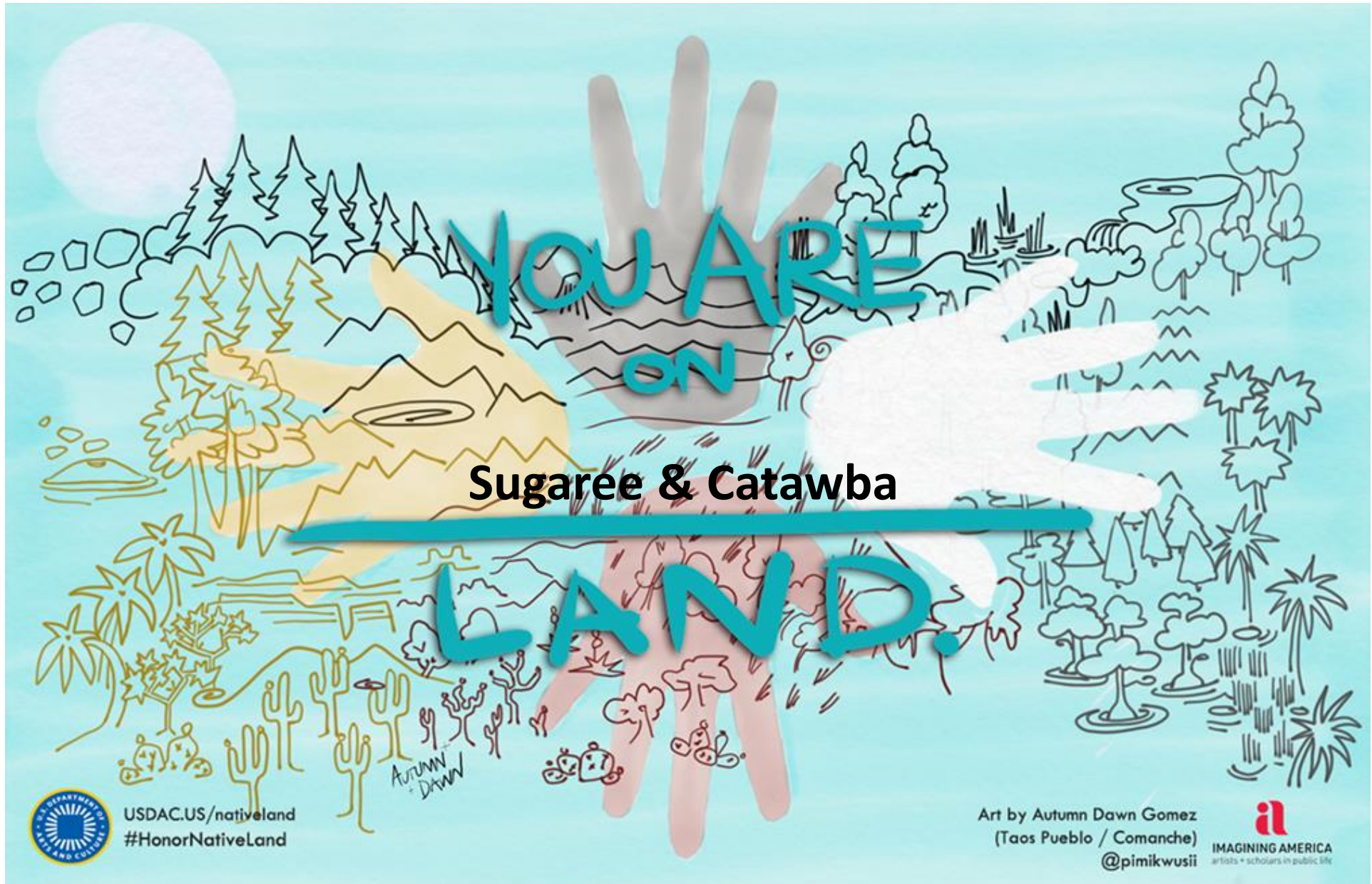
Inspiring Solutions for a Better World

Welcome

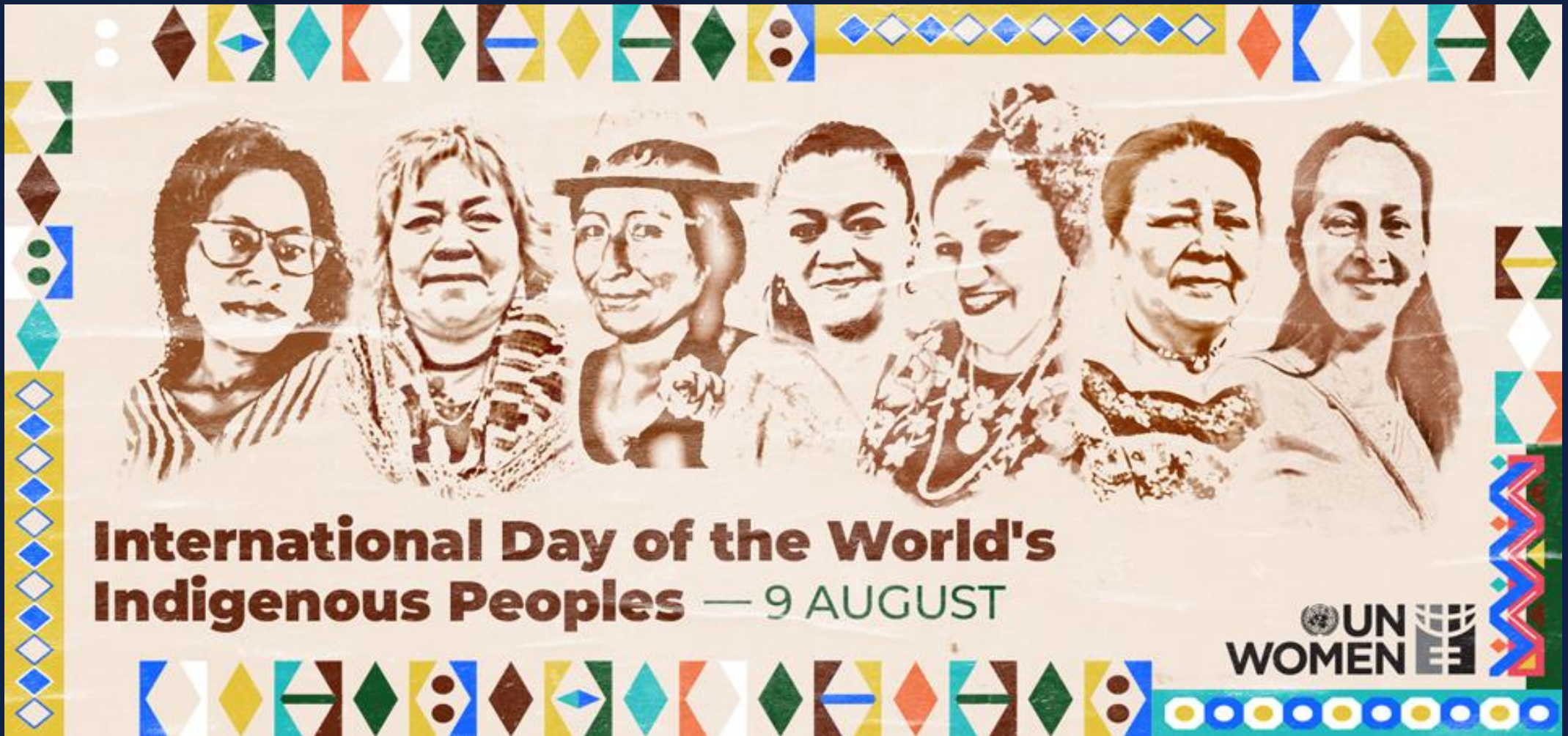


Leslie Dill (she/her) MAEd, CHES

- Gastonian
- ECU alum
- Shih Tzu mom
- UNC Charlotte
- Charlotte Roller Derby blocker
- TedX speaker
- Sexual health educator
- NCSHTC cadre member
- Data Analyst Manager for MCHD
- Golden Girls enthusiast
- OPT Out Program Manager
- Relationship builder



Sugaree & Catawba



It's also National Women's Day!

• Intersections – A Three-Part Series

Many minority populations are disproportionately affected by substance use disorders and the LGBTQ community is no different. We will use data to take a look at how LGBTQ youth and young adults are effected by substance use disorder and offer some strategies to combat this issue. You will also learn some new ways to engage LGBTQ youth and young adults in your work!

• Cultural Intersections – LGBTQ Youth and Substance Use Disorders



Learning Outcomes

- Better understand why LGBTQ youth are disproportionately affected by substance use disorders.
- Learn some new ways that we are trying to reach LGBTQ youth to engage them in prevention and harm reduction related to substance use disorders!
- Understand the difference between gender identity, gender expression, sexual identity, and sex assigned at birth and how they are all very separate and important concepts.
- Identify three ways that you can show community members, that you may interact with, that you are supportive of diversity – without saying it.

Queer



Let's break it all down the L, G, B, T, and Q!



Pants...



Gender
Identity –

How you feel
about what is
in your pants.

Pants...



Gender
Expression –

How you wear
your pants.

Pants...



Gender
assigned at
birth –

What was in
your pants.

Pants...



Sexual
Orientation –

Whose pants
do you want
to get in to 😊

Why are LGBTQIA+ youth more likely to experience a substance use disorder than their cis/het peers?

Feel free to speak or drop your thoughts in the chat!



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Early Adversity has Lasting Impacts





(THAT'S NEARLY 15 MILLION PEOPLE)

**OF THEM, 1/3 EXPERIENCE A MENTAL ILLNESS
(60% MORE THAN HETEROSEXUALS)**



AND ARE 2-3x MORE LIKELY TO HAVE LONG-TERM PSYCHOLOGICAL OR EMOTIONAL PROBLEMS

REGULARLY FACING PREJUDICE, HARASSMENT, & DISCRIMINATION

WHICH CAUSES SERIOUS ISSUES WITHIN THE LGBTQ+ POPULATION...



TRANSGENDER PEOPLE ATTEMPT SUICIDE 9x MORE THAN THE ENTIRE US POPULATION,



LGBTQ+ ADULTS ARE 56% MORE LIKELY TO DEVELOP AN ALCOHOL USE DISORDER,



AND ALMOST 3X AS LIKELY TO DEVELOP ANOTHER SUBSTANCE USE DISORDER.

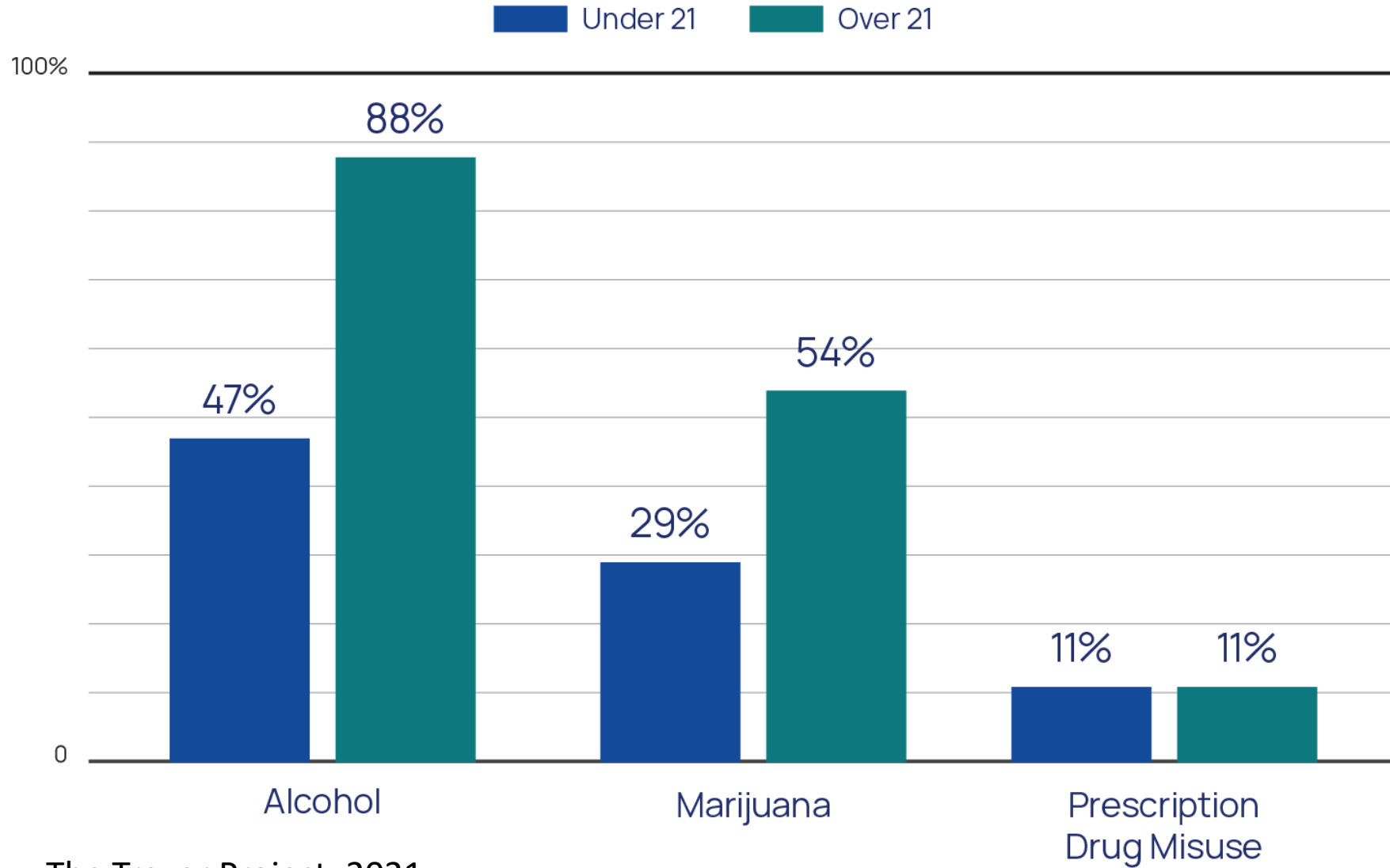


SOURCES:

<https://news.gallup.com/poll/234863/estimate-lgbt-population-rises.aspx>
<https://link.springer.com/article/10.1007%2Fs11606-014-2905-y>

<https://transequality.org/sites/default/files/docs/usts/USTS-Full-Report-Dec17.pdf>
<https://www.samhsa.gov/data/sites/default/files/NSDUH-SexualOrientation-2015/NSDUH-SexualOrientation-2015/NSDUH-SexualOrientation-2015.htm>

Substance Use in the Last Year Among LGBTQ Youth



The Trevor Project, 2021

What are some examples of protective factors for youth?

Person-Centered & Trauma-Informed – Show Us Your Intake



- Cohort 1 – within Task Force
- Cohort 2 – broader community
- Surveys
- Decrease barriers
- Pre-made policy
- Levels of engagement:
 - Suggestions
 - Review
- Large-scale media campaign

Community Services – Brave Space

- Cohort 1 – pilot
- Cohort 2 – broader community
- Collaboration with Time OUT Youth and Charlotte-Mecklenburg Schools
- Website mentions
- Use of logo

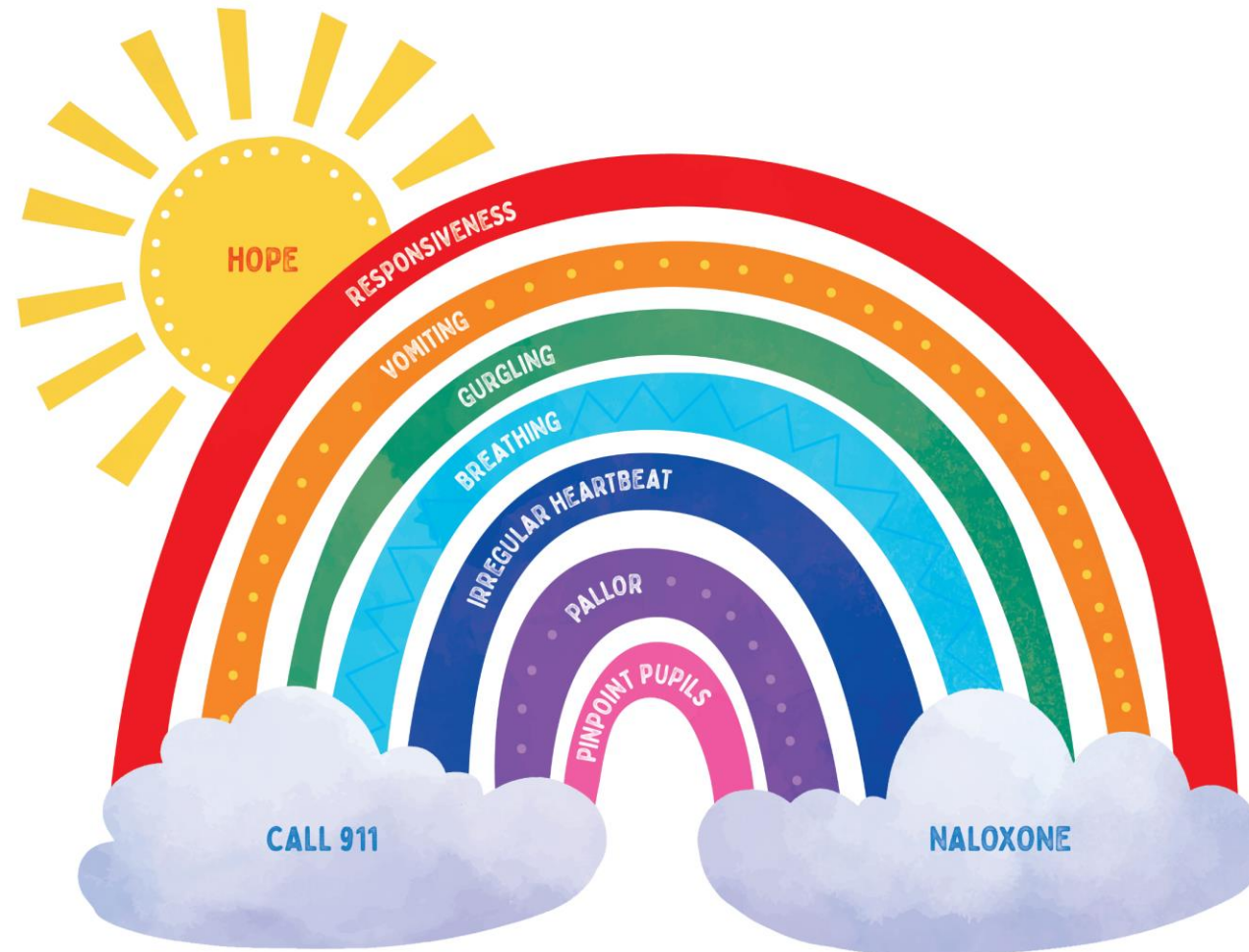


Youth engagement...

- Q Chat Space
- GSA relationships
- Communities in Schools
- Art contest

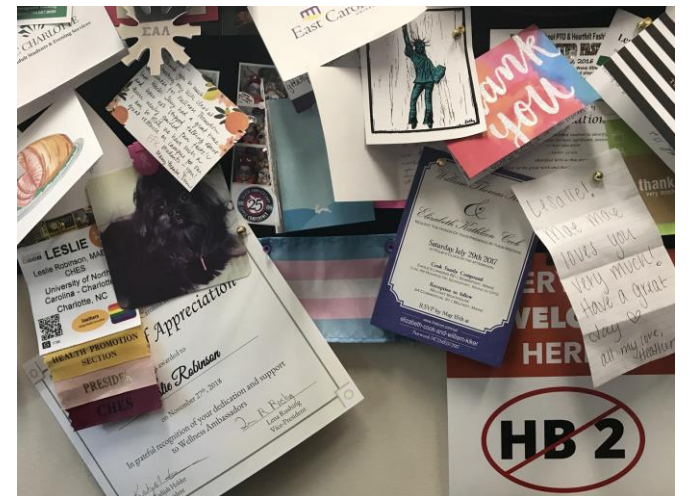


Reimagining the Rainbow Campaign



Making YOUR space inclusive....

- In the news....
- Stickers/Buttons
- Pronouns
- Art
- Flags
- Language
- Blurb in your syllabus



Diversity Statement

No student will be discriminated against in the class based upon age, race, nationality, religion, sexual orientation/gender expression, country of origin, or group affiliation. Likewise all participants in this class will be expected to respect other members of this class who fall into these (and any other not mentioned) categories. Any student who does not behave in a respectful manor with his classmates and professor will be withdrawn from the class immediately. No exceptions will be made to this rule. I am a participant in the UNCC Safe Zone program to ensure that my class is safe and affirming for LGBTQ students. If you have any questions or concerns, please do not hesitate to ask me after class.

- Trauma is the gateway drug
- LGBTQ youth are disproportionately affected by SUD
- Talk about it!
- There are things you can do to help!



KEY TAKEAWAYS



Resources

- Search for SUD resources - <https://www.shatterproof.org/>
- The Trevor Project – <https://www.thetrevorproject.org/survey-2022/>
- HRC – <https://www.hrc.org/>
- Healthy Life Recovery - <https://healthyliferecovery.com/mental-health-addiction-in-lgbtq/>

Contact US



<http://carltonhallconsulting.com/>



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THANK YOU!

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