



Pacific Southwest (HHS Region 9)

PTTC

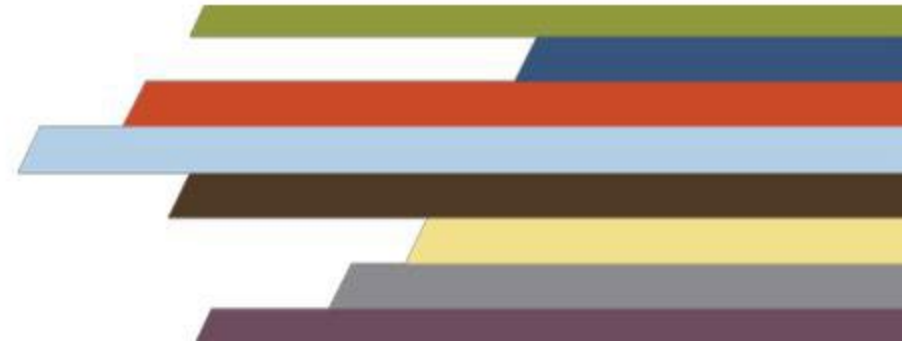
Prevention Technology Transfer Center Network

Funded by Substance Abuse and Mental Health Services Administration



The Power of Prevention: The Spectrum of Behavioral Health and Approaches to Prevention

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Center for the Application of Substance Abuse Technologies
(CASAT)*



Disclaimer

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Agenda

Behavioral
Health Services

Selecting the
Audience



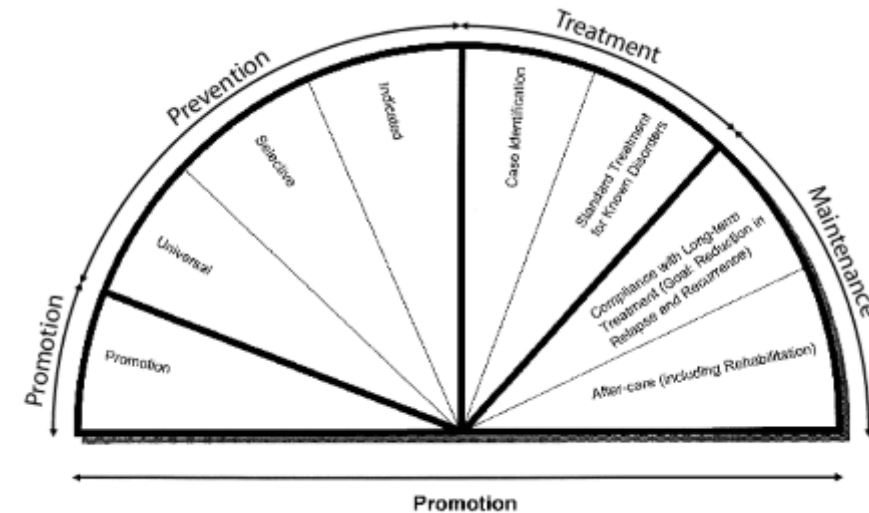
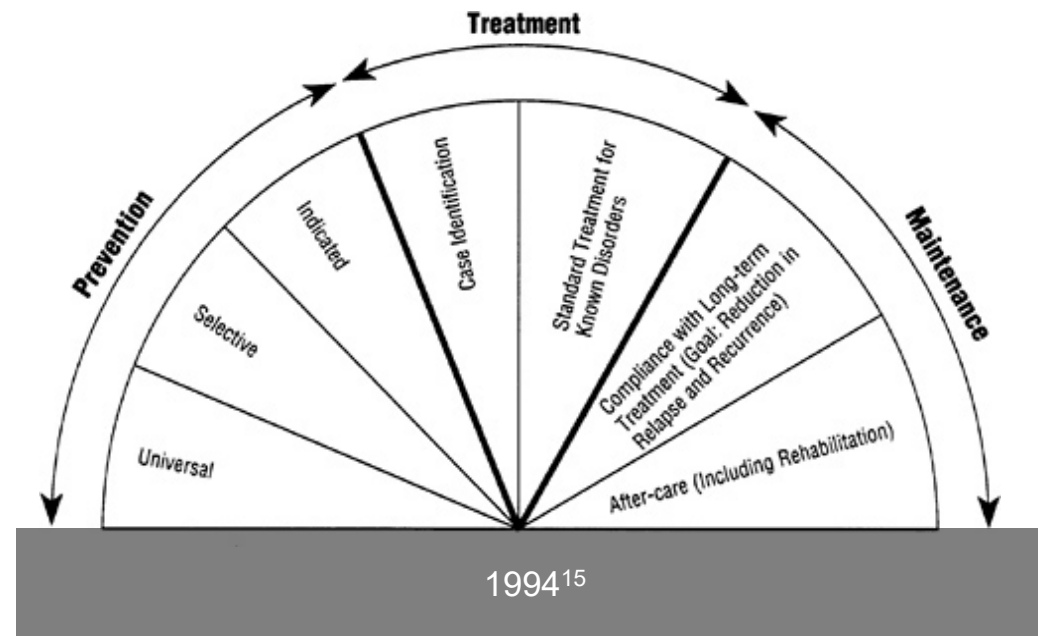


Learning Objectives

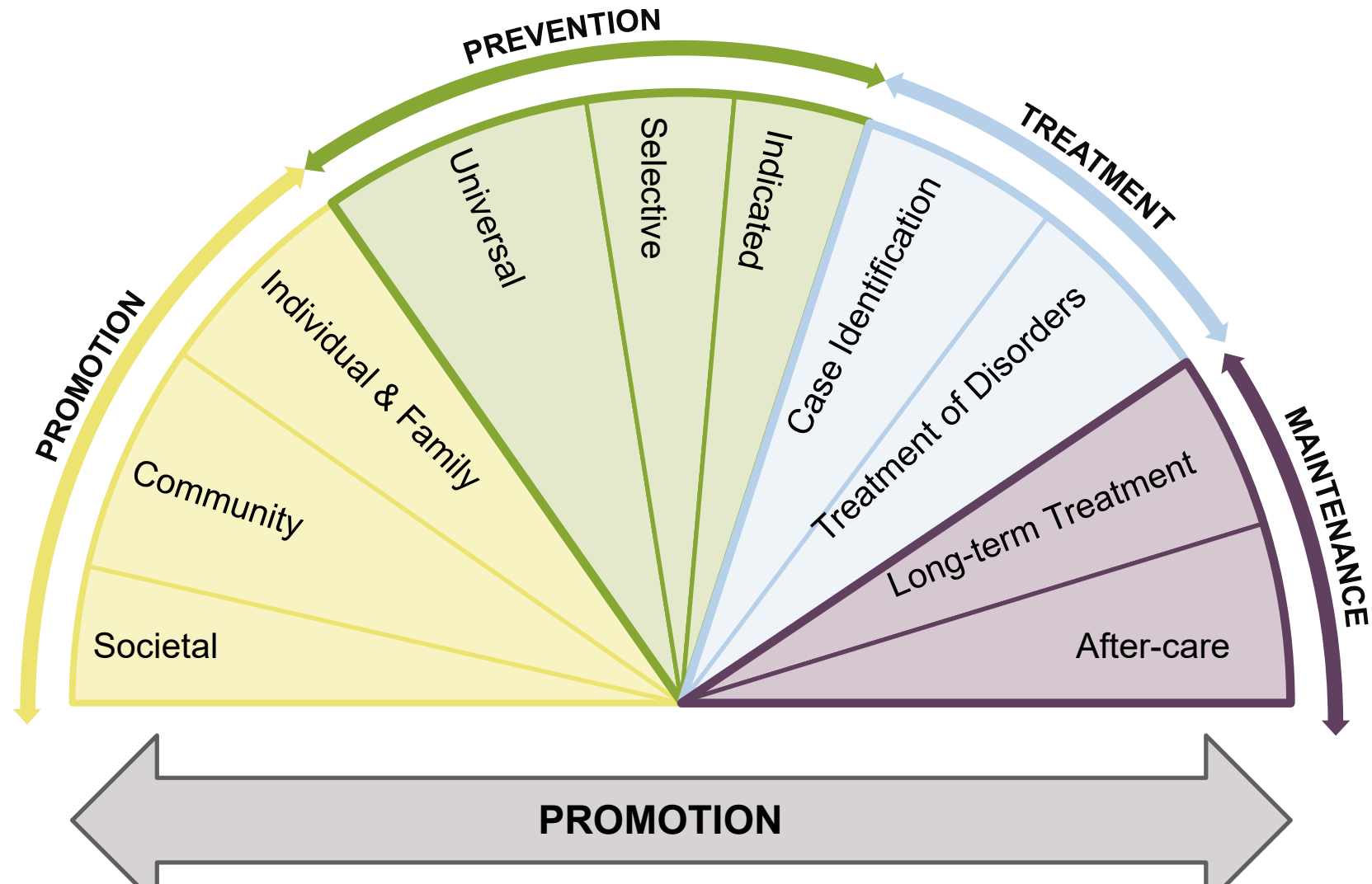
Describe the four categories of behavioral health services shown in the Spectrum of Mental, Emotional, and Behavioral (MEB) Interventions

Compare and contrast Universal, Selective, and Indicated prevention services

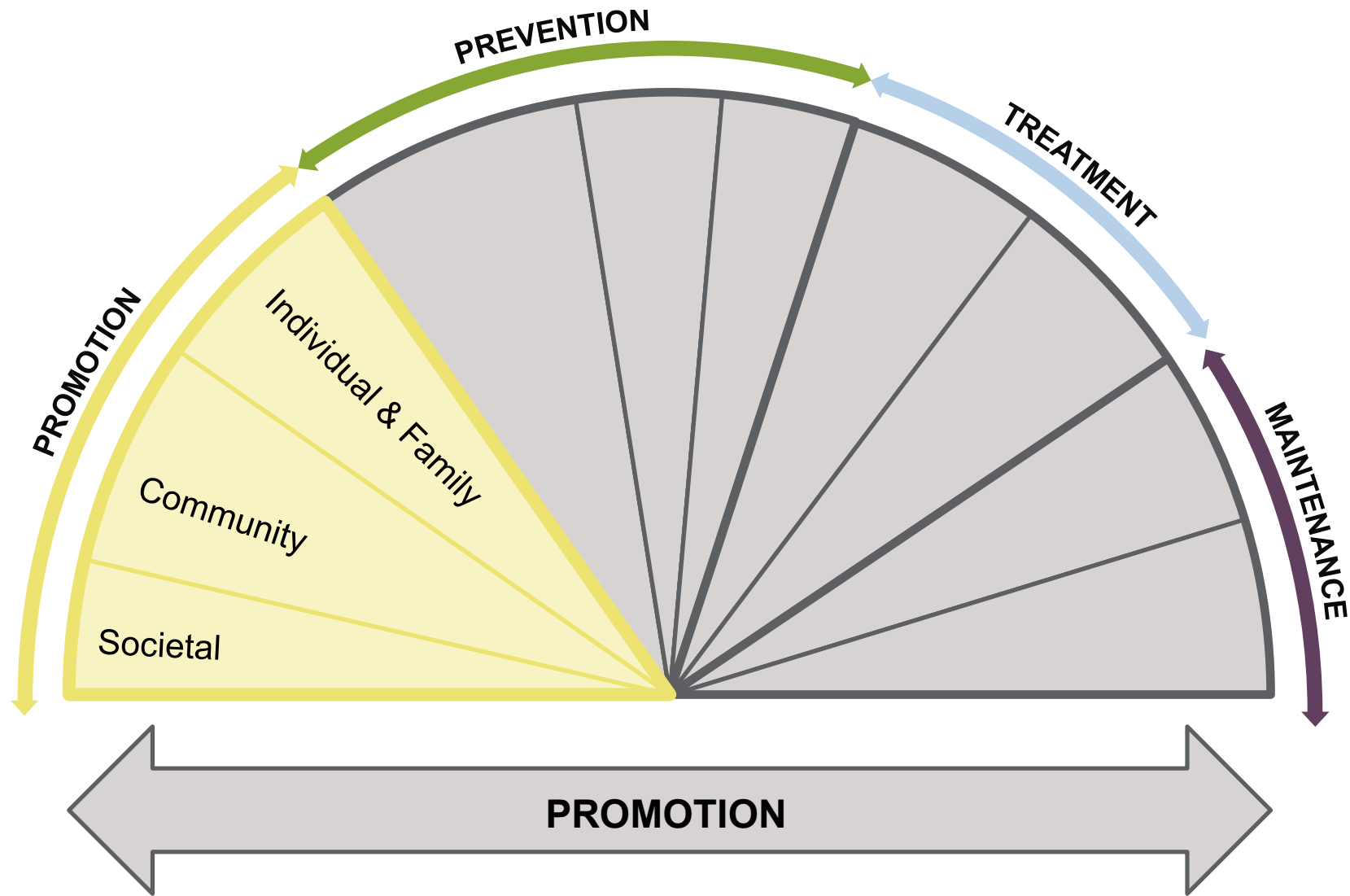
The Spectrum/Continuum of Behavioral Health Services



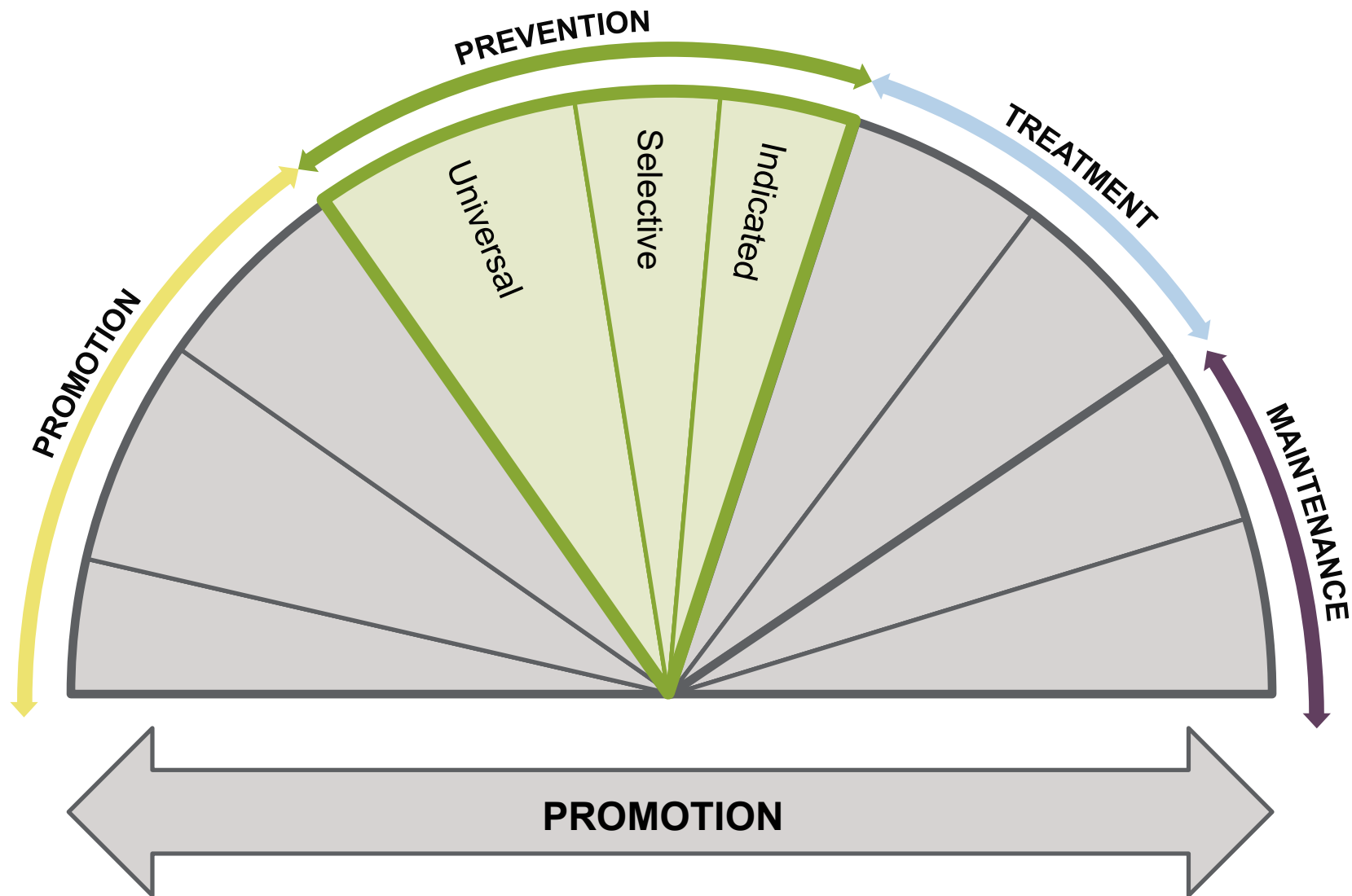
2019: Spectrum of Mental, Emotional, and Behavioral (MEB) Interventions¹



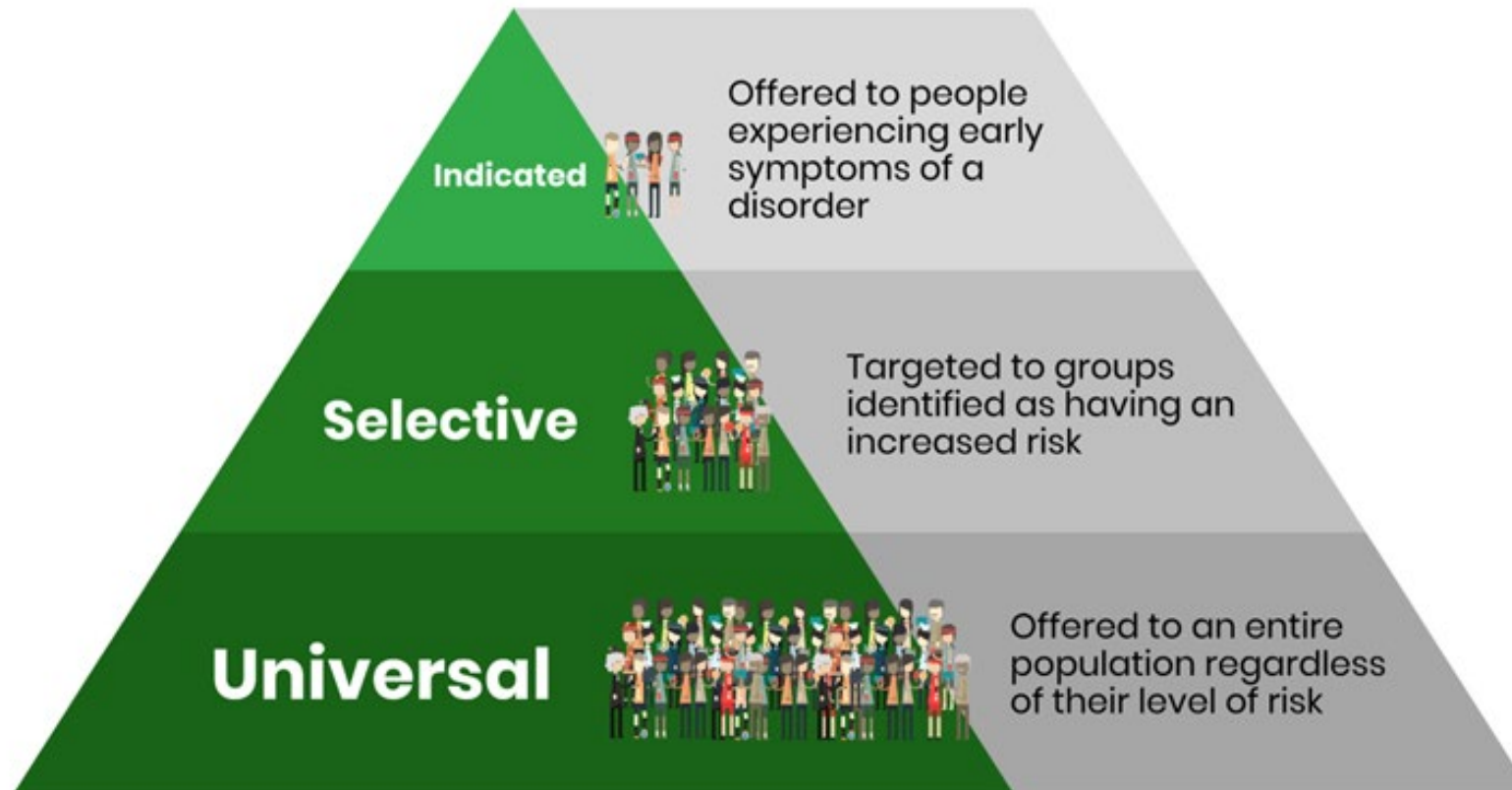
Promotion^{1, 2, 3, 4}



Prevention^{2,4}

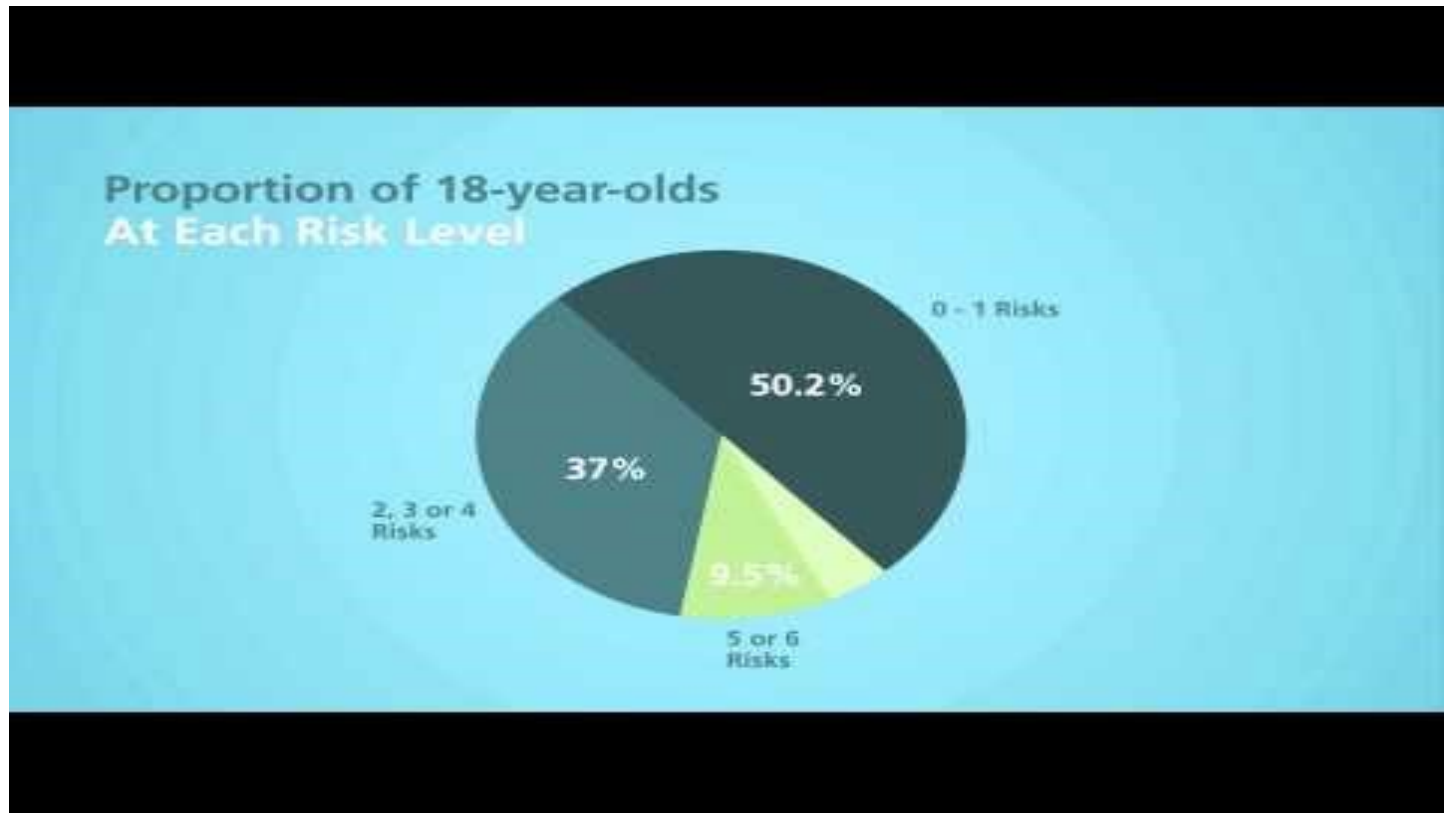


Selecting the Audience^{2,5}

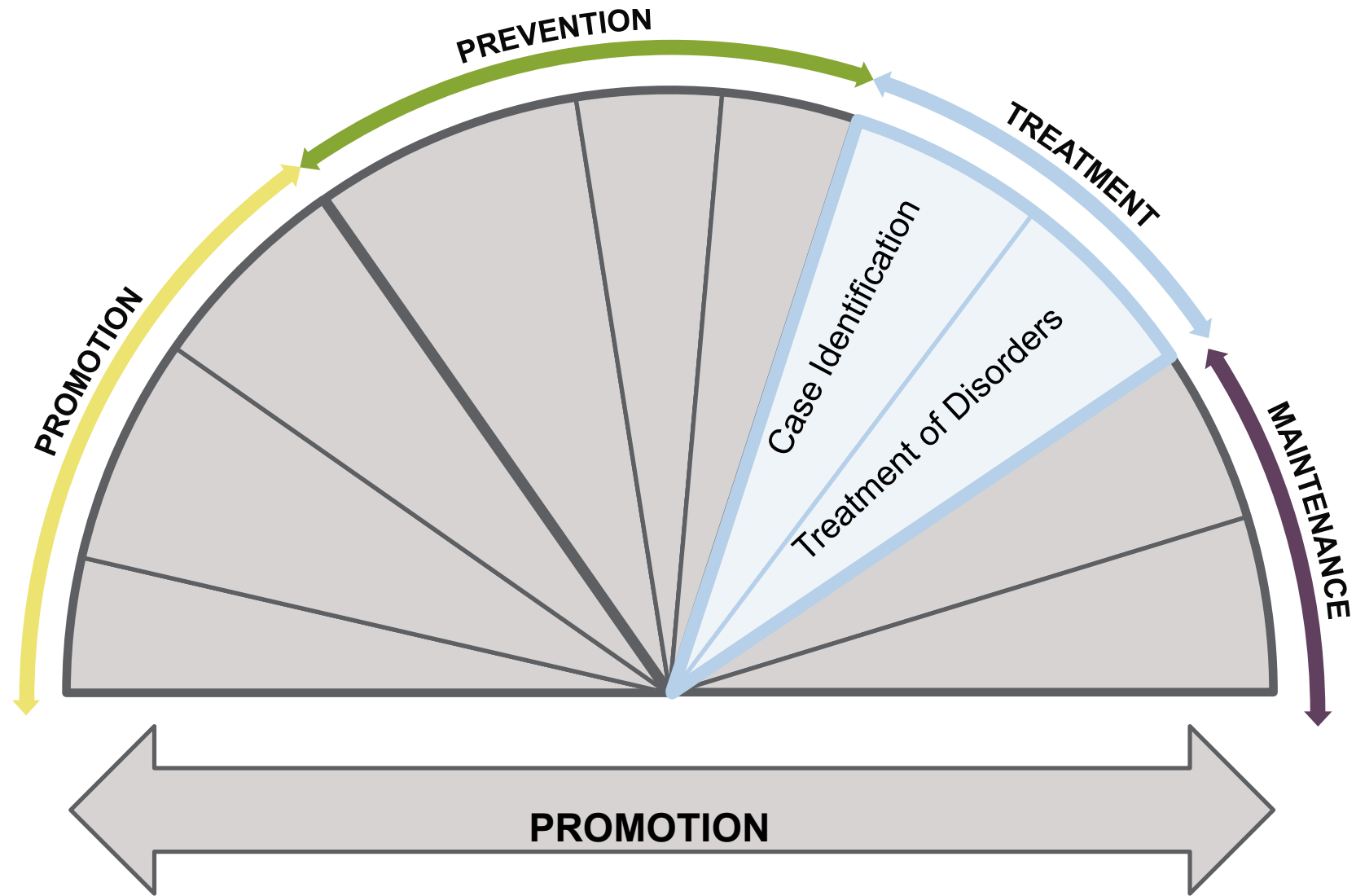




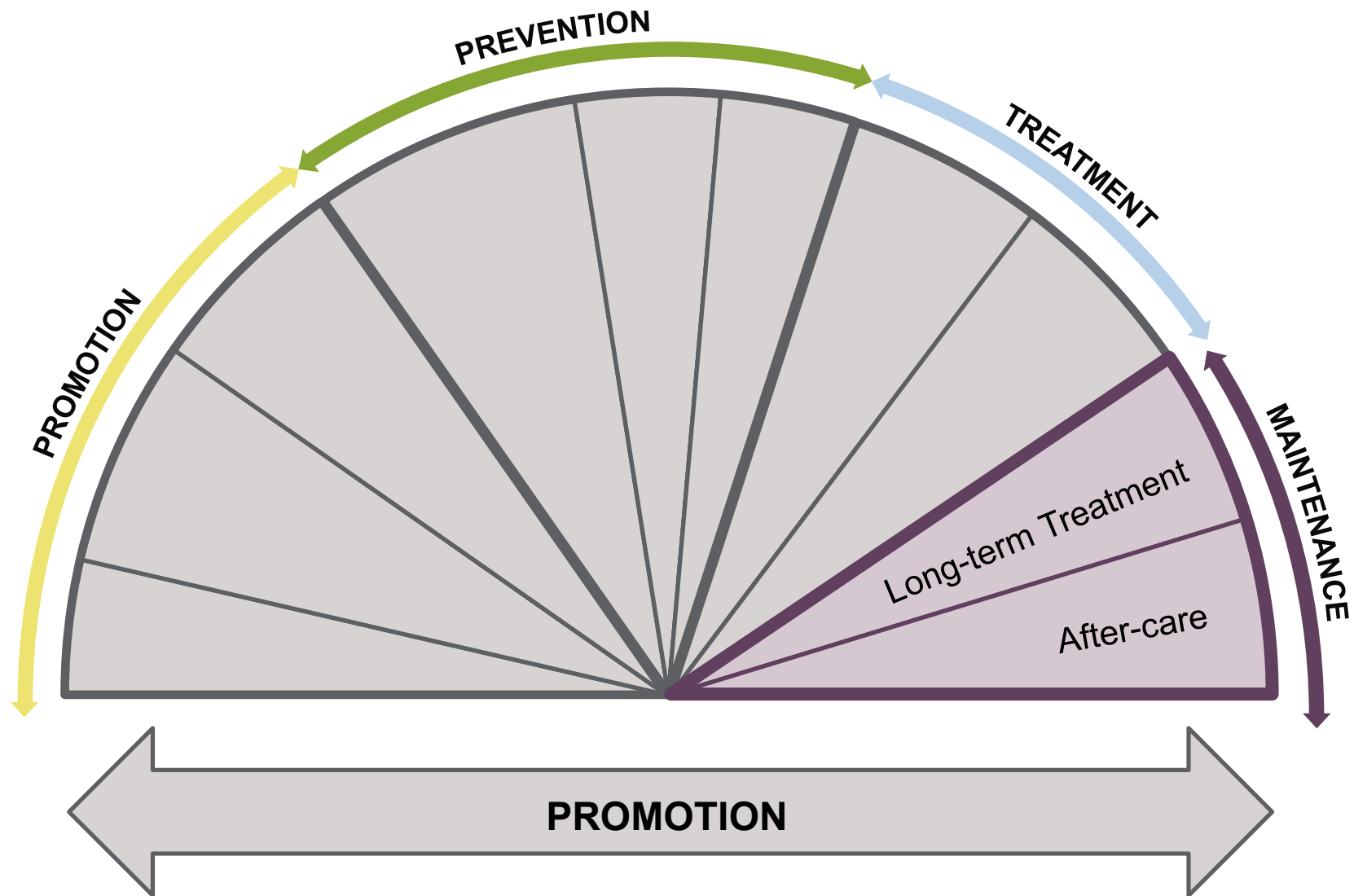
Prevention Paradox⁶



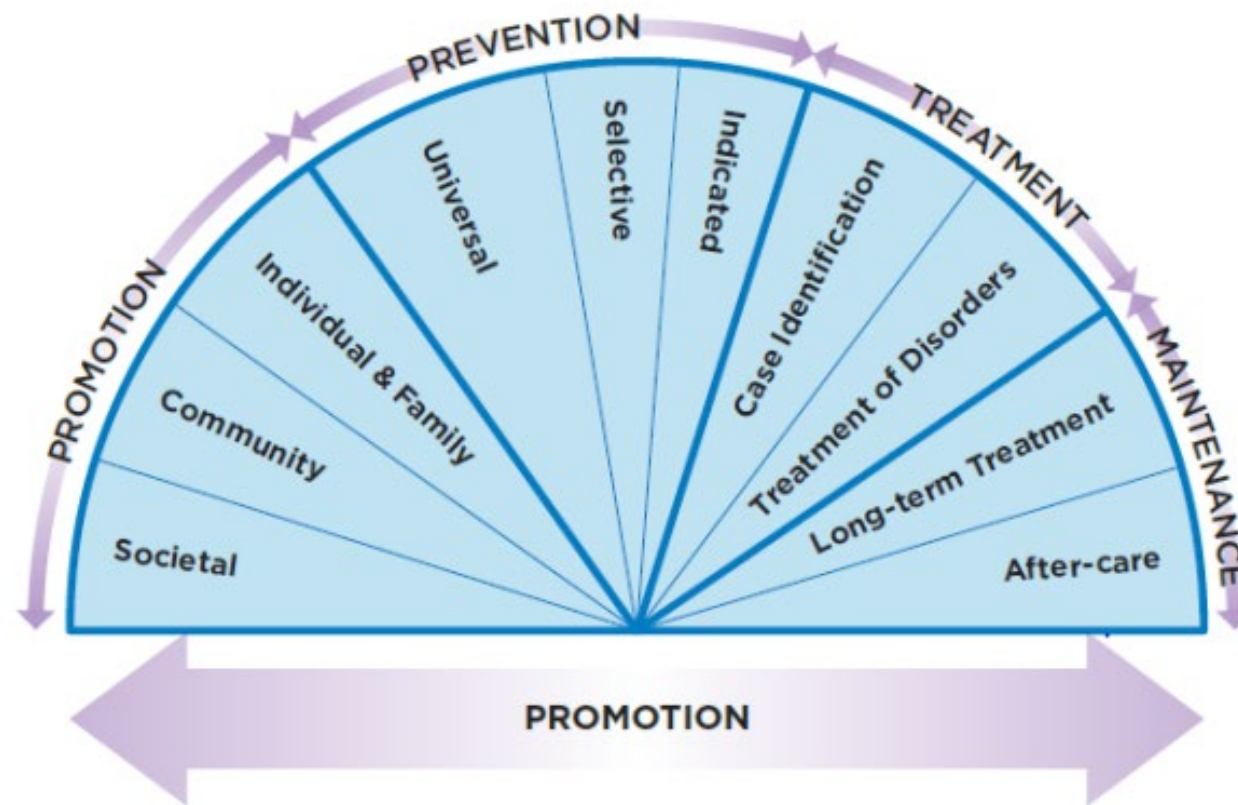
Treatment²




Maintenance^{2,7,8}




Spectrum of MEB Interventions¹





Summary: Revisiting our Learning Objectives

Now, you should be able to:

- Describe the four categories of behavioral health services shown in the Spectrum of Mental, Emotional, and Behavioral (MEB) Interventions
 - Compare and contrast Universal, Selective, and Indicated prevention services
- 

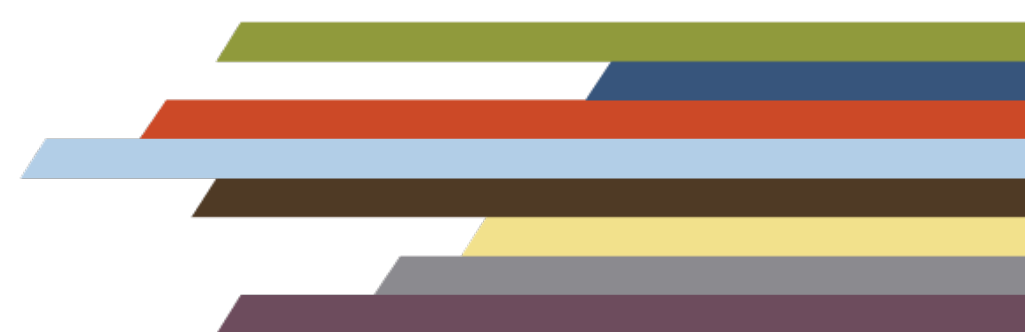


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Thank you!



References

- ¹National Academies of Sciences, Engineering, and Medicine, NAESM. (2019). *Fostering Healthy Mental, Emotional, and Behavioral Development in Children and Youth: A National Agenda*. Washington, DC: The National Academies Press. <https://doi.org/10.17226/25201>
- ²National Research Council and Institute of Medicine. (2009). *Preventing Mental, Emotional, and Behavioral Disorders among Young People: Progress and Possibilities* [Glossary]. Washington, DC: National Academies Press, . <https://doi.org/10.17226/12480>
- ³ World Health Organization. (2022). *Health promotion*. https://www.who.int/health-topics/health-promotion#tab=tab_1
- ⁴National Prevention Council. (2011). *National Prevention Strategy: America's Plan for Better Health and Wellness*. Washington, DC: U.S. Department of Health and Human Services, Office of the Surgeon General.
- ⁵Positive choices: Drug and alcohol information. (n.d.). *Factsheet: Why is drug and alcohol prevention important* [Image]. Retrieved from <https://positivechoices.org.au/teachers/why-is-drug-and-alcohol-prevention-important>
- ⁶ Communities that care. (2014). *The prevention paradox* [Video]. YouTube. <https://www.youtube.com/watch?v=qg-Qk4agpyk>
- ⁷Compton, M. T. (2009). *Clinical Manual of Prevention in Mental Health* (1st ed.). Arlington, VA: American Psychiatric Publishing, Inc.
- ⁸Substance Abuse and Mental Health Services Administration. (2012). *SAMHSA's Working Definition of Recovery*. Rockville, MD: Substance Abuse and Mental Health Services Administration. Retrieved from <http://store.samhsa.gov/product/SAMHSA-s-Working-Definition-of-Recovery/PEP12-RECDEF> Alcohol and Drug Foundation. (2021). *Prevention and early intervention*. <https://adf.org.au/reducing-risk/aod-mental-health/prevention-early-intervention/>