

# Action Steps for Prevention Practitioners Implementing Quality Improvement

## Take Action!

This resource highlights the actions that prevention professionals can take to integrate quality improvement into their regular work.



[Quality improvement](#) is a natural fit in the implementation phase of the Strategic Prevention Framework; however these methods can be applied throughout the SPF process.



## Create a Team

- Create a quality improvement team using a collaborative [team approach](#).
- Include organization and project leadership, implementation staff, partners, and [program participants](#).
- Determine if your team will be time-limited to a specific improvement project or ongoing to build a long-term culture of improvement.

## Develop an Aim

- Using the [Model for Improvement](#), determine the aim of your improvement project. Ask: What are we trying to accomplish? And how can we improve?

## Select Change and Measures

- Brainstorm changes to test that will help you meet your identified aim.
- Ensure all voices on the team have equal opportunity to contribute ideas. Consider using a formal group facilitation process, such as the nominal group technique.
- Identify how you will [measure the impact of the change](#). Ask your team: How will we know the change is an improvement?

## Conduct Small Tests of Change

- Use the [Plan, Do, Study, Act](#) method to test your change.
- Determine if the test was in fact an improvement or not and make adjustments as needed. Begin a new cycle.
- Run multiple test cycles as needed to make improvements and meet your aim.

## Continue Working Toward Improvement

- Implement changes in multiple settings and across your programming.
- Continue to monitor the measures you set to ensure the change is continuing to have the desired impact.
- [Continue to be curious](#). Ask: How are we doing? How can we do better?