

Northeast & Caribbean (HHS Region 2)

Prevention Technology Transfer Center Network Funded by Substance Abuse and Mental Health Services Administration

Overview of Harm Reduction

Videoconference via Zoom March 20, 10:00am-12:00pm (Eastern Time)

Description

A vast majority of people with a substance use disorder or a risk behavior that can affect their health are not accessing care that can benefit them. The harm reduction philosophy are strategies aimed at reducing negative consequences related to substance use or other risk behaviors.

This webinar will review misunderstandings and barriers to helping people who actively use substances. The content will briefly review current substance use with opioids, fentanyl, xylazine, nitazene, and synthetic cannabinoids, will inform on the 8 principles of harm reduction and how they apply in behavioral health, and offer community resources.

Trainer

Diana Padilla, MCPC, CARC, CASAC-T, is a Research Project Manager at New York State Psychiatric Institute, Columbia University Medical Center. She is a senior staff trainer for the Northeast & Caribbean Addiction Transfer Technology Center Network (NeC-ATTC), and a member of the ASAP-NYCB Trainer Registry. As a cultural agent, Ms. Padilla promotes an equity lens in trainings for engaging diverse communities in need, aligning with evidence and strength-based strategies within behavioral health, addiction, prevention, and recovery supports fields and professional capacities.

Credits

This training meets the requirements for two renewal hours (CASAC, CPP, CPS) and two initial hours (CPP, CPS) through New York State's Office of Addiction Services and Supports (NYS OASAS). As an IC & RC member board, OASAS accredited courses are granted reciprocal approval by the New Jersey Division of Consumer Affairs, Alcohol and Drug Counselor Committee. Many other states offer reciprocity - please check with your accrediting agency.

Participants are required to attend the session in its entirety, turn on their video cameras, and actively participate in order to receive credit.

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Please contact Tri Chaple at <u>patricia.chaple@nyspi.columbia.edu</u> with any questions.