**Activity: Reflecting on Adultist Practices**

*Instructions for Small Group Activity:*

1. *Choose someone from your group to be your note-taker/reporter.*
2. *Discuss the questions as a group (15 minutes).*
3. *Reference the “7 Adultist Practices” graphic below (see second page).*
4. *When we come back together with the full workshop group - we will invite a few people to share a couple specific examples of these practices in action based on your group discussion.*

Discussion Questions:

* Which of these practices have you personally seen happening in the places where you work with youth? What does it look like?
* Which of these would be challenging to change in your own practice? Do you have ideas of how you could change any of these practices?

