Aging Adults and Medication Use: Staying Safe

Videoconference via Zoom
June 21, 10:00am-12:00pm (Eastern Time)

Description
Although pain management is effective for older adults, adverse effects of medications along with age-related challenges can prompt misuse. Effective prevention includes education and safety coaching to help older adults make sound lifestyle choices when using medications for chronic health conditions.

This interactive workshop will review the current prevalence of medication misuse among older adults. Content will also include a discussion about pain management challenges within the potential realities of older adult living.

Trainer
Diana Padilla, MCPC, CARC, CASAC-T has worked in the behavioral health field for more than 25 years. Using a culturally informed and inclusive recovery-oriented perspective, Ms. Padilla instructs on how to enhance strategies and interventions to best meet the substance use and related needs of communities of color, LGBTQ+ people, and other traditionally underserved populations.

She is also an SBIRT (Screening, Brief Intervention and Referral to Treatment) Technical Assistance and Implementation Specialist, helping agencies to build their capacity to effectively intervene with communities at risk of substance use and mental health related conditions and behaviors.

Credits
This training meets the requirements for two renewal hours (CASAC, CPP, CPS) and two initial hours (CPP, CPS) through New York State’s Office of Addiction Services and Supports (NYS OASAS). As an IC & RC member board, OASAS accredited courses are granted reciprocal approval by the New Jersey Division of Consumer Affairs, Alcohol and Drug Counselor Committee. Many other states offer reciprocity, please check with your accrediting agency.

Participants are required to attend the session in its entirety, turn on their video cameras, and actively participate in order to receive credit. Please contact Tri Chaple at patricia.chaple@nyspi.columbia.edu with any questions.