



Northwest (HHS Region 10)

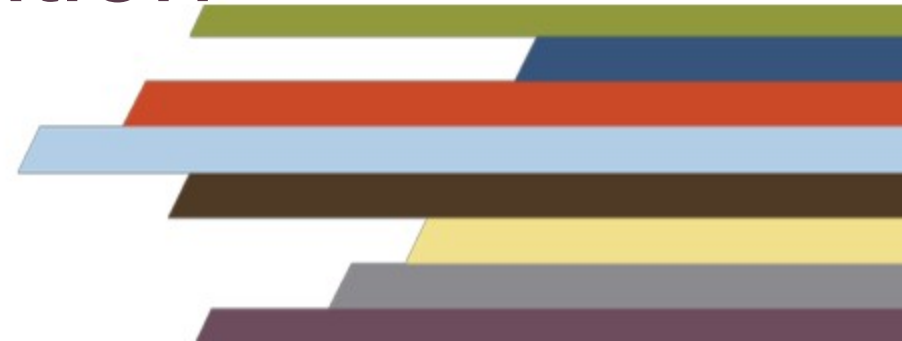
PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration



Prevention Spotlight: A Deeper Dive with Prevention Certification

Presented by Alicia Hughes, MA, CPP



Disclaimer

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PTTC

Prevention Technology Transfer Center Network

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The Northwest PTTC is a partnership led by the Social Development Research Group (SDRG) at University of Washington (UW) School of Social Work in collaboration with the Prevention Science Graduate Program at Washington State University (WSU), and the Center for the Application of Substance Abuse Technologies (CASAT) at the University of Nevada, Reno (UNR).

Northwest partnering institutes share a vision to expand the impact of community-activated prevention by equipping the prevention workforce with the power of prevention science.



Prevention Science
Graduate Program

WASHINGTON STATE UNIVERSITY



Agenda for today

- Overview and Purpose
- Region 10 Prevention Specialist Certification Processes
- Prevention Core Competencies
- Prevention Trainings
- Prevention Experience
- Supervisory Experience
- TA Sessions Available

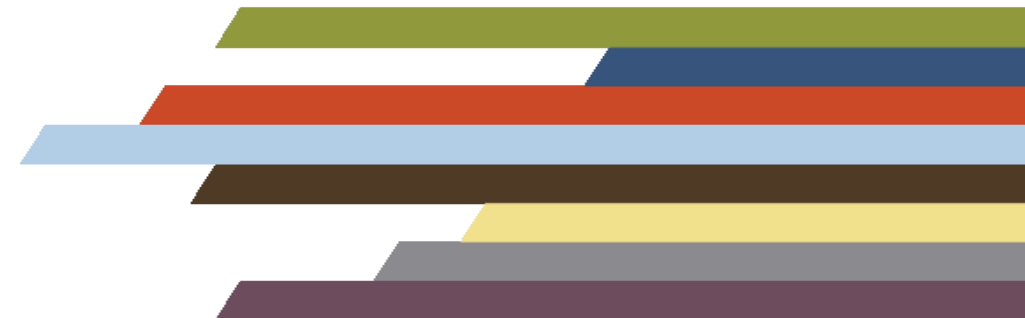
Purpose of certification

Why seek certification?

1. Demonstrates your understanding and comprehension of the prevention field and theories
2. Keeps you accountable to the services you provide to the community
3. Growing and evolving field you can be a leader in



Region 10 Prevention Specialist Certification Processes



The Three E's

All of the certification processes have the Three E's in common:

- ❖ Education
- ❖ Experience
- ❖ Exam

Where can you find your state's requirements?

→ <https://pttcnetwork.org/prevention-specialist-certification-states/>

Certification by state

Washington

- 2000 hours of documents ATOD prevention work experience
 - Min. 50% but be ATOD prevention specifically
 - 120 hours supervised by a CPS or someone who meets minimum standards
 - Min. 10 hours in each of the 6 performance domains
- 120 hours of prevention education
 - 24 in Drug Education
 - 45 hours ATOD prevention ed
 - 45 hours General Ed
 - 6 hours of ethics
 - 50% (60) can be earned beyond 10 years
 - 50% within last 10 years
 - 67% (40) within last 2 years
- Exam

Prevention Specialist Certification Board of Washington (PSCBW) <https://www.PSCBW.com>

Alaska

<< Follow the Washington State process.

Approval and reciprocity through the WA Certification Board.

Certification by state

Idaho

- 2000 hours of documents ATOD prevention work experience
 - 120 hours supervised by a CPS or someone who meets minimum standards
 - Min. 10 hours in each of the 6 performance domains
- 120 hours of prevention education
 - 50 in drug education
 - Min. 10 hours in each of the 6 domains
 - 6 hours of ethics
- Exam

Idaho Board of Alcohol/Drug Counselor Certification (IBADCC)

<http://www.ibadcc.org/>

Oregon

- 2000 hours of documents ATOD prevention work experience
 - 120 hours supervised by a CPS or someone who meets minimum standards
- 150 hours of prevention education
 - 24 in drug education
 - 31 hours SAPST
 - 24 hours ATOD Prevention Ed
 - 20 hours Community Mob
 - 44 Hours General Prevention
 - 8 hours Cultural Comp
 - 6 hours facilitation
 - 6 hours of ethics
- Exam

MENTAL HEALTH AND ADDICTION
COUNSELING BOARD OF OREGON (MHACBO)

<https://mhacbo.org/en/>

Common questions & answers

Education

Q: How do I track my hours? What if I can't find documentation?

A: The certification application will have a tracker you can use to record your trainings by category. I suggest starting with an excel or google sheet to categorize by topic first.

Exam

Q: How do I even begin to study for the exam?

A: Rhode Island exam prep guide. Start with taking sample assessment. Identify your own gaps. Build a study plan from there.

Experience

Q: How do I break up my work experience under the domains?

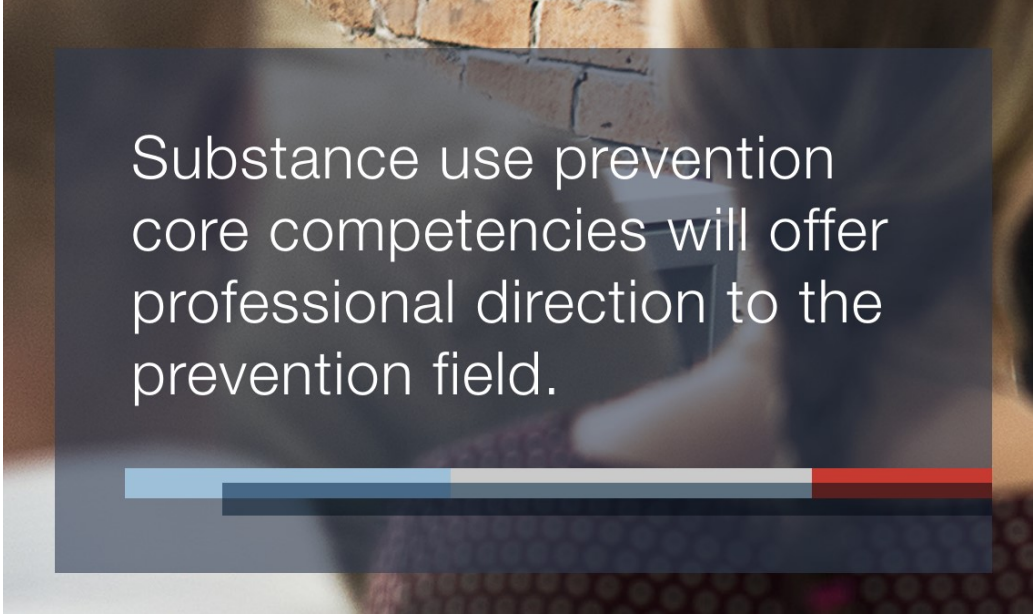
A: Suggest recording time for an "average" week or two and record how your days are broken up. Average this out over a month / year / etc. And add specifics (i.e. conducting a coalition orientation = community mobilization).

Other

Q: I work in SUD treatment, how can I get certified in prevention?

A: Biggest barrier: prevention-specific hours. Look for some creative ways to get experience in this space - volunteer with a coalition. Easier to do: drug education courses likely done already.

Prevention Core Competencies



Substance use prevention core competencies will offer professional direction to the prevention field.

<https://store.samhsa.gov/sites/default/files/pep20-03-08-001.pdf>

Domains by competency

Cross-cutting domains:

- Foundations of prevention
 - Understanding SUD and disorders
 - Continuum of care (spectrum)
- Systems thinking
 - Intervention design, relationships between prevention services and lifespan
- Family dynamics
 - Family and SUD, family systems, parental roles
- Ethics
 - Ethical decision making, confidentiality, ethical obligations
- Basic knowledge
 - SUD Prevention theory, Risk and Protective Factors
- Communication
 - Language, Media, Marketing

By SPF:

1. Assessment
2. Capacity Building
3. Planning
4. Implementation
5. Evaluation

Assessment

Assessment: Collect data to define behavioral health problems and needs within a geographic area.

- Data gathering
- Needs and resource identification
- Problem definition
- Analysis

Capacity Building

Capacity: Mobilize and/or build capacity within a geographic area to address identified needs.

- Collaboration
- Advocacy
- Cultural proficiency

Planning

Planning: Develop a comprehensive, data-driven plan to address problems and needs identified in assessment phase.

- Systematic thinking
- Facilitation
- Strategic Planning

Implementation

Implementation: Implement evidence-based prevention programs, policies, and practices.

- Cultural responsiveness
- Collaboration
- Change management

Evaluation

Evaluation: Measure the impact of implemented programs, policies and practices.

- Evaluation methods
- Data interpretation and use

Prevention Trainings

→ Remember: 120-150 hours of trainings are required - check your state's requirements by domain!

Core Competency Training List

- Provided by the NW PTTC
- Trainings by each competency



Training Topics

State Specific

Alaska:

Idaho:

Oregon:

<https://mhacbo.org/en/education/>

Washington: The Athena Forum

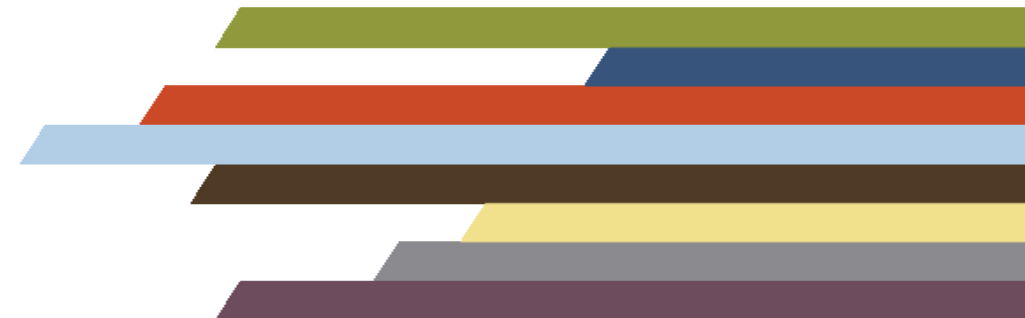
<https://theathenaforum.org/event-calendar/month>

General

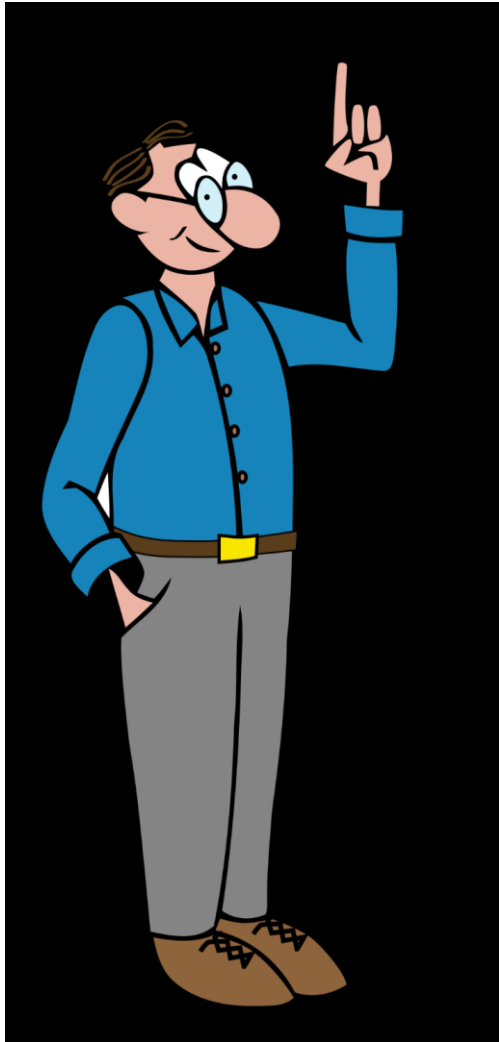
- ★ PTTC's training website
- ★ <https://healthknowledge.org/>
- ★ <https://www.tnprevent.org/courses>

Prevention Experience

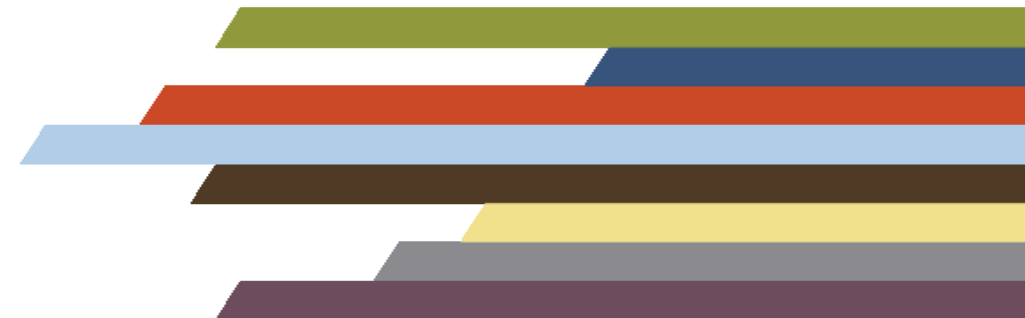
- 2,000 hours = approximately 1 year of full time work
- Must be in prevention related field
- General behavioral health prevention (e.g. suicide prevention) can count, but must have majority in ATOD prevention experience
 - Make sure you're reviewing your state's requirements for each domain!
- Can be paid or volunteer
- Examples of prevention services:
 - Leading/participating a community prevention coalition
 - Delivering direct prevention services
 - Providing prevention education such as Life Skills Training, Project Towards No Drug Abuse, Sources of Strength



Supervisory Experience



- Supervisor must document and verify hours on specific application forms
- Get done for each agency worked at (start now!)
- Supervisor must be a CPS or someone who meets qualifications, or someone willing to accept to the responsibility of monitoring the performance of the prevention specialist-in training
- Supervision can include: face to face meetings and training; assigned reading or projects; direct observation; work review; performance reviews; some group supervision. Must be obtained in work setting in prevention field.

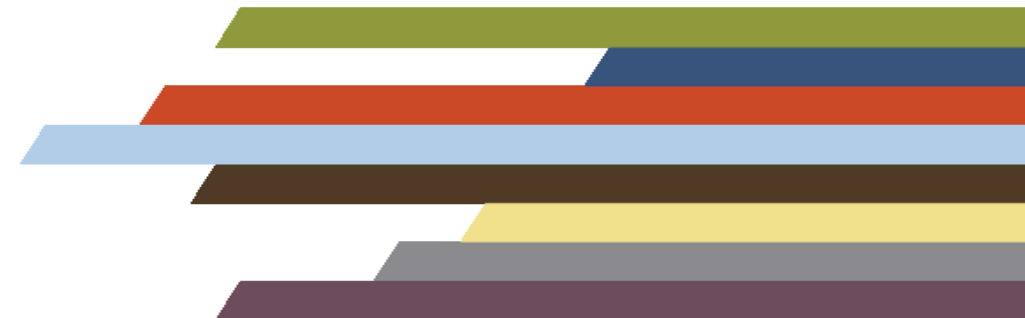




Technical Assistance Sessions Available

Now through September 2024

Technical Assistance (TA) to help you get certified!





TA Sessions

- ★ 1:1 meetings
 - Review your paperwork
 - Discuss background and experience
 - Review training history
 - Make a personalized training plan with recommendations
- ★ Small group study sessions for the exam
 - Tailored by group needs
 - Optional drop-in sessions
 - Running June-September currently with more groups starting in the Fall



Contact me today for support!

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Indicate “Prevention Certification” in your email or voicemails!





Thank you!

