



Northeast & Caribbean (HHS Region 2)

PTTC

Prevention Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Trauma Strategies for Peer Support Using Self-Care

Videoconference via Zoom

July 22, 10:00am-12:00pm (Eastern Time)

Description

Peer professionals provide an array of recovery-oriented and person-centered care which include empathetic engagement with survivors of trauma circumstances. This work at times can increase the peer's vulnerability to vicarious trauma or secondary stress. Potentially it can result in the loss of ability to objectively help others find their recovery pathways and can affect the peer's and other staff mental and emotional wellbeing.

This workshop reviews how trauma situations may present when supporting clients to recognize and cues alerting as to when to step away from a trauma-inducing situation. Content will also offer practical strategies for peers and other staff self-care and self-supportive resources to build and maintain resiliency.

Trainer

Diana Padilla, MCPC, CARC, CASAC-T has worked in the behavioral health field for more than 25 years. Using a culturally informed and inclusive recovery-oriented perspective, Ms. Padilla instructs on how to enhance strategies and interventions to best meet the substance use and related needs of communities of color, LGBTQ+ people, and other traditionally underserved populations.

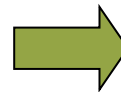
She is also an SBIRT (Screening, Brief Intervention and Referral to Treatment) Technical Assistance and Implementation Specialist, helping agencies to build their capacity to effectively intervene with communities at risk of substance use and mental health related conditions and behaviors.

Credits

This training meets the requirements for two renewal hours (CASAC, CPP, CPS) and two initial hours (CPP, CPS) through New York State's Office of Addiction Services and Supports (NYS OASAS). As an IC & RC member board, OASAS accredited courses are granted reciprocal approval by the New Jersey Division of Consumer Affairs, Alcohol and Drug Counselor Committee. Many other states offer reciprocity, please check with your accrediting agency. This webinar training is also approved under the ASAP-NYCB Certification Board for CARC Elective & CARC/CRPA CEs.

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Participants are required to attend the session in its entirety, turn on their video cameras, and actively participate in order to receive credit. Please contact Tri Chaple at patricia.chaple@nyspi.columbia.edu with any questions.